



THE TRAIL MARKER

January–March 2018

Published by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



*Of Trails and Overlooks. . .
. . . from the Chapter Chair*

***Over the winter glaciers
I see the summer glow
And through the wind-piled snowdrift
The warm rosebuds below.***

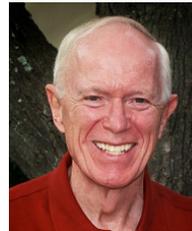
- Ralph Waldo Emerson

Winter, with its cold and snow and ice, brings a stillness and silence to the land. Running streams freeze over, leaf-less trees seem dead, and we huddle inside our warm homes as if to settle in for a long winter’s nap. But we know that Winter is a part of the cycle of seasons and that Spring and Summer will come again. There is an energy, a life-force at work, that will revive the sleeping land and awaken it once again. As Emerson noted in the poem above, we can see past the ice to “the summer glow.” We know that, beneath “the wind-piled snowdrift,” the land is waiting to bloom again and call us forth to renewed life and activities.

Nature actively prepares for Spring: Buds are already set on branches; we plant the bulbs of flowers which need the cold sleep of winter in order to grow and bloom again. It is as if dark, cold winter is the necessary sleep that refreshes the whole earth.

This active-preparing applies to us, also. Our Fall Work weekend readied Camp Nawakwa for the winter, putting away and protecting the camp equipment, all done to ensure that we will be ready to enjoy the next camp season. Behind the scene, too, the Chapter continues to do the preparations necessary for the good running of the Chapter and camp. Starting last year, with the help of legal counsel, we have been working to bring our policies

and practices in line with New York States Non-for-Profit Corporate law (called the Revitalization Act). Our elections this year were in accord with the new requirements. All these challenges provide new opportunities for us to grow and be renewed. Our work on developing policies and procedures for the good order and harmonious running of camp, our revitalized Applicant process to form new Key-holders who will be active and responsive Key-holders – all these efforts have a common goal: To help all members of the New York Chapter enjoy together the beauty of nature and the joy of the outdoors.



As the earth underneath is alive and soon will be all green again, so with us. There is an energy and vitality in us that is an essential part of our camaraderie as Chapter members. Those who came to the Anniversary weekend in October experienced this communal life-spirit, and those who will gather at the Winter Social planned for January [see the notice elsewhere in this issue], will experience the energy, vitality, and friendships that are ours as New York Chapter members and Key-holders.

We see “over the glaciers” and “through the wind-piled snow” drifts of our lives to the deeper reality of ourselves as a community of like-minded individuals, joined in fellowship and bound by a tradition of volunteerism, cooperative effort, good will and harmony.

When the Winter is past and the earth blooms again and the lakes are free of ice, Camp Nawakwa and the New York Chapter members will thrive together in a new season of activity and life.

- Ray Kozma, Chapter Chair

Hosted Events January–March 2018

(visit www.adkny.org for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Hosting Committee:
Maryann Poris (973) 731-7117 maporis@aol.com
Mary Hilley hilley66@gmail.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117
maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek. This includes summers and holidays. This also includes families with adult and minor children.

February 16-19 Presidents Birthday Weekend in the Adirondacks

The New York Chapter will be at the Adirondack Loj for the Presidents Birthday weekend. Join your fellow members and guests for a fun time snowshoeing, x-c skiing, and of course, eating! The cost for the weekend, which runs from Friday night through Monday breakfast, ranges from about \$250 – \$300 plus depending on the location in the Loj (this includes meals except for lunch which one can sign up for at breakfast). Carpooling. More detailed info will be sent a few weeks before the weekend. **New York Chapter members will be given priority. RSVP by Jan. 15 so I can fill any spots that are vacant.**

Leader/organizer: Glen Nison gnisonbike@juno.com
718-625-2182

February 17-19 NEW YORK RAMBLERS INVITATIONAL HOLIDAY WEEKEND AT NAWAKWA

Get to know members of the New York Ramblers Hiking Club over Presidents Day weekend at Camp Nawakwa. The Ramblers, and any ADKers who wish to, will hike in together on Saturday from Tuxedo, establish base camp at the cabin, and take local hikes as decided by the group throughout the weekend. Keyholders who wish to drive in can also be accommodated. Host will plan meals, and all attendees will help carry in some of the food (and help cook!). Please register by Wednesday, February 14, and indicate which meals you will be present for and whether you are omnivore or vegetarian. Expect a shopping and carrying assignment by February 15. Keep in mind that everyone will need to pitch in with water and wood tasks to keep the main cabin comfortable during mealtimes and while relaxing indoors. Host: Ingrid Strauch. istrauch11@gmail.com

Hikes: January–March 2018

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison
718-625-2182
gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:
<http://www.nynjtc.org/content/scheduled-hikes>
<http://www.hudsonhikers.org/schedules.html>

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, February 3 – Van Cortland Park

Midwinter 6-mile hike in memory of Robert Susser, ADK New York Chapter member for 40 years and very likely the most prolific hike and outings leader for most of this time for many clubs in the New York City metropolitan area. All meet at the northeast exit for the No. 1 train at 242 nd Street and Broadway at 9:35a.m. Metro north riders either take the northbound Hudson line train leaving Grand Central Station at 8:47am and 125 th Street at 8:57am to the Marble Hill station (arriving at 9:09 a.m.) and there take the No. 1 train at Broadway and 225 th Street to 242 nd Street or take the southbound Hudson line train arriving at the Marble Hill station at 9:13a.m. and there take the No. 1 train to 242 nd St. Qualifying (but with an earlier exit point for any not qualifying who wish to exit).

Leader: John Lipsett 212-867- 8280 (work)
212-864- 6109 (home)

Sunday, March 25 – Annual Palm Sunday Hike to St. John's Church in the Wilderness

The annual Palm Sunday hike to St. John's Church in the Wilderness has been a tradition since the 1930's. Other groups from other hiking clubs are out this day headed to St. John's and it is very common to cross paths with them as we hike along. The Church service begins at 3 PM and is followed by a wonderful buffet at the barn across from the Church provided by the parishioners. (Note: For many years, this hike was led by chapter member John Blenniger who passed away recently. We will make this a memorial hike in honor of John by taking the traditional route he took when he led the Palm Sunday hikes to St. John's in the Wilderness.)

Since this is a one-way hike, please note:

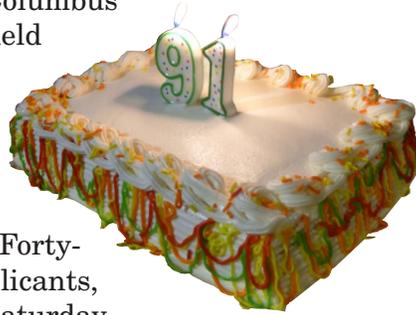
All who are driving should meet at the Church by 9:30 AM where the cars will be parked. All cars, except for the one or two that will shuttle hikers/drivers back to our starting point, will be left at the Church where the hike finishes. The hike will start from the Camp road and Seven Lakes Drive about 10 AM. The buffet finishes about 5 PM. The drivers of the cars left at the ADK Camp road will be driven back, of course, to get their cars after the event.

Palm Sunday is fairly early this year and March weather can be very changeable. Rain, some cold, blustery weather, including snow and ice, are always a possibility. Participants should dress warmly (layers, no cotton), bring lunch, snacks, water, rain-gear, and wear sturdy hiking shoes.

The address of the church is 119 Johnstown Road, Stony Point, NY in between Lake Welch Parkway and Route 106. All participants must register with Ray Kozma (917-406-37820) or raymondkozma@gmail.com by Thursday night, March 22, 2018. Hike is Qualifying.

Anniversary Weekend-October 7-8-9, 2017

A significant and new social event took place at Camp Nawakwa over this past Columbus weekend. For the first time, we held an Anniversary Celebration, commemorating the 91st year of our operating Camp Nawakwa and the 95th year since the founding of the New York Chapter by the Main Club. Forty-two people, Key-holders and Applicants, registered for the festivities on Saturday.



Susanne Flower, who planned and arranged the menu, directed the meal preparers who worked splendidly together to produce a sumptuous feast, topped off with anniversary cake. Adding to the festive occasion were tables decorated with special and colorful cloths and dishes and a table-display highlighting significant events in the life of Camp Nawakwa and the Chapter.

During the evening, special recognition and appreciation was given to all our New York Chapter Trail Maintainers, with each receiving a special Spruce Cone award and patch (provided by the Main Club). Special recognition and acknowledgement was made to our out-going Camp Chair, Kim Waldhauer. The White Birch award and patch, provided by the Main Chapter, was presented to Kim in appreciation for her vigilant watchfulness and hard work in caring for our camp for the past five-plus years. Following dinner, Ellen King, our Archivist, presented a fascinating and informative look at many key moments and events from the life of the Chapter, including a perspective of how the early members prized their friendships and camaraderie, laying the foundations of what we have been fortunate to inherit from them.

Sunday was dedicated to celebrating the New York Chapter itself, with an invitation sent out to the General Membership of the Chapter. In total, there were twenty people who took part in Sunday's events. Although there were only a handful of non-members in attendance, we did get two new Applicants signed up. The Members who were present were generous in their welcoming of the visitors and in the telling of their own personal stories and connections with camp and the Chapter. Sunday featured an open buffet, with delicious food provided by Rhodes Tavern located in Sloatsburg. A special New York Chapter Anniversary cake was made for us by the "Cake Lady" who works with Rhodes. The weekend went extremely well and the Board has agreed to make this an annual event. This year's celebration, as a first-time event, provided a good experience and base to work from for next year's anniversary.



ADK Main Club Meeting Highlights – Q4 2017

by Mary Hilley

New Branding - Working for Wilderness is the new tagline. This more accurately reflects ADK's mission, focus, and commitment to advocate responsible recreation and stewardship. New brochures are available.

Heart Lake HPIC (High Peaks Info Center) and Campground Revamp Update - This multi-phase endeavor encompasses a new interior for HPIC (completed), outside decks with roofs for HPIC (south side deck completed) new well for Heart Lake campus (completed). In the works and scheduled for completion during the summer 2018 season is a new washhouse (4 season) and concession - work has begun on preparing the land for septic/leach field for this structure and the campground expansion areas. Work has begun on a new trail cabin. A 2017 grant from NY State for a portion of this project was extended through 2018.

Overuse of ADK High Peaks - Parking at High Peaks trailheads has reached unprecedented levels, trails are eroding, human waste and garbage is left on trails, and hikers are not prepared. Partnerships and education are key to addressing these issues as evidenced by the approach used to at the Blue Hole in the Catskills. In the high peaks ADK summits stewards (a partnership between ADK, the Nature Conservancy and NYS DEC), staff, and education interns at the HPIC and Forty-Sixer trailhead volunteers at Cascade along with DEC rangers are working together. Interim and long-term measures are being considered. A comprehensive regional solution is required. Re-opening the Unit Management Plan for high peaks area is needed to address both parking and number of people during high use periods.”



Railroads and “Forever Wild” Forest Preserve. The issue is the storage of obsolete oil tank cars on a section of the Tahawus line (Sandford Spur) by Iowa Pacific/SNCRR. The issue is whether Iowa Pacific has the right to store these on the Spur based on a temporary agreement covering WWII plus 15 years. The Spur has an estimated capacity of 230-250 tank cars (they currently have 54 stored). Tankers have also been moved to the 13 miles of track crossing the Vanderwhacker Wild Forest in the Preserve. They are looking to store between 1000 – 2000 cars. ADK believes there are several strong legal arguments against the creation and maintenance of a junkyard of obsolete oil tank cars in the forest preserve. ADK advocacy groups, Essex and Warren Counties and the governor are against this plan. The best resolution may be for the state to buy out the remainder of the temporary easement from Iowa Pacific and restore the railroad right of way to the Forest Preserve.

Fall Work Weekend – October 14-15, 2017

“Amazing” is the word for the amount of labor and the display of team-work that took place at Camp Nawakwa for this year's Fall work-weekend. Twenty-Two Key-holders and eight Applicants turned out to prepare camp for the off-season. Co-hosts Anita Diekroger (who prepared the afternoon lunch) and Janet Sibarium (who provided a warm and cozy evening meal on a balmy evening in mid-October) kept the group well-fed and energized for tackling a host of chores.



The Waterfront ropes were taken down, the float brought in and anchored at shore, kayaks stored safely away in the basement, boat-launch area secured for the Winter, all the sleeping cabins swept and cleaned, bathrooms scrubbed, Main Cabin swept, vacuumed, and mopped, both stoves cleaned thoroughly inside and out, both washrooms thoroughly swept and cleaned, Infirmary tidied up and First-Aid supplies inventoried, paths raked and cabin-areas cleared of leaves, handrails by Cabin #3 repaired, deck sealant placed on the platforms around camp, windows and rafters cleaned and dusted, and much more ...all done with a wonderful spirit of cooperation and good will. Thanks to all who participated on Work-weekend!



With camp spick and span, inside and out, and with a good supply of firewood already stacked outside, Nawakwa is in good shape for the coming Winter season. As the official Camp Season ends October 15th (with the water getting turned off at this time of the year), all Key-holders are reminded that the off-season use of camp (even for a day) is only by permission of the Park's Group Camp office. Any Key-holder wishing to access and use Camp Nawakwa in the off-season should contact the Chapter Chair, Ray Kozma (rmkozma@me.com) with your request (stating the dates and the number of people who will be at camp). Please send your request at least five days before the visit date to allow sufficient time for the Park to be notified and to respond.

In Memoriam, Bob Susser (RIP Nov. 14, 2017)

“Until the very end of his life, Bob led outings in Riverside Park that included visits to a restaurant and music at the Bruno Walter auditorium. This was enjoyed by those of us who were ready to go at Bob’s gradual stride.

In the rustling of leaves and in the beauty of autumn, we remember Bob.

–Suse Wenzel

Bob Susser Farewell Walk in Riverside Park, NYC
Dec 3, 2017

It was a fitting tribute to Hike Leader/Nawakwan, Bob Susser, who led hikes for decades (& in later years led walks in NYC) for several hiking clubs, including ADK, AMC, Outdoors Club, Sierra Club and Urban Trails Conference. Sixty (60) friends, including 8 Nawakwans, met at Riverside Park for the Bob Susser Farewell Walk and shared memories of Bob Susser.

In 1995, Janet and Jill were introduced to Camp Nawakwa by Bob Susser in a Sierra Club Weekend Invitational, organized by Bob, and he sponsored both who immediately became applicants. (Former Treasurer, Bruce Rosenbloom, also was introduced to Nawakwa via Bob with one of his hikes.) Numerous keyholders e-mailed fond memories of joining Bob Susser on his hikes in Harriman and his walks in NYC.

Bob was instrumental in bringing people together and welcoming all to the joys of hiking and outdoors.

–Janet Sibarium



Editor’s note: I lifted these images from a very enjoyable video that features Bob called NATURESCAPE: Bob Susser (PART 4), by Stavros Basis. You can, and should, watch it here: <https://vimeo.com/78482528>



ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma

raymondkozma@gmail.com

Vice-Chair: Teri Gabel

blaugabels@msn.com

Secretary: Eve Mancuso

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Director: Mark Fedow

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Director: Lisa North

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Director: Marty Kellerman

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Director: William Burns

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Main Club Director: Mary Hilley

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Membership Chair: Jerry Flower

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Newsletter Editor: Giacomo Servetti

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Mary Hilley hilley66@gmail.com

Commissary: Maryann Poris

maporis@aol.com

Hiking Chair: Glen Nison

gnisonbike@juno.com

Trails Chair: William Burns

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Park Liason: Raymond Kozma

raymondkozma@gmail.com

Conservation/Education: Don Gabel

blaugabels@msn.com

Archives: Ellen King

ellen_king13@msn.com

Webmaster: Giacomo Servetti

glsnawakwa@gmail.com

Please Note: Current Camp Fees and Categories

DAY FEES:

Key-holder Members: \$15.00 per day

Applicants and Guests: \$20.00 per day

Adolescents (13 to 17): \$15. per day

Children (12 and under): \$10.00 per day

OVERNIGHT (2 DAYS)

Key-holders: \$30.00

Applicants and Guests: \$40.00

Adolescents: \$30.00

Children: \$20.00

Change of address:

If you move, please contact the Main Club AND the NY Chapter Membership Chair, Jerry@adkny.org to notify us of your address change.

ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Host Chair or the Newsletter Editor. **Mass-emailing the membership for any other reason is bad netiquette, and is prohibited.**

The editor encourages all members to contribute articles and photos to be used in the Trail Marker and on our website. Please email to glsnawakwa@gmail.com

Deadlines for submission to the newsletter are:

April–May: March 9

June–July: May 11

August–September: July 13

October–December: September 14

Like us on Facebook!



<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!



Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

Save the Date!

New York Chapter-ADK Winter Social

Date: Sunday, January 21, 2018

Place: Pete's Tavern

129 East 18th Street

New York, New York 10003

Luncheon from 12 to 3 PM

Cost: \$40 per person

*For reservations, please send check,
payable to: "NY Chapter, Inc. - ADK" to:*

*New York Chapter - ADK
Peter Stuyvesant Post Office - P.O. Box 327
New York, NY 10009*

Payment and registration deadline: Saturday, January 13, 2018

*Questions? Please contact Ray Kozma at
raymondkozma@gmail.com*

The Annual Nawakwa Passport - 2018

The Annual Nawakwa Passport for 2018 is now available for all Key-holders. The Annual Passport, which covers the Day Fees for all visits to camp per calendar year, is \$150 per individual Key-holder and is non-transferable.

If a Passport holder brings spouse, children, other family members or guests to camp, these other must pay the appropriate Camp Fees, as usual. All Key-holders should be familiar with, and follow, the Guest Policy and the Hosting Policy.

To obtain the Annual Nawakwa Passport, Key-holders should send their request (with their name address, phone number and check payable to the New York Chapter - ADK), to:

Raymond Kozma, Chapter Chair
New York Chapter-ADK
585 North Railroad Ave-3D
Staten Island, NY 10304

Results of the 2017 Elections for the Board of Directors of the NY Chapter - ADK

Voting was held at the Sloatsburg Library on October 28, 2017.
(All terms are for two years)

Vice Chair (Two Term):

Teri Gabel: 77
Guy Lingley: 39

Secretary:

Eve Mancuso: 115

Directors:

Diane Booth: 91
Martin Kellerman: 82
Lisa North: 97
Leah Stern: 44
Write in: Ron Engasser: 5
Write in: Paul Rondinone: 1
Write in: Jim Slovik: 1

The winners are in **boldface**.

Thank you, Volunteer Poll Workers, (Mike and Maryann Poris, Robert Matson, Kim Waldhauer, and Tatiana Helms) and Tally Committee, (Nina Zev, Deirdre Tourin Glen Nison).

Thanks also to the Sloatsburg Library who graciously offered their conference room for our polling site.

Camp Nawakwa Hosting Coordinating Committee

With the new camp season in 2018 will come a new Hosting Committee. Maryann Poris and Mary Hilley will be co-chairing the work of this revised committee.

The Hosting Coordinating Committee, working with the Board of Directors, is charged with insuring all that is necessary for the optimum running of Camp Nawakwa during the official Camp season. They will secure hosts for weekends and mid-weeks and provide hosts with the information and paperwork needed.

By March 1st of each year, notice will be sent to all Nawakwans (Key-holders) that the Camp Calendar is officially open and that Key-holders are invited to request particular dates the member would like to volunteer for hosting. No hosting dates will be accepted before the March 1st notice. Prior to this notification, the Board will have communicated to the Hosting Coordinating Committee any planned Invitational or Special Events that will be held at camp that year.

2017 MCI Project

-Kim Waldhauer

The roof on cabin 3 has been replaced. We can all be glad about it! I'd like to share with you all some details of how it came about. In January 2017 I started calling roofers. The park requires that we provide three estimates on projects for the Major Capital Improvement (MCI) rent credit. Many contractors are uninterested in working in the Park. So I knew I had to start early in the year.

After many weather delays (the estimator can't look at a snow-covered roof) I finally met the first roofer in March. It was a real battle to get the next two quotes. Lots of them just hung up on me upon hearing the building is in the Park. Once, I gave up trying to explain where the building was after a half an hour of trying, as Cabin 3 refused to fit in the receptionist's head, or at least in the form she was trying to fill out. I finally got my third estimate in June, gave all three to the Group Camp Office, and swiftly received approval.

But then the roofer seemed to be busy. I called them from time to time, increasingly anxious, asking for a work date. A large part of replacing a roof is hauling away a considerable amount of debris. So I had explained to them where the fire road was, and how close to the building they could bring the truck. There is a surface water line running from the men's bathroom across towards Cabin 4, and then to the women's bathroom. That is where the truck had to stop, so as not to crack the pipe. I put up sawhorses just to make sure. I kept calling for a date.

On Nov. 29, I got a phone call at 8:00. Could I let them in in half an hour? Well, no. On occasion, I do have some plans of my own. I let them in on the 30th, and to my disgust they did not bring a wheelbarrow. So I lent them ours, only to find the wheel was flat. Acting on a hunch, I found Glen Nison's air pump, and we were on a roll. The roof was completed December 1. Folks, that was cutting it fine! The work does need to be completed, the bill sent, and the Park provided with a copy of the cancelled check, all within the calendar year!



Kim shows off her legacy phone.

Happy Harriman Hiking!!



Photos courtesy Ana Berlin

Clearing Blowdowns at Brooks Lake

Steve Zubarik, Certified Sawyer

John Mack, Maps Project Manager @ NYNJTC

Kim Waldhauer, custodian of the Trauma Pak®



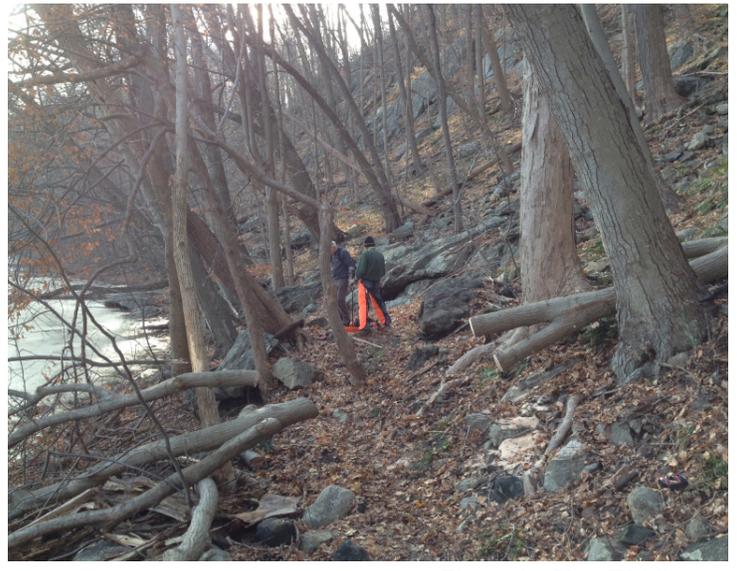
Giant Mess Before



Giant Mess After



3 Bar Gate Before



3 Bar Gate After

Photos by Kim Waldhauer

PLACE
FIRST
CLASS
POSTAGE
HERE

FIRST CLASS MAIL



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Photo by Glen Nison