



# THE TRAIL MARKER

June-July 2016

Published by the New York Chapter, Inc.  
of the Adirondack Mountain Club, Inc.  
Peter Stuyvesant Post Office Station  
P. O. Box 327, New York, NY 10009-9998  
Camp Nawakwa on Lake Sebago, 845-351-4135  
[www.adkny.org](http://www.adkny.org)



*Of Trails and Overlooks. . .  
. . . from the Chapter Chair*

***“We shall not cease from exploration. And the end of all our exploring will be to arrive where we started and know the place for the first time.”***

***~T. S. Eliot***

During the recent Spring work-weekend at camp, I went with Robert Matson to locate and clean-up the various ground tent-sites around camp. We were assisted by some of the new Applicants (Alex and Meg, joined later by Mike and Sarah) who energetically did clipping, raking and pruning of paths and sites that made them all the more visible and useable. Robert was busy mapping the locations so we could, once again, have a map that showed where the tenting spots were to be found. There are three new ground-sites in the “Heights” (although people have camped there for years) and, as we discovered, there are five ground-sites on the Lakeside. (Sarah, it turns out, is a graphic artist and will work with Robert’s sketches to produce a new camp map for us.)

As I raked away leaves and debris that had accumulated (for many years, in some cases) over old trails, it struck me that I was rediscovering paths and sites that have been there for generations, but which had been forgotten (and therefore little used) in recent years. Refurbishing these ground-sites, and having a map that shows their locations and the paths leading to them (as well as of the newer tent platforms), should help members so inclined to enjoy tenting more easily while at Camp Nawakwa.

It struck me that this clearing and cleaning of neglected or forgotten tenting areas and paths around camp was also a metaphor for what we have been doing in formulating written policies and procedures: Reconnecting ourselves with the long history and traditions of Camp Nawakwa and of members past, so as

to have clear way to move forward. In a way, as T.S. Eliot wrote, this undertaking has become a re-discovery that allows us “to arrive where we started and know the place for the first time.”

One the areas re-discovered is a clarification of the question “who is a member of Camp Nawakwa?” The many different levels of membership found throughout the Adirondack Mountain Club can produce a certain confusion. Some assume that since they joined ADK and New York Chapter, they can then come to camp any time. But as per our Bylaws: “Membership in the Chapter does not automatically entitle a member to the use of Nawakwa facilities.” The right of access to camp is enjoyed only by Nawakwans (that is, individual Key-holder members, 18 years of age or older). Anyone not a Key-holder can only come to camp as a guest of a Key-holder. “Only Nawakwans shall enjoy the right to vote on issues relating to Camp Nawakwa.”

Since Key-holder members are so vital to the running and managing of Camp Nawakwa, becoming a Key-holder is a significant event. Our policies revitalize the process of becoming a Key-holder and re-establish the importance of the Sponsor in achieving this status. Being a Sponsor should afford a real teaching-learning experience so that the history and traditions of Camp Nawakwa can literally be handed on from one generation to another. This is one of the reasons that the P&P renews the idea of Sponsors helping form the new key-holders in a real, not just a formal, way. Serving as a Sponsor to a new Applicant is a true responsibility and privilege.



It is the usual expectation that a corporation (which the New York Chapter is) will have a P&P manual in addition to Bylaws. In a real sense the P&P carry the institutional memory. No one member lives long enough to carry the full knowledge and wisdom of the group gained over many years. But with this knowledge and wisdom we are all enriched. May the new Policy and Procedures be a “good map” for us, clearly guiding us to a full and orderly use and enjoyment of Camp Nawakwa for many years to come.

- Ray Kozma, Chapter Chair

# Spring – Mid-Summer 2016 Host Schedule

(visit [www.adkny.org](http://www.adkny.org) for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair:

**Janet Sibarium (212) 254 0738**

**Email: [jansib@mindspring.com](mailto:jansib@mindspring.com)**

*Commissary Concerns?*

**Call or email Maryann Poris (973) 731-7117**

**[maporis@aol.com](mailto:maporis@aol.com)**

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek. This includes summers and holidays. This also includes families with adult and minor children.

## June 4 – 5

Please join us as we usher in June with healthy fare -- the farmers market will dictate the menu. As always omnivore and vegetarian options available. Email Terri Zubarik [tzubarik@gmail.com](mailto:tzubarik@gmail.com) or phone 845 786-3247 by 9 PM Thursday June 2 the latest. Please indicate the meals you will be staying for -- dinner Saturday, breakfast, bagged lunch Sunday and whether you want the omnivore or vegetarian option.

Co-Hosts: Mary Hilley & Terri Zubarik

## June 11 – 12

Come to camp for a mid-June feast of fish and chicken over noodles, and seasonal vegetables.

Please e-mail or text to register:

[aleph1null@gmail.com](mailto:aleph1null@gmail.com) or Text: 1 (917) 335-6165

Host: Russell Silverman

## June 18th and 19th hosted by Derek Lomer and Katharine James

This start of summer weekend will feature fresh organic foods from the Park Slope Food Coop. Saturday dinner, Sunday breakfast and Sunday trail lunch provided. Summer should be in full swing with swimming and boating on the lake. Please register with the host before Thursday evening at 9pm, 6/16. Please indicate how many in your party, whether you will be staying overnight, which meals you will have and any dietary restrictions. Email the host at [dereklomer@gmail.com](mailto:dereklomer@gmail.com)

Co-Hosts: Derek Lomer and Katharine James

## June 25 - 26, 2016 • Annual AMC Invitational Weekend

We are welcoming AMC members once again to an Invitational Weekend at Camp Nawakwa. Come and meet the AMCs! From last year's Invitational we gained several new key-holding members. The weather should be advantageous for hiking, swimming, taking out a canoe or kayak, or just relaxing on the front porch. Cost is \$55 for overnight and three meals: Saturday dinner, Sunday breakfast, and Sunday trail lunch. (Passport holders deduct the \$30 Camp fees.) Note: Ingrid Strauch might be leading a hike into camp from Tuxedo, so if anyone is interested in this, please check when you register to find out last minute details about the hike.

Registration with \$55 check or money order, payable to "Raymond Kozma", must be received by June 17th. On the check, please write "omnivore" or "vegetarian".

Host: Ray Kozma, (Registrar). Co-Host: TBD

To register, mail check to: Raymond Kozma, 585 North Railroad Ave, #3D Staten Island, NY 10304-3938. Questions? Please contact Ray: [rmkozma@me.com](mailto:rmkozma@me.com). Tel. 917-406-3782.

## June 27 – July 1 • Midweek Host: Steve Barre

**[sbarre2@verizon.net](mailto:sbarre2@verizon.net) (917) 575-5048**

## July 2 – 4 • Independence Day Weekend

Come up to Camp Nawakwa and help us celebrate.

Lake Sebago beckons . . .

Your hosts: Kim Waldhauer and Giacomo Servetti

[gservetti08@gmail.com](mailto:gservetti08@gmail.com) or 845-947-0054

Please let us know by Wednesday the 29th @ 9:00 pm what meals you would like.

## July 5 – 8 • Midweek Host: Jane Pendergast

[ladyXoc2@hotmail.com](mailto:ladyXoc2@hotmail.com)

## July 9 – 10

Enjoy lazy hazy days of summer, and feast on tasty meals with seasonal produce. Please e-mail or text to register:

[aleph1null@gmail.com](mailto:aleph1null@gmail.com) or Text: 1 (917) 335-6165

Host: Russell Silverman

## Midweek July 11 – 15 • Midweek Host: Mary Hilley & Co-Host

[hilley66@gmail.com](mailto:hilley66@gmail.com) (914) 552-3899

## July 16 – 17 • Third Annual Post Bastille Day Celebration

The third annual post Bastille Day celebration is being hosted by Lewis Ports and Susanne on the week-end of July 16th & 17th. Saturday evening happy hour and dinner and Sunday breakfast and trail lunch will be seasonal French cuisine. There will be casual waterfront activities and hiking on Saturday afternoon and Sunday morning.

Please register with Jerry Flower, [jerry.flower@verizon.net](mailto:jerry.flower@verizon.net), indicating number of meals and vegetarian option by 10 PM on Wednesday, July 13th. Shopping and food preparation will start early Thursday morning.

Saturday happy hour and dinner are limited to 30 people, so register early!

Co-Hosts: Lewis Ports & Susanne Flower

Registrar: [jerry.flower@verizon.net](mailto:jerry.flower@verizon.net)

## July 18 – 22 • Midweek Host: Laura Campbell

[prairie2005@yahoo.com](mailto:prairie2005@yahoo.com)

## July 23 – 24 • Mexican Cuisine

Enjoy lazy, hazy days of summer at camp. Join a culinary experience trip South of the Border to dine on Mexican cuisine, guaranteed to satisfy the Nawakwan omnivore and vegetarian alike.

When registering, please specify if you prefer vegetarian or chicken. Please register by Thursday July 21, 9pm. Host: Suzanne Rocheleau, cell (646)736-8074 or email at [SRocheleau@cantor.com](mailto:SRocheleau@cantor.com).

Host: Suzanne Rocheleau

**July 25 – July 29 • Midweek Host: Derek Lomer**  
dereklomer@gmail.com (917) 494-8474

**July 30 – 31 • Veteran Hosts, Don & Teri Gabel** will be guiding new Keyholder/Newbie Host, Angela Johnson. Learn by observing (and enjoy delicious meals). Hear about Don & Teri's Hemlock Project. When registering, please indicate which meals, and if you prefer vegetarian. Please register by Thursday, July 28th.

Co-Hosts: Angela Johnson (registrar) and Don Gabel  
Email: angjohnson17.aj@gmail.com

**Aug 1 – 5 • Midweek Host: Steve Barre**

**Aug 6 – 7 • Dynamic Duo Weekend**

Stay after the Annual Board Meeting for this dynamic duo's annual hosting encore! Please register by Thursday August 4th @ 9:00 p.m.

Co-Hosts: Elizabeth Ruiz-Gomez and Carol Burns (registrar) 718-816- 1933 / carol\_kb@yahoo.com

**Aug. 8 – 12 • Midweek Co-Hosts: Bill & Carol Burns**

**Aug 13 – 14 • Annual Grilled Salmon**

Join Chef Everod and friends for the tasty Annual Grilled Salmon. Everod Carter & Janet Sibarium (registrar) E-mail registration preferred: jansib@mindspring.com

Or leave voicemail: 212-254- 0738.

PLEASE indicate which meals and if you prefer vegetarian meals.

**Aug. 15 – 19: Midweek Host: Laura Campbell**  
prairie2005@yahoo.com

**August 20 – 21 • Southern Idle**

Relax in the cooler heat in the sun and shade of camp. Cooking will be simple, plentiful, and wholesome. Southern Fried Chicken, potato salad, fresh corn on the cob, with appropriate cold dessert. Happy hour will seek to provide in addition to the normal undulate munches crackers, cheeses, dips, refreshments, a summer theme treat. Call or email by Friday AM, your plans if you will be having dinner only, staying overnight with breakfast and/or Sunday lunch.

Host. Bill Hladky 914. 874. 4640 wehldaky@yahoo.com

**Aug. 22 – 26 • Midweek Host: Lisa North**  
lrn1212@aol.com 917-204- 7848 (cell)

**Aug. 27 – 28 • Mediterranean Weekend**

Let your taste buds sail the high seas of the Mediterranean and sample the delicacies from North Africa to Greece to Italy and France. Seasonal menu theme offering delicious blend of European flavors. Guaranteed to satisfy hungry vegetarians and omnivores alike.

When registering, please specify if you prefer vegetarian or chicken. Please register by Thursday Aug. 25, 9pm. Host: Suzanne Rocheleau, cell (646)736-8074 or email at SRocheleau@cantor.com.

**Aug. 29 –Sept. 2 • Midweek Host: Ron Engasser**

**Sept. 3 – 5 • Labor Day Weekend**

Labor day, fall is in the air, but we enjoy the perfume of summer, with salads, wings, and delights of the end of the season. If you wear white, well, you know. Enjoy the last official weekend of summer vacation at camp. Please register by Wednesday, Sept. 1 st . Please specify which meals/days/ and if you prefer vegetarian.

Host: Russell Silverman aleph1null@gmail.com  
or Text: 1 (917) 335-6165

**Sept. 10 -11 • Regional Chapter Invitational**

Come visit Camp Nawakwa, the NY Chapter - ADK's hidden jewel on Lake Sebago, Harriman State Park. \$50 will include over night camp fee, and Saturday dinner, Sunday breakfast and hiking bag lunch. Hike, swim, kayak, or just commune with nature. Registration is limited to 25. Registration deadline is Thursday, September 1st.

Co-Hosts: Ray Kozma (Registrar) & Janet Sibarium  
To register, mail check to: Raymond Kozma, 585 North Railroad Ave, #3D Staten Island, NY 10304-3938.  
Questions? Please contact Ray:  
rmkozma@me.com. Tel. 917-406- 3782.

**September 17-18 • Fall Arts Weekend**

Many of us enjoy the sights, sounds, and scenery of Camp Nawakwa and its surrounding areas as much as the opportunities for outdoor activity. Why not spend some time capturing that scenery on paper, canvas, film, etc., while enjoying the company of like-minded others? Co-hosts Alex Wilkie and Ingrid Strauch invite you to bring your art materials for a weekend of creativity and conversation -- and, of course, good food to fuel your endeavors. Musical instruments are welcome, too. To RSVP, call or text Alex before Thursday 10 p.m. at 856-727- 0267 or email him at afwilkie@verizon.net

**September 24 • Annual Fall BBQ**

Please join co- hosts Kim and Giaco as we celebrate the 90th Anniversary of Camp Nawakwa!

To register, your reservation and check must be received by Thursday, Sept. 15th.

Date: Saturday, Sept. 24th

Time: All Day: BBQ at 5:00 p.m.

Price: (Includes Day Fee and BBQ): \$40 per adult \$20 per child (up to 12 years old). Note: Nawakwa Passport holders deduct \$15.00 for the day fee. Please indicate if you wish vegetarian, chicken or beef meal. Mail your check, payable to "Giacomo Servetti", to

Giacomo Servetti  
369 N. Liberty Drive  
Tomkins Cove, NY  
10986-1118

**FUTURE EVENTS:**

**Oct 1 – 2 Host: Leni Tabb: Vegetarian Weekend**

**Columbus Weekend: Co-Hosts: Derek Lomer and Katharine James**

## Hikes: June–July 2016

(visit [www.adkny.org](http://www.adkny.org) for frequent updates)

**Hikes Chairperson: Glen Nison**  
718-625-2182  
[gnisonbike@juno.com](mailto:gnisonbike@juno.com)

**For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:**  
<http://www.nynjtc.org/content/scheduled-hikes>  
<http://www.hudsonhikers.org/schedules.html>

**Please check schedules of various public transportation options as fares and schedules may have changed.**

### Saturday, June 25 • Garrison Circular

Moderate 6 mile circular hike from Garrison Metro-North Station along trails near the Hudson River and in Hudson Highlands State Park, with an optional climb of Sugarloaf Hill. Drivers go north from the Bear Mountain Bridge on Route 9D and turn west to the station at the intersection with Route 403. Train Riders take the Metro-North 8:43 a.m. train from Grand Central (8:54 a.m. from 125th Street) to Garrison. All hikers meet at the southeastern end of the station parking lot at 10:00 a.m. Qualifying. Leader: John Lipsett (212-867-8280(b)212-864-6109(h)).

### Sunday, June 19 • Dunderberg Mountain

Leader, Derek Lomer, [dereklomer@gmail.com](mailto:dereklomer@gmail.com). Qualifying. Meet 10am at the trail head parking on 9W just south of Jones Point and about four miles south of Bear Mountain Lodge. We will take the climb up the Timp Torne trail and follow parts of the Dunderberg Spiral Railway. Many great lookouts over the Hudson River. We will return on the Ramapo –Dunderberg trail. About 7 miles with about 900' of vertical. Bring water and lunch. Contact leader for more details.

### Beginner's Backpack • July 9-10

If you were ever curious about backpacking (a combination of hiking and camping, where you bring everything necessary with you in your pack), but have no experience in doing this, we are happy to announce a “Beginner's Backpack” where you will be taught what goes into a backpack trip. All who are participating should gather at 10 AM at the Main Cabin for an short orientation and check of equipment. Starting from camp, we will hike to one of the shelters in the Park where we will make camp for the night. Anyone who wants to participate should register at least by Wednesday, July 6th, (sooner if possible) so as to allow adequate time for getting all your gear together. The Leader will send (by email) a suggested equipment list to all participants and will be happy to answer any questions.

Leader: Ray Kozma. To register: Email: [RMKozma@me.com](mailto:RMKozma@me.com) or telephone: 917-406-3782. Please register by July 6th and indicate if you have a car or not. (Note: If there are enough willing drivers, we will have many more choices on where to go for this adventure.) Qualifying.

### Saturday, July 16 • Harriman State Park Breakneck Mountain 7.5 miles A level hike

This 7.5 miles hike will take us from Sebago Lake north along the Buck trail and the Breakneck Mountain trail to Breakneck Pond, looping back south along the Suffern – Bear Mountain trail and the Tuxedo – Mt Ivy trail (NY-NJ Trail Conference trail map No 118). This is a Camp Nawakwa applicant qualifying hike. Meeting place and time: 9:00AM at Sebago Lake boat launch parking area off Seven Lakes Drive. Contact hike leader for detailed information and for car pooling: Jean-Claude Fouéré [jcfouere@gmail.com](mailto:jcfouere@gmail.com); tel.: 1.845.462 1909.

### Saturday, August 26 • Harriman Hogencamp Mountain 8.5 miles A level hike

Harriman Hogencamp Mountain 8.5 miles A level hike This 8.5 miles hike will take us from Lake Skannatati south along the Long Path, the Dunning trail and the Ramapo-Dunderberg trail, looping back north along the White Bar trail, and east along the Arden-Surebridge trail and the Long Path, offering a number of scenic view points and passing by several old mines (NY-NJ Trail Conference map No 119). This is a Camp Nawakwa applicant qualifying hike. Meeting place and time: 9:00AM at Lake Skannatati parking area off Seven Lakes Drive. Contact hike leader for more detailed information and for car pooling: Jean-Claude Fouéré [jcfouere@gmail.com](mailto:jcfouere@gmail.com); tel.: 1.845.462 1909.

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## Trails and Ticks

### by Trails Chair William Burns

Now that the weather is improving, we will be returning to work on our trails. We have had to reduce our total trail mileage from 32.33 to 29.58 due to a shortage of trail maintainers. I have been out on several of our trails this Spring and the winter did not seem to be too hard on them.

Below left is a picture of a spray bottle of Permethrin. This is good for clothing worn on the trails. It is reported to be the only deterrent to ticks.

It is available for about \$15 at Campmor. Also shown is a picture of a tick twister which fortunately we have not had an occasion to use. The cost is about \$5 from Petco.



# ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma

[ray@adkny.org](mailto:ray@adkny.org)

Vice-Chair: Steve Barre

[steve@adkny.org](mailto:steve@adkny.org)

Secretary: Janet Sibarium

[secretary@adkny.org](mailto:secretary@adkny.org)

Treasurer: Suzanne Rocheleau

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Director: Mary Hilley

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Director: Lisa North

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Director: Giacomo Servetti

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Director: William Burns

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Camp Chair: Kim Waldhauer

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Trails Chair: William Burns

[wjburnsjr@adkny.com](mailto:wjburnsjr@adkny.com)

Park Liason: Raymond Kozma

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Archives: Ellen King

[ellen\\_king13@msn.com](mailto:ellen_king13@msn.com)

Webmaster: Giacomo Servetti

[webmaster@adkny.org](mailto:webmaster@adkny.org)

***The editor encourages all members to contribute articles and photos to be used in the Trail Marker and on our website.***

***Please email to [editor@adkny.org](mailto:editor@adkny.org)***

Deadlines for submission to the newsletter are:

August–September – Deadline: July 15

October–December – Deadline: September 14

## Revision of Camp/Day Fees

Following the recent discussion and comments made by Key-holder members, the Board has adjusted the Camp/Day Fee structure, effective June 1, 2016, as follows:

**Key-holder Members: \$15**

**Guests/Applicants/Minors (13 to 17): \$20**

**Child (12 and under): \$10**

Any change, because it is a disturbance, always needs a time for adaptation and adjustment. The following explanations, which provide some understanding for the Board's reasoning for the changes, are given as a help to such re-adjustment:

A. Key-holder members contribute to Camp Nawakwa in many ways over the course of a year, (paying dues to the Main Club, making donations to the Annual Appeal, chairing the various committees, hosting, and taking responsibility for the running of camp and the repairs/maintenance needed at camp, e.g. our work weekends). Because this is so, a number of Key-holders felt that they should be paying less than what guests or applicants are charged. The Board agrees with this, and has increased the fee for guests/applicants accordingly.

B. In 1972, the members of the Long Island Chapter spent an overnight at Camp for the grand total of \$5 per person (the information is courtesy of the archives of the LI Chapter and was provided by June Fait). Even then, they all thought it was an extraordinary bargain. But \$5 in 1972 is the equivalent of \$28.62 in 2015 terms [see any of the inflation calculators on-line]. In other words, if you bought a product in 1972 that cost \$0.87, that same product in 2015 would cost \$5. The Board feels that the amounts of the day fees are not unreasonable and are in line with everything else in today's world.

C. We have gone back to the traditional understanding of "child" as those who are 12 years old and younger, that is, young persons who have not reached adolescence. This had been the historical norm for camp over its history and conforms to the general dictionary definition of the word.

The new Camp Fees are in effect beginning June 1, 2016. We remind all Key-holders that they have the option of the Annual Passport as an alternative to the Day Fees. As with all things about camp and our practices, the Board will review everything at the end of the camp season and make further adjustments as warranted.

# Adirondack Mountain Club Sebago Beach 3/SB3 Harriman State Park Bathing Beach Safety Plan

*Editor's note:* This is being published here pursuant to Harriman Park Regulations. It is advised that members read or re-acquaint themselves with the following:

Adirondack Mt. Club  
Sebago Beach 3/SB3

Harriman State Park

Bathing Beach Safety  
Plan

Rev'd 7/09

Host, designee and all members are responsible for enforcing the rules of the camp.

## Environmental Conditions

Environmental conditions must be constantly evaluated at the waterfront. Conditions which may require that the waterfront be cleared of bathers include: unsanitary water conditions, high turbidity, glare, thunderstorms, heavy rains or hailstorms, fog resulting in reduced visibility, heavy or high wave action, and dangerous currents.

## Lightning Tips

The National Lightning Safety Institute recommends that bathing facilities monitor storm activities and suspend swimming activities when lightning is within 6-8 miles and wait until 30 minutes after lightning has been observed before resuming water activities. The responsible adult on the waterfront person should keep an eye on the weather. Use a "weather radio" or the Weather Channel or other TV program to obtain good localized advanced weather information. When thunder and/or lightning are first noticed, use the Flash-To-Bang (F-B)

## Procedures for Daily Supervision Level IV Rules and Regulations

Bathing at the camp is restricted to members and their guests. Uninvited hikers should be asked to leave immediately. The Host should be notified if there is a problem.

Supervision Level IV includes a combination of daily monitoring, posting required warning signs, providing members and their guests with the required rules in writing, enforcing all rules, providing conveniently located emergency communication and providing required safety equipment. To be in compliance with Supervision Level IV requirements, all of these components must be in place. Please refer to SSC/State Sanitary Code Section 6-2.17(a)(10).

Club members are required to see that the rules are being followed.

Daily inspections of the beach area are necessary to assure that adequate safety levels are maintained. Any

method to determine its rough distance and speed. This technique measures the time from seeing lightning to hearing associated thunder. For each five seconds from F-B, lightning is one mile away. Thus, a F-B of 10 = 2 miles; 15 = 3 miles; 20 = 4 miles; etc. At an F-B count of thirty, the beach should be evacuated. People should be directed to safe shelter nearby. Swimming activities should remain suspended until thirty minutes after thunder and lightning were last observed

When unsafe conditions occur, the responsible adult at the waterfront or Host is responsible for monitoring waterfront closure at the camp. At a F-B count of thirty, the waterfront will be evacuated. When the waterfront is to be cleared, the person responsible will call out: "Unsafe condition. Clean the waterfront immediately!"

Swimming activities should remain suspended until thirty minutes after thunder and lightning were last observed.

Emergency response procedures include: · Clearing the waterfront

problems, such as unsafe water conditions, broken equipment, loose ladders, etc. are to be reported and immediately corrected. If the problem cannot be immediately corrected, the specific area or entire beach should be closed, as appropriate.

Host or Designee is responsible for performing the daily compliance check (including safety equipment, water conditions, and hazard checks) prior to the beach opening each day.

The Host or Designee will monitor the bathing facilities 1 – 2 times/day by signing the log book at the dock.

Host or designee will maintain the daily log and report all unsafe conditions to the Camp Chair, or a Board member.

☐ Supervision Level IV facilities must post specific beach rules which state: · Two or more adults (18 years or older) must be present at the beach when beach is in use, with at least one adult on the beachfront. · Children less than 16 years must at all times be accompanied by a parent or guardian or similar adult responsible for their

area · Emergency care of the victim · Contacting emergency personnel · Crowd control · Meeting and guiding emergency personnel to the site and/or victim · Directing traffic · and Drills for emergency response situations

Host or designee will organize members to seek lost bathers. A lifeboat at the waterfront will be used to locate lost bathers.

The emergency phone is located in the main lodge. Its number is 845-351-4135. The camp address is 410 Seven Lakes Drive, Sebago Beach 3, Haverstraw, NY. The ADK is in Rockland County, not Orange County. This is relevant for 911 responders.

In all emergencies The Chapter Chair will be in charge, if the Chapter Chair is not present, then any Board member, followed by the Host. The Chapter Chair will designate a member for crowd control and ongoing management of the facility.

Evacuation will be by the camp road to Seven Lakes Drive.

safety and behavior while at the bathing facility. · Swim only within the designated bathing area. ·

Members have been provided with this brochure before they use the bathing facility. Please refer to SSC Section 6-2.17(a)(vii). ☐ This Bathing Beach Safety Plan will be given to all members upon acceptance, posted on the Club web site [www.adkny.org](http://www.adkny.org), and published annually in the Club newsletter: The Trail Marker.

☐ In drowning investigations at Supervision Level IV facilities, failing to provide patrons with the written statement or brochure has been documented in many of the incidents

Bathing is permitted from sun up to sundown (not swimming is permitted after sundown) as long as all rules regarding supervision and safety are followed, e.g., sufficient number of adults present, etc.

The general rules are posted at the waterfront and Main Lodge. These rules prohibit urination, discharge of fecal matter, spitting and nose blowing. No running or horseplay is allowed at the waterfront.

The Chair or designee will direct emergency vehicles from the Seven Lakes Drive to the camp.

Who is responsible at your facility for maintaining the required daily records, including the injury/ illness log? Host

The Chapter Chair or designee will report any injuries, deaths and communicable diseases at SB3 to the DOH as soon as possible, but within 24 hours.

The Host will review safety procedures as outlined above, on a weekly basis, when the waterfront is used.

## Resignation and Appointment of a New Director

The Board of Directors of the New York Chapter consists of four Officers and six Directors. One of our Directors, Kim Waldhauer (who is also our Camp Chair) has recently resigned her position as Director. As per our Bylaws, the Board has elected Diane Booth to fill in as Director for Kim's unexpired term of office. The term will end on December 31, 2017. At that time, the position will be open. The name or names of candidates for the position will be on that year's ballot as part of our Annual Fall Elections.

Kim will continue to serve as our very capable and talented Camp Chair. The Board is grateful to Kim for her service on the Board as one of our Directors and is very pleased that she will continue to serve as Camp Chair.

## Follow-Up to the Policy and Procedures Comment Period

The Board found many of the comments and suggestions made during our recent open discussion period helpful in clarifying and fine-tuning our policies and procedures. Each Key-holder member will be receiving an up-dated version of the P&P, either by e-mail or regular mail for those Key-holders who do not have access to a computer. The new policies and procedures will be in effect starting June 1st. We take this opportunity to alert everyone to a few of the changes:

The Camp/Day Fee structure has been modified. The age at which someone is considered a 'Child' has been lowered. See the full explanation of these changes in the article Revision of Camp/Day Fees found elsewhere in this Trail Marker.

At all times, two sleeping cabins will be reserved for individual Key-holder members' use only. The two cabins so designated are: Cabin #1 for women and Cabin #6 for men.

Applicants may not bring guests or family members to camp.

A second refrigerator will be set up in the downstairs of the Main Cabin. This should provide day-visitors, and all who are not participating in any organized/hosted weekend or mid-week, ample room to store their food and drink.

Please read the full, revised Policy and Procedures that have been sent to all Key-holders for all details. As with all things about camp and our practices, the Board will review everything at the end of the camp season and make further adjustments as warranted. - The Board

## Notice of Annual Open Board Meeting Saturday, August 6, 2016 11 AM at Camp Nawakwa

### The Annual Nawakwa Passport - 2016

The Annual Nawakwa Passport for 2016 is now available for all Key-holders. The Annual Passport, which covers the Day Fees for all visits to camp per calendar year, is \$150 per individual Key-holder and is non-transferable. If a Key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual (see the notice in this Trail Marker about the new schedule of fees.)

To obtain the Annual Nawakwa Passport, Key-holders should send their request (with their name address, phone number and check payable to the New York Chapter-ADK), to:

Raymond Kozma, Chapter Chair

New York Chapter-ADK

585 North Railroad Ave-3D

Staten Island, NY 10304

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<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

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Follow ADK-NY on Twitter!



Get updates on Nawakwa happenings on Twitter! Go to [https://twitter.com/ADK\\_NY](https://twitter.com/ADK_NY), click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

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## Notes from Camp

by Kim Waldhauer,  
Camp Chair

I would like to thank the following Nawakwans for helping out at the Spring Cleanup:

Alex Wood  
Angela Johnson  
Bill Burns  
Blanca Pena  
Carl Jackman  
Carol Burns  
Don Gable  
Ellen Roth  
Eric Borgstedt  
Everod Carter  
Giacomo Servetti  
Glen Nison  
Inga Simpson  
Ingrid Strauch  
Janet Sibarium  
Jason McGinnis  
Jean Claude Fouéré  
Jerry Flower  
Kate Barre  
Leni Tabb

Lila Barre  
Maria Solas  
Marty Kellerman  
Mary Hilley  
Meg Crouch  
Michael Simon  
Michael Wiehart  
Moirra Bailey  
Noel Schulz  
Ray Kozma  
Robert Matson  
Rosanna Hamilton  
Russell Silverman  
Sarah Lang Wiehart  
Steve Barre  
Susanne Flower  
Suzanne Rocheleau  
Tatiana Pena  
Teri Gable  
Thom Duffy  
Tony Mollino  
YaJing Li



Steve Adams and Eric Borgstedt photo by Kim Waldhauer

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## Welcome, new Applicants!

Cristina Miller  
Kristie Hart  
Cresta White  
Barbara Cho  
Marielle Anzelone  
Sarah Wiehart  
Michael Wiehart  
Kathleen Sutherland  
Tanner Rich  
Alex Wood  
Meg Crouch  
Sigrid Junkermann  
Robert Eckstein  
Hannah Eckstein

## Welcome, new Keyholders!

Anita Lavie  
Ana Berlin

## Conservation Committee Update

by Conservation Chair Don Gabel

In the last year, the Hemlock Project has had several accomplishments. The project is now a part of the greater NYS Hemlock initiative. The White Bar site, initially scouted by myself and ADK members, has been accepted as a forest Insectary site by Mark Whitmore of Cornell University. The New York Botanical Gardens has joined in the greater initiative and has assisted in a series of camping expeditions to document flora and the changes over time. Last Spring, Mark Whitmore, Ed McGowan (PIP Senior Scientist), and I released two dozen Silver Flies. The Silver Fly is a predator of Hemlock Woolly Adelgid(HWA).

On Father's Day, I will be hiking in to the White Bar site to evaluate if the Silver Fly has established. The New York Botanical Gardens has been selected to take part in a 5-year study to do final evaluations on the Bullet Proof Hemlock. The Bullet Proof Hemlock is a forest selection of an apparently HWA resistant group of hemlock. Finally, we hope to release some Laricobus Beetles at the White bar site this fall and begin the forest insectary phase of the project. ADK members and applicants can join in on the next ADK-NYC qualifying work expedition on July 16 th . We will be finishing the forest site survey and photographing both the White Bar site and the new Boston Mine site. Contact Don & Teri at [blaugabels@msn.com](mailto:blaugabels@msn.com)

2014 through a series of hikes with ADK member's the white Bar site is established as possible forest field insectary





## In Memoriam: Barbara Tourin

Barbara Z. Tourin, mother of Deirdre Tourin and Emily Tourin Crowell, died peacefully May 7, 2016, of old age. She was 90 and had lived a full life. She was predeceased in Spring 2008 by her husband, Richard H. Tourin. A Nawakwan key holder since 1981, Barbara was a lively, loving, artistic lady and a terrific landscape watercolor painter. Barbara and Richard spent many vacations amidst the lakes and mountains of Adirondack State Park N.Y, where she did many paintings of wilderness. She was a fantastic cook, presiding over family gatherings small and large. Barbara graduated Bryn Mawr College and worked as a Social Worker for New York City until her children were born. Barbara was caring to her whole family and interested in all the people she met, up to the end. Barbara is survived by her daughters, grandchildren, and generations of cousins. She was a vibrant spirit.



Emily Tourin Crowell with her mom, Barbara Tourin.

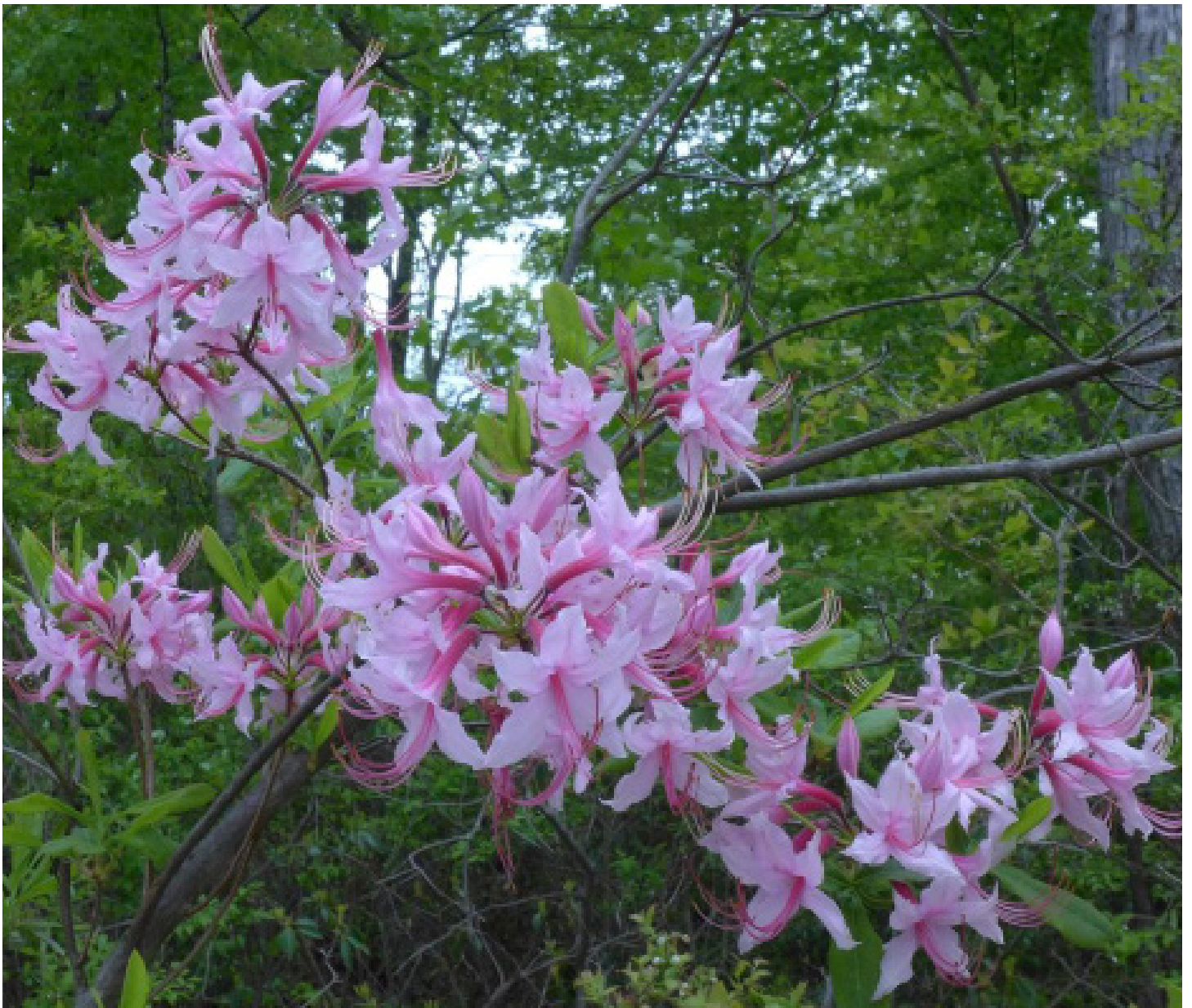


Photo by Glen Nison

## May 21 – 22 • College Friends Weekend

Very nice weekend and we loved hearing John's regaling of old times at camp. Small weekend, but very enjoyable - the rain held off until Saturday night. We did a great hike on Sunday too, approx. 7.13 miles -Glen Nison



Alex Wood (new applicant), Jim Slovik, Rich Decoursey, John Bleninger (member since 1971) and his friend Lalla Grimes



Photos courtesy Glen Nison