

THE TRAIL MARKER

January-February-March Issue 2020

Published by the *New York Chapter, Inc. of the Adirondack Mountain Club, Inc.*
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135 www.adkny.org

“Come One...Come All!”

The annual **New York Chapter-ADK Winter Social** will take place on Sunday, January 26, 2020. The place: Pete’s Tavern located at 129 East 18th Street. The Luncheon will be from 12 to 3 PM. The cost per person (which includes tax and gratuity) is \$50.00. Cash bar.

The Menu will be:

Appetizers

Penne a la Vodka or Fried Calamari

Salad

House Mesclun Salad with Balsamic Vinaigrette

Entrees

Chicken Breast du Jour served with potato puree and vegetable

Veal Cutlet Parmigiana served with pasta

Shell Steak with Wine Sauce served with potato puree and vegetable

Roast Filet of Salmon served with potato puree and vegetable

Eggplant Parmigiana with Spaghetti

Desserts

Tortoni, Spumoni or Homemade Tiramisu

With Coffee or Tea

For reservations, please send your check, payable to “**New York Chapter-ADK,**” to:

New York Chapter-ADK
Peter Stuyvesant Post Office – P.O. Box 327
New York, NY 10009

Payment and registration deadline are due by Saturday, January 18, 2020.

If you have any questions, please email: LRN1212@aol.com

“Let’s Gather Together for the New Year and Celebrate!”

ADKNY Board of Directors and Committees

Chapter Chair: Lisa North

LisaNYChapterADK@gmail.com

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blaugabels@msn.com

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hostingadkny@gmail.com

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Trails Committee:

Chair: William Burns wmjburnsjr@gmail.com

Park Liaison:

Lisa North LisaNYChapterADK@gmail.com

Conservation/Education:

Chair:

Archives Committee: Ellen King

ellen_king13@msn.com

Webmaster: Brandon Hunt

Problems Receiving the Trail Marker?

See the solution to the problem as explained on page 3 of this issue.

Change of address: Moving? Please contact the Main Club AND the NY Chapter Membership Chair, Jerry@adkny.org, to notify us of your address change.

Notice: ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Secretary, the Hosting Committee or the Newsletter Editor.

Mass-emailing the membership for any other reason is bad etiquette and is prohibited.

Like us on Facebook!

<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!

Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

Deadline for submissions to the next edition of the Trail Marker (April - May) is March 20, 2020. All submissions can be forwarded to Ray Kozma, at raymondkozma@gmail.com

“Do You Know of Any Member Who Is Not Receiving the Trail Marker?”

Last year, a problem with the email delivery of the *Trail Marker* to some members was discovered. We are working with the Main Club to resolve the issue. [Note: First make sure the email did not go to your spam folder.]

The mailing list used to distribute the Trail Marker is provided by the Main Club. It is based on the information they have for all current members of the New York Chapter. Even though you have paid your annual dues, if the email address they have is incorrect or no longer in use, that is the email they forward to us and which we use for the Trail Marker.

A list of members who are not receiving the Trail Marker, along with their current email addresses, is being put together. This list will be sent to the Main Club so they can update their records.

If you know of anyone who is not receiving the Trail Marker, please contact them and ask them to send the following information to susanneflower@gmail.com:

Name

Address

Email Address

Doing Some House Cleaning?

Cleaning out some closets or the attic or basement? If you find old documents from the New York Chapter, let Ellen King, our Archivist, know about it! Ellen is gathering records to make our archiving of materials as complete as possible. Whatever you find could be very valuable. Ellen can be reached at ellen_king13@msn.com. Tel: 201-247-0243

Notice: ADK Fall Outing September 18-20, 2020

The ADK Fall Weekend will be held in the Old Forge/Inlet Area on September 18-20 with headquarters (trips, food and lodging) at the Adirondack Woodcraft Camps. The Onondaga Chapter of the ADK is offering ADK members their families and friends a rich Adirondack experience with a selection of outings for all interests and abilities. Our outings will feature hiking in old growth forests, mountain biking on professionally built trails at McCauley Mountain, climbing fire towers that are part of the ADK Challenge, paddling on the Moose River and several lakes. You can earn a patch by completing the Fulton Chain Trifecta during the weekend. Participants can hike two sections of the North Country National Scenic Trail and explore the Pigeon Lake Wilderness. We even offer a docent led tour of Camp Sagamore.

The Adirondack Woodcraft Camps is a rustic outdoor setting only 7-miles from Old Forge, at the end of Rondaxe Road and nestled in the wilderness on a 250 acre property complete with two private lakes, access to the Moose River and freedom to enjoy hiking and biking trails without leaving the property.

Join the camaraderie of like-minded ADK friends and soak up the Fall ambience of the Adirondacks.

Notes on Hosting

Updates to this hosting schedule will be provided in the weekly hosting emails sent out by the Hosting Committee

To host a weekend or midweek, contact Hosting Committee: hostingadkny@gmail.com or call Maryann Poris (973) 731-7117 if you have any questions.

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117 maporis@aol.com

There is a limit of one host plus one co-host per weekend or midweek

Off-Season at Camp Nawakwa

[Note: As of early January, and this edition of the *Trail Marker*, there are no Hosted Events planned for the months of January, February, March. As per our Lease and the policy of Harriman State Park, the Camp Season for any year runs from May 1st to October 15th. The other months are considered 'Off-Season'. During the Off-Season, Keyholders, with permission of the Park, may access and use Camp Nawakwa. The policy for off-season use of Camp is below.]

1. During the Off-Season (October 16th to April 30th), when the camping season is officially closed, permission to make use of Camp Nawakwa is needed from the Park Office.
2. Any Keyholder member who wishes to access and use camp during the Off-Season must notify the Chapter Chair who will contact the Park Office to request permission and obtain the necessary Permit. Members should contact the Chapter Chair five days before the requested visit date so that sufficient time can be allowed for the Park Office to be notified and respond.
3. All the normal Park Rules and Regulations, and the Chapter's established Policy and Procedures, will be in effect during the Off-Season.

Guest Policy for Camp Nawakwa (Revised)

With certain limitations, as outlined in this policy, Keyholders are allowed to invite guests to camp. An individual Keyholder in good standing may bring four guests to camp at any one time. (Note: A Keyholder may bring up their immediate family members as guests, even if this exceeds the four guests per Keyholder limit, but no additional guests.) More than four guests requires additional prior host approval for hosted times.

1. Guests (with the exception of the Keyholder's immediate family members) may be at camp for a total of three visits/events per year:
 - a. A visit/event may be a day-visit, or an over-night. One over-night, either mid-week or weekend, would be considered one visit/event.
 - b. These visits/events may not be consecutively linked.
 - c. After being a guest for a year, the adult guest is encouraged to become an Applicant.
2. The Keyholder will ensure that all camp and Park rules (especially those of the Waterfront) are explained to and followed by all guests, whether adults or minors.
 - a. The Keyholder is responsible for their guests during their visit to Nawakwa and must be present with the guests while at camp. Minors under 16 shall at all times be supervised.
 - b. The Keyholder will offer guidance and explanation of camp life and will ensure that the guest has a safe and enjoyable visit.

(Revised 12/08/19)

Hikes and Outings: 2020

Hikes Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:

<http://www.nynjtc.org/content/scheduled-hikes> <http://www.hudsonhikers.org/schedules.htm>

Annual New York Chapter Adirondack Loj Trip

President's Weekend

February 14-17, 2020

We have openings available for this great trip to the Adirondack Loj near Lake Placid, NY. We have the entire 38 spots at the beautiful and rustic Loj nestled in the mountains and on Heart Lake. We snowshoe right out of the door into a great series of trails. XC skiing is a short drive away. We have lots of great food, a nature walk, and campfire on Saturday night and lots of conversations about the day's adventures! Please let me know ASAP of your interest or if you have any questions. A copy of the detailed information will be sent to all trip participants. We try to carpool but if you have your own transportation that might work out better. Please pass the word on to anyone you know even if not ADK members. Here is a link to the ADK Loj website <https://www.adk.org/stay/adirondak-loj-at-heart-lake/> Glen Nison - 646-830-1894

Annual Palm Sunday Hike

to St. John's Church in the Wilderness

Sunday – April 5, 2020

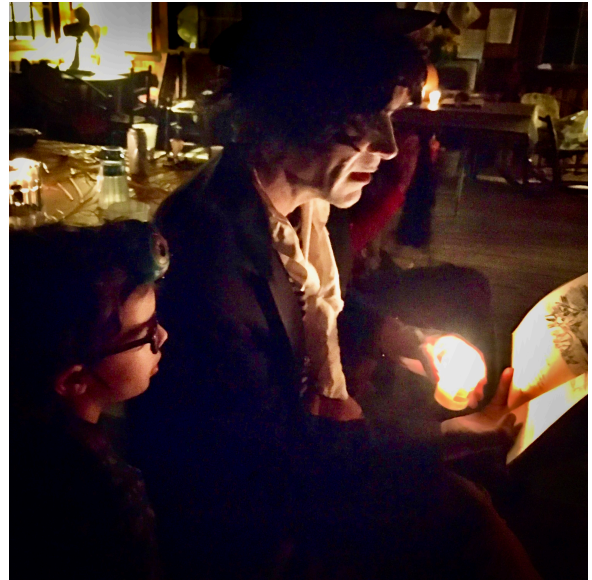
The annual Palm Sunday hike to St. John's Church in the Wilderness has been a tradition since the 1930's. Other groups from other hiking clubs are out this day headed to St. John's and it is very common to cross paths with them as we hike along. The Church service begins at 3 PM and is followed by a wonderful buffet at the barn across from the Church provided by the parishioners. We will go by a 'traditional' route that will take us along Breakneck Pond (where we can take a lunch break) and which passes through the AMC camp. **Since this is a one-way hike, please note: All who are driving should meet at the Church by 9:30 AM where the cars will be parked. All cars, except for the one or two that will shuttle hikers/drivers back to our starting point, will be left at the Church where the hike finishes. The hike will start from the Camp road and Seven Lakes Drive about 10 AM.** The buffet finishes about 5 PM. The drivers of the cars left at the ADK Camp road will be driven back to their cars after the event.

Although Palm Sunday is in April this year, the late Winter weather can be very changeable. Rain, some cold, blustery weather, including snow and ice, are always a possibility. Participants should dress warmly (layers, no cotton), bring lunch, snacks, water, rain-gear, and wear sturdy hiking shoes. Traction devices are recommended in case there is ice on the trail. The address of the church is 119 Johnstown Road, Stony Point, NY in between Lake Welch Parkway and Route 106. All participants must register with leader Ray Kozma (917-406-37820) or raymondkozma@gmail.com by Thursday night, April 2, 2020. Hike is Qualifying.

A Look Back...

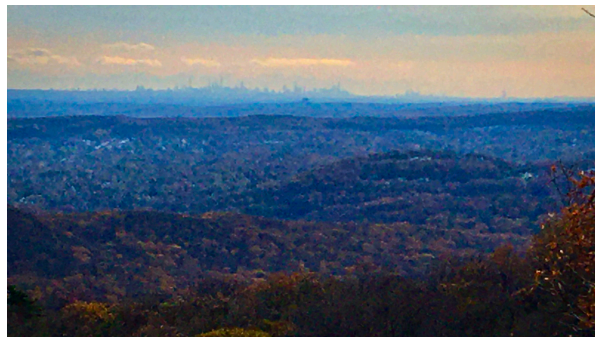
Halloween Weekend, October 26-27, 2019 at Camp Nawakwa - Hosted by Ray Lustig and Teri Gabel.

"It was a fun weekend of pumpkin carving, scary story reading, a yucky spider hunt, and great food and camaraderie. In addition, kids and adults all helped to gather wood donated by Charles from St. John's Church. On return to camp, Matt Gabel, Tomm Lana (Applicant), and Dan Khieninson (Guest-Eve's son) split and stacked the wood. Yajing Lee also demonstrated her skill with an axe, splitting a number of logs". [Note: A special "Thank You" to Charles McCartney, Senior Warden at St. John's in the Wilderness, for welcoming us to gather wood at the Church to bring back for our camp firewood for the Winter!]



West Mountain Ridge Hike November 9, 2019 - Lead by Stephanie Lai

Leading her first hike as a Hike Leader, Stephanie expertly guided six participants up a 600-foot rock scramble from the Anthony Wayne Parking area to the top of the long ridge-line of West Mountain. The weather was clear and cool, and the hike was topped off by a visit to the West Mountain Shelter for a lunch stop. The Manhattan skyline was in view to the South of the shelter, as well as views of the Hudson River to the East.



The Annual Nawakwa Passport - 2020

Attention Keyholders: The *Annual Nawakwa Passport* for 2020 is now available.

The \$125 fee for the *Annual Passport* covers the Day Fees for all visits to camp per calendar year 2020.

The Passport is for an individual Keyholder and is non-transferable. If a Passport holder brings spouse, children, other family members, or guests to camp, these others must pay the appropriate Camp Fees, as usual. All Keyholders are to be familiar with, and follow, the Guest Policy and the Hosting Policy.

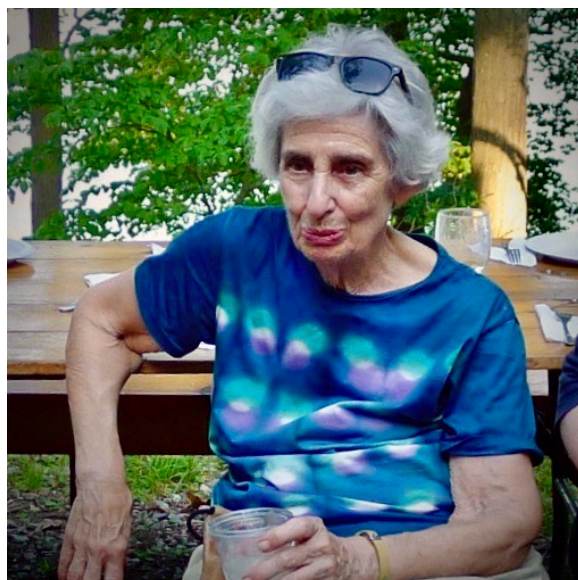
To obtain the Annual Nawakwa Passport, Keyholders should send their request (with their name address, phone number and check payable to New York Chapter- ADK), to:

Raymond Kozma
585 North Railroad Ave-3D
Staten Island, NY 10304



Winter Sunrise at Camp Nawakwa from Cabin 6 (Photo by Ray Kozma)

In Memory of Ann Loeb



Ann at Nawakwa for the 4th of July weekend, 2013

(Photo by Glen Nison)

[Ann Loeb, a long-time member of Nawakwa and a dear friend of many, died Thursday, December 12th, in Manhattan. A memorial service will be held in New York at 3:00 p.m. on Sunday, January 12, at the 92nd St. "Y" on Lexington Avenue and East 92nd Street. For those able to attend the memorial, please RSVP Ann's granddaughter, Batshevat @ batshevaloeb@gmail.com. The following tribute is from Daphne Prior.]

"I met Ann at Nawakwa, and we enjoyed many weekends and hikes in Harriman. She was an excellent hiker. Later on, we sometimes came up for the day with fellow-member Shirley Luban to swim and picnic. One of Ann's last weekends at Camp was the big July 4th event hosted in 2013 by Laura Sunderlin when the power suddenly went out. Laura and Noel Schulz somehow got a generator going and the large crowd had a lovely, surprisingly low-key time that holiday weekend, which Ann enjoyed very much.

"Ann was a staunch supporter of many environmental groups and political causes. For many years, she was active in the NY-NJ Trail Conference as a Board Member, working closely with the Executive Director on numerous projects.

"Above all, Ann was an outstanding friend, a woman known for her generosity, her kindness, and her willingness to share her insights and perspective on life without forcing her views on others. She was a gentle persuader.

"Ann and I shared many memorable moments, often in the realm of art. We loved exhibitions at "the Met," as well as films, operas, concerts and dance performances. Ann herself was a fine artist, and the wonderful paintings in her home, as well as many of her beautiful vases, platters and cups, were her own.

"But Ann's main talent was for friendship, for making people feel special and valued. Birthdays were always celebrated. Ann enriched my life, and the lives of many others. I will not be able to replace her as friend, mentor or companion." - Daphne Prior

The Centennial of the Adirondack Mountain Club and the New York Chapter

[The marking of a hundred years is always a notable occasion whether it be for an individual, an event, or an organization. The 100th Anniversary of the Adirondack Mountain Club (Main Club) and of the New York Chapter will take place in 2022. As a way to count down to the anniversary, the *Trail Marker*, beginning with this issue, will present articles about the history, significant events, and the people connected to the development of the Main Club and the New York Chapter over these one-hundred years. - Ray Kozma, Editor]

The Beginning of the Adirondack Mountain Club

"The Adirondack Mountain Club, popularly known as "the ADK" was founded in 1922 as an organization for people interested in promoting conservation, recreation, and education in the Adirondack Mountain region of New York State. It has since grown substantially from 208 charter members to over 20,000 members enrolled at large and in one of many chapters situated throughout New York, New Jersey, and Pennsylvania.

"The idea of forming the ADK was conceived by Meade C. Dobson, who was then an official of the New York State Association of Real Estate Boards as well as the Palisades Interstate Park Trail Conference. He believed there was need for a private organization that could help the State develop trails and shelters which would make remote areas of the Adirondacks better accessible to hikers and backpackers. Encouraged by the initial support of his idea from George D. Pratt, Conservation Commissioner of New York State, and William G. Howard, Superintendent of Forests, Dobson invited other like-minded individuals to a special pre-organization meeting held on December 5, 1921, at the Log Cabin atop Abercrombie & Fitch sporting goods store in New York City. From the 40 people present, an organization committee was formed, including representatives of outing, recreational, educational, government, and business interests. In addition, they formed a Charter Membership Committee.

"Plans were quickly formulated and on April 3, 1922, 75 of the 208 certified charter members attended the formal organization meeting at the A & F Log Cabin. They proceeded to organize the club by electing executive officers and a board of governors and adopting the constitution and bylaws. Within two weeks a certificate of incorporation was filed with the New York State Government, that was officially granted April 25, 1922. Among the stated objectives in the Certificate of Incorporation was to develop and maintain trails; to construct and maintain campsites, open shelters (lean-tos), and permanent camps, maintain a bureau of information about the Adirondacks, publish maps and guidebooks, and educate the public regarding the conservation of natural resources and prevention of forest fires.

"In October [10/13] 1922, ADK held a general business meeting at the Lake Placid Club, in which the main item on the agenda was a motion presented at the April Meeting by Warwick Carpenter regarding Mountain slope protection and recreational development. To deal with the motion, a conservation committee was formed with Henry S. Graves, Dean of Yale Forestry School, as chairman. The committee presented a report rejecting the Carpenter proposal as being too specific as to areas to be acquired. The Executive Committee approved the conservation committee's

“rejection, which was subsequently endorsed by the majority of members. Also, at this meeting the club formally recognized the establishment of local chapters at Albany and New York City. In January 1923, ADK held its first annual meeting in which the membership received reports submitted by the club officers, committees, and local chapters. The election officers and governors also took place.” [Excerpt taken from: NYSED / OCE / NYSL / [Manuscripts and Special Collections](#) / [Finding Aids](#) / Adirondack Mountain Club Records]

Early History of the New York Chapter

“Raymond H. Torrey was the first Chair of the New York Chapter. In the fall of 1922, he was asked by the Board of Governors of the Main Club to organize local walks for members in the Metropolitan area. In January 1923, he issued a small two-page outing schedule. Another schedule was issued in the Spring.

“Formal organization of the Chapter began in the summer of 1923 when George A. R. (Bill) Mead was appointed Chairman by the Board of Governors after Raymond Torrey asked to be relieved. Bill Mead appointed officers and built up an active Chapter membership of about 250. He relinquished the office to Evert G. Routzahn in October 1924. The original Constitution and By-laws were drawn up and adopted under Evert Routzahn’s tenure.” [Excerpts from: *History by Ira Ayers on the occasion of the New York Chapter’s 50th Anniversary*]

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Fifty-Year Members

The success of the New York Chapter has always founded upon the membership. When all work together, with good-will, generosity, and mutual respect, then all enjoy that special camaraderie and friendship that is ours as New York Chapter members. In recognition of their long commitment and faithful dedication to the ideals and activities of the Adirondack Mountain Club and the New York Chapter, the following long-term members (fifty years plus) will be recognized and honored at this year’s Winter Social on January 26, 2020:

Winifred Clark - 1951
Phyllis Quinn - 1960
Graham Bright - 1961
Suzanne Soulier - 1964
David B. Taylor – 1970

We appreciate and are grateful for their steadfast company over these many years. The following “Creed” goes back to the early years of the New York Chapter’s formation and is part of the award that will be presented to each of these Fifty-Year plus members:

The Creed

“I believe in the Out-of-Doors, the woods, streams and hills, the wildlife that lives therein; I believe that man’s care for them in a state of nature consistent with conservation is his best investment for the future.” New York Chapter, 1923