



THE TRAIL MARKER

April-May 2017

Published by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



*Of Trails and Overlooks...
...from the Chapter Chair*

"The Conference is dedicated to keeping each trail in its charge easily passable, clearly and consistently marked, in a safe condition, and harmonious with its surroundings."

- New York-New Jersey Trail Conference Maintenance Manual

On a southbound section hike of the Appalachian Trail in Massachusetts last Summer, I came upon a dirt road that needed to be crossed. There was nothing unusual about that. What was unusual (and frustrating) was that there was no obvious continuation of the trail on the other side. I walked up and down the road for a while, but could find no AT blazes or path.

Rather than trying to bush-whack through the woods, I chose to follow the road which I hoped would lead me to the town where I was headed. This road led me to a path going downhill, then to a maze of trails, and finally to an active gravel mining operation, where I asked one of the workers for directions. I walked out the gravel mine road and soon came to a street on the outskirts of town where I was able to rejoin the AT.

Losing track of a trail because it is not well-blazed, with the loss of time and the annoyance it might cause, has happened to many of us. Such experiences remind us of how much we are indebted to the New York-New Jersey Trail Conference, and all the maintainers, for the well-marked system of trails we enjoy in Harriman. Although the Trail Conference was started in 1920, it took quite a while for everyone to come on board and accept the coordinating role of the Trail Conference. I wrote in an earlier column about the "Trail Wars" that took place in the 1940s. But once the Trail Conference was firmly established, all of us, and future generations of hikers, can enjoy well-maintained trails that allow to relax, enjoy and be renewed by 'getting out' into Nature.

Much like the trails we follow through the woods, policies and procedures are needed by any well-functioning organization. They provide clear, consistent, easy to follow 'pathways' that function to ensure the harmonious dealings of the members of a group with one another. Policies and procedures, working with Bylaws, provide the basic framework and the practical steps to take that will result in expressing and securing who and what we are as a club, allowing for the individuals to work together in a cooperative way.

For the past two years, the Board of Directors has been working to formulate and codify rules and procedures for the New York Chapter. With the first generation of Chapter members, all such 'policy and procedures' were intimately and intuitively known by that relatively small group of members who forged the original New York Chapter/Camp Nawakwa experience. There was no need then for such a systematizing of rules and protocol as we are doing now. With the passing of that first generation of members, though, and with the growth of the club over the years, we now need the benefit of written policies. Some of the areas the Board is currently working on are the following:

- Included in this issue of the Trail Marker are the Hosting Policy and the Guest Policy for Camp Nawakwa. These policies make clear the differences in roles and responsibilities for those who host and those who bring a guest to camp. Adhering to both these policies will work to secure the good order and harmony of camp for everyone.
- There is also in this issue an announcement of how, with our policy for recruiting new Key-holders, we are working to revitalize the Applicant-Sponsor experience. Sponsors who are willing to help mentor the prospective Key-holder will ensure that the best 'traditions' of Camp Nawakwa are handed over to the next generation.
- As announced in the previous issue of the Trail Marker, we are working with a lawyer (John Caffry, who specializes in non-profit corporations) to help us formulate proper and adequate financial policies in accord with IRS and New York State law. John has called our attention to an item we need to address, that of harmonizing our Bylaws with our Certificate of Incorporation. The New York Chapter was incorporated in 1931, but the Certificate of Incorporation has never been updated to keep up with the organic changes that have happened over the years with our Bylaws (for example, the Certificate list nine Board members, while now there are ten). This should not be difficult to do, but it is something that needs to be done to keep the Chapter vital and growing.

Bylaws, Policy and Procedures, and Membership – all three areas need to work together to ensure the smooth, co-operative running of the Chapter and of Camp Nawakwa. Policies and



procedures, the connecting link, are like those well-maintained trails through the woods: They provide a clear path and easy direction, which all know and agree to follow, and as a result foster the safety, enjoyment, and camaraderie of all members of the New York Chapter.

- Ray Kozma, Chapter Chair

Hosted Events April–July 2017

(visit www.adkny.org for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair:

Janet Sibarium (212) 254 0738

Email: jansib@mindspring.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117

maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek. This includes summers and holidays. This also includes families with adult and minor children.

May 6–7 • Spring Work Weekend

All hands on deck!

Healthy, tasty meals to nourish the body and Nawakwa spirit! A Saturday complimentary lunch will be provided for all volunteers by Alex Wilkie and Eve Mancuso. Stay for a hearty dinner. (Please specify if you want vegetarian or the carnivore option), salad, seasonal fruits. (Dinner will be prepared prior to workday, so there will be minimal dinner prep and easy clean up guaranteed.) Please register by 10 p.m. Thursday, May 4 and specify which meals and if you request vegetarian.

Co-Hosts: Alex Wilkie (Registrar) and Eve Mancuso: Call or text Alex Wilkie at 856-630-5607 or email me at afwilkie@verizon.net.

May 13–14 • Mother's Day Weekend

NEED CARETAKER HOST

Midweek: May 15 -19 • Midweek Host: Marilyn Varley

May 20 – 21 • CARETAKER HOST: Ludwig Hendel

May 27 – 29 • Memorial Day Weekend

Come for the kick off to summer. Challenge the crisp waters of our beautiful lake. Seasonal delights both veg and meaty. Smoked joys, wings and veg. Mashed potatoes for all!! Salads styled old and new. We might even have time for a hike or two! Come open up your summer in your camp, a 91year old tradition renewed again, like the first time. Registration Deadline: Thursday, May 25th (9:00 p.m.). Please specify days, which meals and if "omnivore" or vegetarian.

Host: Russell Silverman E-mail: aleph1null@gmail.com or text or leave voicemail: 1 (917) 335-6165

June 3–4 • Annual AMC Invitational Weekend

Its time to again to welcome AMC members to Camp Nawakwa and to show them why becoming a keyholder can provide a new dimension to hiking, camping, swimming and boating in the NY/NJ area. So please join us a fun filled weekend of hiking, swimming, kayaking and canoeing and updates on the benefits and responsibilities of being a keyholder and casual meals – Ingrid Strauch will be

leading a hike into camp from Tuxedo on Saturday, Susanne will give a short tutorial on stress-free weekend hosting and Jerry will update guests on the process for becoming a keyholder. Meals will be a cooperative effort under the supervision of Susanne.

To register, email jerry.flower@verizon.net by Thursday, June 1, 2017. Please specify number of meals and whether omnivore or vegetarian. If you want to join the hike from Tuxedo to camp please let Jerry know and he will forward your name to Ingrid.

Co-Hosts: Jerry and Susanne Flower

June 10 – 11 • Mountain Laurel Weekend

Enjoy the scenery of budding mountain laurels while hiking. Stay for the weekend and enjoy dinner, and Sunday meals with co-hosts, Nina Ziv and Thom Duffy.

Email registration preferred. Please register by Wed, June 7th @ 9:00 p.m. Indicate which meals and if you request vegetarian meals.

Co-Hosts: Nina Ziv and Thom Duffy (Registrar)
thomduffy1@gmail.com Tel: 917-509-5205

Midweek: June 12 – 16 • Midweek Host: Walter Jaeckel

June 17 – 18 • Father's Day Weekend

It's Father's Day and Chef Don is getting decadent! Everything will be coming up bacon and maple, for a sweet and savory dinner, breakfast, and hiker's lunch. Vegetarians will not be disappointed. Please RSVP to Teri and Don by 10:00 pm, Thursday, June 15, 2017 to blaugabels@msn.com or 845-359-7518. Please specify the meals you will attend and vegetarian or carnivore.

Co-Hosts: Don & Teri Gabel

June 24 – 25 • First Summer Weekend

Enjoy the lazy, hazy days of summer at camp whether swimming, hiking or relaxing. Grilled seasonal menu is guaranteed to satisfy hungry vegetarians and omnivores alike. When registering, please specify if you prefer vegetarian or chicken. Please register by Thursday June 22 @ 9:00 p.m.

Co-Hosts: Suzanne Rocheleau and Diane Booth (Registrar)
212 - 799-2608 dbooth108@aol.com

July 1– 4th • Fourth 'O July Weekend!

It's a Four-Day Fourth!! Join Laura Sunderlin and Daphne Prior for a long, laid-back, weekend of those traditional Nawakwan pursuits: hiking, boating, swimming, snoozing. Plenty of barbeque and other lazy, hazy delights. Come for all or part of the weekend. Registration Deadline is Wednesday, June 28th by 10:00 p.m. Please no calls after 10:00 p.m. If you leave a message, please make sure to say who you are, what meals you are signing up for and a number you can be reached at. Please speak slowly and clearly.

Co Hosts: Laura Sunderlin and Daphne Prior (Registrar).
212 – 535-0306.

(Please note for this event, registration is only via telephone.)

Hikes: April–May 2017

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison
718-625-2182
gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:
<http://www.nynjtc.org/content/scheduled-hikes>
<http://www.hudsonhikers.org/schedules.html>

Please check schedules of various public transportation options as fares and schedules may have changed.

SATURDAY, APRIL 8 • IRON MINE WALK HARRIMAN STATE PK Moderate 7.5 miles

Meet at trail head 10:00
Michael Simon and Maria Sola-Simon 516-729-6284
Moderate hike with a few short climbs. Visit 19th century iron mining area near Hogencamp Mt. Will also pass Ship Rock, Lemon Squeezer, Lichen Trail, Times Square and Lake Skannatati. Bring food and water and a springtime love for hiking. Please call to register. Qualifying.
Trailhead directions: Starts at Lake Skannatati parking area on Seven Lakes Drives in Harriman State Park
Map # 119 Northern Harriman State Park

SATURDAY, APRIL 9 • ANNUAL PALM SUNDAY HIKE TO ST. JOHN'S CHURCH IN THE WILDERNESS

The annual Palm Sunday hike to St. John's Church in the Wilderness has been a tradition since the 1930's. Other groups from other hiking clubs are out this day headed to St. John's and it is very common to cross paths with them as we hike along. The Church service begins at 3 PM and is followed by a wonderful buffet at the barn across from the Church provided by the parishioners.

Since this is a one-way hike, please note:

All who are driving should meet at the Church by 9:30 AM where the cars will be parked. All cars, except for the one or two that will shuttle hikers/drivers back to our starting point, will be left at the Church where the hike finishes.

The hike will start from the Camp road and Seven Lakes Drive about 10 AM. The buffet finishes about 5 PM. The drivers of the cars left at the ADK Camp road will be driven back, of course, to get their cars after the **event**.

Early April weather can be very changeable. Rain, some cold, blustery weather, including snow and ice, are always a possibility. Participants should dress warmly (layers, no cotton), bring lunch, snacks, water, rain-gear, and wear sturdy hiking shoes.

The address of the church is 119 Johnstown Road, Stony Point, NY in between Lake Welch Parkway and Route 106. All participants must register with Ray Kozma (917-406-37820) or raymondkozma@gmail.com by Thursday night, April 6th. Hike is Qualifying.

SATURDAY, MAY 6 • ISLAND POND HARRIMAN STATE PARK Moderate 7 miles

Meet at Trailhead 10:00
Michael Simon and Maria Sola-Simon 516-729-6284
Loop hike climbs up to amazing views, traverse lakes, streams waterfalls and old mines. Bring Food and Water and springtime love for hiking.
Please call to register. Qualifying.
Trailhead directions: From NY 87 exit at Sloatsburg NY exit 15a. Going North on Route 17 thru Tuxedo and Southfields NY to Arden Rd Harriman State Park. Make right and go 0.2 mile to Elk pen on the right after crossing NY Thruway.
Map # 119 Northern Harriman State Pk.

The Annual Nawakwa Passport - 2017

The Annual Nawakwa Passport for 2017 is now available for all Key-holders. The Annual Passport, which covers the Day Fees for all visits to camp per calendar year, is \$150 per individual Key-holder and is non-transferable.

If a Key-holder with the Passport brings spouse, children, other family members or guests to camp, these others must pay the Camp Fees as usual.

To obtain the Annual Nawakwa Passport, Key-holders should send their request (with their name address, phone number and check payable to the New York Chapter - ADK), to:

Raymond Kozma, Chapter Chair
New York Chapter-ADK
585 North Railroad Ave-3D
Staten Island, NY 10304

Change of address:

If you move, please contact the Main Club AND the NY Chapter Membership Chair, Jerry@adkny.org to notify us of your address change.

ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Host Chair or the Newsletter Editor. **Mass-emailing the membership for any other reason is bad netiquette, and is prohibited.**

The editor encourages all members to contribute articles and photos to be used in the Trail Marker and on our website.

Please email to editor@adkny.org

Deadlines for submission to the newsletter are:

June–July – Deadline: May 19

August–September – Deadline: July 15

October–December – Deadline: September 20

January–March – Deadline: December 13

ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma

ray@adkny.org

Vice-Chair: Steve Barre

steve@adkny.org

Secretary: Janet Sibarium

secretary@adkny.org

Treasurer: Suzanne Rocheleau

srocheleau@cantor.com

Director: Diane Booth

diane@adkny.org

Director: Mark Fedow

mark@adkny.org

Director: Lisa North

lisa@adkny.org

Director: Lewis Ports

lewis@adkny.org

Director: William Burns

bill@adkny.org

Main Club Director: Mary Hilley

parentclubdirector@adkny.org

Membership Chair: Jerry Flower

jerry.flower@verizon.net

Newsletter Editor: Giacomo Servetti

editor@adkny.org

Host Chair: Janet Sibarium

jansib@mindspring.com

Commissary: Maryann Poris

maryann@adkny.org

Hiking Chair: Glen Nison

gnisonbike@juno.com

Camp Chair: Kim Waldhauer

kim@adkny.org

Trails Chair: William Burns

wjburnsjr@adkny.com

Park Liason: Raymond Kozma

ray@adkny.org

Conservation/Education: Don Gabel

blaugabels@msn.com

Archives: Ellen King

ellen_king13@msn.com

Webmaster: Giacomo Servetti

webmaster@adkny.org

Please Note: Current Camp Fees and Categories

DAY FEES:

Key-holder Members: \$15.00 per day

Applicants and Guests: \$20.00 per day

Adolescents (13 to 17): \$15. per day

Children (12 and under): \$10.00 per day

OVERNIGHT (2 DAYS)

Key-holders: \$30.00

Applicants and Guests: \$40.00

Adolescents: \$30.00

Children: \$20.00

Notice: Formation of an Activities Committee

We are searching for members who would like to be part of a new "Activities Committee." The activity could be almost anything: Tree and plant identification, Yoga instructions, Photography hikes, sailing/boating/kayaking instruction, backpacking introduction, or any other ideas or projects that could be shared with other interested Chapter members.

Board Member Lisa North has volunteered to co-ordinate this committee, to gather ideas, and to work on a schedule of events. If you would like to take part and are interested in helping this group get formed and/or are interested in providing an activity, please contact Lisa at: lrn1212@aol.com

Notice from the ADK Main Club

The Main Club is asking that, if any member knows of any foundations that could be approached for grants in support of ADK mission and programs, to notify Jean-Claude (ADK Membership & Development Committee Chair) at: jcfouere@gmail.com

Like us on Facebook!



<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!



Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

Revitalizing the Role of Sponsor

(Note: The Board has voted to enact a moratorium on new Applicants for the 2017 season. The Board has done so in order to review all policies and procedures regarding Applicants, Sponsors and the Qualifying period. The review will clarify and integrate all our practices to ensure that the Qualifying period may be most helpful and beneficial for the individual Applicant and for Camp Nawakwa and all Key-holder members. When the Board has finished its work, all members will be notified of the revised Applicant process and the Moratorium lifted.)

One of the areas being worked on is that of the Sponsor. In our current policy on “Applicants and Sponsors”, we state: “Since the New York Chapter Bylaws give the care, responsibility, and privilege of running and maintaining Camp Nawakwa exclusively to the Key-holders of the Chapter (who are also called Nawakwans), it is desirable and necessary that new Key-holder members be recruited on a regular basis. We recruit potential Nawakwans by attracting and inviting like-minded, outdoor oriented, adult individuals (18 years and older) to become Applicants for Key-holder status. After completing the required qualifying activities, such new Key-holders, will take their place in the long-line of custodians of Camp Nawakwa and its traditions. It is the role of the Sponsor to help the Applicant successfully complete the process of qualifying.”

The role of “helping the Applicant successfully complete the process of qualifying” calls upon the Sponsor to be engaged actively in the formation of a new Nawakwan. Such activity would include: A walk-through of camp, including kitchen and waterfront, so that the future Key-holder knows the what, where, and how of all the practicalities of running camp, including that of Hosting; introducing the Applicant to the history of the ADK and the New York Chapter, including our relationship to the Palisades Interstate Park Commission, our connection with the NY-NJ Trail Conference, and our long history with Harriman State Park and Camp Nawakwa; explaining the Bathing Beach Safety Plan and the Waterfront Regulations; and going through the Policies and Procedures of the New York Chapter.

To help Applicants easily find their two needed Sponsors, the Board is working to compile a list of Key-holders who would be interested in mentoring new Applicants, as described above. For any Key-holder wanting to be involved in the role of Sponsor, and for more information, please speak to a Board member or contact the Chapter Chair: Email: RMKozma@me.com; Phone: 917-406-3782.

On the Organization and Operation of Camp Nawakwa:

The Bathing Beach Safety Plan and Waterfront Regulations

In the previous issue of the Trail Marker, I stated that I would devote a column in this next issue to outlining all that goes into the formation of the Waterfront Regulations and our Bathing Beach Safety Plan. Recall that there had been a lot of discussion, questions, and controversy over the use of flotation devices and PFDs in the main swim area, whether worn by adults or minors who might be at camp. This article will make clear what are, and why we have, our particular Waterfront Regulations.

In organizing and operating Camp Nawakwa, the Chapter deals with three governing entities:

1. The Palisades Interstate Park Commission from whom we secure our lease;
2. Harriman State Park and the Group Camp Office whose rules and regulations we follow (for example, with the designation of the Official Camp Season, with securing Permits to use camp in the off-season, and with obtaining approval for any Major Capital Improvements we may wish to undertake any year).
3. The New York State Department of Health from whom we need to secure a permit each year that allows us to run camp with its facilities, and who requires us to have, and who approves, our Bathing Beach Safety Plan.

To resolve all the questions and difficulties we were having at the waterfront, I contacted the New York State Department of Health for clarification and was referred to the local field agent, Seth Schilts. I asked Seth to find and forward to me, in writing, the relevant Department of Health regulations pertaining to PFD use in a swim area. He said he first needed to “check with Albany to make sure there is consistency” in what he would send, and after a couple of days, he forwarded the following:

Here is the code referencing use of pfd's:

Subpart 6-2 neither prohibits nor allows the use of life jackets. As a result, operators of regulated bathing beaches may set their own policies regarding their use.”

Our Bathing Beach Safety Plan incorporates the DOH requirements for a Level IV bathing area. This plan has been approved by the Department of Health and has been in effect since 2009. It is our safety plan, approved by the DOH. Since we are the operators of the regulated bathing beach, we may set our own specific policies within the general guidelines from the DOH and this is we have done with our Waterfront Regulations.

We have posted clear and consistent regulations prohibiting the use of all flotation devices, including PFDs, in the swim area of Camp Nawakwa. The only exception we have made, as clearly stated in our Waterfront Regulations, is that: Small children may wear an approved PFD in the crib while under such supervision of a parent, guardian or responsible custodian. This exception is made because we have no shallow-water area for small children.

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The Board is unanimous in upholding the ban on any and all flotation devices, including PFDs, in the main swim area of the waterfront. No individual member, or group of members, is free to make up their own regulations or to disregard the clear and approved regulations that are in effect. Because of the nature of the waterfront and the potential dangers involved in its use, including the risk of drowning, the Board takes very seriously any and all failures to follow all the rules and regulations pertaining to the waterfront. We remind all Key-holders of the need to make certain that everyone follows these rules and regulations, and that Key-holders especially oversee and instruct all guests who might be at camp as to the proper protocol at the Waterfront.

- Ray Kozma, Chapter Chair

To all Key-holders,

Our Hosting Policy for Camp Nawakwa, and our Guest Policy for Camp Nawakwa, are presented below for all Key-holders to know. These will take effect with start of the new Camp Season (May 1st) this year.

These policies are intended to help Camp Nawakwa run in the most harmonious way possible. They are designed to ensure that the traditional character of Nawakwa, as a refuge to be shared and enjoyed by the members, is upheld and fostered. The clarity and distinctions set forth in these policies should help promote the good order and enjoyment of camp life for all. Please also see the "A Note to All" that follows at the end of these policies.

For the Board,
Ray Kozma, Chapter Chair

Hosting Policy for Camp Nawakwa

Policy on Hosting During the Camp Season (May 1st-October 15th)

1. The Board has over-all charge of the calendar for Camp Nawakwa.
2. Only Key-holders are allowed to host.
 - a. An announcement of when the camp calendar is open will be sent by the Board to all Key-holders by March 1st of any year.
 3. Each hosted event (whether Weekends or Mid-week) is allowed only one official Host (and a Co-host, if desired), both of whom are Key-holders.
 4. When a Key-holder is Hosting or Co-hosting, that Key-holder is not allowed to bring guests to camp.
 - a. It is a fundamental contradiction to expect that any such Key-holder bringing up guests to camp should, at the same time, have the responsibility for hosting and being in charge of camp.
 - b. If the Hosting or Co-hosting Key-holder has a spouse or significant other who is also a Key-holder, but who is not involved in hosting the event, that other Key-

holder would be allowed to bring guests to camp. (See also: Guest Policy).

5. Day Fees are waived for Key-holders who volunteer to host.
 - a. A \$10 credit per each day's hosting (up to a maximum of \$50) is offered to those hosts or co-hosts who hold an Annual Passport, which credit can be used for the purchase of the next year's Annual Passport. The Passport holder is free to decline the credit.

Policy on Hosting During the Off-Season (October 16th to April 30th)

1. Permission is always needed from the Park to access and use Camp Nawakwa when the camp is officially closed.
 - a. If a Key-holder desires to be at camp during the Off-Season, whether for the day or for an overnight(s), the Key-holder must notify the Chapter Chair who will contact the Park Office to request permission.
 2. When Hosting during the Off-Season:
 - a. Only Key-holders are allowed to host.
 - b. There can be only one official host for the event (and a Co-host if desired).
 - c. Day Fees are waived for Key-holders who volunteer to host.
 - d. A \$10 credit per each day's hosting (up to a maximum of \$50) is offered to those hosts or co-hosts who hold an Annual Passport, which credit can be used for the purchase of the next year's Annual Passport. The Passport holder is free to decline the credit.)

(Note: See also Policy on Camp Seasons and Use of Nawakwa)

Guest Policy for Camp Nawakwa

1. With certain limitations, as outlined in this policy, Key-holders are allowed to invite guests to camp.
2. An individual Key-holder may bring two guests to camp at any one time. (Note: A Key-holder may bring up their immediate family members as guests, even if this exceeds the two guests per Key-holder limit, but no additional guests.)
3. Guests (with the exception of the Key-holder's immediate family members) may be at camp for a total of three visits/events per year:
 - a. A visit/event may be a day-visit, or an over-night. One over-night, either mid-week or weekend, would be considered one visit/event.
 - b. These visits/events may not be consecutively linked.
 - c. After being a guest for a year, the adult guest is encouraged to become an Applicant.
4. The Key-holder will ensure that all camp and Park rules (especially those of the Waterfront) are explained to and followed by all guests, whether adults or minors.
 - a. The Key-holder has the responsibility for staying with their guests at all times.
 - b. The Key-holder will offer guidance and explanation of camp life, and will ensure that the guest has a safe and enjoyable visit.

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A Note to All:

Camp Nawakwa, situated in the beauty of Harriman Park, is above all an experience of fellowship and commingling of its members. Key-holder members rightly treasure the Nawakwa experience, a heritage that has been forged by a tradition of volunteerism, cooperative effort, good will and harmony. The first generations of members, working together, created the Nawakwa experience and entrusted this gift to us. They understood how Nawakwa was a refuge created 'by the members, for the members,' to be mutually shared and enjoyed.

Key-holder-members enjoy great freedom to come and go as they please, and they assume corresponding responsibilities for the camp and to their fellow members. In a simpler, more hardscrabble-time with primitive roads and facilities, the rules and practices were well understood, but were left uncoded. Such a codification seems necessary now, however, in order to clarify the Nawakwa experience, 'by and for the members,' and to foster within the current membership the harmony and comradery needed to build on the heritage we have been given.

While members, over the years, have brought their children to Nawakwa, and while guests are desirable and necessary to promote membership, **it is first and foremost the collective experience of Nawakwa's members, sharing the camp at any given time in good fellowship, that is the essence of the club.**

We note from experience that families seem to fit in best when they experience the camp as an individual family unit and not as a convocation of families or as a larger group of family plus friends. When a single family is present, the parents seem more watchful and more sensitive, and the family more self-contained in their enjoyment and appreciation of the camp environment. And it seems obvious to us, too, that the individual family unit fits in most compatibly with the other members in an atmosphere of shared accommodation and mutual enjoyment. Similarly, we do not want the total number of guests that members bring to camp to be such that it alters the camp experience for all.

We firmly believe that the great majority of members understand all this and desire to work together for the benefit of everyone - creating a community of good will, where all are invested and where all can share a most wonderful place we call Nawakwa.

The New York Chapter Board of Directors



Lake Sebago March 20, 2017

photo by Kim Waldhauer

Suse Wenzel receives Trailblazer Award at this year's ADKNY Winter Social. Congratulations, Suse!

This New York Chapter Trailblazer Award is gratefully presented to Suse Wenzel in recognition of, and appreciation for, the extraordinary service you have given to the New York Chapter and to Camp Nawakwa. Since joining the Chapter in 1980, you have hosted and co-hosted numerous times at camp, including Thanksgiving Day at Nawakwa; you have participated in Chapter activities and outings and volunteered to help when the Chapter hosted the 2009 Main Club Fall Outing; you have sponsored members; you have generously and willingly hosted on short notice, filling in when there was an unexpected need. Over these many years, you have been a steadfast and reliable member of the Chapter, a thoughtful, friendly and enduring presence at Camp Nawakwa. Your wide-ranging interests, your energy and enthusiasm, your generosity and willingness to share your time and talents, have made you well-respected and a model for others. In these ways and more you have shown dedication and commitment to the New York Chapter and to the fellowship of Camp Nawakwa and have truly blazed a trail for others to follow. *January 22, 2017*



Chapter Chair Ray Kozma presents the award to Suse. Suse also received a custom Trail Blazer mug created by ceramics artist and Camp Chair Kim Waldhauer.



photos by Suzanne Flower and Janet Sibarium

Looking Back



JAN 28 A NIGHT AT THE OPERA * WAS A SMASH HIT. Ron Engasser and Lewis Ports hosted this event with, Ingaborg Simpson, Eve Mancuso, Jerry & Susanne Flower, Marianne & Jim Porus, Jason McGinnis & Carl, Laura Campbell, Guy Lingley, Jim Slovik, Paul Rondinone, Helga Abel, Kevin Elford, & Ellen Roth. This intrepid group dined on Pork Sausages, Tomato sauce, salad, coupled with a Grape Juice and Cheese Happy Hour. All this was accompanied with Quality Opera music and the sounds of nature. Thunder, Loons, hoot owls and creatures of the Forrest. The January temps were mild and no snow! Good times were had with Guitar music from Kevin and singing by Laura & Eve. Laura even did the Minnesota Skunk dance. Good times were had by all and calls for a repeat event.



This entire page courtesy Ron Engasser

Thank you for your generous contributions to the 2016 Appeal for The Camp Improvement and Sustainability Fund

Moira Bailey
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Adirondack Hiking Club - New York Chapter - Hiking Leader Michael Simon, A pure White blank of Snow, 43 degrees and partly sunny! Lots of fun and a real workout!Forest Breathing and de-stressing! photos courtesy Maria Sola



photo by Kim Waldhauer

Turkey Hill Lake from Long Mountain



photo by Giacomo Servetti

Near St. John's in the Wilderness

Presidents Day Weekend at the Adirondack Loj, near Lake Placid

by Glen Nison

A group of Nawakwans and others had a great time at the Adirondack Loj near Lake Placid in upstate New York. There had been plenty of snowfall prior to the weekend so the trails were excellent for snowshoeing, skiing and photography. Last year's trip saw extremely frigid weather but this year the temps were above 40 degrees. Several of the 4,000 ft. peaks were climbed (Wrights Peak, Whiteface and Phelps) but extremely high winds kept some of the hearty hikers from reaching the summits of Algonquin (some people got a few hundred feet from the summit but turned back because of the 70+ mph winds). We had a great impromptu presentation by Manoj Vora, who is a "seven summiter" (he has climbed the highest peak on each continent including Mt. Everest of course). On Friday before the weekend, Rich Decoursey, Ed O'Donnell, friend Kathy Haake and I climbed Cascade Mtn. (missing the actual summit because of the wind) and the snow-covered trees were phenomenal! Due to the high winds and warm weather most of the snow on the trees was gone by early Saturday morning. Nawakwa members that attended were myself, Herman Barrocales, Rich Decoursey, Renee Levine, Rob and Rosalie Goldberg, Janet Sibarium, Everod Carter, Ed O'Donnell and new applicant, George Kantor. We were lucky we weren't up there the following weekend when there were flood advisories because of snowmelt and rain! Enjoy the photos.



Adirondack Loj



Winter wonderland on approach to Cascade Summit



Ed O'Donnell, friend Kathy Haake and Rich Decoursey on Cascade Mtn.



Approaching summit of Cascade Mtn. but turned back by wind

Rime ice on Cascade



Rich Decoursey, new applicant George Kantor (to the right of Rich with thumb up) and friends at junction of Algonquin and Wrights Peak trails

Happy Hour thanks to Rob and Rosalie Goldberg