

THE TRAIL MARKER

August-September Issue 2019

Published by the *New York Chapter, Inc. of the Adirondack Mountain Club, Inc.*
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135 www.adkny.org

SPECIAL MEETING NOTICE

**Our yearly open meeting for all New York Chapter members
will be held on Saturday, September 14, 2019 at Camp Nawakwa.**

The meeting will be in the Main Cabin starting at 11 AM.

The yearly gathering of New York Chapter members provides an opportunity for all to receive updates on the status of the Chapter, the workings of the Board and all committees, and current projects in development. While there will be no voting by the Chapter Membership or the Nawakwans at the meeting, important business matters will be addressed. The questions and answers, comments and suggestions, and the general discussion of topics among those participating in these yearly meetings, have always been helpful in considering future plans and action. The Board appreciates the active participation of all.

- The New York Chapter Board of Directors

New Environmental Committee Being Formed

Camp Nawakwa is looking for environmentally concerned Members....We are forming an Environmental Committee to pursue activities/actions to bolster the call for an amendment to the NYS Constitution to guarantee us all a right to clean water, clean air, and a healthy environment.

We would like to join a statewide Coalition for this Green Amendment that Maya Van Rossum spoke so movingly about at our July 20th after-dinner activity [*see the article on page 14*]. Note that our neighbors at the Canoe Club are also eager for Nawakwans to join them in working together on Lake Sebago and Harriman State Park issues, another reason to form this Committee.

Please contact Lisa North @ lrn1212@aol.com or Marty Kellerman @ mmkellerman@gmail.com if you are interested and let's get to work!

ADKNY Board of Directors and Committees

Chapter Chair: Lisa North

LisaNYChapterADK@gmail.com

Vice-Chair: Teri Gabel

blaugabels@msn.com

Secretary: Eve Mancuso

evemancuso@gmail.com

Treasurer: Suzanne Rocheleau

rocheleau3@gmail.com

Director: Diane Booth

dbooth108@aol.com

Director: Mark Fedow

fedowf@aol.com

Director: Guy Lingley (one-year term)

glingley@vermacorp.com

Director: Marty Kellerman

mmkellerman@gmail.com

Director: William Burns

wmjburnsjr@gmail.com

Director: Susanne Flower

susanneflower@gmail.com

Membership Committee:

Chair: Jerry Flower jerry.flower@verizon.net

Members:

David Miller snoop353@aol.com

Janet Sibarium jansib@mindspring.com

Newsletter Editor: Raymond Kozma

raymondkozma@gmail.com

Host Committee:

Maryann Poris and Mary Hilley

hostingadkny@gmail.com

Commissary: Maryann Poris

maporis@aol.com

Activities Committee:

Marty Kellerman mmkellerman@gmail.com

Camp Committee:

Chair: Don Gabel blaugabels@msn.com

Co-Chair: Bill Burns wmjburnsjr@gmail.com

Members:

Steve Barre sbarre9723@yahoo.com

Eve Mancuso emancuso@gmail.com

Teri Gabel blaugabels@msn.com

Hiking Committee:

Chair: Glen Nison gnisonbike@juno.com

Trails Committee:

Chair: William Burns wmjburnsjr@gmail.com

Park Liaison:

Lisa North LisaNYChapterADK@gmail.com

Conservation/Education:

Chair: Don Gabel blaugabels@msn.com

Archives Committee: Ellen King ellen_king13@msn.com

Webmaster: Brandon Hunt

Coming Soon!!! Our New Webpage!!!

Problems Receiving the Trail Marker?

See the solution to the problem as explained on page 8 of this issue.

Change of address: Moving? Please contact the Main Club AND the NY Chapter Membership Chair, Jerry@adkny.org, to notify us of your address change.

Notice: ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Secretary, the Hosting Committee or the Newsletter Editor.

Mass-emailing the membership for any other reason is bad etiquette and is prohibited.

Like us on Facebook!

<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!

Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

Deadline for submissions to the next edition of the Trail Marker (October-November-December 2019 issue) is September 25, 2019. All submissions can be forwarded to Ray Kozma, at raymondkozma@gmail.com

Early Summer Work Weekend

In addition to the two main work weekends (Spring and Fall) that book-end the main camp season, the Camp Nawakwa Committee also plans two Summer work-weekends. Pictured here is the event from June 22-23. Our thanks to those who came out to help Don Gabel and the camp committee tend to on-going chores and needed maintenance around camp. (*Photos by Ingrid Strauch*)



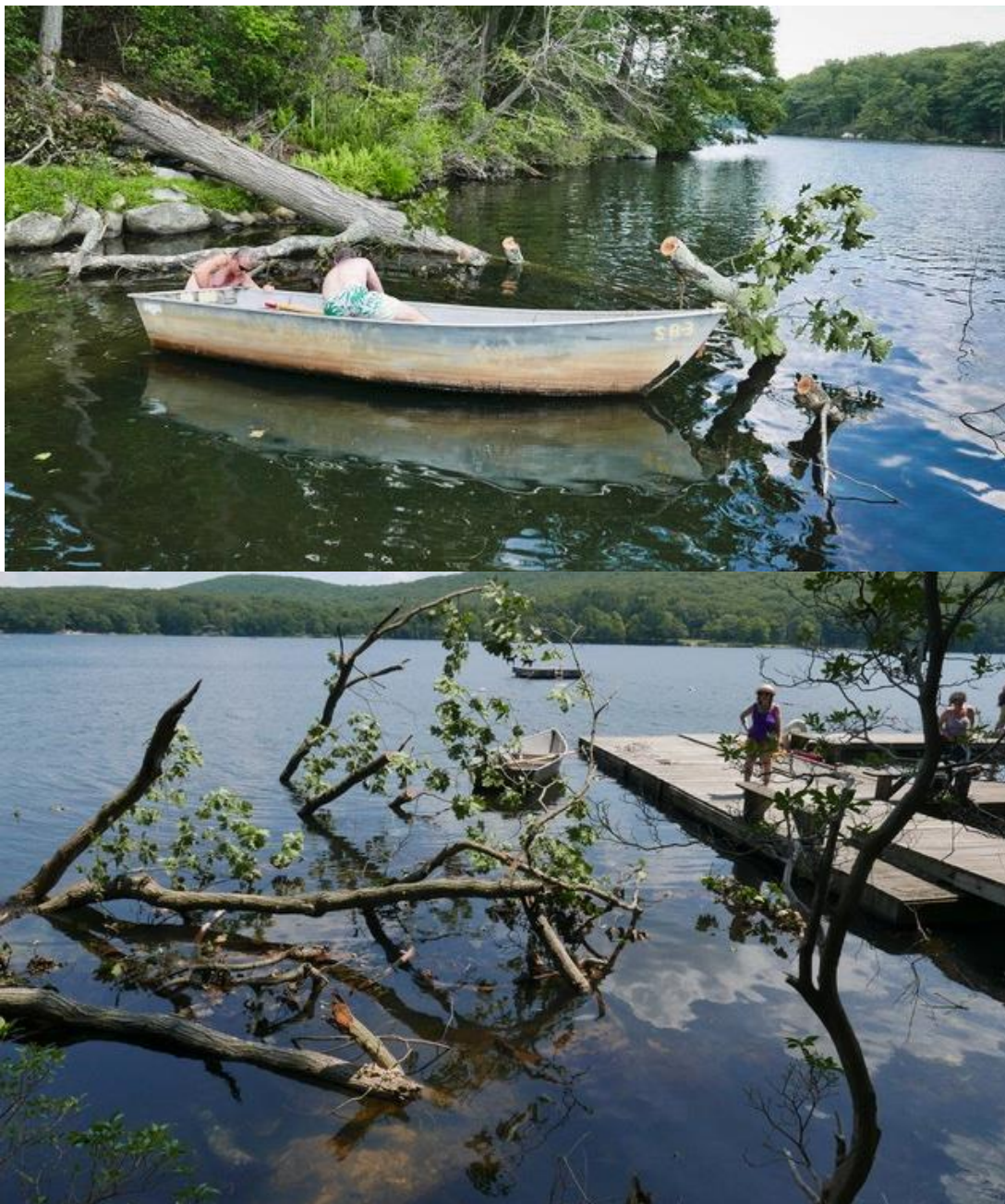




Notes from Camp and the Conservation Committee

A Tree Falls in Nawakwa

On Sunday, July 21, 2019, several keyholders witnessed a venerable oak fall into the lake, onto the dock and rowboats, temporarily closing the swim dock. After Don Gabel cleared the dock and boats on Tuesday evening, a larger crew assembled on the afternoon of Sunday, July 28, 2019. The crew hauled brush, pulled limbs and logs out of the water, and cut dangerous branches under water and away from the dock. The dock is now accessible, with a few artifacts remaining underwater. Many THANKS to the venerable crew who helped restore the waterfront. *(Photos by Glen Nison)*





Conservation/Environmental Committee

The aralia eradication project is still on hold, we are hoping it will resume in the coming year, with a possible partnership with ACA members. For NY ADK members who have participated in the work of the NYS Hemlock Initiative, there is now a total of 900 predacious beetles released in NW Harriman. The work now for the Hemlock Initiative focuses on surveying White Pine stands for a closely related adelgid. For the members who participated in the HWA-resistant Hemlock planting, all 50 plants survived the winter and have vigorous growth. This year we will post hikes to check on and maintain the condition of the HWA-resistant Hemlocks we planted last year. New efforts toward saving the environment are in the works.

Please come join us, there is much work to be done!

Camp Chair

Continuing efforts for all Nawakwans to maintain camp would be:

- The driveway edge project, which is a huge success. Many keyholders have reported how much easier it is to drive off the side and park. The better wheelbarrow for moving gravel is under Cabin #1. Rake, shovel, and tamper are in the shed.
- The fire road and the pathways can always be mowed.
- The main cabin can be vacuumed and scrubbed frequently to continue to keep the ants away.

See you all at the next work weekend, August 24-25.

- Don Gabel

New Camp Fees/Categories for 2019

Annual Nawakwa Passport Fee: \$125

Status	Day Fee	Two Days (overnight)	3+ Additional Days
Keyholders	\$15	\$20	\$10 per day
Applicants	\$20	\$30	\$15 per day
Keyholder Adult Guests	\$20	\$30	\$15 per day
Keyholder Guests Under 18	\$10	\$15	\$5 per day

Keyholder Example: One day only stay is \$15; 2 days (1 overnight) stay is \$20; 3 days (2 overnights) is \$30 total, 4 days (3 overnights) is \$40; etc.

Do You Know Any Member Who Is Not Receiving the Trail Marker?

At a recent hosted weekend at Nawakwa, a problem with the email delivery of the Trail Marker was the big topic of discussion at the dinner table. We will be working with the Adirondack Mountain Club (Main Chapter) to resolve the issue. *[Note: First make sure the email did not go to your spam folder.]*

The mailing list used to distribute the Trail Marker is provided by the Main Chapter. It is based on the information they have for all current members of the New York Chapter. Even though you have paid your annual dues, if the email address they have is incorrect, or no longer in use, that is the email we use for the Trail Marker.

The plan is to put together a list of keyholders who are not receiving the Trail Marker and their current email addresses. That list will be sent to the Main Chapter so they can update their records. To do this, we need everyone's assistance.

If you know of anyone who is not receiving the Trail Marker, please contact them and ask them to send the following information to susanneflower@gmail.com

Name

Address

Email Address

Notes on Hosting

Updates to this hosting schedule will be provided in the weekly hosting emails sent out by the Hosting Committee

To host a weekend or midweek, contact Hosting Committee: hostingadkny@gmail.com or call Maryann Poris (973) 731-7117 if you have any questions.

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117 maporis@aol.com

There is a limit of one host plus one co-host per weekend or midweek

Hosting Note To Our Keyholders and Applicants

"This spirit of cooperation, teamwork, mutual respect and camaraderie, epitomized in the Saturday night community meal, is rightly recognized as being at the heart of the New York Chapter: It is the Camp Nawakwa tradition." – Sponsor-Applicant Handbook, page 4

Hosting the Saturday night community meal encapsulates what makes Nawakwa unique in so many ways, celebrating and fostering the camaraderie, friendships, and relationships that we enjoy. In support of our weekend hosts and of their dedication in putting together a well-hosted weekend, we ask that all chore assignments be carefully followed by everyone. Being ready for your chore, performing your task cheerfully, and helping out in extra ways when needed – all add to the enjoyment of the weekend and help build up the community spirit. Of course, things come up and some modifications may be needed. If you have a request for a particular chore (for example, you are leaving right after dinner and would like a chore other than dinner clean-up), add that request when you call or email to register. Nawakwa is nothing if not a cooperative, teamwork experience. It is the Camp Nawakwa tradition!

Hosted Weekends/Midweeks

Midweek July 29 – August 2: Peter Varley caretaker host. If you need to contact Peter during the week, please call the camp number 845-351-4135 or 914-309-0705

August 3-4: Welcome August

- Lazy summer days with host Elizabeth Ruiz-Gomez and cohost Carol Burns. They will provide a fancy happy hour followed by a basic meal – bring your own adult beverage. Breakfast will be served on Sunday.
- Please **call 917-270-6708** before 9 P.M. on Thursday August 1st to register and specify meals and whether you prefer meat or meatless.

August 10-11: Relaxing Weekend and an Interpretive Walk

- Join Alex Wilkie for simple summer fare and enjoy relaxing at the dock, in the lake or on the porch.
- Please register with Alex at 856-630-5607 or by email at afwilkie204@gmail.com by Thursday August 8 before 9 PM. Indicate if you prefer omnivore or vegetarian options and which meals you are planning to attend.
- **Nature Walk.** Saturday 2PM, MaryLynn Malone, Educational Director @ the Museum of the PIPC (& a past well-received speaker for us), will lead an Interpretive Walk on trails near camp, identifying and discussing the flora and fauna.

August 17-18 Annual Grilled Salmon Dinner

- Join Chef Everod and friends for the tasty Annual Grilled Salmon dinner.
- Registration Deadline: **Wednesday, August 14th at 9:00 p.m.** Please indicate which meals and if you prefer vegetarian meals.
- E-mail registration preferred jansib@mindspring.com or voicemail: 212-254- 0738.
- Co-Hosts: Everod Carter and Janet Sibarium (registrar)

August 24-25: Closing Days of August and Saturday Work Day

- Don and Teri Gabel will be your hosts. Details will be sent in the weekly update.

September 6-8: ADK Fall Outing

- Due to the Fall Outing there will be a caretaker host for the 6th and 7th. Details will be sent in the weekly update. [See announcement and details of the Fall Outing on page 12 of this Trail Marker]

Sept 14-15: Special Meeting

- Deirdre Tourin will be your host. Details will be sent in the weekly update.

Hosting Opportunities Weekends - Saturday only hosting options are available

- **August 31 – September 2: Labor Day Weekend and a Reptile Talk**
 - No Host
 - Reptile Talk. This will be on Saturday 8/31, beginning after dinner clean-up. Courtney Larson, from the Bear Mountain Educational Outreach Program, will be discussing reptiles with a slide show and a yet unidentified reptile live and in-person!
- Sept 21-22
- Sept 28-29

Hosting Opportunities Midweek – you can sign up for partial weeks and you can bring up 2 guests. Please contact hostingadkny@gmail.com

- August 5-9
- August 12-16
- August 19-23
- August 26-30
- September 3-5.
- September 9-13
- September 16-20
- September 23-27

Note: The above information may change as the season progresses, please refer to the weekly updates for the latest information.

Hikes and Outings: 2019

Hikes Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:

<http://www.nynjtc.org/content/scheduled-hikes> <http://www.hudsonhikers.org/schedules.htm>

August 10, 2019 – Saturday – 9:45 AM

Breakneck Pond

The hike will start from the Boat Launch/Fishermen's Parking Area on Lake Sebago. Following a woods road, we will turn off to follow a cairn-marked trail up the hill and then intersect with the Buck Trail. We will follow the Buck Trail until we come out at a fire road, then turn onto an unmarked trail and finally approach Breakneck Pond where we will have lunch. We will take a look at the AMC Harriman Camp (which will be the site this year's ADK Fall Outing in September) and return by a different trail or two. It will probably be possible to arrange a ride from Sloatsburg for those without a car. Please call leader to check. Bring lunch, rain gear, and appropriate hiking shoes.

Meet at the Boat Launch parking area at 9:45AM. Moderate Hike. Qualifying (5-6 miles). Leader: Ray Kozma. Contact at: raymondkozma@gmail.com or 917-406-3782.

August 18, 2019 – Sunday

Nawakwa Circular and White Cross Trail Maintenance

Plan on leaving camp around 10 and returning around 4, hopefully with a swim after. For those needing a qualifying hike this will be one with around 5 miles to and from our trail work. We'll spend about 2 hours of light trail work including clipping and pruning for those that need a service event. If extremely hot, we will just do the hike. Since the leader doesn't have a car, everyone must register and let me know if you have a car to possibly pick up and return group to public transportation. Tools and gloves provided or bring your own. At least 2 quarts or more water, bug spray and clothes suitable for trail work.

Please register by Wednesday, August 14 with phone and email. Why not come up for Janet and Everod's weekend? Leader: Glen Nison: 646-830-1894

September 21, 2019 – Saturday – 9:45AM

Pine Swamp Loop plus Times Square

(Note: This hike will begin at the Lake Kanawauke parking lot on route 106, but drivers can meet at the DD parking lot in Sloatsburg at 9:30 AM. There we can meet anyone coming by bus and travel together to the trail-head.) After a short climb up on a woods road, we meet the Dunning Trail that leads us to Pine Swamp pond (with active beavers). We can spend some time exploring the area around Pine Swamp mine, then take the Red Cross trail to Times Square where we can have lunch. We then take the Long Path around Cape Horn, and back to the cars.

Easy Hike. Qualifying (5 miles). Leader: Ray Kozma. Contact at: raymondkozma@gmail.com or 917-406-3782.

September 28, 2019 – Saturday – 10/11 AM

Trail Clearing (Work Activity)

Help Ingrid maintain her section of the Triangle Trail, a short walk from Camp Nawakwa. Tasks will include clipping blueberry and mountain laurel bushes and removing blowdowns. Tools available at camp. Anticipated start time around 10 or 11 a.m., depending on when participants can get to camp.

Please RSVP with your transportation situation (coming by bus? car? Can you offer rides?) to istrauch11@gmail.com by Thursday, September 26. Qualifying.

September 28, 2019 – Saturday – 9:30 AM

West Mountain Ridge Hike

When was the last time you climbed the summit and saw Perkins Memorial Tower against a Fall color background? This West Mountain hike starts with a short rock scramble, ascending approximately 600 feet, for a clear view of Perkins Memorial Tower, the Hudson River, Popolopen Torne, Harriman Hills, and multiple expansive views along the Timp-Torne Trail. We will be traveling over open rock slabs, rocky footpath, woods, pine forest, long ridges and cliffs for a total of 9 viewpoints. Ending this loop hike on Beechy Bottom Road. Bring lunch, water, rain gear and appropriate hiking shoes.

Qualifying (5+ miles). Meet at Anthony Wayne Recreation Parking lot at 9:30 AM. Leader: Stephanie Lai. Contact at: sclai2007@yahoo.com or 718-974-9543.



View from West Mountain (Photo by Ray Kozma)

Save The Date

Anniversary Weekend Celebration - Columbus Weekend - October 12-13, 2019
New York Chapter's 97th Anniversary - Camp Nawakwa's 93rd Anniversary
Details in the next Trail Marker

The Sixth Annual Bastille Day Celebration

hosted by Lewis Ports and Susanne Flower
July 13th & 14th.

On this weekend, twenty-five people took part in a new Nawakwa tradition: The Annual Bastille Day Celebration. Specially prepared by Lewis Ports and Susanne Flowers, multiple and delicious courses were elegantly served and feasted on by all.

Breakfast in the morning was also a treat, with Apple, Raisin and Walnut Crepes, Ham and Cheese Crepes, croissants, eggs, coffee, tea, and orange juice making for a delicious and filling breakfast.

Our thanks to Lewis and Susanne for hosting this special celebration for six consecutive years.



Photos by Glen Nison

Leni's Chili Weekend and Special Presentation

Hosted by Leni Tabb and Marty Kellerman

July 20-21

After a delicious and plentiful vegetarian feast by Leni (with this weekend quickly becoming another Nawakwa Tradition), we were treated to a special after-dinner presentation on a proposed amendment to the New York State Constitution: A New York State Bill of Rights for the Environment. The evening's presentation was arranged by the Camp Activities Committee led by Marty Kellerman. Neil Woodworth, ADK Executive Director, Cathy Pedler, Chair of the Government Relations and Conservation Committee for the Adirondack Mountain Club, and Mya Van Rossum, author and activist, all took part in the event.

The Green Amendment Securing Our Right to a Healthy Environment



After being introduced by Cathy Pedler, our guest speaker, Maya Van Rossum (pictured above), launched into a very complete and compelling exhortation on the need for a constitutional amendment to the New York State Constitution to guarantee protection of clean water, clean air, and a healthy environment:

"Our rights to free speech, to a free press, to religious freedom and to property rights are among the many fundamental rights guaranteed by our federal and state constitutions. However, across the nation our rights to pure water, clean air, and healthy environments, are not recognized or protected – even though they are essential to our health and our lives."

Maya mentioned that, though some states reference varying levels of environmental entitlement, only two states – Pennsylvania and Montana – clearly identify the rights to a clean and healthy environment as fundamental, inalienable, and individual rights that must be protected by the government to the same degree we protect these other fundamental rights.

To the comment that we have many rules and regulations already in place to protect the environment, Maya explained that these can often be ignored, or a waiver granted, on Eminent Domain declared so that land can be taken and developed. With a constitutional amendment, all environmental protection and rights would be recognized as self-executing inalienable rights that must be protected on par with other fundamental freedoms.

The New York legislature has already voted on and approved this Green Amendment to the constitution. There needs to be a second affirmative vote by the New York State legislature, and then the amendment would be passed on to all New Yorkers for a vote. This is a time now for voter education and Maya is going around making presentations and gathering signatures in support of this amendment.

Neil Woodwork spoke at the end to update us on things that he and the Main Club have been involved with. Maya also took questions and answers from the group (which included members from the ACA who had been invited to this special presentation. As a result of this meeting, there is being formed an Environmental Committee (see the announcement on page one of this issue of the *Trail Marker*).

Mid-Summer Duck

Hosted by Yajing Li

July 28-29

“Enjoy Summer fare that begins with a variety of fusion dishes for meat lovers and vegetarians alike.” Another classic Nawakwa weekend by Yajing.





Photos by Glen Niso

New York Chapter Elections – 2019

Nominating Committee: Request for Nominations

Elections for five (5) New York Chapter Board of Directors positions are scheduled to be held in October. The Nominating Committee takes this opportunity to reach out for any recommendations that you may have for someone to serve as a Board Director or Officer. Needed for these positions are Nawakwans with a love of the New York Chapter and Camp Nawakwa and with a willingness to assist in navigating through, weighing in and voting on, the issues that will come up during his or her two-year term on the Board.

Note:

- 1. All Chapter members may vote in the elections.*
- 2. As per ARTICLE IV, Section 1 of the Bylaws: "All Directors and Officers must be Nawakwans."*
- 3. All names must be received by September 1, 2019. The slate of candidates will be posted in the October Trail Marker.*

The following Board positions are open:

Two Officer positions are open for election:

Vice Chair (two-year term)

Secretary (two-year term)

Three Director positions are open for election:

Director (two- year term)

Director (two - year term)

Director (two-year term)

These current Officers whose terms of office are expiring have agreed to run for re-election: Teri Gabel (Vice Chair) and Eve Mancuso (Secretary).

The following current Directors, whose terms of office are expiring, have agreed to run for re-election: Diane Booth, Marty Kellerman, and Guy Lingley.

Please email to the Nominating Committee (whose members are listed below) the names of any additional willing candidates for the above positions:

Janet Sibarium jansib@mindspring.com

Daphne Prior nazdrovi1@gmail.com

Leni Tabb lenit831@gmail.com

Vacation in the Adirondacks

Keyholders Marty and Karen McDonald shared the following with us:

Karen and I were on vacation the past few weeks in the Adirondacks, which is why we haven't been at Nawakwa recently. Thought we'd share some photos for the newsletter. We took a trip to Lake Placid and made a special visit to see the ADK Loj. We hiked up Mount Jo with our daughter Jessica. We made it to the top of Whiteface too for an awesome vista. Really neat to see the Loj, and we'll definitely be back!

*See you at camp soon,
Marty*



Photos from Marty McDonald

ADK Fall Outing

This year's **ADK Fall Outing** will be in the Lower Hudson Valley in Harriman State Park during the weekend of Friday/Saturday/Sunday, September 6-7-8. Click the link below for details about the weekend, including outings, food/lodging options, entertainment, and online registration. Several New York Chapter members are leading hikes for the weekend, plus registrants are invited to Camp Nawakwa on Friday and Sunday. Click below to see and download the full outing brochure.

Click the image to expand.



ADK Fall outing 2019

FRIDAY, SEPTEMBER 6 – SUNDAY, SEPTEMBER 8TH
HARRIMAN STATE PARK
HOST CHAPTERS: MID-HUDSON, MOHICAN, NORTH JERSEY-RAMAPO, NEW YORK AND LONG ISLAND

The 2019 ADK Fall Outing will be in the Lower Hudson Valley, based at The Stephen & Betty Gosman AMC Harriman Outdoor Center on Breakneck Pond in the heart of Harriman State Park. Harriman and adjacent Bear Mountain and Sterling Forest State Parks feature more than 225 miles of marked trails, including the famed Appalachian Trail, Long Path, and numerous lakes, making it a hiker's and paddler's paradise. Other notable parks, Hudson Highlands and the magnificent Hudson River are nearby, as is The Big Apple—just 30 miles from the Center.

Five downstate chapters are collaborating to offer club members and their families and friends a rich selection of outings for all tastes and abilities. In addition to daily hikes, paddles, and other exclusive excursions offered by host chapters, we have evening presentations on Central Park and Sterling Forest, and a singalong with the famous Walkabout Clearwater Chorus, founded by Pete Seeger.

The entire Harriman Outdoor Center has been reserved for on-site lodging, camping, and meals. Offsite, but nearby, hotel rooms are being held for us at discounted rates. Details and relevant links can be found online by visiting the Web address below.

Registration is online, and you will be able to select your accommodations, meals, and outings. All will be available on a first-come, first-serve basis. Don't wait. Early registration is encouraged to secure your preferred lodging and outings.

Go to midhudsonadk.org today to find more details about the weekend, including outings and food/lodging options, and to register (online only).

WEEKEND SCHEDULE

FRIDAY, SEPTEMBER 6
 8:00-8:30 PM Registration Open—Conference Rooms
 12:30-2:30 PM Hikes and Publics Depart—Ponds
 3:00-6:00 PM Check in for Lodging
 6:00-7:15 PM Dinner—AMC Dining Hall
 6:00-7:15 PM Photo Show—Lake side Pavilion
 7:30-8:30 PM Presentations on History of Making Forest and Highlights of Central Park—Conference Rooms

SATURDAY, SEPTEMBER 7
 7:30-9:30 AM Breakfast—AMC Dining Hall
 9:00-9:30 AM Registration Open—Conference Rooms
 9:30-10:00 AM Hikes and Publics Depart—Ponds
 6:00-7:30 PM Dinner—AMC Dining Hall
 7:30-8:30 PM The Walkabout Clearwater Chorus—Ponds

SUNDAY, SEPTEMBER 8
 7:30-9:30 AM Breakfast—AMC Dining Hall
 9:00-10:00 AM Hikes and Publics Depart—Ponds
 11:00 AM Check-out time
 8:00 PM Depart with
 See you September 16-20th, 2020 at Adirondack Woodstock Camp, 640 Fudge, NY

Above: Sunset at Breakneck Pond
 Photo courtesy Gary East

[Download/Print Outing Brochure](#)

From the Archives

- Ellen King

CAMP NOTES...A LOOK BACK

Before there was a Camp Nawakwa there was a Camp Blue Bird. This was a summer camp on Upper Twin Lake that the Park made available to the New York Chapter when the summer season ended. The Chapter used Camp Blue Bird for two seasons, until Camp Nawakwa was opened in 1926. The September 15, 1925 Chapter bulletin has the following announcement:

CAMP - BLUE - BIRD

September 16, 1925 to June 30, 1926

Our second season at Camp Blue Bird on Upper Twin Lake, Interstate Park, is here. The Camp, located three miles from Central Valley, six miles from Arden, and eight miles from Bear Mountain, has an elevation of 900 feet. The Lake is ideal for boating, swimming, and fishing, while the surrounding country lends itself to interesting walks.

* * * * *

Did you know that the original name for The Trail Marker was The Hiker? It was issued "now and then" to announce scheduled hikes and special events; it began publication in 1924. The September 15, 1925 bulletin was issued without a name. This issue reported that "several members intensely dislike the name under which this bulletin has been appearing" and a contest was held to find an official title for the bulletin. A Miss Ethel Fleming came up with the name The Trail Marker and won a free week-end at Camp Blue Bird. The first issue with the name The Trail Marker is dated December 3, 1925.