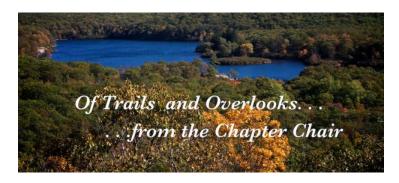


Published by the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998 Camp Nawakwa on Lake Sebago, 845-351-4135 www.adkny.org





"Autumn arrives in early morning, but Spring at the close of a Winter day."

- Elizabeth Bowen

"They were pleasant Spring days, in which the Winter of man's discontent was thawing as well as the earth, and the life that had lain torpid began to stretch itself."

- H. D. Thoreau

e are closing out a long Winter day, with cold and snow and ice not seen in a very long time in our area. New York City had the coldest January 7th in 118 years at 5 degrees (the former record was 6 degrees in 1896) and its third coldest February on record, with Friday, February 20th breaking a 65 year old record when the temperature dipped to 2 degrees. Even though March and April can be problematic weather-wise, Spring does return with its thawing and warmth, and soon "the life that had lain torpid" begins to stretch itself.

Some of the early signs of Spring for us, in addition to the appearance of crocuses and forsythia in bloom, are the turning on of the water at Camp and the return to a full calendar of hosted weekends. Just as Spring is a process that takes place over a time, so too is the opening of Camp. Much work, with many phone calls and on-going Board meetings, are all part of the process of getting Nawakwa ready for the new camp season before us. (See all the coming activities listed in this issue of the Trail Marker.)

The unfolding of Spring reminds us of the larger community of Nature and the interconnectedness of all things. How everything is related to and affected by the other is brought clearly to mind when we see the full flowering of Springtime on the earth. To be part of an outdoor community that we call the Adirondack Mountain Club is also to see our connections and inter-relatedness with others. Gathering hosts for weekends, and lining up hikes and hike leaders, are a sign of our own community of volunteers coming into bloom. Spring Clean-up (this year the weekend of May 16-17) is always an amazing sight of teamwork and comradery that are hallmarks of the New York Chapter. Through our combined efforts, Camp Nawakwa comes to life again.

This issue of the Trail Marker has special memorials for two recently deceased Chapter members. Reading these tributes brings home how rich we are in fellowship and how each of us can help create a history together, one of the basic elements of community. Interconnectedness, shared responsibility, and commitment are our common



heritage as members of the New York Chapter. So as we welcome Spring, let the life that has lain dormant begin to stretch itself in us, too, and may we all, working together, enjoy the pleasant days to come.

-Ray Kozma, Chapter Chair

Follow ADK-NY on Twitter!



Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

The Trail Marker 1 April–May 2015

Hosted Weekends: April-June 2015

(visit www.adkny.org for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair:

Janet Sibarium (212) 254 0738 Email: jansib@mindspring.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117 maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

April 25 - 26

We are going Italian with catering by Sylvia. Our friend, Sylvia, makes wonderful comfort food for what may be a chilly weekend. Strombolis made with either cold cuts or spinach and a hearty minestrone soup will be satisfying for vegan and carnivore alike, so no need to specify when you RSVP. Sunday breakfast will be oatmeal, granola and fruit; and, of course a hiker's lunch will be available.

Please RSVP by 10:00 Thursday evening, April 23 to Teri and Don Gabel at 845-359-7518.

May 2 - 3 • Welcome Back Water Weekend!

Join Everod and Janet, for the first weekend after the Park traditionally turns the water back on! Hike, rest, commune with nature and enjoy a low-key weekend with healthy, tasty meals. Omnivores and vegetarians will be satisfied. Menu will include seasonal produce. When registering, please specify which meals, and if you are a vegetarian. Please RSVP by 8:00, Thursday, June 30.

Co-Hosts: Everod Carter & Janet Sibarium (registrar) jansib@mindspring.com or tel: 212 – 254-0738

May 9 - 10 • Mother's Day Weekend

Please join Terri and Mary over Mother's Day weekend for hopefully some warmth, and healthy seasonal fare. Please contact Terri Zubarik by Thursday May 7th.

E-mail: tzubarik@gmail.com. Phone: 845 786-3247 Co-Hosts: Mary Hilley and Terri Zubarik

May 16-17 • Spring Clean Up Weekend

It's that time again! Let's all get together and help prepare camp for the busy season. Bring work gloves and an appetite, there will be a nice free lunch. When registering, please indicate which meals you'll have (if you are coming just for the workday (and complimentary lunch) or staying for dinner (and/or overnight) for breakfast and Sunday's lunch, and if you request vegetarian meals. Registration Deadline: Thursday, May 14th.

Co-Hosts Giacomo Servetti gservetti08@gmail.com and Kim Waldhauer kim@adkny.org 845-947-0054

May 23 – 25 • Memorial Day Weekend

Come to kick-off summer in camp; that means BBQ, sports (Who is tougher than my daughter, ready to brave a very cold Sebago!), and bright cheer. The summer is coming, this is your prep weekend. Swim then warm soup on the dock, followed by fish and veg BBQ feasting. Lets see what the farmer's market provides this spring!! Come one, come all.

Host: Russell Silverman Register via e-mail aleph1null@gmail.com or text: 917-335-6165

May 30 - 31 • Mid-Hudson Invitational Weekend

We welcome to Camp Nawakwa members from the Mid-Hudson Chapter, our sister Chapter located near the Poughkeepsie area. This two-day weekend will feature a barbecue on Saturday night, hearty breakfast on Sunday and Trail lunch. Plan to arrive by 3:00 p.m. in order to get your chore assignment. Total fee for the weekend, including day/overnight fee, meals and commissary is \$45.00. Come up to meet fellow ADKers from our sister Chapter and enjoy late spring at Camp.

Hosts: Ray Kozma, Janet Sibarium (Registrar), and Jean Claude Fouere (Applicant). Your registration and payment, \$45 check, payable to "Janet Sibarium." must be received by Friday, May 22nd. (Note: NY Chapter Keyholder-Members with Nawakwa Passport will deduct the \$20 overnight fee from the total). On your check, please write "chicken" or "vegetarian" dinner. Mail your registration (with contact information, email and tel. #) and payment to:

Janet Sibarium NY Chapter, Inc. - ADK P. Stuyvesant Post Office P.O. Box 327 New York, NY 10009

June 6 – 7 • Wanted! Hungry Vegetarians and Omnivores, while enjoying Mountain Laurels Blooming

Take a swim or hike and stay for dinner. Bring your camera and stay the weekend to enjoy simple, tasty seasonal meals with easy clean-up. Join Diane Booth and Suzanne Rocheleau, in their hosting encore. Seasonal menu is guaranteed to satisfy hungry vegetarians and omnivores. When registering, please specify if you prefer vegetarian or chicken.

RSVP to Diane Booth @ dbooth108@aol.com by Thursday June 4th, @ 9pm. Co-Hosts: Diane Booth and Suzanne Rocheleau

June 13 - 14 • Last Spring Weekend

Hike, swim, view mountain laurel blossoms (near their peak), and enjoy plenty of tasty seasonal food. When registering, please indicate if you are omnivore or vegetarian.

Co-Hosts: Jane Prendergast and Noel Schulz (registrar) Tel 201-445-6445 or e-mail noelschulz@verizon.net, no later than 8:30 PM Thursday.

June 20 - 21 • Father's Day Weekend:

In celebration of Fathers, we are offering the popular make-your-own-salad for Saturday dinner with an assortment of greens, veggies, seafood, and meat. Additionally, we will have hors d'oeuvres and a sweet dessert. This is becoming one of our regular meals when we host and is enjoyed by vegetarians and meat eaters, so no need to specify when you RSVP. Sunday breakfast is Panatone French toast with a meat (bacon or sausage, turkey) and

fruit, and, of course, a hikers lunch. We are very excited to be sharing the Hosting duties this weekend with **applicants/co-hosts: Ray Lustig and Ana Berlin.**

Please RSVP by 10:00 Thursday evening, June 18 to Teri and Don Gabel at 845-359-7518.

June 27-28 • AMC Invitational Weekend

Please join and welcome AMC members to Camp Nawakwa. Swim, use the camp's canoes or kayaks, hike in the area, or just relax on the big, open front porch. Cost is \$45 for overnight accommodations in sleeping cabins and three meals: Saturday dinner, Sunday breakfast, and Sunday trail lunch. (Note: NY Chapter Keyholder-Members with Nawakwa Passport will deduct the \$20 overnight fee from the total). Please specify whether you will drive or take public transportation. Registration with \$45 check or money order, payable to "Raymond Kozma", must be received by June 19th. On the check, please write "omnivore" or "vegetarian".

Co-Hosts: Kim Waldhauer and Ray Kozma, (Registrar) To register, mail check to:

Raymond Kozma, 585 N Railroad Ave, #3D Staten Island, NY 10304-3938 Questions? Please contact Ra

Questions? Please contact Ray: rmk129koz@aol.com tel. 917-406-3782.

Like us on Facebook!



https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047

Notice to all keyholders: Effective May 1 2015, the fee for a new or replacement set of keys will be \$35. This will more accurately reflect costs.

The 2015 Presidents Day Weekend Trip to the ADK Loj

by Glen Nison

Another great weekend at the Adirondack Loj was enjoyed by 36 ADKers and others as we "took over" the entire Loj. The temperatures were the coldest we've had in the 25 years I've been running the trip. We have had colder days but never for the entire three days. The warmest we had was 9 deg. but most of the time it never got above minus 5 degrees. The morning we left it was minus 28 deg. But the cold weather did not deter our group. We skied and snowshoed for the entire day or for several shorter trips up Mt. Jo or on the Loj property trails. The snow was incredible and of course that makes for unbelievable beauty approaching the summits of the higher mountains (see photos pages 7 and 8 for proof of that). The ADK staff's hospitality never ceases to amaze me, the food, the service and the hardworking men and women that maintain the place are always topnotch.

As usual Rob and Rosalie Goldberg (most of us know them as the King and Queen of the Nawakwa annual BBQ) prepared two of the most incredible happy hour feasts you could imagine.

ADKers that attended were Herman Barrocales, Renee Levine, Rob and Rosalie Goldberg, Alex Wilkie, Everod Carter, Janet Sibarium, Rich Decoursey (who conquered a high peak almost every day of the week he was there, Ed O' Donnell, and myself. We had a large contingent from the Thendara Mountain Club and folks from other ADK Chapters as well. We have our fingers crossed for temps in the 20s next year!

Hikes: Spring 2015

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links: http://www.nynjtc.org/content/scheduled-hikes http://www.hudsonhikers.org/schedules.html

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, April 25 • Dater County Park and Harriman Moderate 6-mile rather circular hike mainly on Dater Mountain County Park trails and partly on Harriman trails. Bus riders take the 8:30am Coach Shortline Bus at Port Authority to Sloatsburg to meet drivers at the parking lot behind the Sloatsburg Municipal Building at 9:10am. Leader will be on the bus. All hikers please call leader to assure transportation to nearby trailhead. Qualifying.

Leader: John Lipsett 212-867-8280 (work) or 212-864-6109 (home).

May 9, 2015 • Hike and Trail Clearing

Help keep our trails cleared and open in Harriman. Join Noel on this hike & trail clearing. Bring lunch or snack and water, and work gloves. Bring your tools (saw, pruner, lopper, hedge clipper) or use ours. The group leaves from Nawakwa at 10:00 AM sharp. Contact leader no later than 8:00 PM Friday May 8 if you are coming. Qualifying event. Leader: Noel Schulz, tel 201-445-6445 or noelschulz@verizon.net.

ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma Email: ray@adkny.org Vice-Chair: Steve Barre Email: vicechairman@adkny.org Secretary: Janet Sibarium Email: secretary@adkny.org Treasurer: Suzanne Rocheleau Email: srocheleau@cantor.com

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The editor encourages all members to contribute articles and photos to be used in the Trail Marker and on our website.

Please email to editor@adkny.org

Deadlines for submission to the newsletter are:

June–July 2015 – Deadline: May 22 August–September – Deadline: July 17

The Trail Marker 3 October–December – Deadline: September 16



Memories of Maureen Byrnes (1931 – 2015)

(Photo: Jill Appel)

Helga Abel:

From Helga's friendship with the late Anne Weyrauch, she learned that Anne and Maureen had a common school experience in Liberty. They were not classmates, as Maureen was a bit younger, but Anne admiringly mentioned that Maureen had been a Valedictorian of her class. She went on to study law and worked for an insurance company, representing the firm in legal matters at the Court. She was probably predestined for the job, because a lawyer has to be 'quick on her/his feet' in order to prevail. When Maureen was a lawyer, it wasn't all that easy to find good employment. It's something we may not be aware today. As a woman, she's unlikely to have been rewarded with a fancy salary. She lived in Manhattan in a Mitchell-Lama apartment indicating that her lifestyle was extremely modest. By the way, Maureen joined ADK on Anne's urgings.

Jill Appel:

Maureen took great joy in reviving her childhood love of the outdoors at Nawakwa, and enthusiastically participated in various weekends, Palm Sunday hikes, Martin Luther King days, and Adirondack trips after joining ADK. I have lovely memories of her swooping by to pick me up in her car on summer weekends, with Fenna Koppelman ensconced in the front seat, ready for another Nawakwa adventure. On those rides, she often shared fascinating stories about her tomboy childhood growing up with a posse of sisters in the rural Catskills and attending a one-room school, her mother (who had also trained as a lawyer), and her experiences in New York City as a young woman in the 50's. She also loved to comment on current events, and could always be counted on for sharp, original, out-of-the box insights. My favorite memory of her is a quiet walk that we shared on a snowy Martin Luther King Day morning, when we went down to the lake and were amazed to see deer footprints everywhere in the snow

Teresa Marrero

I remember having discussions with her about the law, both theoretical and practical discussions. She won my respect for her, both professionally as a fellow attorney, and personally as a fellow Nawakan, very early on in our relationship.

Suse Wenzel

My association to Maureen sprang from a common interest in spiritual matters and a love of nature. During the years we hosted several mid-weeks at Nawakwa and also travelled on three or four occasions to the ADK Adirondak Loj at Heart Lake.

From her earlier life Maureen was well acquainted with the Lake Placid area and while we were in the region we would visit various restaurants. I fondly remember having cocktails at a locale over looking a frozen lake gazing at dog sledding.

Maureen's warm personality and sense of inclusivity made her a congenial companion whenever we got together.

Remembering Milada Klatil

New York Chapter Member

We have only recently learned that Milada Klatil, NewYork Public Library Retiree and New York Chapter Member and Key-holder since 1978, died September 11, 2013, at the age of 96. Lilian Zwyns, a friend of Milada's for over forty years, informed us of her passing and provided the following:

Born in 1917 in Czechoslovakia, Milada emigrated to the US in 1951, spent time in Chicago, met and married Frantisek Klatil in 1953, and moved to California, where she received a Master's degree in Library Science at the University of California at Berkeley in 1965. She began working in the New York Public Library in 1966. Her early career was spent briefly in branches, including Fordham Reference, before she moved to the Economics and Public Affairs Division at 42nd Street. She ended her career at the Science, Industry and Business Library branch of the NY Public Library.

Milada became an active member of both the Appalachian Mountain Club and the Adirondack Mountain Club. One of Lilian and Milada's first forays "into the wild" together was a tenting trip to St. Johns Island in the early 1970s. It was through the outdoor life that they became fast friends. Lilian felt that Milada had a deep "soul-connection" to nature. She always took that extra moment to soak in the beauty around her, breathe the fresh air, listen to the sound of the water, and exclaim at the wonder of it all.

A favorite of her "hardy outdoor weekends in rustic settings" was at Camp Nawakwa, where Milada, Lilian, and colleague Janice Dunham spent many weekends. Cots in rustic dorm rooms, outhouses up a hill, wells for pumping water, swims in the lake, and laughter in front of the big fireplace drew Milada, and she kept her membership current until she was in her early 90s. As much as she loved the outdoors, Milada was a librarian through and through, and she never stopped believing in and advocating for the important role of libraries in a democratic society.

Janice, Milada & Lilian co-hosted for a decade (in the 1970's -1980's) the AMC Invitational weekend, sometimes having over 50 attendees, with Milada energetically opting for lunches with pieces of baked chicken & freshly baked cornbread. Her ADK activities included responsibility for the Nawakwa Library & membership chair duties.

Our condolences to all her family and friends.



Friends of Carl Mockert

Many of us remember Carl and his untimely death in 2012. We recall his easy, welcoming nature, his volunteer spirit, the obvious pleasure he felt in being at Nawakwa, and we remember the pleasure we felt when we saw him there.

Carl no doubt knew his fate for a few years before his passing, yet during that time he joined a small group of volunteers who did the hard work of improving the stone steps at the camp and in particular the steps that led down to the swim dock by way of the kiosk. That is the gentler switchback path down to the dock. It was Carl's way.

The Friends of Carl Mockert would like to embed a small (12 in. X 8 in.) memorial stone among those steps to recognize and remember him. It will read "Carl's Way 2012".

If you would like to make a small contribution toward this stone (not to exceed \$20), send your contribution to:

Friends of Carl Mockert New York Chapter, Inc. - ADK Peter Stuyvesant Station P.O. Box 327 New York, N.Y. 10009

Make checks payable to NY Chapter, Inc-ADK and please write "Carl Mockert" on the memo line of your check.

Note: This is an initiative of the Friends of Carl Mockert, and not the New York Chapter of ADK. The Board of Directors has kindly agreed to permit a marker to be embedded and to provide its P.O. Box as a means of collection of funds ONLY.

The New York Chapter Commemorative

In 1941, New York Chapter member and artist Frank Callcott (1891-1979) made this very fine lithograph of the main building at Camp Nawakwa. According to Ira Ayres' History of the New York Chapter-ADK, which Ira put together in 1972 for the Chapter's 50th Anniversary: "135 impressions were made, with Frank retaining the first 25 and the remainder going to the chapter without cost. Many Chapter members have one in their living rooms. By the end of 1971 Frank had sold almost all of his 25." This lithograph carries the number 135 and had been in the possession of Bea Wood, past Chapter Chair, past President of the Main Club.

In the Summer of 2014, Bea Wood, now living in retirement in Pennsylvania, graciously donated her copy of this lithograph to the Chapter to be used in whatever way the Chapter wished. The suggestion was made, and subsequently endorsed by the Board, to use this picture as a "Commemorative" in the following manner:

This Commemorative is entrusted to the New York Chapter Chair as a symbol of the rich history, legacy and uniqueness of the New York Chapter and as a reminder of the mission entrusted to the Chair and the Board of Directors: To develop and enhance the activities of the New York Chapter and Camp Nawakwa for the benefit of all present and future generations of members, in accordance with the mission and goals of the Adirondack Mountain Club.

This Commemorative shall be passed on to the next Chapter Chair whenever a new Chairperson shall be elected by the membership.



Notes from Camp

by Kim Waldhauer, Camp Chair

I may have been relieved to see spring coming in 2014, but this year I am even more so. At last, my driveway is no longer a lumpy skating rink. And the camp road is free of ice!

I'd like to publicly thank Max Silverman for splitting a cord and a half of firewood in December. If you see him at camp, ask him to consider becoming an applicant. He'd be good for our demographic, too.



The spring cleanup is May 16. Giacomo and I are hosting. We'll serve a delicious free lunch, and you can sign up for the dinner too if you want. (See Hosted Weekends). Make new friends who share the Nawakwa volunteer spirit.

Hemlock Project Update

by Conservation/Education Chair Don Gabel

At long last there seems to be some positive progress in the effort to biologically control invasive insects on hemlock. In February Mark Whitmore expressed some interest in using the hemlock grove that ADK NY members helped find. He will visit the site this April. If all goes well, he will use the site to create a down state hemlock field insectary. The predators would be released in the fall. Then the New York Botanical Garden Science department is going to join the team and will be helping document the project as well as studying the entomopathengenic fungus that kills hemlock elongate scale. In the mean time I will be continuing to organize field expeditions to document the presence and amount of hemlock wooly adelgid and the hemlock elongate scale in the parks hemlocks. In mid-July on the weekend of the 17th 18th and 19th I will host a camp trip to the area just south of Island Pond. This event will be helpful to applicants by providing a work requirement or possibly a hike requirement. For members it will be a chance to get out in to the forest and learn about trees and the forest environment. Most meals will be provided, further details will be provided in the next Trail Marker. So save the date and join the ADK NY conservation committee and help save the park's hemlocks.



Trails Chair Bill Burns refreshing blazes on the White Bar

The 2015 Annual Nawakwa Passport for Key-holders

The 2015 Annual Nawakwa Passport is now available for Key-holders. The Passport covers the Day Fee for an unlimited number of visits to camp per calendar year and is designed to make the payment of the Camp Fee as convenient as possible so that key-holders may more easily make use of Camp Nawakwa on a regular basis. Upon arrival at camp, when you sign-in to register at the desk, in the column listed for Day Fee, Passport holders will enter the five-digit number of their Passport. The cost of the *Annual Nawakwa Passport* is \$125 per individual key-holder and is non-transferable. (Please note that the Passport exempts only one individual adult key-holder from paying Day Fees. There is no family category for the passport. If a key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual.)

To obtain the 2015 Annual Nawakwa Passport, key-holders should send their request, with their name address, phone number and check (payable to the New York Chapter-ADK), to the Chapter Chair, Ray Kozma, at:

> Raymond Kozma, Chapter Chair New York Chapter-ADK 585 North Railroad Ave-3D Staten Island, NY 10304

Many Thanks to all who contributed to the **Camp Improvement and Sustainablity Fund!**

Jill Appel Frank Bamberger John B Bleminger Gary Brazel Graham Bright Alberto Caballero Loretta Joulwan Cairo Winnifred J Clark Herb Coles Dennis & Celeste Creegan Anita Diekroger Janice Dunham June Fait Helga Feder Mark Fedow Jerry & Susanne Flower Suzanne Gentner

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Feb. 25, 2015 \$5,332

Ellen Ann Roth John Scarimbolo Noel Schulz Melvin Schwartz James Shearwood James Slovik Ernest H. Spillar Leni Tabb James & Marianne Van Blarcom Hsin Wang Alex Wilkie And 13 Anonymous Donors

Total Received:



In plenty of time for summer fun, Camp Nawakwa has a new kayak! Huge thanks to Don and Teri Gabel for spotting it, and snapping this beauty up!

Leave a LegacyNew York Chapter members might want to consider Planned Giving as way to help the Chapter and Camp Nawakwa. Planned Giving entails that a Bequest be made in one's Will or Living Trust designating the Chapter (Legal Name: The New York Chapter, Inc. of the Adirondack Mountain Club, Inc.) as the beneficiary. Each donor's gift enhances our ability to provide for current and future needs and ensures that others after us may enjoy the experience that we now treasure. For any questions, please speak to your Attorney or contact the Chapter Chair, Ray Kozma, by email: rmk129koz@aol.com or by telephone: 917-406-3782. All inquiries will be held in confidence.























Photos by Glen Nison April-May 2015

March 21-22 VENISON STEW.... Ron Engasser (H) Guy Lingley, Rich Decoursey, David Miller, Glen Nison & James Slovick enjoyed the Stew prepared by Chef Lingley. Wood was hauled, water pumped and stoves lit for a warm afternoon feast. A light snow did not stop this intrepid group of hungry hikers. Some hiked while the stew was cooking. Slovick chopped a salad to exacting dimensions by yours truly. All on this cold day enjoyed a cheese and olive snack with Cossack Pickles. The stew was devoured by all with compliments to Chef Lingley. An amazingly great time at Camp Nawakwa was had by all. -Ron Engasser





