



THE TRAIL MARKER

October–December 2015

Published by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



*Of Trails and Overlooks. . .
from the Chapter Chair*

“I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived.”

– Henry David Thoreau

I recently did a section hike on the Appalachian Trail, from Lehigh Gap to Wind Gap, in Pennsylvania. The trail from Lehigh Gap starts with a steep, strenuous and rocky climb (in several places a hand-overhand climb), gaining almost a thousand feet in elevation in about a mile of travel.

The views and the climb are fairly dramatic and spectacular, but what awaited above was something that seemed more like the ‘Desolation of Smaug’ than a nice mountain top. On top of Blue Mountain is the Palmerton EPA Superfund Site. To quote from the 2014 ThruHikers Companion: “The devastation along Blue Mountain near Lehigh Gap is the result of nearly a century of zinc smelting in Palmerton. In 1980, the Environmental Protection Agency shut down the furnaces and, in 1982, put the affected area on the Superfund clean-up list. Revegetation efforts are underway, and the mountain is slowly coming back to life. The scramble up the denuded rocks is among the most challenging on the A.T. South of New Hampshire.”

On the very warm summer day on which I did this hike, the area felt like a desert. But the experience also got me thinking about why we hike and of how people and things need to be tended to and renewed from time to time. If we hike to “escape” civilization, the hiker on top of Blue Mountain would be disappointed. But if, echoing Thoreau, we take to the woods to be able “to live deliberately” and to “learn what it had to teach,” then I believe that we are able to be enriched and renewed, even by encountering a Superfund Site.

I often think of hiking or coming up to Harriman and Camp Nawakwa as “restorative” for my wellbeing.

‘Taking to the woods’ is a way to de-stress, for sure, but often I think of it as a “reset,” an experience of renewal and refreshment that helps me gain perspective, healing and energy for all the rest of life’s endeavors and challenges. I think this ‘reset’ experience is true for all ADKers and for all who seek some solitude in the wilds.

The Palmerton Site reminds us of our need to care for the earth. It reminds us of the environmental and conservation challenges we face and of an effort that needs to be sustained over time. At Camp Nawakwa, there are cares and concerns to be tended. Our porch stairs were rated “unsafe” and had to be rebuilt. There is ongoing maintenance and sometimes upgrades to the camp buildings and grounds that need to be done. At our Fall Work Weekend, scheduled for October 17–18, we will attend to some of this needed work, especially in getting camp ready for the Winter. Those who maintain the hiking trails know that blowdowns have to be cut and moved, and bushes trimmed, so that the hiking trails can be cleared. Time, weather, and downed trees take their toll, so blazes have to be renewed. Tending to these tasks is ongoing work, but assures us of the good experiences of Camp Nawakwa and of the trails.

As individual members and as a club, we all need renewal and updating from time to time. Our Bylaws needed to be updated to take into account that we live in the computer age (see the Bylaws and the ballot in this issue of the Trail Marker). A new Handbook for Hosting is being worked on to aid old and new members on the skills of hosting weekends. We need reminders and updates about Park regulations (so, for example, we have our new Waterfront Regulations sign). There are new signs around camp that add life and reminders to everyone (for



example, to register if using one of the tent platforms) and that let any people hiking down our road know that they are in the area of Camp Nawakwa. Updating how we sponsor new Applicants is on our list for the coming year. A Policy and Procedure manual, which will be a help to having clear and consistent guidelines and practices for doing what we do and doing it well, is also in the works. And a Winter Social, to celebrate our friendship and

work together, is set for January (see the notice in this Trail Marker).

As we go forward in renewing and tending to what’s in the best interests of our Chapter, we do so with the knowledge and assurance that, for over 90 years, Camaraderie and Cooperation have been hallmarks of the New York Chapterall in the service of helping us live truly and deliberately, with our world and with one another.

–Ray Kozma, Chapter Chair

Hosted Weekends: October 2015

(visit www.adkny.org for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair:

Janet Sibarium (212) 254 0738
Email: jansib@mindspring.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117
maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

Columbus Day weekend, October 10th, 11th and 12th.

Hosted by Derek Lomer with co-host Cathy Maguire. This will be a three day hosted weekend with six hosted meals planned. Saturday dinner; a fall harvest treat by Cathy Maguire. Sunday dinner; spicy Bangladeshi cuisine by Tamanna Muheemi. Also breakfast and trail lunch for Sunday and Monday. There will be a camp fire with smores and lots of families with children. Please register by email to Derek at dereklomer@gmail.com by Thursday, 9pm, Oct 8th. Please state how many in your party, what meals you will be having and whether you are vegetarian and other dietary restrictions. Please also indicate if you are looking to sleep in a cabin or use a tent platform. This is a well attended weekend and the host will assign cabin spots to maximize use and avoid disappointment.

October 17 – 18 • Fall Wood/Work Weekend

Healthy tasty meals to nourish all volunteers with easy dinner prep & clean-up guaranteed! Please indicate if you are coming just for the day or staying for dinner and/or overnight. Complementary lunch for volunteers will be provided by the NY Chapter. Please specify which meals and if you are vegetarian. Reminder all day fees are waived for volunteers and you only pay for Saturday dinner and Sunday meals.

Please register by Wednesday, October 14th @ 9:00 p.m.

Lunch Co-Hosts: Maryann & Mike Poris

Dinner & Overnight Co-hosts: Janet Sibarium (registrar) & Everod Carter

jansib@mindspring.com or tel # 212 – 254-0738

October 31 – November 1 • Annual Hallowe'en Weekend

No tricks! Please join Kim and Giacomo for a ghoulishly good time at camp. After breakfast on Sunday we will lead a maintenance hike on the White Bar. Bring water, and, if you can, clippers and work gloves. Leaders will bring treats for the trail. Qualifying. Please register by 9:00 p.m. on Thursday the 29th and let us know if you're a vegetarian.

Co-Hosts/Leaders: Kim Waldhauer & Giacomo Servetti
gservetti08@gmail.com or call 845-947-0054

Seeking Thanksgiving Co-Hosts!!

Contact Janet if interested: jansib@mindspring.com
or tel # 212 – 254-0738

Hikes: October–December 2015

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison

718-625-2182

gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:

<http://www.nynjtc.org/content/scheduled-hikes>

<http://www.hudsonhikers.org/schedules.html>

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, October 10 • Lake Stahahe Circular “B”

From Southfields we will cross the NY Thruway on the white trail and hike around the Lake with visit to Stahahe High Peak and spectacular views. Moderate pace 5 miles.

Qualifying. Leader Ron Engasser 631-289-5375 CALL for details usron@juno.com

Saturday, October 24 • Trail Clearing

This qualifying work day / hike includes clearing of brush from the triangle trail. Bring your hedge clippers or use our tools. Bring water and lunch. Register with the leader by 8:30 PM on Friday October 23. No calls after 8:30 please.

Leader: Noel Schulz, tel 201-445-6445 or

noelschulz@verizon.net

Saturday, November 28 • Trail Clearing on the RD Trail

The trail clearing will involve all or part of the five-mile section of the RD Trail from Tuxedo to Route 106. Bus riders take the 8:30 a.m. Coach Shortline at the Port Authority, 4th floor. Leader will be on the bus. Bring work gloves. All participants call leader regarding arrangements. Qualifying.

Leader: John Lipsett (b) 212-867-8280 (h) 212-864-6109

November 7–8 • Beginners Backpack

An overnight backpacking trip, aimed especially at beginners, is planned for the weekend of November 7th-8th in Harriman Park. We will hike and camp at one of the shelters in the Park. Depending on the number of people and the availability of cars, we will: a) If we leave from camp we will hike to Big Hill shelter; or b) if transportation is available, we could park at Bear Mountain and hike to the West Mountain shelter.

Please register for this event by November 1st. A detailed list of the equipment each one would need will be sent to those who register. The actual hiking is about four – five miles one way. Limited to seven participants. Qualifying. Any questions, please call leader.

Leader: Ray Kozma; Tel: 917-406-3782;

Email: rmk129koz@aol.com

Sunday, December 6 • Manhattan Walk

Hike from Penn Station to High Line Park, Washington Square Park, China Town, Brooklyn Bridge, Freedom Tower. Brunch at Fraunce's Tavern. Call Ron Engasser 631-289-5375

usron@juno.com

Edward Brophy, 77, left this world abruptly when a bus struck him while riding his bicycle on August 16, 2015. A Nawakwan key holder for more than 25 years, Ed retired from the NYPD as a sergeant. During his final years with the NYPD, Ed earned his master's degree in literature and began to pursue his true passions: art and music. Ed was a resident of Congers and an active member of the Unitarian Universalist Congregation of Rockland. Ed's sudden death sparked a flurry of memories and tributes via e-mail. Within a day of his passing, I received over 50 e-mails from members, reminiscing about his artistic talents, including music nights at Camp Nawakwa and his sense of humor. He will be missed.

Here are a few excerpts of the memories...

– Janet Sibarium



Photo by Glen Nison

Memories of Ed Brophy (1937 - 2015)

Ed Brophy played wicked harmonica and fair guitar, and we had a lot of fun faking our way through songs we both knew or one knew while the other faked it. We had a grand time on Saturday nights with everyone singing along. I distinctly remember one night when we ended every song with “cha cha cha”. We had a great time together. I'm not sure how to mourn him without my friends from Camp.

– Kim King (Nawakwan Veteran Kim King resides in California.)

Before Nawakwa, I met Ed when we both painted in Orangeburgh at League of Our Own shared artists' studio...Ed didn't introduce me to Nawakwa; I somehow mentioned to him while painting in the art studio that I had recently joined a Harriman hiker's lodge called Nawakwa, and he then mentioned that he was a member also, or I ran into Ed at Nawakwa by surprise, after first meeting him at the art studio, I can't recall which. He was a very vibrant 77. I always looked forward to running into him up at the lodge...He always made some kind of funny yet wry observation.

– Despina Metaxatos

Although the phrase, “They don't make 'em like that anymore,” is overused these days, in the case of Ed Brophy, it was entirely true. Brought up in the rough and tumble streets of New York in the 1940s, he joined the police force not so much for the salary or the uniform, but because, he once told me, “Those SOBs were tougher than anyone else on the streets. I wanted to be just as tough as they were.” But beneath that rough, intimidating exterior was a man who was also endlessly curious, spirited and creative. Many of us remember his music nights when he would play the guitar or encourage others to play their instruments and sing. Several of his energetic and skillful paintings grace the main cabin. Moreover, he loved a good joke whether it was clean or otherwise, and he laughed freely and often. I will miss that hearty laughter and his mischievous grin.

– Alex Wilkie

ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma Email: ray@adkny.org
Vice-Chair: Steve Barre Email: vicechairman@adkny.org
Secretary: Janet Sibarium Email: secretary@adkny.org
Treasurer: Suzanne Rocheleau Email: srocheleau@cantor.com
Director: Mary Hilley Email: mary@adkny.org
Director: Lisa North Email: lisa@adkny.org
Director: Giacomo Servetti Email: giacomoadkny.org
Director: Kim Waldhauer Email: kim@adkny.org
Director: William Burns Email: bill@adkny.org
Main Club Director: Mark Fedow Email: parentclubdirector@adkny.org
Membership Chair: Jerry Flower Email: jerry.flower@verizon.net
Newsletter Editor: Giacomo Servetti Email: editor@adkny.org
Host Chair: Janet Sibarium Email: jansib@mindspring.com
Commissary: Maryann Poris Email: maryann@adkny.org
Hiking Chair: Glen Nison Email: gnisonbike@juno.com
Camp Chair: Kim Waldhauer Email: kim@adkny.org
Trails Chair: William Burns Email: wjburnsjr@adkny.com
Park Liason: Raymond Kozma Email: ray@adkny.org
Conservation/Education: Don Gabel Email: blaugabels@msn.com
Archives: Ellen King Email: ellen_king13@msn.com
Webmaster: Giacomo Servetti Email: webmaster@adkny.org

The editor encourages all members to contribute articles and photos to be used in the Trail Marker and on our website.

Please email to editor@adkny.org

Deadlines for submission to the newsletter are:

January–March – Deadline: December 18

April–May – Deadline: March 14

June–July – Deadline: May 16

August–September – Deadline: July 15

Welcome, New Applicants!

Dan Gittelman
Marla Joel
Angela Johnson
Karen Lichtig
Eve Mancuso
Satya Pradhuman
Martin Puchta
Nikki Shuler

Welcome, New Keyholder!

Martin McDonald

Leave a Legacy

New York Chapter members might want to consider Planned Giving as way to help the Chapter and Camp Nawakwa. Planned Giving entails that a Bequest be made in one's Will or Living Trust designating the Chapter (Legal Name: The New York Chapter, Inc. of the Adirondack Mountain Club, Inc.) as the beneficiary. Each donor's gift enhances our ability to provide for current and future needs and ensures that others after us may enjoy the experience that we now treasure. For any questions, please speak to your Attorney or contact the Chapter Chair, Ray Kozma, by email: rmk129koz@aol.com or by telephone: 917-406-3782. All inquiries will be held in confidence.

Special Notice

The Board has voted to eliminate the Commissary Fee and to revise the Camp Fee amounts. Effective January 1, 2016, Camp Fees will be: \$15 for each adult per day; \$10 (for 17 years and under) per day. The Annual Passport (for Key-holders) is also being raised and will now cost \$150 per person.

Eliminating the Commissary (non-food items) Fee will make the bookkeeping chores easier for hosts. Commissary expenses will now come from the general camp revenue, thus distributing the expenses of commissary items more equitably among all campers (mid-week as well as weekend users) since all make use of the non-food items at camp.

For a number of years, Camp Nawakwa has run at a deficit. The raise in Camp and Passport fees should now produce sufficient income to cover more easily the cost of running camp throughout the year.

Save the Date!

New York Chapter-ADK Winter Social

Date: Saturday, January 23rd, 2016

Place: TBA

Cost: TBA

Payment and registration deadline: Saturday, January 16, 2016

Look for complete details in the next issue of the Trail Marker or online at www.adkny.org

Saturday September 19, Harriman Park Triangle – Dunderberg – Blue Disk – Tuxedo Approx. 6 miles; B+ hike
 Seven of us enjoyed this beautiful late summer day hiking from the ADK Nawakwa Camp to Parker Cabin Mountain, looping back along the Ramapo-Dunderberg trail and the Tuxedo-Mount Ivy trail for a total of 6+ miles.
 Discussions were varied, ranging from iron mining in the Harriman and Sterling Forest area, to geological features left from the last glaciations, to Ravel's waltz composition, combining healthy physical activity with enriching conversations!
 – JeanClaude Fouere



Camp Grounds Maintenance Committee

We are forming a new committee, the Camp Grounds Maintenance Committee, that will be tasked with keeping all the pathways, cabin areas, and other points of travel around Camp Nawakwa cut and maintained on a regular basis.
 Noel Schulz has agreed to become the Chairperson of this new committee.

Although we do a wonderful job with the official Work Days each Spring and Fall, and even though individual members periodically volunteer their time and effort to keep the grass from getting too high, nonetheless the grass and the weeds grow continuously. The Board has decided that the work of an on-going, permanent committee, would best address our need for camp grounds maintenance.

We also have an on-going concern about ticks at camp. The systematic and regular mowing of grass, cutting and clearing of weeds, and raking of leaves will go a long way to reducing the habitat for ticks. A well-maintained camp area will also minimize the chance of campers coming into contact with ticks. [Other ways to protect yourself from ticks are to use a Deet-based product on your person and a Permethrin-based product on clothing and camp-gear, as well as check yourselves for any ticks after being at camp].

Noel needs a committee to help him with this new task. Those who are interested in helping, and who can commit themselves to being part of this new committee, are asked to get in touch with Noel. His e-mail is: noelschulz@verizon.com; Telephone is: 201-445-6445. Noel, working with Kim Waldhauer, our Camp Chair, will organize and schedule the needed work.

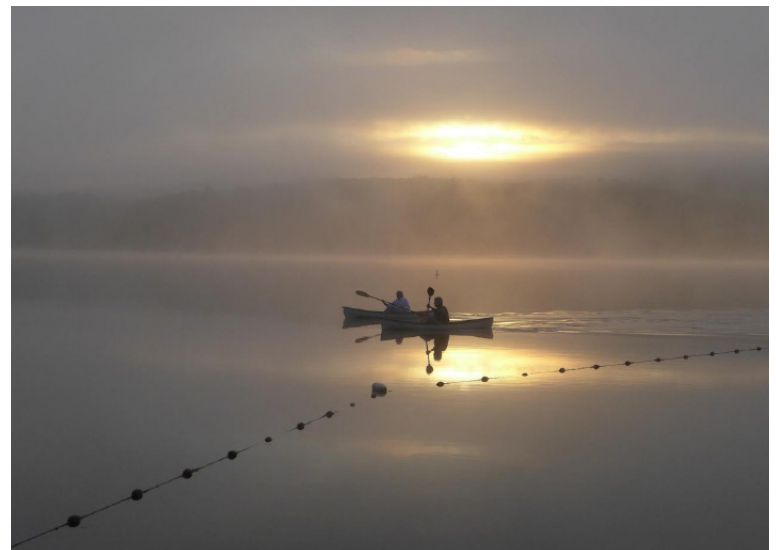


Photo by Glen Nison

New York Chapter Elections Ballot

Included on the ballot (*editor's note: see page 15 of this newsletter*) for this year's elections are some changes to our Bylaws. The Bylaws are not so much revised as updated to make them more: a) internally consistent in language and in practice; b) reflect the fact that we now have computers and notify members through our website and electronic publication of our Trail Marker. Those members who do not use computers may sign up for a hard copy of the Trail Marker to be mailed to them (at an additional cost to cover printing and mailing). The only other addition (in Article IX; Section 7) is mention of a Compliance Officer. This is done at the suggestion of Neil Woodworth from the Main Club so that we may be in full compliance with the New York State Non-Profit Revitalization Act that took effect this year. **All the changes to the Bylaws are in Blue type.** (*editor's note: See pages 6-14 of this newsletter*).

BYLAWS
of the
NEW YORK CHAPTER, INC.
of the
ADIRONDACK MOUNTAIN CLUB, INC
(2015)

ARTICLE I: NAME

The name of this organization is: New York Chapter, Inc. of the Adirondack Mountain Club, Inc. ("Corporation").

ARTICLE II: OBJECTIVES

The objectives of the Corporation are to support the work and activities of the Adirondack Mountain Club, Inc. ("Club") and like-minded organizations; to promote and engage in outdoor, educational and recreational activities, such as hiking, camping, skiing and trail clearance; to support conservation and environmental programs and goals; to operate the New York Chapter of the Club ("Chapter") and a camp in the New York City metropolitan area ("Camp Nawakwa").

ARTICLE III: MEMBERSHIP

Section 1. The Corporation has two classifications of membership:

1. Chapter Membership
 - a) Family: Maximum of any two adults, 18 years or older, at the same domicile, each of whom shall be a voting member of the Club and vote on issues which pertain to Chapter business only.
 - b) Individual: 18 years of age or older who shall be a voting member of the Club and vote on issues which pertain to Chapter business only.
 - c) Affiliates: ADK Club members who have chosen another as their main Chapter, but who wish to associate with the New York Chapter and participate in its Chapter activities. Affiliates pay an Affiliate fee as determined by the Board.
1. Camp Nawakwa Member ("Nawakwan")
 - a) Individual: 18 years of age or older who shall be a voting member of the Club and vote on issues which pertain to Chapter and to Corporation business. This classification of member has completed the Qualifying, Orientation and Safety Activities and has been approved by a majority of the Board of Directors ("BOD") present.

Section 2. To be admitted as a member of the Chapter a person must:

1. Submit a written Application Form to the Club.
2. Pay the applicable Club dues.
3. Select the New York Chapter as his or her preference.

Section 3. Becoming a Camp Nawakwa Member may be attained by one of the following ways:

1. By selecting the New York Chapter when signing up for Club Membership, paying the Club annual dues, submitting a Camp Nawakwa Application Form and paying the Application Fee, successfully completing the Qualifying, Orientation and Safety Activities, and being voted in by the BOD.
2. By filling out a Camp Nawakwa Application Form, paying the Application Fee, successfully completing the Qualifying, Orientation and Safety Activities, being voted in by the BOD and paying the Club annual dues as a New York Chapter Member or Affiliate.
3. Both categories above are known as "Applicants" and neither are granted Nawakwan rights nor unlimited Camp Nawakwa access until successfully completing the Qualifying, Orientation and Safety Activities and being voted in by the BOD. Applicants may participate in the number of registered Camp Nawakwa activities as determined by the BOD.
4. Qualifying, Orientation and Safety Activities: An Applicant will need to complete successfully the Qualifying, Orientation and Safety Activities in order to become familiar with Camp procedures, safety issues and Palisades Interstate Park regulations. All these activities must be completed prior to being granted access to Camp Nawakwa at other than registered events. The current Qualifying, Orientation and Safety Activities and their

details, as determined by the BOD, are published in the Policies and Procedure Manual and annually in the *Trail Marker* and on the Chapter website.

5. The BOD reserves the right to grant or deny requests for extensions of Applicant status.

2015 Bylaws of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc.

Section 4.

1. Chapter members are granted all rights and privileges of the Club.
2. Membership in the Chapter does not automatically entitle a member to the use of Nawakwa facilities. The BOD shall have the power to determine requirements and/or activities for Camp access.
3. Nawakwans are Chapter members or Affiliate members who have paid the Application fee and also completed [Qualifying](#), Orientation and Safety activities as determined by the BOD. Upon majority vote of the BOD present, and payment of applicable dues, an Applicant will be admitted to membership as a Nawakwan.
4. In addition to the rights and privileges of the Club, Nawakwans shall enjoy the right of access to Camp and its activities. Only Nawakwans shall enjoy the right to vote on issues related to Camp Nawakwa.
5. By a two-thirds vote of the BOD present, the BOD shall determine the [Qualifying](#), Orientation and Safety activities.
6. By a two-thirds vote of the BOD present, the BOD shall have the power to implement the [Qualifying](#), Orientation and Safety activities, if any, which are requirements for access to Camp.
7. The BOD shall circulate such changes in the *Trail Marker* and on the Chapter website in a timely manner.

Section 5.

1. Persons who are members in good standing of the other Club Chapters may apply for Affiliate membership in the New York Chapter. The BOD shall determine the amount of Affiliate dues.
2. Members of the New York Chapter may be transferred to the Affiliate list by officially notifying the Club of their enrollment as members of another Chapter. Affiliate members of the Chapter may be transferred to the Chapter membership list by officially notifying the Club of their desire to be so transferred.
3. Members of the New York Chapter may apply for Affiliate membership in any other Chapter accepting Affiliate members without altering their status as New York Chapter members.

Section 6.

Termination of Club membership terminates membership in the Chapter and in the Corporation, including Camp Nawakwa. In accordance with Club policy, a person who fails to pay membership fees and dues is no longer a member and also loses all rights of membership including Camp access privileges.

Section 7.

By a vote of two-thirds of the full BOD, a member may be temporarily suspended from the Chapter and/or Corporation membership or expelled from the Chapter and/or Corporation membership for violation of the Bylaws of the Corporation and/or the Club or for conduct prejudicial to the best interests of the Chapter or Corporation as determined by the BOD, provided charges in writing are proffered against such members, a copy thereof served upon such member, and an opportunity afforded such member for a hearing before the BOD.

Section 8.

Guests: Nawakwans may bring guests to a limited number of activities and outings. The number is determined by the BOD.

Section 9.

No person shall be denied membership in the Corporation of the Chapter by reason of race, color, religion, gender, sexual orientation, or national origin.

2015 Bylaws of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc

ARTICLE IV: OFFICERS

Section 1.

The Officers of the Corporation shall be: Chair, Vice-Chair, Secretary and Treasurer. All Directors and Officers must be Nawakwans. Only Directors and Officers may vote at Board meetings.

Section 2.

The duties of the officers shall include, but not be limited to, the following:

The Chair shall be the Executive Officer of the Corporation and shall preside at all meetings of the Corporation and of the Board of Directors. The Chair, by and with the consent of the majority of the Board of Directors present, shall appoint and remove committees and committee leaders as shall be necessary for the efficient administration of the Corporation.

The Vice-Chair shall assume the duties of the Chair in the event of absence, resignation, death or disability of the latter.

The Secretary shall keep the minutes of all meetings of the Corporation and of the Board of Directors, attend to the correspondence of the Corporation, and be responsible for the Chapter and Nawakwan membership roster. The Secretary's records shall be available for inspection of the Auditing Committee and Board of Directors. When directed to do so by the Board of Directors, the Secretary shall furnish copies of any resolutions and transcripts of the minutes of the Board of Directors of the Corporation and the Chapter, duly certify under his/her hand, to such persons as may be designated by the Board of Directors. The Secretary shall conform and update the Bylaws as a result of changes from Referendums.

The Treasurer shall keep reasonably complete books of account, which shall be available for inspection by the Auditing Committee and the Board of Directors. The Treasurer shall be the custodian of all monies and assets of the Chapter and the Corporation, as well as of all securities, insurance policies, leases and other instruments of the Chapter and the Corporation, which shall be kept in a safe deposit vault to be selected by the Board of Directors. In the event of the absence or disability of the Treasurer, the Board of Directors shall appoint someone to act as temporary custodian of all monies, securities, insurance policies, leases and of the instruments of the Chapter and the Corporation, who shall have access to the safe deposit box and who shall be bonded in like manner as the Treasurer.

All checks, drafts and other evidence of withdrawal of funds drawn on Chapter or Corporation funds shall be signed by the Treasurer, or, in the event of the Treasurer's absence or disability, [by one other of the two Signatories who have been so authorized by the Board](#). Any member, officer, director or committee collecting Chapter or Corporation funds shall remit them to the Treasurer promptly.

At each regular meeting of the Board of Directors, the Treasurer shall present a statement of cash receipts and disbursements for the period from the first of the fiscal year to the end of the month preceding the month during which such meeting is held. A balance sheet, income statement and such other financial statements may be rendered as deemed appropriate.

ARTICLE V: BOARD OF DIRECTORS AND STANDING COMMITTEES

Section 1.

The Board of Directors of the Corporation shall consist of the four officers and [six](#)

directors ([seven directors if there are two Club Directors at any time](#)). A majority of the Board shall constitute a quorum.

2015 Bylaws of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc

Section 2.

The Board of Directors shall have final authority over Chapter and Corporation finances, including budgets and approval of reasonable expenditures, not to exceed \$10,000.00; approve the formation or dissolution of committees; make rules with respect to the Corporation's property and camp; provide for the bonding of the Treasurer; authorize any audits of the Corporation's books; and act for the Corporation's interest in any way consistent with these Bylaws.

Section 3.

In the event that Acts of God, including, but not limited to, fire, storms, or blizzards, threaten to cause permanent and irreparable damage to Camp Nawakwa real property if immediate repairs were not promptly performed, the BOD shall have authority to approve any expenditures necessary to prevent permanent destruction or irreparable damage to Camp Nawakwa real property.

Section 4.

The Board of Directors shall call at least six meetings per year. Special meetings may be called by the Chair upon giving five calendar days' notice to each Board members. All regular and special meetings shall be held in Manhattan, New York City, unless a majority of the Board decides otherwise. [Some meetings may be held by teleconference](#). The Board, by two-thirds consent, may vote by mail, [e-mail](#), or telephone on certain issues that may require resolution between meetings of the Board.

Section 5.

The Club Director(s), formerly known as Governor(s), shall be the main liaison between the Chapter and the Club. [All Club Directors shall be voting members of the Board of Directors.](#)

Section 6.

A member of the Board of Directors may be a member of or chair any committee. Committee Chairs are [invited and encouraged to attend all meetings of the Board.](#)

Section 7.

Standing Committees:

The following committees are deemed "standing committees" which are representative of the core programs and activities of the [Corporation](#). Additional standing committees or their abolishment must be approved by a majority vote of the BOD after study and evaluation by the Bylaws Committee, if any. The initial mission, scope, charter and composition of each such committee shall be established by the BOD. The Chair of each such committee may also present recommendations for changes or additions to the scope of each such committee.

Nominating Committee
Membership Committee
Camp Nawakwa Committee
Education and Conservation Committee
Trails Committee
[Hikes and Outings Committee](#)
[Archives Committee](#)
[Audit Committee](#)

ARTICLE VI: ELECTIONS

Section 1.

The Officers and Directors of the Corporation and Club Directors and their alternates shall be elected as follows:

By the July meeting the Board of Directors shall appoint a Nominating Committee (of three people) and Election Tellers (chief teller and two assistants), none of whom shall be a member of the Board. The *Trail Marker* which includes August shall contain a nominating form. The committee must receive the completed form by September 1st. The Nominating Committee shall select one or more candidates for each office to be filled, including any candidate nominated by petition by more than five percent of Chapter members. No member of the Nominating Committee shall be designated to serve as a candidate for any office. The list of candidates to be voted on shall be published in the October *Trail Marker*, and the election to be completed by November 1st. The results of the election will be published on the Chapter's website and posted in the next *Trail Marker*.

Section 2.

The terms of Officers and Directors shall be two years. Terms of all Officers and Directors shall begin on January 1st. Officers and Directors shall be eligible for re-election.

The number and term of office of the Club Directors and alternates elected by the Chapter shall be in accordance with the Bylaws of the Club. A Chapter may elect up to two alternates for each Club Director allowed. Alternates may also be elected officers of the Chapter. Whenever a Chapter's Club Director is unable to attend a meeting, the elected alternate may attend in his or her stead.

In the event of the resignation or death of a two-year member of the Board of Directors prior to the mailing of the ballots for an annual election with one year of the term remaining, the Nominating Committee shall place on the ballot the name of a new nominee as successor to such member of the Board of Directors to serve for one year. In the event of the resignation or death of a two-year term member after the mailing of the ballots for the annual election with one year of the term remaining, the Board of Directors shall elect a successor to serve for the unexpired term.

Unless excused by the Chair or by the Board of Directors, absence of any Officer or Director for three successive regular meetings of the Board of Directors shall be deemed a resignation and the office declared vacant. A successor shall be appointed in the manner above specified.

ARTICLE VII: REFERENDUM

Section 1.

Notice of any Board of Directors' resolution with respect to (a) any extraordinary expenditure, or (b) any special assessment against Nawakwans shall be mailed/mailed to them within thirty days of passage.

If within four weeks of mailing such notice, a petition signed by five percent of Nawakwans (and/or Chapter members on non-Camp Nawakwa matters) is received by the Secretary requesting a referendum on any such resolution, the Board of Directors shall order a poll of Nawakwans (or Chapter members, if applicable). Ballots for such a poll shall be sent within two weeks after the regular Board meeting directly following receipt of the petition by the Secretary. If a majority of Nawakwans (or Chapter members, if applicable) who voted approves the resolution, the resolution becomes effective. If no petition is received within that four-week period, the BOD resolution shall be in full force and effect.

2015 Bylaws of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc

Section 2.

Five percent of the Nawakwans (and/or Chapter members on non-Camp Nawakwa matters) may, at any time, petition the Board of Directors to pass a resolution, which resolution shall be set out in full in the petition. Such petition shall be sent to the Secretary. If such a resolution is passed by the Board of Directors at its regular meeting following the receipt of the petition, it shall be subject to referendum in the usual way. If such a resolution is not passed by the Board of Directors at its regular meeting directly following the receipt of the petition, the Board must submit the same within two weeks thereafter to a referendum of the applicable members. If a majority of at least ten percent of the total Nawakwans (or Chapter members on non-Camp Nawakwa matters) votes in favor of the resolution, it shall be in full force and effect.

Section 3

All resolutions affecting the Bylaws of the Chapter and the Corporation shall be referred to the Bylaws Committee, if any, for study and evaluation.

Section 4

Notice of referendum results shall be given to the members as soon as practicable and will be included in the next issue of the Trail Marker [and published on the Chapter website](#).

ARTICLE VIII: MEETINGS

Section 1.

There shall be an Annual Meeting of the membership each and every year in accordance with Chapter 35 of the Consolidated Laws of New York "Not- for-Profit Corporation Law."

Section 2.

The Board of Directors shall set the date, time and place of such a meeting.

Section 3.

Special meetings of the membership may be called by the Chair upon at least two weeks notice by mail/[email](#) to all members. Special membership meetings may be called by a majority of the voting members of the Board upon at least a two week notice by mail/[email](#) to all members. Special membership meetings may be called by a petition containing signatures of at least 10% of the Nawakwans in good standing; such meeting to take place within three weeks from the date of the petition. A quorum, as defined below, must be present in both regular and special membership meetings, except that an annual or special meeting called and adjourned because of lack of quorum, shall take place within the next two weeks with at least ten Nawakwans in good standing present.

Section 4.

The order and conduct of the Board of Directors and Committee meetings shall be governed by Robert's Rules of Order.

Section 5.

All actions at any membership or Board meetings shall be by motion or resolution, reduced to writing and duly moved and seconded. The disposition of such motions or resolutions shall be in accordance with Robert's Rules of Order.

Section 6.

A quorum for the transaction of business at any annual or special meeting of the membership shall consist of ten percent of the total Nawakwans, except as provided in Section 3.

2015 Bylaws of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc

ARTICLE IX: FINANCES

Section 1.

The Chapter fiscal (accounting) year is the calendar year.

Section 2.

The finances of the Chapter and Corporation shall be classified into general funds and funds created for specific purposes. The accounts shall be kept in such a way as to reflect fairly the income and expenses. Additional funds for specific purposes may be created when deemed necessary or desirable by resolution of the Board of Directors, which resolutions shall be subject to referendum as provided in Article VII.

Section 3.

Appropriation from one fund to another fund shall be made only by resolution of the Board of Directors.

Section 4.

The surplus funds of the Corporation may be invested only in such securities as may be legal for investment by savings banks in the State of New York.

Section 5.

The Treasurer shall be bonded in an amount determined by the BOD from time to time.

Section 6.

In the event that no member can be found for this position, the BOD can vote to pay a non-member, preferably a CPA or an experienced accountant or bookkeeper, to fulfill this role. In such a case, the Treasurer would not be a member of the BOD.

Section 7.

The Audit Committee, consisting of a member or members who do not hold any Chapter or Corporation office, shall be appointed by the Bod to serve for the fiscal year. The Committee shall perform an annual compilation, review or audit (of assets, liabilities, income and expenses) with recommendations concerning Corporation finances to the Board. The Committee shall submit a written report to the Board. [A member of the Audit Committee shall be the Compliance Officer.](#)

ARTICLE X: PROPERTY

Title to all real and personal property of the Corporation shall be vested in the New York Chapter,

Inc., of the Adirondack Mountain Club, Inc. Deeds, conveyances and leases which have been authorized by the Chapter and the Corporation and all contracts and other instruments which have been authorized by the Corporation or by the Board of Directors, subject to the provisions of Article VII of these Bylaws, shall be signed by the Chair of the Board of Directors and countersigned by the Treasurer.

2015 Bylaws of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc

ARTICLE XI: AMENDMENTS

Section 1.

The text of any proposed amendments to the Articles of Incorporation or to the Bylaws shall be referred to the Bylaws Committee, if any, for study, evaluation, action and referral to the Board. All actions by the Bylaws Committee, if any, are reviewable by the Board. The Board must approve any proposed amendments to the Bylaws or to the Articles of Incorporation by a two-thirds majority. All approved changes must be submitted to a vote by Nawakwans at a duly called meeting or by the use of the mails and will become effective immediately after approval by the majority of Nawakwans voting provided that at least 10% of the members voted.

Section 2.

Nawakwans reserve and retain the right to amend or repeal the existing Bylaws or to enact new Bylaws.

ARTICLE XII: MISCELLANEOUS

Section 1.

Publication in the *Trail Marker* and/or on the [Chapter website](#) shall be considered official notice to members.

Section 2.

The Club Chapter, operating under the Corporation, shall abide by the Article of Incorporation and the Bylaws of the Club insofar as they relate to Chapter operating matters as distinguished from Corporate matters; the latter being exclusive province of the Corporation, including but not limited to the classes of members the Corporation shall have.

ARTICLE XIII: TRANSITION

These Bylaws shall take effect on December 1, 2015 upon approval of the voting membership, at which time the prior Bylaws of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. shall be of no further force and effect. All Officers and Directors shall remain in office as of said effective date until the expiration of their current terms.

NEW YORK CHAPTER ADK BALLOT

VOTE FOR ONE CANDIDATE FOR EACH POSITION:

SECRETARY – 2 Year Term Ending December 31, 2017

Janet Sibarium

Write-in candidate: _____

DIRECTOR

Kim Waldhauer - 2 Year Term Ending December 31, 2017

Write-in candidate: _____

Proposal: Shall the Proposal to update the ADK New York Chapter Bylaws be approved? Yes_____ No_____

Mail to:

Election Committee @
Nina Ziv
39 Plaza Street West
Apt MA
Brooklyn, NY 11217

Ballots must be received by November 5, 2015 to be valid.

Notes from Camp

by Kim Waldhauer, Camp Chair



Fearless co-hosts Russell Silverman and Giacomo Servetti provided a sumptuous feast for the September 26 Fall BBQ. Ravening keyholders waded into vegetable paté, crab cakes, sirloin, chicken, potato salad, sesame noodles, local corn and salad from the farmer's market. We grilled on Nawakwa's newest toy: an offset smoker / grill, generously donated to the club by Russell. This adds a very welcome 962 square inches of grilling area. Before dessert, and before a delighted crowd, Chapter Chair Ray Kozma presented the White Birch Award to our diligent Membership Chair, Jerry Flower. All cheered!

Our Fall Work Weekend is coming up. Good news! We have enough firewood, although some of it needs splitting. There is still plenty to do. Of course we have the usual tasks of cleaning the basement prior to boat storage, bringing in the diving dock, and cleaning all the cabins. This year we have a special, vital task. Upon urging from the Department of Health, and the Department of Common Sense, we decided that this was the year to replace the badly deteriorated stairs and porch decking. There's holes big enough to drop your camp keys right through. The stairs are done, with the exception of a mid-height side railing. The porch is half done. Carpenters? Any one else handy? Please come help me finish it. BYOKP (Bring your own knee pads.) When the porch is done, I plan to restore the painted compass on the north end. I look forward to seeing many, many of you there, full of Nawakwa spirit, bright and early on the morning of October 17th.

Kim



As I see it.

"Instructions in a lament"
or
"That Old Grill"

That old grill of ours.
It sat outside for what seemed like centuries.
Barely tipping over.
The rust pitted through and through.
Grays, blacks, browns, reds.
Twisting in the wind.
Beat up by turning vehicles.
It had its day.

That old grill of ours.
Those old stacks of ours.
Grandly tossed over the years
Not bad.
They still work.
Those old stacks of ours.

That old newspaper of ours.
Old is good.
Wet is not.
That old newspaper of ours.

Those old bags of charcoal.
Sealed is good.
Moist is not.
Use for filler after the grill has been started.
Those old bags of charcoal.

Those old gloves of ours.
Those old gloves of ours.

Alas a new day arrives.
4 new grills appear.
4 slices of aged New York Post per stack
Each slice individually crushed.
Gently packed, a must underneath the stack.
A hole is left for currents to move.
A full load of fresh Kingsfords is placed in each stack.
The stack is placed on the grill

The paper is lit.
And now we wait.
Wait for what?
For the top charcoals to appear fully white.
Once white we toss the coal into the grill.
Of course we wear those gloves or bear the brunt.
Top off with cold charcoals to a height of 4 and mix or risk a late dinner.
Wait another 10 minutes and begin cooking.
Good luck!

-Mike Poris



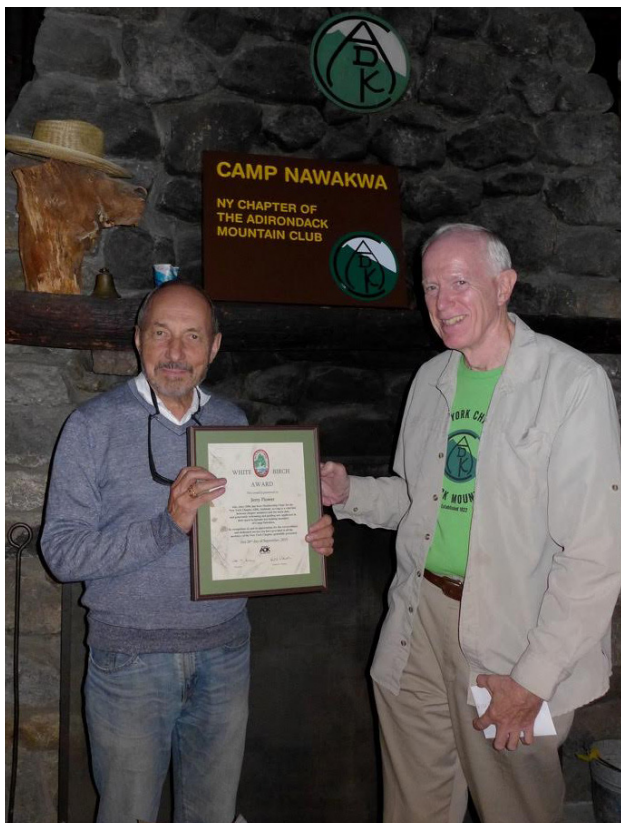
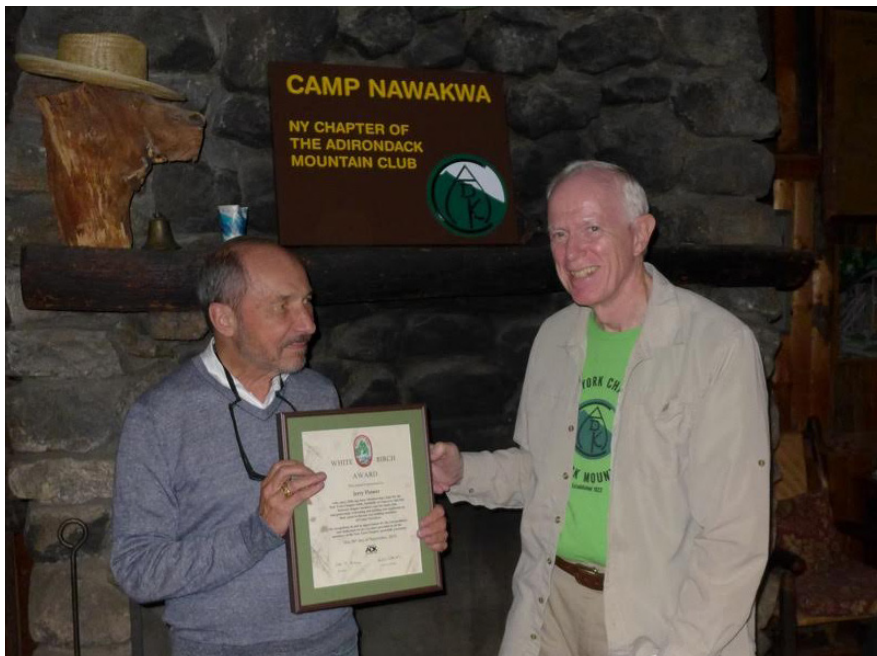
Photos by Glen Nison

White Birch Award Presented to Jerry Flower

At our Annual Fall Barbecue on September 26th, Jerry Flower, our Membership Chair, was presented with the ADK White Birch Award (see inscription below). Jerry joined the New York Chapter in 2004 and wasted no time in getting involved. By 2006 he was on the Board of Directors as Vice-Chair and also took over the Membership Committee. His term on the Board ended, but he continues to this day to be our Membership Chair. The White Birch Award was developed by the Main Club to recognize extraordinary volunteer service performed by a Chapter Member, and Jerry fulfills this admirably. The award, which also has a patch that goes with it, is signed by ADK Club President, John Gilewicz, and ADK Executive Director, Neil Woodworth. Congratulations, Jerry, and Thank You!

This White Birch Award is presented to Jerry Flower who, since 2006, has been Membership Chair for the New York Chapter-ADK, Faithfully serving as a vital link between Chapter members and the Main Club, and Generously welcoming and Guiding new Applicants in their quest to become Key-holding members of Camp Nawakwa.

In recognition of, and in appreciation for, the extraordinary and dedicated service you have provided to all the members of the New York Chapter, gratefully presented this day, September 26, 2015.

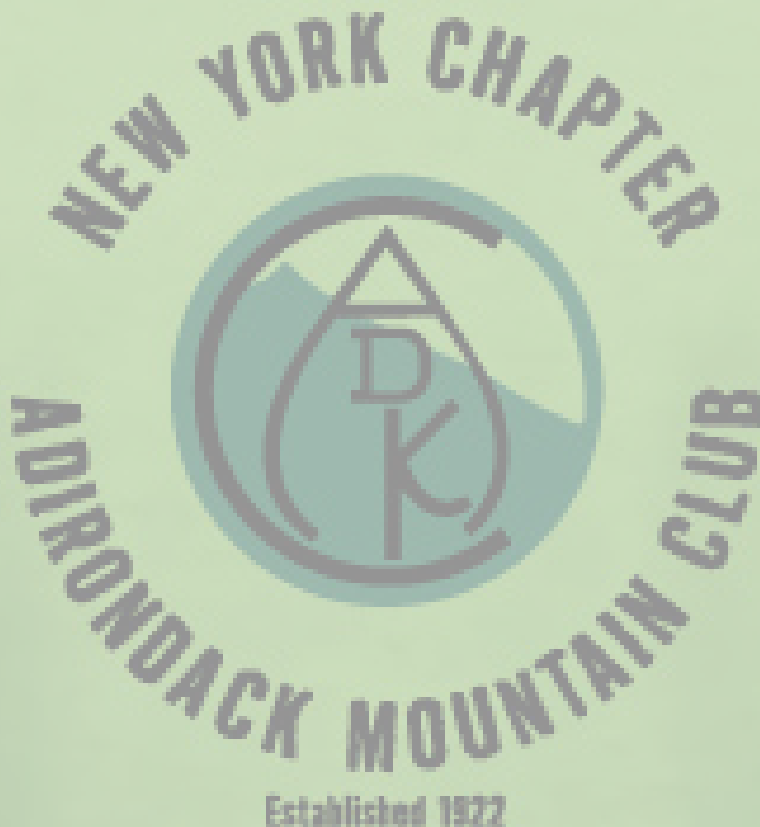


Camp Nawakwa T-Shirts

All hand-silkscreened.

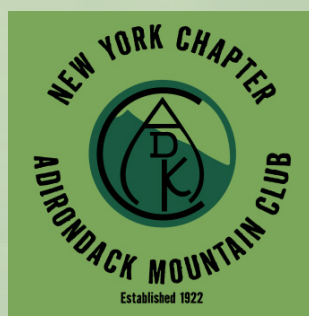
Shirts are available in Small, Medium, Large and XL

Show your support for the New York Chapter and wear it with pride!



There are 3 types to choose from:

- Jerzees 50/50 Cotton/Polyester T-shirt \$18.00
- Next Level 60/40 Cotton/Polyester V-Neck T-shirt \$20.00
- Hanes Cool Dri Moisture-Wicking Athletic Shirt \$22.00



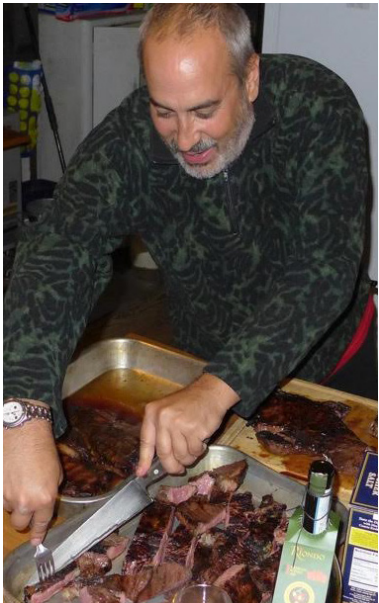
Front detail



Back detail

Design by Giacomo Servetti

The 2015 Annual Fall BBQ





For Warren Fairbrook, and all our Veterans on Veteran’s Day

Because Nawakwa is a such a tranquil place, we tend to forget that the world intrudes sometimes whether we like it or not. Warren was a casualty of World War II. An April 1945 issue reported the sad news of Warren’s being killed in action.

Fairbrook had served in the Pacific on the destroyer, USS O’Brien. While the ship was escorting U.S. forces during air strikes against Japan, a suicide bomber struck the ship amidships, killing Warren and nearly 50 other crew.

The editor of the Trailmarker, Selma Shultz said of his untimely death, “We sat on the float at Camp with Warren last summer while he was spending some of his precious furlough days with us. It was so good to see him flashing that quick smile we liked so well and it is hard to realize we are not to see it again. We watched him leave on that pleasant summer afternoon. Down the trail his quick moving animated ranging figure topped the rise beyond cabin one, and he was gone. Behind him he left the trail marked with good comradeship and personal courage.”

With Veterans Day coming up, and because I thought this was such a touching tribute, I figured it might be worth publishing again in honor of Warren and all the other veterans who have spent time with us at Camp and served our country too.

—Alex Wilkie



August 29 hike in Nawakwa’s Backyard

Photos courtesy Angela Johnson

The 2015 Annual Salmon Grill Weekend



Photos by Courtesy Janet Sibarium