



THE TRAIL MARKER

January–March 2016

Published by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



*Of Trails and Overlooks. . .
from the Chapter Chair*

“What I saw might have been just another winter scene, although an impressive one. But what I knew was that the earth underneath was alive and that by tomorrow, certainly by the day after, it would be all green again.”

– Norman MacLean, “A River Runs Through It”

Although as I write this, my weather app tells me it’s 67 degrees outside, and the Winter Solstice is a week away, still we know we have entered the Winter season. As the quote above reminds us, Winter (at times impressive) makes all things seem cold, still, and lifeless. But beneath the surface, in many subtle ways, Nature is preparing the earth for the changes of Spring and the rebirth of our world.

January is named for the Roman god, Janus, who is depicted with two faces, one looking back to the year past, the other looking ahead to the year to come. Janus became associated with doorways that lead from one area to another, literally a passage-way. The idea of passages and changes, planned and unplanned, welcomed or not, and the challenges brought by these changes, is at the heart of being alive and living as well as possible.

With this New Year, the journey of the New York Chapter comes to its 90th year at Camp Nawakwa and its 94th year since being formed. Our Chapter has seen many passages and changes over these years. A tree falls on a cabin or over a hiking trail

and needs to be removed. The unsafe condition of the Main Cabin’s outside staircase necessitated its reconstruction this past Summer. Recent changes in the New York State law for Non-Profit Organizations caused us to develop (with the help of the Main Club) new policies for the Chapter (see pages 8 and 9 in this issue).

Other changes were more planned and refined by trial and error experiences. For example, in the first couple of years (at Camp Bluebird, the New York Chapter camp from 1924-26), there was no set tradition of having the Saturday-night communal meal. Instead, each individual or group prepared its own meals, creating a lengthy delay (and probably not a little irritation) before everyone could eat. Everyone then agreed to try the idea of a community meal. But there was no system of hosts yet, so everything had to be developed as they went along. According to Ira Ayer’s history of the early years, it took two years to develop the experienced personnel who would be able and willing to continue the hosting tasks. By the time Camp Nawakwa opened in 1926, there was in place “our very successful system of community meals.”



As we enter the New Year, new doorways, with new opportunities and challenges, open for us. Just as we know that the “earth underneath” is alive and that “tomorrow, certainly by the day after, it would all be green again,” so we know that the New York Chapter and its members, working together, will meet whatever challenges lie ahead and find our own renewal.

- Ray Kozma, Chapter Chair

Hosted Weekends: January–March 2016

(visit www.adkny.org for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair:

Janet Sibarium (212) 254 0738

Email: jansib@mindspring.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117

maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

February 27-28 • Zero Mostel's Birthday

Come enjoy the lengthening days of late winter at camp with co-hosts **Mark Fedow** and **Kim Waldhauer**. Mark will lead a hike or a snowshoe hike on Sunday, Zero's birthday. Singing songs of springtime is optional. As usual, bad weather will cancel. Register by 9:00 PM Thursday Feb. 25 with Mark. **Fedowf@aol.com**

March 12-13 • Venison Weekend Carnivores Delight!

Start the New Year with a new adventure in cuisine. Venison acquired by local hunters, will be the main course. Registration limited to 15. Hearty Nawakwans are invited to enjoy winter camp experience: hike, communal dinner prep, with breakfast and huddle by fireplace with jovial company.

Registration deadline: March 5th.

Host: **Ron Engasser** E-mail: **usron@juno.com**

Tel **631-289-5375**

Hikes: January–March 2016

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison

718-625-2182

gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:

<http://www.nynjtc.org/content/scheduled-hikes>

<http://www.hudsonhikers.org/schedules.html>

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, January 30 • Nyack Circular

Moderate 7 mile circular hike from Towt Road, Nyack, including the Long Path and Buttermilk County Park trails. Bus riders take the Coach Red and Tan 9 bus to Main Street and Broadway, Nyack, boarding at PABT at 8:15 a.m. or at GWBT at 8:40 a.m. and arriving at Nyack at 9:26 a.m. Leader will board the bus either at PABT or GWBT. Drivers wait for the bus riders at the

parking lot next to and south of the standing clock located on Main Street Nyack a short distance west of Broadway (drivers arriving via 9W look for the route 59 exit sign and exit **east** (onto Main Street) and **not west** onto route 59, and follow Main Street 1/2 mile to the clock). There will be a one mile shuttle to Towt Road. All hikers please call leader. Qualifying.

Leader: John Lipsett (212-867-8280(b)212-864-6109(h)).

Saturday, March 19 • Schunemunk Mountain 7+ miles A level hike, or snow shoe

A 7 miles loop with some elevation taking us up the Trestle trail along the Western Ridge trail, the Ridge-to-Ridge trail, the Jessup trail and back along the Otterkill trail.

Possible visit to local winery afterwards.

Meeting place and time: parking area off Otterkill Road at 10:00AM ((Trail Conference West Hudson Trail Map 114).

Note: adequate clothing and foot wear, spikes or crampons for secure and safe traction on ice, and / or snow shoes depending on snow cover and conditions, are required.

Contact hike leaders for detailed information and for car pooling or pick-up of ADK members at Beacon MTA train station: **Jean-Claude Fouéré** jcfouere@gmail.com; tel.: 1.845.462 1909.

Sunday, March 20 • Annual Palm Sunday Hike to St. John's Church in the Wilderness

The annual Palm Sunday hike to St. John's Church in the Wilderness has been a tradition since the 1930's. Other groups from other hiking clubs are out this day headed to St. John's and it is very common to cross paths with them as we hike along. The Church service begins at 3 PM and is followed by a wonderful buffet, at the barn across from the Church, provided by the parishioners.

Since this is a one-way hike, please note: All who are driving should meet at the Church by 9:30 AM where the cars will be parked. (All cars, except for the one or two that will shuttle hikers/drivers back to our starting point, will be left at the Church, where the hike ends. The drivers of the cars left at the ADK Camp road will be driven back, of course, to get their cars after the event.) The hike will start from the Camp road and Seven Lakes Drive about 10 AM. The buffet finishes about 5 PM.

Since Palm Sunday is very early this year, some cold, blustery weather, including snow and ice, is always a possibility. Participants should dress warmly (layers, no cotton), bring lunch, snacks, water, rain-gear, and wear sturdy hiking shoes. If you have traction devices, bring them as they might be needed.

The address of the church is 119 Johnstown Road, Stony Point, NY in between Lake Welch Parkway and Route 106. All participants must register with **Ray Kozma** (917-406-37820) or rmk129koz@aol.com by Thursday night, March 17th. Hike is Qualifying.

Saturday, Dec. 12 Harriman Park

Co-listed with Mid-Hudson ADK Chapter.

Leaders: Jean-Claude Fouere and Georgette Weir.

Thirteen of us and one well mannered dog went on this 7+ miles hike from Lake Tiorati along the AT North up to the Ramapo-Dunderberg trail, crossing over to the Long Path, heading South, then looping back along the AT and the Ramapo-Dunderberg trail. No need for snowshoes or microspikes yet on this very mild weather December day!



photo courtesy Jean-Claude Fouere

Election Results

The Election Committee reports that there were a total of 35 ballots received.

Janet Sibarium was re-elected as Director and Secretary, and Camp Chair Kim Waldhauer was also re-elected as Director.

The referendum to update the Bylaws was passed with 33 votes. There were blank spaces for the amendment on two ballots.

Congratulations to Janet and Kim. Thank you for your willingness to continue to work on behalf of and for the betterment of the New York Chapter.

The Annual Nawakwa Passport - 2016

The Annual Nawakwa Passport for 2016 is now available for all Key-holders. The Annual Passport, which covers the Day Fees for all visits to camp per calendar year, is \$150 per individual Key-holder and is non-transferable. If a Key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual (see the notice in this Trail Marker about the new schedule of fees.)

To obtain the Annual Nawakwa Passport, Key-holders should send their request (with their name address, phone number and check payable to the New York Chapter-ADK), to:

Raymond Kozma, Chapter Chair

New York Chapter-ADK

585 North Railroad Ave-3D

Staten Island, NY 10304

ADKNY Board of Directors and Committee Chairs

Chapter Chair: Raymond Kozma Email: ray@adkny.org
Vice-Chair: Steve Barre Email: steve@adkny.org
Secretary: Janet Sibarium Email: secretary@adkny.org
Treasurer: Suzanne Rocheleau Email: srocheleau@cantor.com
Director: Mary Hilley Email: mary@adkny.org
Director: Lisa North Email: lisa@adkny.org
Director: Giacomo Servetti Email: giacomo@adkny.org
Director: Kim Waldhauer Email: kim@adkny.org
Director: William Burns Email: bill@adkny.org
Main Club Director: Mark Fedow Email: parentclubdirector@adkny.org
Membership Chair: Jerry Flower Email: jerry.flower@verizon.net
Newsletter Editor: Giacomo Servetti Email: editor@adkny.org
Host Chair: Janet Sibarium Email: jansib@mindspring.com
Commissary: Maryann Poris Email: maryann@adkny.org
Hiking Chair: Glen Nison Email: gnisonbike@juno.com
Camp Chair: Kim Waldhauer Email: kim@adkny.org
Trails Chair: William Burns Email: wjburnsjr@adkny.com
Park Liason: Raymond Kozma Email: ray@adkny.org
Conservation/Education: Don Gabel Email: blaugabels@msn.com
Archives: Ellen King Email: ellen_king13@msn.com
Webmaster: Giacomo Servetti Email: webmaster@adkny.org

The editor encourages all members to contribute articles and photos to be used in the Trail Marker and on our website.

Please email to editor@adkny.org

Deadlines for submission to the newsletter are:

April–May – Deadline: March 14

June–July – Deadline: May 16

August–September – Deadline: July 15

Welcome, New Applicants!

Katrina Barre
Lila Barre
Eric Borgstedt
Fung Lim
Catherine Maguire
Michael Simon
Maria Sola-Simon

Welcome, New Keyholders!

Michele Campbell
Susan Forte
Mona Haigler
Angela Johnson
Karen Lichtig
Ray Lustig

Like us on Facebook!



<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!



Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

Special Notice

The Board has voted to eliminate the Commissary Fee and to revise the Camp Fee amounts. Effective January 1, 2016, Camp Fees will be: \$15 for each adult per day; \$10 (for 17 years and under) per day. The Annual Passport (for Key-holders) is also being raised and will now cost \$150 per person.

Eliminating the Commissary (non-food items) Fee will make the bookkeeping chores easier for hosts. Commissary expenses will now come from the general camp revenue, thus distributing the expenses of commissary items more equitably among all campers (mid-week as well as weekend users) since all make use of the non-food items at camp.

For a number of years, Camp Nawakwa has run at a deficit. The raise in Camp and Passport fees should now produce sufficient income to cover more easily the cost of running camp throughout the year.

New York-New Jersey Trail Conference Awards 2015

Trail Conference Annual Awards are determined by the Board of Directors upon recommendation by the Volunteer Committee.

Congratulations to John Blenninger, nominated by Sona Mason and Harold Hill. John has been a Trail Conference member for 44 years. He has been Trail Supervisor of Black Rock Forest for 35 years and Storm King State Park Trail Supervisor for more than 20 years. His attention to detail is second to none. A dedicated trail volunteer, he is known for his meticulous paint blazing—each blaze is a work of art.

Presidents Birthday Weekend in the Adirondacks February 12-15, 2016

The New York Chapter will be at the Adirondack Loj for the Presidents Birthday weekend. Join your fellow members and guests for a fun time snowshoeing, x-c skiing, and of course, eating! The cost for the weekend, which runs from Friday night through Monday breakfast, ranges from about \$250 – \$300 plus depending on the location in the Loj (this includes meals except for lunch which one can sign up for at breakfast). More detailed info will be sent a few weeks before the weekend.

There are still several spots available for this weekend!

Great xc skiing, snowshoeing and hanging out in the beautiful Adirondack Loj. The Loj holds 38 people and we have the entire place for ourselves. Great meals, happy hours on Saturday and Sunday night and great company. Lots of Nawakwans have made this the place to be for almost 25 years. Please contact **Glen Nison** gnisonbike@juno.com for more detailed info.



Photos by Glen Nison

Notes from Camp

by Kim Waldhauer, Camp Chair



This time last year, I remember listening to the eerie creaks and groans of Lake Sebago, rapidly freezing over. I found it enchanting! Alas, the mic on my phone lacks a windscreen. (Get with it, Cupertino!)

As I look back on 2015, I feel I can be quite proud of the efforts of our volunteers, particularly those who helped when we replaced the porch decking and the porch stairs. The stairs used to wobble east and west when you went north or south on them! And the decking had holes big enough to drop your camp keys through, and they landed in the kindling and just disappeared. These improvements are sure to please all Nawakwans.

A project we had considered in 2015 was a 4th and final tent platform. I took advice from some Nawakwans in choosing some sites, but when I showed these to others, they objected, all for different reasons. So the site, if we contemplate this project again, needs more consideration. It needs to be not noticeable, from the road or the lake. It should not be a site that is already suitable as is for a tent. Bear in mind the distance that a volunteer (you, perhaps!) must carry lumber.

May I remind everyone that if you're at camp and it's raining, and the roof leaks, please mark where the leak is coming in. There is a long pole with a piece of chalk. It's by the desk. There's one in Cabin 3 as well. Then notify me, please. Cabins 1 and 2 have leaked recently, but the Main Lodge and Cabin 3 are the most likely to leak now.

Almost every time I host a weekend I meet new and interesting people, so I recommend that more of you try it. Scared of cooking for a crowd? Just delegate, divvy up the work and it all falls in line--if you start on time! I or Janet will be glad to give you pointers to success.

—Kim



The Trail Marker

Fall Wood/ Work Day photos by Glen Nison
January–March 2016

ADK-NY-VOLUNTEER-HOURS

DATE: FALL-2015

<u>MAINTAINER</u>	<u>TRAIL</u>	Work Hours	Travel Hours	Total Hours
#1-John Lipsett	RD Tuxedo to Rt.106 4.13 mi.	29	15	44
#2-Noel Schulz	Triangle Tuxedo to Parker Cabin at White Bar 3.3 mi.	9	2	11
#3-Ingrid Strauch	Triangle White Bar @ Dutch Doctor to WB @Parker Cabin 1.95 mi.	23.5	22	45.5
#4-Jack Papirio	AT Orange Tpk. to Mombasha Rd. 1.4 mi.	2.5	1.5	4
#5-Glen Nison	White Cross TMI to RD 2.15 mi.	9	6	15
#6-Ray Kozma	AT Rt. 17 to Orange Tpk. 1.8 mi.	7.5	4	11.5
#7-Dennis Hickey	Long Path Greenbrook Sanctuary to GWB 5.1 mi.	22	7	29
#8-Richard DeCoursey	White Bar Rt. 106 to ASB 2.05 mi.	3	9.5	12.5
#9-Noel Schulz	TMI RD to Sebago Dam 2.4 mi.	7	2	9
#10-Elizabeth Ruiz-Gomez	White Bar Johnsonstown Rd. to Triangle Trail 1.5 mi.	6.5	6	12.5
#11-Bill and Carol Burns	TMI Sebago Dam to Pine Meadow Rd. W 1.9	19	9	28
#12-Giacomo Servetti and Kim Waldhauer	White Bar Triangle toRt. 106 3.8 mi.	44	19	63
#13-Lewis Ports	TMI Pine Meadow Rd. W to Breakneck Mt. Trail .85 mi.	16	18	34
TOTAL TRAIL MILES		32.33		
TOTAL HOURS		198	121	319

Good trail work was done this year by our dedicated maintainers. Additional maintainers are needed because maintainers are doing multiple sections of trails. Also, we have one trail maintainer who is unable to continue. So if anyone would like to maintain a trail, please contact me.

Thank you, Bill Burns
wmjburnsjr@gmail.com

New York State Non-Profit Revitalization Act of 2013

Signed at the end of 2013, the Non-Profit Revitalization Act made changes to the New York State Not-for-Profit Corporation Law. Although the New York Chapter is Incorporated in New York State and is a Non-Profit, we seem to fall outside the trigger-points of the new law (for example, we do not have income of \$500,000 per year). But after consulting with Neil Woodworth, Executive Director of ADK, Neil advised that the New York Chapter have, at a minimum, a Conflict of Interest Policy and a Whistleblower Policy so that we might show our efforts to be in compliance with the new law. Accordingly, the Board of Directors approved the following Policies (below). Our Audit Committee consists of Bruce Rosenbloom, Noel Schulz, and Susan Forte. Bruce has agreed to be the Compliance Officer for one year.

New York Chapter - Conflict of Interest Policy Duty of Loyalty & Conflicts of Interest

Section 1. Duty of Loyalty. No Officer or Director shall engage in, or condone, any conduct that is disloyal, disruptive, damaging or competes with the New York Chapter-ADK. No Officer or Director shall take any action, or establish any interest, that compromises his/her ability to represent the New York Chapter-ADK's best interest.

Section 2. Conflict of Interest Definition. A conflict of interest exists when a matter to be acted upon by the Board of Directors confers a direct, substantial benefit to any member of the Board, or business or agency from which such a member derives an income or has authority in governance.

Section 3. Abstention. A member of the Board of Directors must abstain from voting or attempting to influence the vote or participating in the discussion on any matter before the Board that places him or her in a conflict of interest.

Section 4. Disclosure. A member of the Board shall disclose the conflict or potential conflict as soon as he/she recognizes the conflict. If self-disclosure is not revealed, the Chapter Chair or any member of the Board of Directors can, prior to voting on a specific matter in which a potential conflict of interest exists, inquire whether any member of the Board desires to abstain from voting because of a conflict of interest. If no conflict of interest is disclosed but the Chair or any other member of the Board states the opinion that such a conflict exists and the challenged Board member refuses to abstain from the deliberations or voting as requested, the Chapter Chair shall immediately call for a vote of the Board to determine whether the challenged Board member is in a conflict of interest. If a majority of the Board of Directors present vote to require the abstention of the challenged member, that Board member shall not be permitted to vote.

Section 5. Any discussion of a potential conflict of interest issue must be recorded in the minutes and must be disclosed to the Audit Committee. The Audit Committee must make an Annual Conflict of Interest Statement.

New York Chapter - Whistleblower Policy

General

The Adirondack Mountain Club, Inc ("ADK") requires directors, officers, employees, and volunteers to observe high standards of business and personal ethics in the conduct of their duties and responsibilities. The New York Chapter, as representatives of ADK, must practice honesty and integrity in fulfilling our responsibilities and comply with all applicable laws and regulations.

Reporting Responsibility

It is the responsibility of all directors, officers and volunteers to report ethics violations and suspected violations in accordance with this Whistleblower Policy. All new Board members will be provided with a copy of this Whistleblower Policy.

No Retaliation

ADK has an open door policy and suggests that all members share their questions, concerns, suggestions or complaints with someone who can address them properly. In most cases, a member of the Board of Directors is in the best position to address an area of concern. However, if you are not comfortable speaking with a Board member or are not satisfied with the response you receive, you are encouraged to speak with any of the Committee Chairs. Members of the Board are required to report suspected ethics violations to the Chapter's Compliance Officer, who has specific and exclusive respon-

sibility to investigate all reported violations. For suspected fraud, or when you are not satisfied or uncomfortable with following this open door policy, individuals should contact the Compliance Officer directly.

Compliance Officer

The New York Chapter's Compliance Officer is responsible for investigating and resolving all reported complaints and allegations concerning violations and, at their discretion, shall advise the Chapter Chair and/or the Audit Committee of the Board of Directors. The Compliance Officer has direct access to the Audit Committee of the Board of Directors and is required to report to the Audit Committee at least annually on compliance activity. The New York Chapter's Compliance Officer is the chair of the Audit Committee.

Accounting and Auditing Matters

The Audit Committee of the Board of Directors shall address all reported concerns or complaints regarding corporate accounting practices, internal controls or auditing. The Compliance Officer shall immediately notify the Audit Committee of any such complaint and work with the committee until the matter is resolved.

Acting in Good Faith

Anyone filing a complaint concerning a violation or suspected violation must be acting in good faith and have reasonable grounds for believing the information disclosed indicates a violation. Any allegations that prove not to be substantiated and which prove to have been made maliciously or knowingly to be false will be viewed as a serious disciplinary offense.

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Confidentiality

Violations or suspected violations may be submitted on a confidential basis by the complainant or may be submitted anonymously. Reports of violations or suspected violations will be kept confidential to the extent possible, consistent with the need to conduct an adequate investigation.

Handling of Reported Violations

The Compliance Officer will notify the sender and acknowledge receipt of the reported violation or suspected violation within five business days. All reports will be promptly investigated and appropriate corrective action will be taken if warranted by the investigation. The Chapter Board of Directors will receive a report from the Compliance Officer within 30 days of the resolution or closure of a violation report.

Audit Committee Compliance Officer

Bruce Rosenbloom
3967 Sedgwick Ave
Apt 19E
Bronx, NY 10463
718-543-0421

ADK Main Club Management Staff
Neil Woodworth
301 Hamilton Street
Albany, NY 12210-1738
Business Phone: 518-449-3870
Email: adk@nycap.rr.com



Boxing Day, December 26, at Camp Nawakwa

Photo by Angela Johnson

New York Chapter-ADK

Winter Social

Date: Sunday, January 24, 2016

Place: Pete's Tavern

129 East 18th Street

New York, New York 10003

Luncheon from 1 to 3 PM

(Skylight Banquette Room)

Cost: \$30 per person

For reservations, please send check, payable to:

“NY Chapter, Inc. - ADK” to

Janet Sibarium

NY Chapter, Inc. - ADK

Peter Stuyvesant Post Office - P.O. Box 327

New York, NY 10009

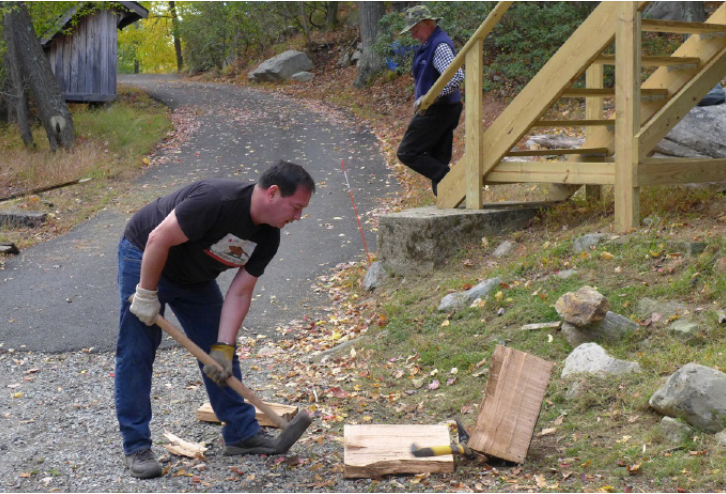
Please write on check “vegetarian” or “omnivore”.

Payment and registration deadline: Saturday, January 16, 2016

Questions?: email: janet@adkny.org

“Pete’s Tavern is the oldest continuously operating restaurant and bar in New York City. As befitting an official New York historical landmark we stay true to our traditions. Pete’s Tavern continues to serve the best in Italian-American cuisine & our famous 1864 House Ale with the same kind of high quality neighborhood service that made O. Henry a loyal regular at the turn of the 20th century. Experience the traditions that have made Pete’s Tavern a success for over a hundred and forty years.”

Thanks to all of you who helped during the Fall Wood/Work Weekend, and many thanks to Maryann and Mike Poris, who provided the fantastic lunch!



Fall Wood/ Work Day photos by Glen Nison

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FIRST
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FIRST CLASS MAIL



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C/O Jerry Flower
802 West 190th Street #1F
New York, NY 10040

