

# THE TRAIL MARKER

October-November-December Issue 2020

Published by the *New York Chapter, Inc. of the Adirondack Mountain Club, Inc.*  
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998  
Camp Nawakwa on Lake Sebago, 845-351-4135 [www.adkny.org](http://www.adkny.org)

## Official Notice of 2020 Elections

for the Board of Directors of the New York Chapter, Inc.  
of the Adirondack Mountain Club, Inc.

To All New York Chapter Members:

This mailing, by USPS and other means, and sent out on or about September 16, 2020, serves as the Official Notice of the 2020 Election for the Board of Directors of the New York Chapter-ADK and is sent to all members. Due to the COVID-19 Pandemic, and the restrictions on the number of Members who may access camp at any given time, there will not be any in person voting. Voting will take place by Proxy. Proxies may be submitted by USPS mail, or by e mailing.

A Proxy Form is included in this mailing sent to all New York Chapter members. Pursuant to the Adirondack Mountain Club Bylaws, Family Membership is for a maximum of two eligible adults living together, so those with Family Membership will receive no more than two Proxy Forms in the mail. Additional information about how to vote via "proxy" is included on the Proxy Form.

**All USPS mail in Proxy Forms must be received no later than Friday October 16, 2020 to ensure they can be picked up at the Post Office, delivered to Camp and available to be counted. E mail votes may be submitted until 12 noon on Saturday, October 17, 2020. Counting will commence by the Tally Committee on October 17, 2020 at 1 pm.**

**Note: In sending back the Proxy Form, you are designating Eve Mancuso, Secretary of the Corporation, as the person who will act as your proxy to cast your vote.**

Tallying will take place at Camp Nawakwa and commence at 1 pm on Saturday, October 17, 2020. Both the e mail votes and USPS mail in proxies will be counted. After the accuracy and validity of all proxies are certified by the Tallying Committee, the Secretary will vote the proxy votes, and the results will be announced. As per our Bylaws, we will post the election results on our website. The results will also be published in the next Trail Marker.

The mailing address is       New York Chapter, Inc. of the Adirondack Mountain Club  
Peter Stuyvesant Post Office Station  
PO Box 327  
New York, New York 10009-9998  
OR E-mail to [evemancuso@gmail.com](mailto:evemancuso@gmail.com)

The New York Chapter Board of Directors

# ADKNY Board of Directors and Committees

Chapter Chair: Lisa North

[LisaNYChapterADK@gmail.com](mailto:LisaNYChapterADK@gmail.com)

Vice-Chair: Teri Gabel

[blaugabels@msn.com](mailto:blaugabels@msn.com)

Secretary: Eve Mancuso

[Evemancuso@gmail.com](mailto:Evemancuso@gmail.com)

Treasurer: Suzanne Rocheleau

[rocheleau3@gmail.com](mailto:rocheleau3@gmail.com)

Director: Marty McDonald

[martymcd@me.com](mailto:martymcd@me.com)

Director: Mark Fedow

[fedowf@aol.com](mailto:fedowf@aol.com)

Director: Guy Lingley

[glingley@vermacorp.com](mailto:glingley@vermacorp.com)

Director: Marty Kellerman

[mmkellerman@gmail.com](mailto:mmkellerman@gmail.com)

Director: William Burns

[wmjburnsjr@gmail.com](mailto:wmjburnsjr@gmail.com)

Director: Susanne Flower

[susanneflower@gmail.com](mailto:susanneflower@gmail.com)

Membership Committee:

Chair: Jerry Flower [jerry.flower@verizon.net](mailto:jerry.flower@verizon.net)

Members:

David Miller [snoop353@aol.com](mailto:snoop353@aol.com)

Janet Sibarium [jansib@mindspring.com](mailto:jansib@mindspring.com)

Newsletter Editor:

Raymond Kozma [raymondkozma@gmail.com](mailto:raymondkozma@gmail.com)

Host Committee:

Maryann Poris and Mary Hilley

[hostingadkny@gmail.com](mailto:hostingadkny@gmail.com)

Commissary: Maryann Poris [maporis@aol.com](mailto:maporis@aol.com)

Activities Committee:

Marty Kellerman [mmkellerman@gmail.com](mailto:mmkellerman@gmail.com)

Camp Committee:

Chair: Don Gabel [blaugabels@msn.com](mailto:blaugabels@msn.com)

Co-Chair: Bill Burns [wmjburnsjr@gmail.com](mailto:wmjburnsjr@gmail.com)

Members:

Steve Barre [sbarre9723@yahoo.com](mailto:sbarre9723@yahoo.com)

Eve Mancuso [Evemancuso@gmail.com](mailto:Evemancuso@gmail.com)

Teri Gabel [blaugabels@msn.com](mailto:blaugabels@msn.com)

Hiking Committee:

Chair: Glen Nison [gnisonbike@juno.com](mailto:gnisonbike@juno.com)

Trails Committee:

Chair: William Burns [wmjburnsjr@gmail.com](mailto:wmjburnsjr@gmail.com)

Park Liaison:

Lisa North [LisaNYChapterADK@gmail.com](mailto:LisaNYChapterADK@gmail.com)

Conservation/Education:

Chair: Ira Stahl [irastahl@yahoo.com](mailto:irastahl@yahoo.com)

Committee on the Environment

Marty Kellerman [mmkellerman@gmail.com](mailto:mmkellerman@gmail.com)

Lisa North [LisaNYChapterADK@gmail.com](mailto:LisaNYChapterADK@gmail.com)

Archives Committee:

Chair: Ellen King [ellen\\_king13@msn.com](mailto:ellen_king13@msn.com)

Webmaster:

Marty McDonald [martymcd@me.com](mailto:martymcd@me.com)

## **Problems Receiving the Trail Marker?**

See the solution to the problem as explained on page 11 of this issue.

**Change of address:** Moving? Please contact the Main Club AND the NY Chapter Membership Chair, [Jerry@adkny.org](mailto:Jerry@adkny.org), to notify us of your address change.

**Notice:** ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Secretary, the Hosting Committee or the Newsletter Editor.

**Mass-emailing the membership for any other reason is bad etiquette and is prohibited.**

Like us on Facebook!

<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!

Get updates on Nawakwa happenings on Twitter! Go to [https://twitter.com/ADK\\_NY](https://twitter.com/ADK_NY), click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

**Deadline for submissions to the next edition of the Trail Marker (January-February-March) is December 20, 2020. All submissions can be forwarded to Ray Kozma, at [raymondkozma@gmail.com](mailto:raymondkozma@gmail.com)**

# MEMBER PROXY FORM

## New York Chapter, Inc. of the Adirondack Mountain Club, Inc

A. By sending back this Proxy Form, the undersigned member of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. is hereby authorizing, Eve Mancuso, the Secretary of the Corporation, to act as his or her proxy to cast your vote for the following slate of officers and directors for 2021 and your vote on the Green Amendment proposition. This year, due to the COVID-19 Pandemic, there will be no In-Person voting. Members may submit their Proxy Form by USPS mail or by email. Tallying will take place on October 17, 2020 at 1 PM at Camp Nawakwa. USPS Mail-in Proxies must be received no later than Friday, October 16, 2020; email Proxies must be received no later than noon on October 17, 2020. This will enable the Proxies to be delivered to Camp Nawakwa to be tallied at 1 pm.

Please read Proposition Number 1 regarding the Green Amendment, below, and vote.

### Chapter Chair (Two-Year Term) (VOTE FOR ONE)

- 1. LISA NORTH
- 2. (Write – In) \_\_\_\_\_

### Treasurer (Two – Year Term) (VOTE FOR ONE)

- 1. SUZANNE ROCHELEAU
- 2. (Write – In) \_\_\_\_\_

### Director (Two – Year Term) (VOTE FOR THREE):

- 1. SUSANNE FLOWER
- 2. MARK FEDOW
- 3. ALEX WILKIE
- 4. IRA STAHL
- 5. (Write-in) \_\_\_\_\_
- 6. (Write-in) \_\_\_\_\_
- 7. (Write-in) \_\_\_\_\_

## **Proposition Number 1 - The Green Amendment (GA)**

The GA is a self-executing provision added to the Bill of Rights section of the New York State Constitution that recognizes and protects the rights of all people, including future generations, to pure water, clean air, a stable climate and a healthy environment. The GA passed in both NYS Houses in the 2018-2019 Legislative Session. It must be passed again in the 2020-2021 Session and then approved by a majority of NYS voters in a Statewide vote in the November following the 2nd Legislative Session (Nov 2021) before becoming part of the NYS Constitution.

Do you support Nawakwa's Committee on the Environment pursuing activities on behalf of the Chapter (with ADK, Delaware River Keeper Network, Environmental Advocates of New York and Green Amendments for the Generations) to help pass a New York State Green Amendment? Check Yes or No below.

Yes \_\_\_\_\_ No \_\_\_\_\_

The mailing address is

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Peter Stuyvesant Post Office Station  
PO Box 327  
New York, New York 10009-9998

OR E-mail to [evemancuso@gmail.com](mailto:evemancuso@gmail.com)

**Note: Proxy forms have been mailed to everyone through a USPS mailing. The enclosed Proxy form may also be used, if needed. Proxies must be received, by mail or other means, by noon on October 17<sup>th</sup> to be counted.**

**Proxies will be counted and voted on October 17, 2020.**

## Meet the Candidates



**Lisa North – Chapter Chair**

Hello all. I am running for re-election as the ADK NY Chapter Chair and I know the importance of sustaining Camp Nawakwa and importantly the New York Chapter (both fast approaching 100 years old growing) and of being well-funded into perpetuity. I have been an ADK Chapter member for over 10 years, on the Board of Directors for over five. years. If elected, I will work to ensure the continuity of the traditions and values of the New York Chapter and Camp Nawakwa.

I grew up in southern Maryland surrounded by nature and taught by my family to love and respect the natural environment. Having now lived most of my life in NYC and being a member of the NY Chapter of the ADK, Camp Nawakwa continues to be the backyard of my childhood. Nawakwa is an important part of my life where you can swim, boat, hike, camp, and enjoy the company of others who also enjoy nature. New York Chapter members, I encourage you to become members of Camp Nawakwa! Thank you for all the work you do.

## Meet the Candidates



**Suzanne Rocheleau, Treasurer**

Suzanne has been an active member of the New York Chapter since 2011. She is currently one of the officers of the New York Chapter Board of Directors and has been serving as Treasurer since January 2015. In addition, Suzanne has been active in hosting weekends and in joining on the Work Weekends each year.

She has been employed in Financial Services for the duration of her career. Her profession has involved a range of roles starting with Mutual Fund management, followed by Fixed Income Trading, Investment Banking and currently Investment Advisory Services.

Suzanne is an active cyclist and tennis player. She is also active on the Boards of Toastmasters, Inc. and her Northeastern University Alumni organization.

## Meet the Candidates



**Mark Fedow, Director**

I have been a member of ADK and the New York Chapter/Camp Nawakwa since the 1980's. Most of that time I have been a board member and a Main Club board member. ADK has seen some changes in that time, but what remains is the social community of hikers who are committed to the protection of our wilderness areas and our beloved camp Nawakwa.

As a main club board member, I will continue to represent our chapter in Lake George. As a long term New Yorker and downstate member, I bring experience that is valuable to support our interests.

I am a long term mountaineer and wilderness explorer. I also continue to work at REI and share my experiences with our customers. My wife and I and our beautiful dogs live in NJ.

## Meet the Candidates



Susanne Flower, Director

I have been a Nawakwa keyholder for 16 years, have hosted many weekends and holidays, edited the Trail Marker in 2006-07, served on the nominating committee and assisted in the revision of the hosting guidelines. I am running for my second term on the Board.

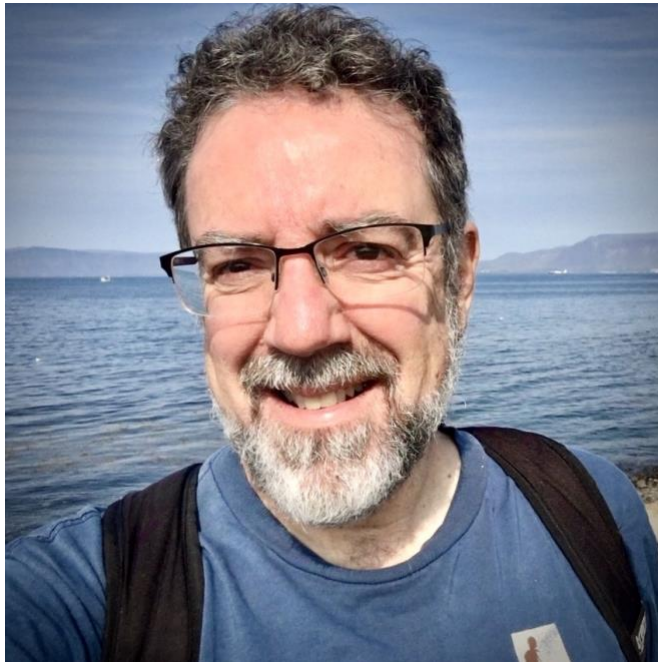
My goals as a Board member are to maintain the club's stated objectives while ensuring that we continue to grow and become an organization that is relevant to new generations of members.

To achieve these goals, I will continue to focus on our financial health, the safety and integrity of our physical facilities and policies and procedures that promote safety, inclusion and the protection of our environment.

I volunteered to run for a position on the Board in 2018 because of my belief that I have a responsibility to participate in and support organizations in which I maintain membership. That continues to be my philosophy.



## Meet the Candidates

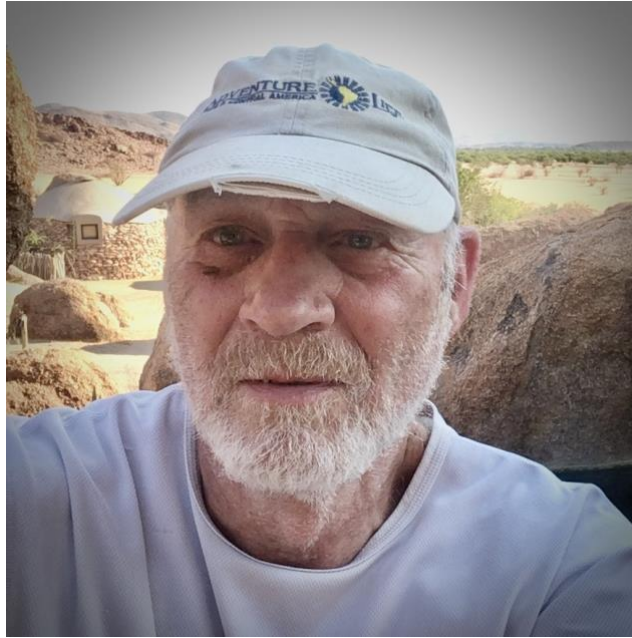


**Alex Wilke, Candidate for Director**

Alex has been coming to camp since 1958 when his parents would bring him to camp for Nawakwa barbecues. He has fond memories of family summer vacations at camp, and Thanksgiving dinners by the main fireplace.

He became a member in 1985 and served on the board in the 1990s. He loves canoeing, kayaking and mountaineering and has led many hikes for the ADK New York chapter. He lives in Moorestown, NJ, with his wife, Janet. They have two children, Gwen and Nate.

## Meet the Candidates



**Ira Stahl, Candidate for Director**

Hello everyone. I am a native New Yorker born and raised in Brooklyn, attended public schools and graduated from Brooklyn College. For 35 years I was a New York City schoolteacher and administrator working primarily with special needs students.

I have been an outdoor enthusiast my entire life, hiking, backpacking, kayaking and canoeing. I have participated in many service trips with the Sierra Club and the AMC. I have been hiking in Harriman Park for many years and only recently discovered Nawakwa.

Since joining about 5 or 6 years ago, I have participated in the spring and fall cleanup weekends, attended meetings and volunteered whenever help was needed. I am currently the Conservation Committee chairperson.

There are two main things I am focused on for Nawakwa. One is to participate in activities to improve the environmental and conservation needs of Harriman State Park and the world in general. The other is to assure that Nawakwa continues to be a place to enjoy a natural setting for relaxation, socialization and friendship, by ensuring that the physical plant is properly maintained, and that people enjoy the setting with enough rules to assure everyone's enjoyment of the camp without being overly restrictive. To fulfill these goals, we need to try to increase membership participation and proactively seek new members.

# Reports from the Open Board Meeting Held September 12, 2020 (Zoom)

## Secretary Report

During these trying times the Covid-19 pandemic has affected each and every one of us to some degree. No one has escaped the harsh reality of living in a modified “paused” world. That is why it became so very important to make every attempt at creating normalcy in our lives and striving to obtain access to our Chapter’s refuge, Camp Nawakwa. A hearty round of applause goes to Teri Gabel, Board Vice Chair, and Don Gabel, Camp Committee Chair in formulating the Restricted Access Guideline plan which was reviewed and approved by PIPC. Without this Plan, access would not have been permitted to Camp Nawakwa. A special thank you goes to all Board Members, Committee Members, Trail Marker Editor, Webmaster, Archivist, and all Chapter Members whose time, efforts and talents make our Chapter a unique and wonderful organization.

As secretary some of my responsibilities include taking meeting minutes, and handling chapter correspondence and member communication. As the club has moved towards electronic communication as a primary means of outreach, we are striving to make this a seamless process; but we need your help.

The major concerns I receive from members are: Not receiving notifications or the Trail Marker or receiving them when opting not to. In both instances the answer is the same. The emails that are distributed, as well as USPS mailings to all NY Chapter members, are sent to those addresses as provided by the ADK Main Club. To remove or revise your contact information, a member must reach out to the ADK Main Club directly.

Second solution: If you are not receiving communications, checking your spam folder is also an option – sometimes the e mails are found there.

Elections: As you know elections are coming soon, in October. You will be receiving a USPS mailed Notice and Proxy Ballot. This year, due to the COVID-19 pandemic, the Board will not entertain any in person voting. This is due to the Restricted Access Guideline in place which limits the number of people in camp at any one time, protecting the health and safety of our members and providing the greatest opportunity for all members to vote. There will be multiple ways to respond and submit your Proxy Ballot: By USPS mail to the PO Box, by scanning your completed Proxy Ballot and e mailing it to me, or by filling in the on-line Proxy Ballot found in the Members section of the website. Tallying will take place at Camp Nawakwa and the results posted on the website and in the Trail Marker.

Be safe. Respectfully submitted,  
Eve Mancuso, Secretary to the Board

## **Treasurer Report, 2020 Overview**

- 1.) The main ADK club suspended distribution of shared affiliate fees to all the Chapters as of February 2020, however we have been notified these fee distributions will resume to Chapters in October 2020.
- 2.) The 2020 rent due to PIPC from Camp Nawakwa was reduced by \$690 as we applied the cost of road gravel which was used to level out the parking area/driveway to camp.
- 3.) Although camp fees received this season have been less than typical due to the limitations of the pandemic, the NY Chapter's finances remain in good standing. Thanks to generous donations from members, we voted to invest in secure and safe vehicles. Specifically, in February 2020 we opened a 2 year CD with Apple Bank. We also have sufficient balances in our Vanguard Money Market and Chase Checking accounts.

Suzanne Rocheleau, Treasurer

## **2020 Activities Committee Report**

Due to the Coronavirus limitations, no scheduled activities for the Season were held in person. However, we were able to have three Zoom presentations. Here was the schedule as of March 2020:

- 6/27/20 \*Talk on Reptiles & Amphibians (held on Zoom)
- 7/25/20 \*Guided Nature Walk CANCELLED
- 8/1/20 Musicale/Sing-a-Long CANCELLED
- 8/15/20 \*Talk on History of Harriman State Park (held on Zoom)
- 8/29/20 \*\*Talk on Porcupines (held on Zoom)

Please contact Marty Kellerman @ [mmkellerman@gmail.com](mailto:mmkellerman@gmail.com) if you have any ideas/suggestions/comments for activities for next year.

\*Presented by MaryLynne Malone of the PIPC Regional Museum

\*\*Presented by Travis Cherry of the Bear Mountain Museum, Environmental Outreach Dept.

## **Report from Committee on the Environment (COTE)**

The COTE was involved in pursuing activities towards getting a Green Amendment passed in this year's NYS Legislative Session. Whether or not we continue working to pass a Green Amendment will be decided by a vote of all Nawakwan Keyholders. (Please note that our activities were halted by Covid-19 restrictions).

Green Amendments are self-executing provisions added to the Bill of Rights section of a Constitution that recognize and protect the rights of all people, including future generations, to pure water, clean air, a stable climate and a healthy environment.

A Green Amendment passed in both Houses in the 2018-2019 Legislative session. It must be passed again in the 2020-2021 session and then approved by a majority in a statewide vote of NYS voters before becoming part of the NYS Constitution.

An amendment to the NYS Constitution carries much more weight than a law passed by the Legislature. All the steps described above taken to approve it must be taken to overturn it.

Marty Kellerman & Lisa North, Co-Chairs

## **Event Planning Committee**

Committee: Diane Booth, Ray Kozma, Janet Sibarium, Susanne Flower, Chair

The Committee has met via Zoom to discuss plans for the 100<sup>th</sup> Anniversary Celebration of the New York Chapter of ADK in 2022. We will continue to monitor the Covid-19 situation related to having large group events.

Until there is clarity about the lifting of all restrictions, and it is possible to determine the availability of catering facilities, the Event Planning Committee is not actively planning the celebration.

Anyone who is interested in working with the Committee should notify the Chair.

Respectfully submitted

Susanne Flower,  
Chair



## Columbus Day Weekend & Fall Work Weekend

October 10 - October 11, 2020

Due to COVID-19 and the Restricted Access Guideline plan for use of Camp Nawakwa, spaces are limited. Please use the contact information listed below to register for this weekend. This is a qualifying event for Applicants.

### Contact Information for Don & Teri

Text: 914-441-9084 (Don)

845-729-9914 (Teri)

Message: 845-359-7518

Email: [blaugabels@msn.com](mailto:blaugabels@msn.com)

## HIKE SCHEDULE

### Qualifying Hike, Sunday 10/18/2020, Black Rock Mountain

This is a moderate loop hike up the Nurian trail to the Ramapo Dunderberg trail returning via the White Bar to the parking area on Kanawauke Road. The hike starts with a gradual, steady climb to the highest point of Harriman State Park at 1382 ft in elevation. Continuing on the Black Rock Mountain ridge to an open rock surface known as Whaleback, for multiple breath-taken views of the area mountains and valley. Depending on this year's Fall weather, there may still be some brilliant colors of the Fall foliage. Much of the trail is on rocky, large rock surfaces with occasional rock steps and climb. These surfaces can be slippery when wet. Consider your balance skill before signing up.

Meet 9 am at the first parking lot off Kanawauke Road/Rt106 traveling East from Rt 17 N (it's about 2-3 miles from Rt.17, first parking lot on your right). Dress in layers for the weather. Bring lunch/snack, 2+ liter of water. Sturdy footwear required. Light gloves recommended. Rain cancels. Maximum 6 hikers. RSVP by Wed 10/14/20. Leader: Stephanie Lai, [sclai2007@yahoo.com](mailto:sclai2007@yahoo.com).

### Trail Clearing and Hike - Qualifying Event

Join Ingrid and Noel for a trail clearing and hike on the triangle trail. Meet Saturday, October 3 at 10:00 sharp, in the turnaround at Nawakwa. Bring your lunch or snack and water. Nawakwa will supply the tools. To register and more information, contact Noel at [noelschulz@verizon.net](mailto:noelschulz@verizon.net) no later than Thursday October 1 at 6:00PM.

# In Memoriam



In Memory of George Garmus (1931-2020)

We received word on August 12, 2020, that long-time member George Garmus had passed away the day before. For the ADK New York Chapter, he was

Trails Chair – 1984 \* Host Chair – 1999 \* Secretary – 1995

Director – 1997- 1998 \* Outings Chair - 2000

George was a member of the NY Chapter for 40 years, serving in many leadership roles. He hosted countless weekends and spent a great deal of time at Nawakwa. It was a welcome retreat from his Manhattan life in Hell's Kitchen.

Shortly after becoming a member in 1980, he began hosting weekends. In 1988 he took on the task of having the kitchen army coal stove removed, refurbished in Pennsylvania and returned to Nawakwa. In 2000 he served on The Outreach + Strategic Planning Committees with the goal of increasing membership. That same year he sorted out the issue of what members had been assigned to what basement lockers.

George moved in the mid 2000s to Schuylkill County, PA to be near his daughter. He maintained his membership and stayed in touch with old Nawakwa friends.

– Ellen King

*“At camp I do remember how fantastic he was with applicants and new members, always making them feel very welcome and doing a good job of teaching them “the ropes” especially concerning camp procedures for opening and closing the camp during the winter months.” - Teresa Marrero*

*“George was a strong presence at Nawakwa for many years, a very memorable Nawakwan. One of the things about George was that he was full of life. When I think of him, I can still hear his voice booming out, full of energy. George loved being at Nawakwa and greatly enjoyed the fellowship he found there”. - Ray Kozma*

[The photo, courtesy of Glen Nison, shows George with Glen and Ingrid Risop at camp on Thanksgiving Day, 1991.]

## In Memoriam



In Memory of Aleksandra Myrna

Aleksandra, a keyholder since 2001, with courage, determination and talent, achieved so much in her short life. A kind soul and good friend, she sadly passed away December 29, 2019 at the young age of 54.

Aleksandra was the first applicant, to my knowledge, who learned of Camp Nawakwa from the [adkny.org](http://adkny.org) website. In 2000, I met Aleksandra when she first came to camp for Spring Work Weekend. Her friendly, outgoing, and vibrant manner was obvious. She didn't know anyone in the NY Chapter when she became an applicant, but she wanted to join and pursue her love of nature and outdoor activities, especially canoeing and kayaking, while making new friends with shared interests. At our initial meeting, I recognized her Eastern European accent, but I didn't know she had bravely immigrated, solo, to the United States from Ukraine, only a few years earlier to begin a new life.

After she became a keyholder, occasionally we met in NYC to share our common cultural interests in art, dance and musical performances. Although at that time, she was working in banking, she had developed a small circle of artistic friends, who I enjoyed meeting.

Aleksandra served one term as a Director on the Board for the NY Chapter, while going to college at night and working full time, and we co-hosted a Palm Sunday Weekend. Before her first cancer diagnosis, Aleksandra became an active keyholder, despite time restraints of her job and college schedule.

A graduate from a university in Ukraine, Aleksandra began her professional career in Ukraine as an elementary school teacher. She briefly taught in New Jersey but switched careers to work as a Corporate Banker and later, an Insurance Agent. During this time, she also obtained a B.A. degree in Media Arts from New Jersey City University. Eventually her creativity and talent emerged, and Aleksandra enjoyed a brief career as an actor before the cancer recurrence. She appeared in supporting roles in five films, and three TV series. Her most famous role was in the hit TV series, "The Americans." She also did voice-overs for commercials and business training videos. (No wonder she didn't have much time to visit camp the past few years!) Aleksandra was fluent in four languages, Ukrainian, Russian, Polish and English.

Aleksandra worked hard and honorably throughout her much too short life. She tried different professions until she found satisfaction and success as an actor. With courage, determination, integrity and strength, she lived her life, even in her last battle. Aleksandra will always be fondly remembered and missed.

Janet Sibarium



# Historic Hikes

*As part of our anticipating the New York Chapter's 100<sup>th</sup> Anniversary, we are outlining a series of 'historic hikes' in which we try to recreate early hikes and visit places treasured by that first generation of chapter members. The dates for these hikes will be announced once the COVID-19 pandemic has ended.*

## The Second Trail: The Appalachian Trail

By the spring of 1921, the first great transpark trail (what we know today as the Ramapo-Dunderberg (R-D) Trail) was completed. 1921 also saw the publication of Benton MacKaye's article in the Journal of the American Institute of Architects. MacKaye was a region planner and his article called for a 2,000 mile walking path from Maine to Georgia.

At the now-famous April 25, 1922 meeting that took place at the Log Cabin atop Abercrombie and Fitch (a meeting which saw the "Palisades Interstate Part Trail Conference be re-born as the New York-New Jersey Trail Conference" [from *Vista & Visions – A History of the New York-New Jersey Trail Conference*, page 5] and at which the Adirondack Mountain Club was officially incorporated), Benton MacKaye was invited to talk about his proposal.

MacKay's plan was eagerly embraced by all those present. "By October 1923, Torrey and Allis had scouted the very first 6-mile section of the Appalachian Trail from the Ramapo River to Fingerboard Mountain in Harriman State Park, and volumeters from the Adirondack Mountain Club [*New York Chapter*] had cleared and blazed the trail. On the weekend of October 26-28, the walking clubs, forestry and park official gather at the Bear Mountain Inn...The four hundred attendees also took advantage of the warm autumn weather to walk the completed section and to put up cairns and A.T. trail markers on West Mountain.

"By January 4, 1924, twenty continuous miles of the Appalachian Trail crossed Bear mountain/Harriman Parks. This section, the first portion of the 2,100 mile long-distance trail to open, ran from the Erie Railroad station at the Ramapo River, up Green Pond Mountain, and through the cleft of the Lemon Squeezer. It then uses sections of the Trail Conference's new R-D, Arden-Surbridge, and Timp-Torne Trails to reach the Hudson." [from *Vista & Visions: A History of the New York-New Jersey Trail Conference*, page 5].

Our hike would begin at the Elk Pen and could easily be planned as two day-hikes or as an overnight hike. The first section would go from the Elk Pen to Lake Tiorati; the second section from Lake Tiorati to Bear Mountain. (Dates to be announced.)

Ray Kozma

# The New York Chapter - ADK Centennial Anniversary Events

*(Keep watching this space!)*

At the October 1922 meeting of the newly formed Adirondack Mountain Club, Raymond Torrey was asked to form a New York Chapter. By early 1923, formal approval was given by the Main Club for the establishment of the New York Chapter, with Raymond Torrey as our first Chapter Chair. Thus, we will be celebrating our 100<sup>th</sup> Anniversary in 2023.

1. As a way to count down to the anniversary, the Trail Marker will carry articles about the history, significant events, and people connected to the development of the Main Club and the New York Chapter. In this issue, we highlight one of the major figures in the development of the Adirondack Mountain Club: Mead Dobson. See the article on the following page.
2. We will be conducting a series of 'historic hikes and outings' in which we try to recreate early hikes and visit places treasured by that first generation of chapter members. Please see description of another historic hike on pages 17.
3. A Committee is being formed to plan a grand celebration in 2023 to mark our 100<sup>th</sup> Anniversary. The date and venue are not set yet. Right now, we are looking for help from any and all New York Chapter members who might be interested in working on the planning committee. If interested, please email Susanne Flower ([susanneflower@gmail.com](mailto:susanneflower@gmail.com)) or Ray Kozma ([raymondkozma@gmail.com](mailto:raymondkozma@gmail.com)).
4. See the report from the Event Planning Committee on page 10.

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## The Creed

**“I believe in the Out-of-Doors, the woods, streams and hills, the wildlife that lives therein; I believe that man’s care for them in a state of nature consistent with conservation is his best investment for the future.” New York Chapter, 1923**

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## Meade C. Dobson

The Adirondack Mountain Club, popularly known as "the ADK" was founded in 1922 as an organization for people interested in promoting conservation, recreation, and education in the Adirondack Mountain region of New York State. It has since grown substantially from 208 charter members to over 20,000 members enrolled at large and in one of many chapters situated throughout New York, New Jersey, and Pennsylvania.

The idea of forming the ADK was conceived by Meade C. Dobson, who was then an official of the New York State Association of Real Estate Boards as well as the Palisades Interstate Park Trail Conference. He believed there was need for a private organization that could help the State develop trails and shelters which would make remote areas of the Adirondacks better accessible to hikers and backpackers. Encouraged by the initial support of his idea from George D. Pratt, Conservation Commissioner of New York State, and William G. Howard, Superintendent of Forests, Dobson invited other like-minded individuals to a special pre-organization meeting held on December 5, 1921, at the Log Cabin atop Abercrombie & Fitch sporting goods store in New York City. From the 40 people present, an organization committee was formed, including representatives of outing, recreational, educational, government, and business interests. In addition, they formed a Charter Membership Committee.

Plans were quickly formulated and on April 3, 1922, 75 of the 208 certified charter members attended the formal organization meeting at the A & F Log Cabin. They proceeded to organize the club by electing executive officers and a board of governors and adopting the constitution and bylaws. Within two weeks a certificate of incorporation was filed with the New York State Government, that was officially granted April 25, 1922. Among the stated objectives in the Certificate of Incorporation was to develop and maintain trails; to construct and maintain campsites, open shelters (lean-tos), and permanent camps, maintain a bureau of information about the Adirondacks, publish maps and guidebooks, and educate the public regarding the conservation of natural resources and prevention of forest fires.

In October 1922, ADK held a general business meeting at the Lake Placid Club, in which the main item on the agenda was a motion presented at the April Meeting by Warwick Carpenter regarding Mountain slope protection and recreational development. To deal with the motion, a conservation committee was formed with Henry S. Graves, Dean of Yale Forestry School, as chairman. The committee presented a report rejecting the Carpenter proposal as being too specific as to areas to be acquired. The Executive Committee approved the conservation committee's rejection, which was subsequently endorsed by the majority of members. Also, at this meeting the club formally recognized the establishment of local chapters at Albany and New York City. In January 1923, ADK held its first annual meeting in which the membership received reports submitted by the club officers, committees, and local chapters. The election of officers and governors also took place.

*Source: NYSED / OCE / NYSL / Manuscripts and Special Collections / Finding Aids / Adirondack Mountain Club Records*