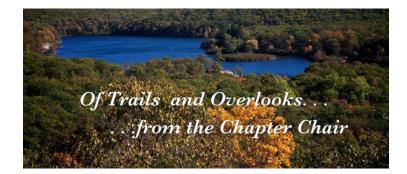


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"To him who in the love of nature holds

Communion with her visible forms, she speaks..."

-William Cullen Bryant (Thanatopsis), 1817

I first heard these lines of Bryant's poem when I was in High School, and they have remained in my mind vividly ever since. I have always felt that the idea expressed in these lines applies to all who love the natural world and the out-of-doors, and particularly to us who are ADK members. We of the New York Chapter are literally "deep in the woods" when we come up to Camp Nawakwa. And when we vacation, it is often to experience the scenic beauty and wilds of the natural world in other locales. Whenever and wherever we go, the "visible forms" of Nature speak to us and offer us strength and sustenance for mind, body and spirit.

When you receive this issue of the Trail Marker, we will be deep in Winter (I write even before the Winter solstice). The visible form and experience of Winter speaks to us of cold and darkness. But the Winter Season is also one of warmth and light, through the many Winter feasts and festivals we celebrate, and through the many visits with friends and family we make at this time of the year. Once again, as a Chapter, we will have a Winter Social in January, a time to celebrate together and renew friendships. [See the related article in this Trail Marker] Winter also presents us with the picture of the earth resting under blankets of ice and snow, waiting for the re-birth of Spring when rivers will flow free, lakes will warm up and the earth bloom again. And the visible forms of Spring and Summer will speak new messages to us.

"Go forth, under the open sky, and list to Nature's teaching..." says the poem, believing that what we will learn will be helpful in living well and fully each day of our life. For John Muir, the lesson was one of deep interconnectedness: "When we try to pick out anything by itself, we find it hitched to everything else in the universe." H. D. Thoreau saw how wilderness was not different from us, but the very necessary condition for our survival: "In the Wildness is the preservation of the world."

There has always been a tension between looking at nature/ wilderness either for how it can be used or how it can be protected from use. The Wilderness Act (its fiftieth anniversary was marked in 2014) opted for the preservation and protection of wilderness for its own sake, places where no roads, vehicles or permanent structures are allowed, "where the earth and its community of life are untrammeled by man, where man himself is a visitor who does not remain" (Wilderness Act, 1964). Wallace Stegner, who was instrumental in helping create the Wilderness Act, wrote in 1960 of the importance of wilderness: "The reminder and the reassurance that it is still there is good for our spiritual health even if we never once in ten years set foot in it. It is good for us when we are young, because of the incomparable sanity it can bring briefly, as a vacation and rest, into our insane lives. It is important to us when we are old simply because it is there – important, that is, simply as an idea."

We might venture only rarely to areas designated officially as true wilderness areas. But whenever we are in contact with Nature, no matter where, and allow it to speak to us "with her visible forms", we are in contact with wilderness everywhere. May we be "sustained and soothed by an unfaltering trust..." that Nature in all her visible forms can provide for us as we journey together through the New Year.

- Ray Kozma



Election Results: The following new members were elected to the Board for a 2 year term. Suzanne Rocheleau (Director) Mary Hilley (Director) Lisa North (Director) Giacomo Servetti (Director)

Chapter Chair Ray Kozma, Vice-Chair Steve Barre, Director Bill Burns, and Director Mark Fedow were all re-elected

Hosted Weekends: Winter 2015

(visit **www.adkny.org** for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair: Janet Sibarium (212) 254 0738 Email: jansib@mindspring.com

Commissary Concerns? Call or email Maryann Poris (973) 731-7117 maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

January 17–19, 2015 • Martin Luther King Jr. Weekend (with a qualifying hike on Sunday)

Hosts: Lewis Ports & Rosanna Hamilton & Jerry & Susanne Flower (Registrar) jerry.flower@verizon.net

Winter hiking, a roaring fire and tummy warming meals are planned for the traditional Martin Luther King Week-end. Just bring your cold weather gear! If you want hot soup in your trail lunch be sure to bring a small thermos. Lewis will lead the qualifying hike on Sunday.

The weekend will include Saturday dinner, Sunday breakfast, trail lunch and dinner and Monday breakfast and trail lunch. Please indicate which meals you want and if you are a vegetarian when registering. Registration is via e-mail to jerry.flower@ verizon.net by 12 Noon on Thursday, January 15th. Apologies for the early deadline - because of work schedules the shopping must be done on Thursday.

February 21 - 22, 2015 • Venison Dinner at Camp Nawakwa

Start the New Year with a new adventure in cuisine. Venison acquired by local hunters, will be the main course. Registration limited to 15. Hearty Nawakwans are invited to enjoy winter camp experience: hike, communal dinner prep, with breakfast and huddle by fireplace with jovial company. Please contact host by February 14. Host: Ron Engasser E-mail: usron@juno.com Tel 631-289-5375 Co-Host: Ernie Kriese ekriese@optonline.net Tel 631-655-4560

Presidents Birthday Weekend in the Adirondacks February 13-16

The New York Chapter will be at the Adirondack Loj for the Presidents Birthday weekend. Join your fellow members and guests for a fun time snowshoeing, x-c skiing, and of course, eating! The cost for the weekend, which runs from Friday night through Monday breakfast, ranges from about \$250 – \$300 plus depending on the location in the Loj (this includes meals except for lunch which one can sign up for at breakfast). More detailed info will be sent a few weeks before the weekend.

Spaces may fill up fast but members are welcome to find lodging in nearby Lake Placid (You can search on various websites for lodging if no space is available at the Loj) and join in the hikes which usually leave from the Loj as well as for happy hours both Saturday and Sunday. If staying elsewhere there is the possibility that you can join group for dinner at the Loj if space allows. Contact leader for space availability for the weekend: **Glen Nison** gnisonbike@juno.com

Hikes: Winter 2015

(visit **www.adkny.org** for frequent updates)

Hikes Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not lead by members of ADKNY, (and not necessarily qualifying) try these links: http://www.nynjtc.org/content/scheduled-hikes http://www.hudsonhikers.org/schedules.html

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, January 10 • Harriman State Park Approx. 8 miles A level hike or snowshoe pending snow cover; co-led with Mid-Hudson Chapter

We'll follow the Long Path to Times Square, on to the AT, follow the AT to the Ramapo-Dunderberg down to Times Square, back to the parking area.

Meeting place and time: Lake Askoti parking area, off Seven Lakes Drive at 9:00AM.

Contact hike leaders for detailed information and for car pooling: Jean-Claude Fouéré jcfouere@gmail.com; tel.: 845.462 1909, or Noel Schultz noelschulz@verizon.net; tel.: 201.445.6445

Sunday, January 18 • Approx. 6-7 mile slower-paced loop hike starting at 10 a.m. from Camp Nawakwa.

We'll hike to Parker Cabin Mtn (for the view) with a few short climbs along the way.

Return via the Victory and Triangle trails, stopping at Lake Skenonto for lunch.

Traction aids and possibly snowshoes may be needed, along with winter clothing (NO cotton). Qualifying Hike.

Please contact Leader to register. **Lewis Ports** 646 339-1316 (NCA 9 p.m.) or ltports@hotmail.com

Saturday, January 31 • Nyack Circular

Moderate 7-mile circular hike from Towt Street, Nyack, including the Long Path and Buttermilk County Park trails. Bus riders take the Coach Red and Tan 9 bus to Main Street and Broadway, Nyack, boarding at the Port Authority Bus Terminal at 8:15am or at George Washington Bus Terminal at 8:40am and arriving at Nyack at 9:26am. Leader will board the bus either at PABT or GWBT. Drivers meet the bus riders at the parking lot next to and south of the standing clock located on Main Street, Nyack, a short distance west of Broadway (drivers arriving via 9W look for the route 59 exit sign and exit east (onto Main Street) and NOT west onto route 59 and follow Main Street ½ mile to the clock). There will be one mile shuttle to Towt Street. All hikers please call the leader. Qualifying.

Leader: John Lipsett 212-867-8280 work 212-864-6109 home

Sunday, February 22 • Approx. 7 mile loop hike at a moderate pace. Meeting at 10 a.m. in the Parking Lot at Lake Skannatati off Seven Lakes Drive.

We'll have a few short climbs, visit some old mines, pass by Times Square and stop on the beautiful Lichen Trail for lunch and to enjoy the view.

Traction aids and possibly snowshoes may be needed, along with winter clothing (NO cotton). Qualifying Hike.

Please contact Leader to register. **Lewis Ports** 646 339-1316 (NCA 9 p.m.) or ltports@hotmail.com

The Trail Marker

ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma Email: ray@adkny.org Vice-Chair: Steve Barre Email: vicechairman@adkny.org Secretary: Janet Sibarium Email: secretary@adkny.org Treasurer: Suzanne Rocheleau Email: srocheleau@cantor.com Director: Mary Hilley Email: mary@adkny.org Director: Lisa North Email: lisa@adkny.org Director: Giacomo Servetti Email: giacomo@adkny.org Director: Kim Waldhauer Email: kim@adkny.org Director: William Burns Email: bill@adkny.org Main Club Director: Mark Fedow Email: parentclubdirector@adkny.org

Membership Chair: Jerry Flower Email: jerry.flower@verizon.net Newsletter Editor: Giacomo Servetti Email: editor@adkny.org Host Chair: Janet Sibarium Email: jansib@mindspring.com Commissary: Maryann Poris Email: maryann@adkny.org Hiking Chair: Glen Nison Email: gnisonbike@juno.com Camp Chair: Kim Waldhauer Email: kim@adkny.org Co-Camp Chair: Derek Lomer Email: derek@adkny.org Trails Chair: William Burns Email: wjburnsjr@adkny.com Park Liason: Raymond Kozma Email: ray@adkny.org Conservation/Education: Don Gabel Email: blaugabels@msn.com Archives: Ellen King Email: ellen_king13@msn.com Webmaster: Giacomo Servetti Email: webmaster@adkny.org

The editor encourages all members to contribute articles and photos to be used in the Trail Marker and on our website.

Please email to editor@adkny.org Deadlines for submission to the newsletter are: April–May 2015 – Deadline: March 20 June–July 2015 – Deadline: May 22 August–September – Deadline: July 17

Greetings from the Archives Committee

This Committee seeks members who are interested in collecting, preserving and publishing important materials relating to our Chapter. We welcome anyone with expertise in this area. We look forward to taking advantage of the upgrade to the Chapter website so that we can promote interesting historic materials.

Please be in touch with Ellen King, Chair, ellen_king13@msn.com or 201-247-0243.

Off-Season Use of Camp Nawakwa

Reminder to all Chapter Members. If individual members desire to use Camp Nawakwa during the off-season, please note that the Park needs to be informed beforehand. They require this because: a) they want to know who might be using the facilities off-season (and b) for safety reasons (e.g. access can be denied due to snow and ice storms). Please let Chapter Chair, Ray Kozma, know if you intend to go to camp during the off-season. He will then alert Bill Ledwitz at the Park Office. Please note that Ray must be notified at least three days before the intended visit. For example, if the visit to Camp would be on Saturday, Ray must be notified by the Wednesday before.

Key-holder's Special Option: The Annual Nawakwa Passport for 2015

The Annual Nawakwa Passport for 2015 is now available for all key-holders. The Annual Passport, which covers the Day Fees for all visits to camp per calendar year, is \$125 per individual key-holder and is non-transferable. (Please note that the Passport exempts only one individual adult keyholder from paying Day Fees. There is no family category for the passport. If a key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual.)

To obtain the Annual Nawakwa Passport, key-holders should send their request, with their name address, phone number and check (payable to the New York Chapter, Inc.), to the Chapter Chair, Ray Kozma, at:

> Raymond Kozma, Chapter Chair New York Chapter-ADK 585 North Railroad Ave-3D Staten Island, NY 10304



Photo by Glen Nison January–March 2015

Meet the New York Chapter Board of Directors

Ray Kozma, New York Chapter Chair



I am honored and privileged to have been re-elected as the New York Chapter Chair for another two years. My photo, taken during a lunch break on a hike to Bald Hill Shelter, reminds me both of the journey that has begun and of the need for pause and refreshment for the journey to come. We have come a long way as a Chapter since 1922. The Board and I will work

together to keep us journeying forward, meeting the challenges and opportunities that lie ahead so that the Chapter can continue to grow and flourish.

Steve Barre, New York Chapter Vice Chair



You know that I'm at the camp when you drive in and see my motorcycle in the parking area. Actually, it was a motorcycle (not the present one) that played a big part in my early enjoyment of the outdoors when, at the age of 22, I ventured on a 3 month trans-Canada trip by motorcycle, camping along the way. And it was often not campground camping - I was on a tight budget, so I would look for an old fire road

and just drive in until I was pretty far back in the woods. There, I would set up my "camp" for the night. Sometimes I'd even find running water! Even primitive campgrounds seemed easy after that. And years later, Nawakwa made overnight experiences in the "outdoors" even easier. See you at camp!

Mark Fedow, New York Chapter Main Club Director



I have had the pleasure of serving on the New York Chapter Board since 2002 as Main Club Director. Although there have been a lot of changes in names and faces what remains is the desire to preserve the legacy of the chapter and maintain Nawakwa. I became interested in the outdoors in the mid 70's and have been an active hiker, backpacker, mountaineer and climber since then. I was hooked after

a trip to the Adirondacks where we climbed MT Marcy. I have climbed mountains all over the US including many of the high volcanoes of the Pacific Northwest. I attended all sections of the Winter Mountaineering School and have taught there. I continue to enjoy the mountains in winter and consider the Adirondacks a second home. The trails of the Hudson Valley and especially Harriman Park are a treasure we can all enjoy due to the foresight of those who came before us. I am happy to assist in whatever small way I can to continue to preserve our camp and the park. I am currently working for REI in the East Hanover store. Stop in and visit sometime.

Welcome New Keyholders! Deni DeYonker Linda Grunthaner Steve Adams Gladys Sotomayor Katherine James

Janet Sibarium, New York Chapter Secretary and Host Chair



Janet has been a keyholder of NY Chapter-ADK since 1996, Host Chair for 13 years and Secretary for nine years. Her enthusiasm for camping and hiking began as a girl scout. For many years, she participated in day hikes and kayaking trips with local groups; her interest in camping was rekindled when she participated in a Sierra Club Invitational Weekend at

Camp Nawakwa (with Bob Susser) in the fall of 1995. Within less than a year she completed her applicant qualifying events and immediately became an active member hosting weekends. An additional benefit of joining the NY Chapter of ADK is her expanded network of close friends who share common interests. Her love of camping and outdoors is multi-generational in her family; her son was a camper and later unit head of a wilderness camp at Lake Tiorati, and her grandchildren have enjoyed camping at Camp Nawakwa. Janet recently retired as a Special Education teacher in the NYC Public Schools. With her new flexible time, she enjoys traveling, volunteering, being politically active and resuming her artistic interests, particularly stone carving and ceramics.

Suzanne Rocheleau, Treasurer



Suzanne joined the Board of ADK, NY chapter in April 2014. She was introduced to ADK through a family friend in 2010 and tries to stay as active as possible with the club involving herself with hiking, hosting weekends, attending hosted weekends and offering her time for the camp's work weekends. In light of Bruce Rosenbloom transitioning out of his duties as ADK

Treasurer, Suzanne has been voted in as the new Treasurer as of last month's recent Board election. She lives in Battery Park City, NY. Suzanne is Administration Analyst in Investment Banking for Cantor Fitzgerald & Co. She has an MBA from Pace University and a BS in Economics from Northeastern University.

Mary Hilley, Director



My journey to Nawakwa was somewhat meandering. It started with the West Hudson Trail crew. Tom Dunn (also a crew member) introduced me to ADK, however I joined the Mohican chapter across the river (closer to home). Fast forward a few years – Steve Zubarik (also a crew member/leader with the West Hudson Trail crew) started talking up the benefits of Nawakwa and would mention

it every few months. Finally I went with him to Nawakwa to pick something up --needless to say I was hooked. The rest is history. I've enjoyed the diverse, interesting members, the camaraderie in preparing meals, spring cleaning cabins with some powerhouse people, learning to split wood and how to use the stove, making new friends, sunrises and sunsets from the porch. I'm an avid hiker and trail crew member - look forward to working with all the directors and members.

Meet the New York Chapter Board of Directors (continued)

Lisa North, Director



I am very happy to support Nawakwa by being elected to the Board. I grew up in the middle of the woods in Maryland and somehow ended up living in NYC. My parents were kind of early environmentalists. My mother helped start a summer nature class for children (which I attended) and both parents supported the beginning of an environmental/farm

program for the public schools. I love living in the city, but there was always "a part of me" that was missing. Nawakwa "completes" that part. Now I have the best of both worlds.

I was introduced to Nawakwa by Gary Brazel . We were co-squad leaders at the Park Slope Coop. I told him about some hikes/camping trips my son and I went on. He told me about Nawakwa, but it took me awhile to come up for a weekend that Gary Brazel and Suzanne Gentner were hosting. I instantly fell in love with Nawakwa and I have been coming up ever since.

Bill Burns, Director and Trails Chair



I'm Bill Burns and I am a Board member and the Trail Chairman. We enjoy ADK Adventure trips as this photo shows the most recent trip with the club to Sedona, AZ.

Kim Waldhauer, Director and Camp Chair



As Camp Chair I, look after building and grounds maintenance issues at Camp. I volunteer time with the NYNJ Trail Conference, helping clear blowdowns and building/refurbishing trail bridges. Go and see the new bridge I just helped build at the Cascade of Slid on the HTS trail. I also volunteer at the Garrison Art Center.

Giacomo Servetti, Director



I became a Nawakwa keyholder in 2008 and have been editor of this newsletter and the New York Chapter webmaster since that time. I am employed as a graphic artist in educational publishing. I really like to cook, and frequently host Nawakwa weekends. Other interests include hiking (I maintain, with Kim Waldhauer, a section of the White Bar trail in Harriman Park), kayaking, and occasional stonemasonry. I am also a pretty good drummer.





Photos by Glen Nise



Russell and Zoe Silverman, Ray Kozma and David Miller basking in the warm glow of a wonderful meal prepared by co-hosts Ingrid Strauch (far right) and Kim Waldhauer, during their December 20-21, 2014 Winter Solstice Weekend

photos by Servetti/Waldhauer

Notes from Camp

by Kim Waldhauer, Camp Chair

I want to extend my thanks to all the outgoing Board members and my welcome to the new. Many thanks as well to the energetic crew that came to camp on the Fall cleanup and Wood Day. They did a great job and provided the camp with a huge amount of split wood, plus more yet to be split. I encourage you all to show up for Spring cleanup and Wood Day so we have seasoned wood for 2016. A delicious complimentary lunch is provided, and you can make new friends. This will most likely be May 16. If you do, you will be pleasantly surprised. At Nawakwa, the sense of teamwork is really there, and it's heartening to see the younger keyholders and applicants cheerfully and even expertly pitching in.

As a reminder, we are changing the locks! Many of you sent in your fee and many of you have already received your keys. We will continue to mail out keys in January, and change the locks about February 3rd, depending on the weather. Don't throw out your key to the outer gate on Seven Lakes Drive, as we are not changing that lock. The sleeping cabins and the waterfront boxes and the toolshed will all be the same key, so we will have 3 keys instead of the current 4. Any questions? Send them to

kim@adkny.org.



But the real question is what's for dinner? **Try pollo con naranjas!** Here's my inauthentic version:

Season 8 skinless, bone-in chicken thighs with pepper. Sprinkle them with 1/4 tsp cinnamon. Tie 3 cloves in string, or sprinkle 1/8 tsp ground cloves. Dredge chicken lightly w flour. In a wide frying pan with a cover, heat a little neutral oil, uncovered. Brown the chicken lightly in 2 batches. Remove to platter. Pour off most of the fat. In the same pan, on low medium heat, fry 2-3 cloves sliced garlic, and a large onion, chopped. When they are softened add the tied cloves, (if using) the chicken, juice of 3-4 oranges, about 20 threads saffron, 3 Tb raisins, and 1 Tb nonpareil capers, and ancho chili powder to taste. I like a lot of it, say 1/4 cup, but try it with a couple tablespoons, it's mild. You can always add more. Cover and simmer on low, 25-30 minutes, until no longer pink when slashed near bone. Taste and adjust, stir in 1/2 cup slivered almonds, and serve over rice. Pick out the tied cloves. Garnish with sliced oranges. (Vitamin C this time of year is not the worst idea.) I left out the salt because of the capers.

Save the Date!

New York Chapter-ADK Winter Social Date: Saturday, January 24th, 2015 Place: Fraunces Tavern (Bissell Room) 54 Pearl Street New York, New York 10004 Luncheon from 1 to 3 PM Cost: \$30 per person For reservations, please send check, payable to: "NY Chapter, Inc. - ADK" to Janet Sibarium NY Chapter, Inc. - ADK Peter Stuyvesant Post Office - P.O. Box 327 New York, NY 10009-3937 Please write on check "vegetarian" or "chicken" meal. Payment and registration deadline: Saturday, January 17, 2015 Questions?: email: janet@adkny.org

Fraunces Tavern first opened for business in 1767. On December 4, 1783, after the British had evacuated New York, the tavern hosted an elaborate dinner in the building's Long Room for General George Washington where he bade farewell to his officers of the Continental Army.

On Saturday, January 24th, come join with fellow New York Chapter members in this historic building for a warm Winter Social and Luncheon get-together.

(Note: Soda, coffee and tea are included with the luncheon. For any who desire an alcoholic beverage, drink orders will be taken/served at each table "cocktail style." Please be sure to bring an appropriate amount of cash to cover the cost of whatever drink you might order.)







Photos by Glen Nison January–March 2015

A Note from the Trails Chair by William Burns

The New York Chapter of the ADK maintains 13 trail sections for the New York/New Jersey Trail Conference. This consists of approximately 30 miles of trails ranging in distances from .85 miles to 5.1 miles. Our total trail maintenance hours for 2014 is 432 hours. This is reported to the Trail Conference and they in turn report it to Harriman State Park Headquarters. We are always in need of more volunteers. If anyone is interested in working on trail maintenance, please contact me. wjburnsjr@adkny.com

ADK-NY-VOLUNTEER-HOURS

FALL-2014

<u>MAINTAINER</u>	TRAIL	Work Hours	Travel Hours	Total Hours
#1-John Lipsett	<u>RD</u> Tuxedo to Rt.106 4.13 mi.	12.5	5	17.5
#2-Noel Schulz	<u>Triangle</u> Tuxedo to Parker Cabin at White Bar 3.3 mi.	9.5	3	12.5
#3-Ingrid Strauch	<u>Triangle</u> White Bar @ Dutch Doctor to WB @ Parker Cabin 1.95 mi.	3.5	3	6.5
#4-Jack Papirio	AT Orange Tpk. to Mombasha Rd. 1.4 mi.	6.5	3	9.5
#5-Glen Nison	White Cross TMI to RD 2.15 mi.	2.5	3	5.5
#6-Debbie Melita	<u>AT</u> Rt. 17 to Orange Tpk. 1.8 mi.	-	-	-
#7-Dennis Hickey	Long Path Greenbrook Sanctuary to GWB 5.1 mi.	32	6	38
#8-Richard DeCoursey	<u>White Bar</u> Rt. 106 to ASB 2.05 mi.	1.5	5	6.5
#9-Noel Schulz	TMI RD to Sebago Dam 2.4 mi.	8.5	3	11.5
#10-Elizabeth Ruiz-Gomez	White Bar Johnsontown Rd. to Triangle Trail 1.5 mi.	4.5	2	6.5
#11-Bill and Carol Burns	<u>TMI</u> Sebago Dam to Pine Meadow Rd. W 1.9	17	12	29
#12-Giacomo Servetti and Kim Waldhauer	White Bar Rt. 106 to Dutch Doctor shelter 3.8 mi.	41	8.5	49.5
#13-Lewis Ports	TMI Pine Meadow Rd. W to Breakneck Mt. Trail .85 mi.	11	17	28
	TOTAL HOURS	150	70.5	220.5

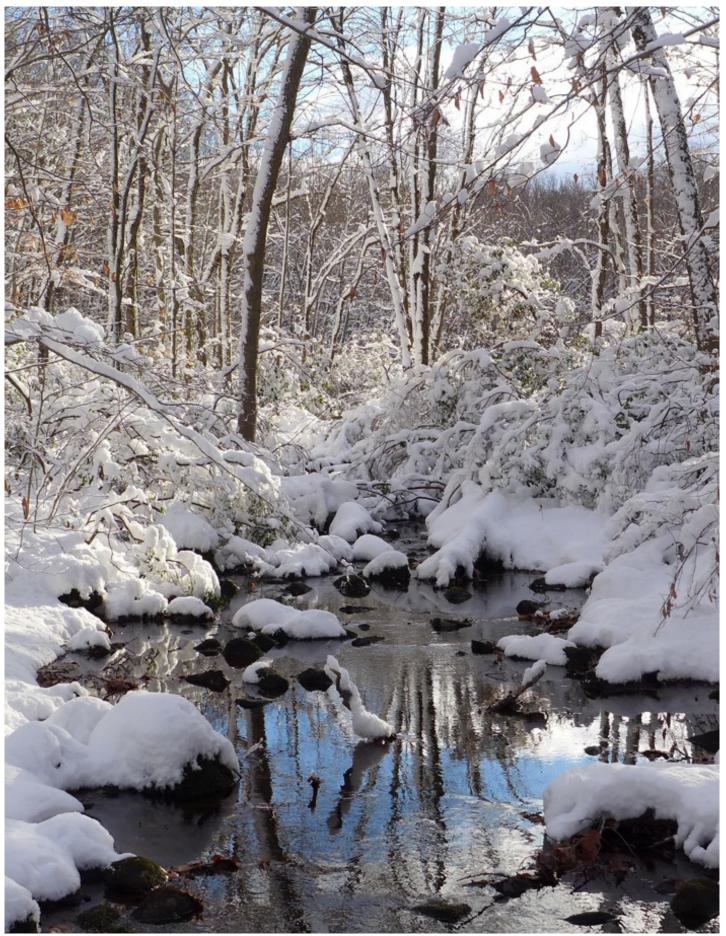


Photo by Glen Nison