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SPORTS FINAL

Partly sunny, 220/240 VOLTS Tuesday, April 1, 2014

# TRAIL MARKER

NAWAKWA'S HOMETOWN NEWSPAPER

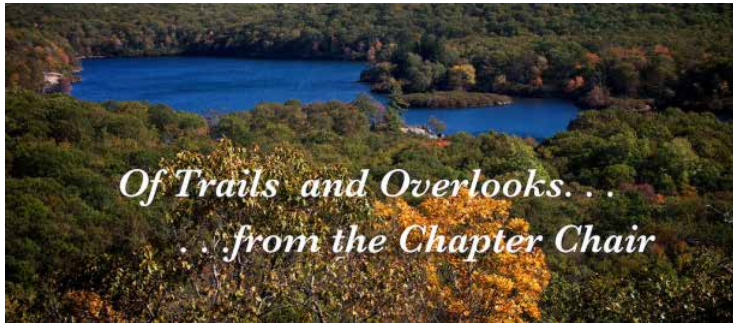
# FLYING SAUCER FOUND IN LAKE SEBAGO





# THE TRAIL MARKER

Published by the New York Chapter, Inc.  
of the Adirondack Mountain Club, Inc.  
Peter Stuyvesant Post Office Station  
P. O. Box 2276, New York, NY 10009-9998  
Camp Nawakwa on Lake Sebago, 845-351-4135  
[www.adkny.org](http://www.adkny.org)



*“One attraction in coming to the woods to live was that I should have leisure and opportunity to see the Spring come in.”*

- Henry David Thoreau

“...to see the Spring come in.”

**W**e have gone through a long, hard Winter, such as we have not seen in a quite some time, and we are ready for Spring. To paraphrase a poem from Longfellow: “What wonder and expectation...in all hearts to see the miraculous change” that Spring brings to the earth.

There have been some harbingers of Spring. The sun has been climbing steadily higher since the Winter solstice. Daylight Saving Time has given us an extra hour of light at the end of the day. Snow and ice are melting, and soon frozen rivers will run free again. But even though the first day of Spring is on the calendar this year as March 20th (Vernal Equinox), the first Spring days don't happen until now (April-May). At Nawakwa, by the end of April, the water is turned back on. In May (the weekend of May 10-11th), we will have our Spring Work Day. And the schedule of hosted week-ends begins to flower once again.

The changing of the seasons, and Spring in particular, reminds us that life goes on and is ever renewed, but often not without changes and losses. At the Winter Social in January, we paused to remember six of our members who had passed away in the previous twelve months. We celebrate their lives shared with us and we hold dear all the memories of their friendship with us. A number of times in the past few years we have been notified that a recently deceased member has included the New York Chapter in their Estate. Such a remembrance is a touching event for it reminds us how deeply attached to the Chapter these members were, how strong were the friendships they made, and how fond their memories of their time at Camp.

We have been using Camp Nawakwa for eighty-eight years (Opening Day was officially April 10, 1926). Over these years there have been many changes at Camp. There was no Camp

The Trail Marker

road in 1926 (it ended apparently at the ACA Camp) and the cots and mattresses for the sleeping cabins were ferried over by boat. Our well was drilled in 1935. Extensive changes were made to the kitchen in 1948 (with additional improvements last year). Electricity came to Nawakwa in 1969, first to an electric refrigerator and then, in 1970, to the whole Main Cabin.

Age alone makes repairs necessary. Last year we had the fireplace and chimney restored. (A new roof for the Main Cabin is also on our list.) But planned changes (rather than just the changes of time and weather) enable us to evolve and improve the Camp for the greater use and enjoyment of the membership. Over the past few years, down at the swim dock, we have lost a number of trees that used to provide shade from the summer heat. We are pleased to report that, this year, a lounging platform will be constructed down at the swim area, back among the trees, to give needed shade on those hot summer days (see the separate article about this in this edition of the Trail Marker). The popularity of the two tent platforms has gotten us to request (and receive) the Park's OK for constructing a third platform. This will also be on the lakeside area (see separate article). And work is underway to upgrade our website to make it more informative, more user-friendly and more 'dynamic' for the members to use (we'll let you know when it is expected to be up and running). The Board is always open for discussing good ideas on how to develop and improve Camp for everyone's benefit.

Bringing about well-considered changes that enhance the usability of Camp, while also honoring and respecting the long history and traditions of Nawakwa, is an opportunity and a challenge. But it is as essential as the Springtime renewal we enjoy these months. May we all find leisure and opportunity to come to Nawakwa “to see the Spring come in” and be renewed ourselves in mind and body.



-Ray Kozma



The ice is safe for the first time in about 20 years. Does anybody know the year this last happened?

Glen Nison

April-May 2014



# Hosted Weekends: April–June 2014

(visit [www.adkny.org](http://www.adkny.org) for frequent updates)

Unless specified, please register by Thursday prior to the weekend.

To host a weekend or midweek, contact Host Chair:

**Janet Sibarium (212) 254 0738**

**Email: [jansib@mindspring.com](mailto:jansib@mindspring.com)**

Commissary Concerns?

**Call or email Maryann Poris (973) 731-7117**

**[maporis@aol.com](mailto:maporis@aol.com)**

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

## April 12 – 13 • Palm Sunday Weekend (and Traditional Palm Sunday Hike)

This will be a laid back weekend with an early departure on Sunday morning so we can go on the Palm Sunday hike (see separate write up). Not sure what the menu will be but with Ed O'Donnell at the helm the food should be great. Let us know if you are vegetarian. We'll need folks to help haul wood and pump water to make the weekend run smoothly. Possibly an earlier breakfast than usual (7:30ish) with the focus being something hot, delicious and easy to clean as we want to depart for the Palm Sunday hike in a relaxed manner. Camp will close down around 9:30 AM on Sunday unless there's a member staying later and not going on the hike that's willing to lock up. We'll probably prepare lunches the evening before. Let Glen know if you are planning on joining the Palm Sunday hike (as required in the hike write up). Registration deadline Thursday by 10PM for weekend. Note: heavy rain may cancel the hike but we'll still have the weekend! Hosts Glen Nison [gnisonbike@juno.com](mailto:gnisonbike@juno.com) 718-625-2182 registrar Ed O'Donnell [edonnell@goodwillny.org](mailto:edonnell@goodwillny.org)

## April 19 – 20 • Easter at Nawakwa

Come and help us celebrate Easter and the spring melt. On Saturday evening, anticipate fun on the order of card games and, if someone brings instruments, music and singing. Heck, maybe even dancing. It's spring, after all! Dinner will be vegetarian soup with a side of greens, meats, cheese and bread; breakfast will be hot cereal and eggs and, possibly, left-over soup; lunch will be nut butter and jelly sandwiches...and, if we're lucky, more left-over soup! There will be other delicious tidbits and cookies. There will be hot chocolate, coffee and tea. Please specify vegetarian or omnivore (and which meals) when registering. Co-host with car needed to help transport food. Registrar: Robert Matson: 646-233-1219. E-mail: [RMatson@TheInnovationWorks.com](mailto:RMatson@TheInnovationWorks.com)

## April 26 – 27 • Camper's Special

After 20 years of cooking while camping, we're gonna cook something you're gonna like. Please just let me know if you are vegetarian or carnivore.

Co-Hosts: Don and Teri Gabel 845-359-7518

## May 3 – 4 • Mid-Spring Weekend

Come feast with Mary Hilley and Terri Zubarik as we serve up seasonal fare with a twist. Please specify vegetarian or omnivore (and which meals) when registering. Call Terri at 845 786-3247 or email [tzubarik@gmail.com](mailto:tzubarik@gmail.com)

**May 10 – 11 • Annual Spring Clean Up/Work Weekend  
Complementary Saturday Lunch  
(Saturday dinner - Sunday: Mothers' Day Brunch)**

## All Hands On Deck!

Healthy tasty meals to nourish the body and Nawakwa spirit! Complementary lunch for all volunteers will be provided by Maryann and Mike Poris. Stay for dinner for Janet's baked whole-wheat ziti (Please specify if you want vegetarian or carnivore option), salad, seasonal fruit, apple pie a la mode. (Dinner will be prepared prior to workday, so there will be minimal dinner prep and easy clean up guaranteed.)

Please register by Thursday, May 8th and specify if you are vegetarian and which meals you will have...(complementary lunch only or staying for dinner, Sunday brunch)

Co-Hosts: Everod Carter and Janet Sibarium (registrar)

[jansib@mindspring.com](mailto:jansib@mindspring.com) or call: 212 – 254-0738

## May 17 – 18 • Tres compañeros

Please join us for a nice relaxing weekend. Friendly company and great food! Your hosts: Mark Fedow, Kim Waldhauer and Giacomo Servetti. [fedowf@aol.com](mailto:fedowf@aol.com) or [gservetti08@gmail.com](mailto:gservetti08@gmail.com)

## May 24 – 26 • Memorial Day Weekend

**Please note: If you are registering for the entire weekend, you must register with each host**

### May 24 – 25: Part 1: (Saturday dinner – Sunday Lunch):

Our summer starts here! Join us for spring becoming summer, flowers, new growth, old growth (us!), and for the strong willed, a dip in our extra cold lake!! Meals will include the strange delights of the season, possibly fiddle heads, and certainly other seasonal delights. To register, e-mail or text: please by Thursday, May 22nd.

Co-hosts: Russell Silverman [aleph1null@gmail.com](mailto:aleph1null@gmail.com) Text: 917-335-6165

Giacomo Servetti [gservetti08@gmail.com](mailto:gservetti08@gmail.com)

### May 25 – 26: Part 2 (Sunday dinner – Monday lunch)

Join Alex Wilkie and Despina Metaxatos for the second half of Memorial Day weekend on May 25 - 26 as they welcome the arrival of summer. The menu will be simple salads along with veggies and meats we can cook on the grill. Call or e-mail Alex at to reserve for Sunday dinner, Monday breakfast and a trail lunch. Registration deadline: before 10 p.m. on Thursday, May 22. Co-Hosts: Despina Metaxatos and Alex Wilkie (Registrar) [afwilkie@verizon.net](mailto:afwilkie@verizon.net) or tel. 856-727-0267.

## May 31 – June 1

Back by popular demand: Make your own salad with a huge assortment of toppings for vegetarian or carnivore.

Co-Hosts: Don and Teri Gabel 845-359-7518

## June 7 • Sierra Club Photo Day at Camp Nawakwa

Please join and welcome Sierra Club members who will take photos of peak mountain laurel blossoms at Camp Nawakwa.

## June 7 – 8: Caretaker Co-Hosts: Bill and Carol Burns

## June 14 – 15 • Almost Summer Weekend

Mountain laurels may still be blooming....Bring your camera and stay the weekend, enjoy simple, tasty seasonal meals with easy clean-up.

Co-Hosts: Diane Booth and Suzanne Rocheleau (Registrar)

[SRocheleau@cantor.com](mailto:SRocheleau@cantor.com) (646)736-8074

## June 21 – 22 • First Summer Weekend

Kick back, enjoy camp and our cool host encore! Seasonal delights await your taste buds. Please e-mail or text to register. Host: Russell Silverman E-mail: [aleph1null@gmail.com](mailto:aleph1null@gmail.com) Text: 917-335-6165

## June 28 – 29 • Bring Your Friends Weekend

Now is the time to invite the friends you have been telling about Nawakwa for a weekend designed to introduce them to what we offer in hiking, swimming, boating and socializing. Please register via e-mail.

Co-Hosts: Jerry and Susanne Flower [jerry.flower@verizon.net](mailto:jerry.flower@verizon.net)

# Hikes: April–June 2014

(visit [www.adkny.org](http://www.adkny.org) for frequent updates)

**Hikes Chairperson: Glen Nison**  
718-625-2182  
[gnisonbike@juno.com](mailto:gnisonbike@juno.com)

**For listings of hikes not lead by members of ADKNY, (and not necessarily qualifying) try these links:**  
<http://www.nynjtc.org/content/scheduled-hikes>  
<http://www.hudsonhikers.org/schedules.html>

**Please check schedules of various public transportation options as fares and schedules may have changed.**

## **Saturday, April 12 • Fort Tryon & Inwood Hill Parks**

About 2-3 miles at a very moderate pace. Take “A” train to 190 St. and the elevator up to Fort Washington Ave. -- or take the #4 bus directly to 190 St. and Fort Washington Ave. Meet 11 a.m. by the benches at the entrance to Fort Tryon Park. After a stroll through the Heather Garden (the largest public garden in New York City) we will head on to Linden Terrace (the highest point in Fort Tryon Park and the second highest natural elevation in Manhattan, with great views of the Hudson and the city). After lunch, we will continue through the rest of the park, including a visit to the Cloisters (admission is “pay what you wish” -- \$1 is fine). Then walk through Inwood Hill Park. The walk should end around 4 with a pause for refreshment at the Indian Road Cafe on 218 St. (near the 215 St. stop on the #1 subway). Email me during the prior week or call me the evening before to be sure that the walk is on. No smoking. Not qualifying and joint with AMC.  
Bob Susser 212 666-4371; [rsusser@aol.com](mailto:rsusser@aol.com).

## **Sunday, April 13 • Annual Palm Sunday Hike to St. John’s Church in the Wilderness**

The New York Chapter’s annual Palm Sunday hike to St. John’s Church has been a tradition since the 1930’s. The 6-7 mile hike will be mostly on trails with ups and downs at a moderate pace, so good hiking boots should be worn. Bring lunch (hopefully a nice warm lunch break near Breakneck Pond), water, snacks, thermos with hot beverage or soup, extra clothing (wool or synthetic if wet or cold weather is predicted) including rain gear (the weather in early April can be cold and wet) and a sense of adventure. This is NOT a stroll, it is a hike and will be qualifying. The actual hike will start at the camp road near Seven Lakes Drive at about 10am -ish, but the cars (except for one or two) will be left at the Church earlier. ALL PARTICIPANTS MUST REGISTER WITH GLEN NISON (718-625-2182 or [gnisonbike@juno.com](mailto:gnisonbike@juno.com)) by Thursday night, April 10.

Please leave your name, number of people in your car and your phone number and email and whether you need directions to the church (it’s off of Lake Welch Drive). Unless Glen gets back to you plan on getting to the church by 9:30am on Sunday morning. All the drivers will meet at the church and only one or two cars will return (with the drivers of all the other cars) to the camp road where those one or two cars will be left. If the weather is warm enough all passengers should be dropped off at the entrance to the Camp Nawakwa Road and the car and driver should continue to the church to meet the other cars there. Either the leader or a designee will organize the “stuffing of the one or two cars” and drive back to the Camp Nawakwa road. Once again, if possible leave passengers in your vehicle at the starting point (the camp road at Seven Lakes Drive) on your way to the church.

The hike ends at the church and the drivers of the cars left at the ADK camp road will get a ride back to get their car either before the service if time allows or after the barn reception ends. The half-hour

service starts at 3PM and is followed by a nice buffet at the barn across the road from the Church. Everything usually wraps up by about 5 or so depending on the weather and some people choose to leave a little before the buffet ends. Many different hiking clubs meet for this event. Leader will be at camp on Saturday night since he’s cohosting. Heavy rain may cancel or shorten the hike -we go in snow! Glen will try to arrange a pick up at the Sloatsburg Bus stop (8:30am Shortline Bus from Port Authority arriving in Sloatsburg at 9:12am) but can’t guarantee that it will work out since it depends on other drivers as leader does not have a car. Why not spend the weekend at Nawakwa with hosts Ed O’Donnell and Glen Nison (check out website or Trail Marker and register separately for the weekend)? for history. The address of the church is 119 Johnstown Road, Stony Point, NY in between Lake Welch Parkway and Route 106. You should be able to locate it on Google Maps. ALL PARTICIPANTS MUST REGISTER WITH GLEN NISON (718-625-2182 or [gnisonbike@juno.com](mailto:gnisonbike@juno.com) - email is preferable) by Thursday night, April 10. (Leader will be returning late that night so may not get in touch with you immediately).

## **Saturday, April 26 • Sterling Forest**

Moderate seven mile hike on the Wildcat Mountain and Furnace Loop Trails. Bus riders take the 8:30 a.m Shortline bus at PABT to the Tuxedo Park and Ride Sterling Forest stop (next stop after Tuxedo Train Station), at the junction of Routes 17 and 17A. Leader will be on the bus. Drivers meet at 9:10 a.m. at the hikers parking lot on Hall Drive, reached by taking Route 17 north 1/3 mile past the Red Apple to Orange Turnpike, then left on Orange Turnpike about 3/4 mile to Hall Drive, then left on Hall Drive 1/2 mile to the hikers parking lot on the left side of the road at the point where the road bends right. The drivers should park as many cars there as possible and drive back to Route 17, then take Route 17 south 1 1/2 miles to the exit ramp for Route 17A and park at the large lot at the top of the ramp. If you are the only driver at the hikers parking lot on Hall Drive, drive to the Route 17A parking lot. The hike begins at the Route 17A parking lot (bus stop) at 9:30 a.m. Qualifying.  
Leader: John Lipsett (b) 212-867-8280 (h) 212-864-6109.

## **Sunday, May 4 • Rockefeller State Park Preserve**

A leisurely stroll of around 6 miles along some of the shady carriage paths and intimate wooded lanes with panoramic vistas which characterize this beautiful preserve. (Please note: this walk will proceed at a fairly slow pace and is therefore not designed for those looking to get aerobic exercise.). Take the 10:20 MetroNorth Hudson Line train from Grand Central, arriving in Philipse Manor at 11:12. This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway. Please sit in the first or second open car of the train. No need to register, but you must call or preferably email me beforehand to make sure that the walk is on, and if you need or can offer a ride from NYC. Sorry, but no children, no pets, no smoking. QUALIFYING and joint with AMC. Bob Susser 212-666-4371; [rsusser@aol.com](mailto:rsusser@aol.com).

## **Sunday, May 11 • Central Park Trees (southern part).**

Bring your mother on this relaxed Mother’s Day stroll to identify some of the approximately 140 species of trees in Central Park. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. Of necessity, this walk will proceed at a snail’s pace, with many stops to look at trees. Meet 10:30 just inside the Time-Warner Building at Columbus Circle. I expect that the walk will end around 3, so bring lunch. Email or call me if the weather seems doubtful, or if you have any questions, otherwise just show up. No smoking. Not qualifying and joint with AMC.  
Bob Susser 212 666-4371; [rsusser@aol.com](mailto:rsusser@aol.com).

*(continued on next page)*



*(Hikes, continued)*

**Saturday, May 17 • Bronx Botanical Garden**

Roses, tulip trees, forest walk and optional visit to conservatory. (Please note: this approximately 3-mile walk is not a “hike” but simply a garden visit, and is therefore not designed for those looking for aerobic exercise.) Take the 9:23 Harlem Line train from Grand Central, arriving at the “Botanical Garden” Station at 9:42. Alternatively, take the 4 or D subway to “Bedford Park Blvd.” and then the #26 bus east to the Mosholu Gate entrance -- or, the 2 subway to “Allerton Ave.” and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 9:45. Admission to the Garden is free on Saturdays until 10. No coordination of rides. Visit will end by 3, but you’re free to leave earlier or stay later. No need to register, but you must call or preferably email me beforehand to make sure that the visit is on. Bring lunch and beverage, or buy it in the cafeteria (excellent chili!). Sorry, but no pets; no smoking. Not qualifying and joint with AMC. Bob Susser 212-666-4371; rsusser@aol.com.

**Sunday, May 25 • Central Park Trees (northern part).**

A relaxed stroll to identify some of the approximately 140 species of trees in Central Park . Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. Of necessity, this walk will proceed at a snail’s pace, with many stops to look at trees. Meet 10:30 in the Dana Discovery Center (bathrooms!), a short distance east inside the entrance to the park at 110th St. & Lenox Ave. I expect that the walk will end around 3, so bring lunch. Email or call me if the weather seems doubtful, or if you have any questions, otherwise just show up. No smoking. Not qualifying and joint with AMC. Bob Susser 212 666-4371; rsusser@aol.com.

**Sunday, June 22 • Highlights of Central Park**

North Woods, Conservatory Gardens, The Ravine, Belvedere Castle, Shakespeare Garden, and The Ramble, ending up around 1:15 at the Boat Basin Cafe or at another convenient & inexpensive restaurant for lunch. Take the No. 2 or 3 subway to 110th St. & Lenox Ave. -- then walk a short distance east inside the park to the Dana Discovery Visitors Center (bathrooms!), where we will meet at 10. Call or preferably email me beforehand to make sure the walk is on. No smoking. Not qualifying and joint with AMC. Bob Susser; rsusser@aol.com; 212 666-4371.

**Our thoughts and prayers are with Tim Timko, who is slowly recovering from a stroke. His partner, Janet Azar, e-mailed, “Please send any prayers his way that you can for a recovery.”**

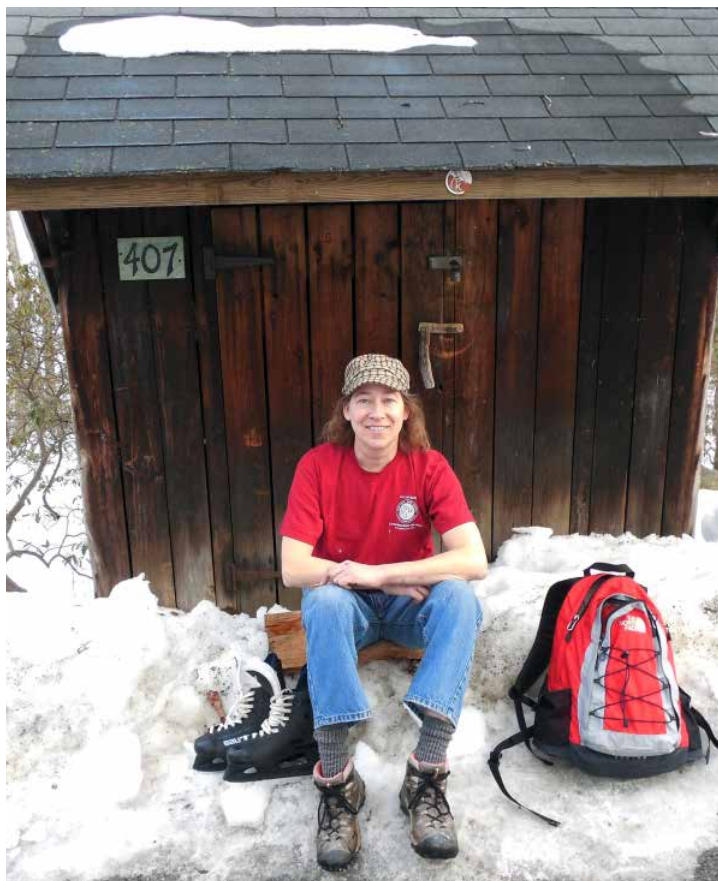
**Greetings from the Archives Committee**

This newly formed Committee seeks members who are interested in collecting, preserving and publishing important materials relating to our Chapter. We welcome anyone with expertise in this area. We look forward to taking advantage of the upgrade to the Chapter website so that we can promote interesting historic materials. Please be in touch with Ellen King, Chair, ellen\_king13@msn.com or 201-247-0243.

**ADKNY Board of Directors and Committee Chairs**

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Archives: Ellen King Email: ellen\_king13@msn.com  
Webmaster: Giacomo Servetti Email: webmaster@adkny.org



**Meet the new Board Member and Camp Chair**

Kim Waldhauer is a 3rd generation ADK member. (Her phone should be so ambitious.) She climbed Wolf Jaws and Gothics at age 6, and two years later, Marcy, without her annoying shoes. She has painted many miles of crown molding and custom cabinets in Manhattan. She is an artist who has wandered through drawing, painting and sculpture, and is currently mired in clay.



# Presidents Birthday Weekend at the Adirondack Loj 2014

**Submitted by Glen Nison**

Beautiful snow-draped trees lined the trails as chapter members and friends snow-shoed or skied the weekend away. Two wonderful happy hours organized by Rob and Rosalie (of Nawakwa Barbecue fame) were eagerly anticipated and enjoyed by the 36 attendees. Some of the above-treeline peaks (4,000 feet and above) were conquered. Avalanche Lake and Avalanche Pass, always awe inspiring, were visited by many of the group. I'm not 100 percent sure, but I think this was my 25th year leading this trip. I took over from Harry Bott who had been running the trip for many years. He asked me to take over for "one year", making arrangements for 8 participants in the "big bunkroom". Over the many "one year later" we have "taken over" the entire loj and the staff always excels in making us feel welcome. Though the group has quintupled the stress always disappears once the first people start checking in. By the end of the weekend everyone is hugging each other farewell and wishing safe trips home.

Until next year's trip I'll be looking at the photos of past weekends and remembering all the good times we've had and thinking about the ones to come!



Avalanche Lake



Glen Nison



Ed O'Donnell, Rich Decoursey, and John Hilley On top of Street Mountain



Rosalie and Renee in Avalanche Pass



Rich Decoursey, Alex Wilkie and Ed O'Donnell on the trail



The Great Room at the Loj



photos by Glen Nison

## Notes From Camp

by Kim Waldhauer, Camp Chair

What a winter! I was so happy to have the chance to skate on the lake, but I'm also happy to watch the ice finally melt.

As the weather warms up, remember to do tick checks after hiking. There's tweezers and rubbing alcohol in the infirmary. Some hikers like to treat their clothes and camping gear with Permethrin. We are trying a product called Tick Tubes at camp, and we are hoping that they will help cut down the number of ticks. Maybe the unusual cold will have helped to reduce them already.

We will soon be ordering some mattresses to replace the damaged ones.

Some club members have found the tankless water heater to be troublesome. It's good to bear in mind that it's also known as an "On Demand" heater. If you turn it on and off in quick succession, it stops making hot water. So, demand that water! Try just leaving the hot tap open, and it will work just fine. It may seem wasteful, but it's not; we more than make up the savings by not maintaining hot water 24/7.

## Tent Platforms

by Derek Lomer

A couple of years ago we built two tent platforms. These have proved to be very popular. Last fall the board approved the construction of one new tent platform and one lounge platform to be located in a shaded area at the swim dock. The tent platform will be the same size and construction as the other two and located along the lake, nearby the others. The lounge platform will be 12'x8', similarly constructed and facing the lake and swim dock. The Park Administration has approved the size and location of these platforms. As with the first two platforms, these new ones will be constructed by member volunteers. The goal is to get them finished before summer so we can all enjoy them this year. I will be coordinating this construction. It will happen in either April, May or June. The advantage to doing it early is fewer bugs and ticks. If any members are interested in participating in the construction of these platforms please get in touch with me via email at derek@adkny.org. If you are an applicant this can be your qualifying work day.

Derek Lomer, Co-Camp Chair



Photo by Glen Nison

## 2014 Locker Renewals and Locker Availability

Many Nawakwa members find it convenient to rent a locker at Camp to store such items as sleeping bag, tent, air mattress, toiletries, towels, spare shoes, change of clothing, hiking gear, camp chair, and other necessities of camp life. The lockers are fairly spacious, and at \$35 a year, they're probably the cheapest real estate you'll ever rent.

If you rented a locker in 2013, you will receive a locker renewal notice during the coming month with instructions for mailing your \$35 renewal fee.

If you don't have a locker currently but would like to enjoy the benefits of having one, you should notify Jerry Flower at membership@adkny.org or drop a note to ADKNY Membership, 802 W. 190th Street #1F, New York, NY 10040 with a check for \$35.

## Boat storage now available

Store your boat at camp for the season! Boats will be stored at owner's risk under cabins 1 or 6 for \$35/season. Contact Treasurer@adkny.org

## Key-holder's Special Option: *The Annual Nawakwa Passport*

For New York Chapter members who are key-holders, there is a new, optional way to cover the cost of Day Fees. Key-holders may continue to pay the \$10 Day Fee for each day they decide to use camp, or for an annual, up-front fee, they may choose to participate in the new ***Annual Nawakwa Passport***, which will cover the Day Fee cost for an unlimited number of visits to camp per calendar year. The Board hopes that, by making the payment of the Camp Fee as convenient as possible, more key-holders will use Camp Nawakwa on a more regular basis. Upon arrival at camp when you sign-in to register at the desk, in the column listed for Day Fee, Passport holders will sign NP and the five-digit number of their Passport. The cost of this ***Annual Nawakwa Passport*** is \$125 per individual key-holder and is non-transferable. Please note that the Passport exempts only one individual adult key-holder from paying Day Fees. There is no family category for the passport. If a key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual.

To obtain an ***Annual Nawakwa Passport***, key-holders should send their request, with their name address, phone number and check (payable to the New York Chapter, Inc.), to the Chapter Chair, Ray Kozma, at:

Raymond Kozma, Chapter Chair  
New York Chapter-ADK  
585 North Railroad Ave-3D  
Staten Island, NY 10304



## New York Chapter Trailblazer Award

In 1992 the Main Club began an Awards and Recognition Program to acknowledge and express appreciation for the the time and effort given by those who volunteer and who help accomplish the mission and goals of the ADK, at the Main Club level and the Chapter level.

Last year, the Board of the New York Chapter decided to avail ourselves of this Awards and Recognition program to recognize and honor some of the New York Chapter members who have given extra-ordinary service to the Chapter and Camp Nawakwa. Last September we presented the first of these awards to Rob and Rosalie Goldberg – the White Birch Award – because for eleven straight years they have made the Annual Fall Barbecue a reality for all of us to enjoy. The award, which consists of a certificate and a patch (both provided by the Main Club), is “given for significant achievement on behalf of ADK in a single facet of the organization,” in this instance for the Annual Fall Barbecue.

In planning for the Winter Social held on January 11th at Fraunces Tavern [see related article and pictures in this Trail Marker], the Board voted to honor three special Nawakwans for their long-term leadership and commitment that have contributed significantly to the growth and development of New York Chapter over the years: Bea Wood, Helga Abel, and Glen Nison. We developed an award for this honor called the New York Chapter Trailblazer Award. It consists of a plaque and a special, one-of-a-kind New York Chapter mug designed and made by Kim Waldhauer (our Camp Chair). A complimentary Annual Nawakwa Passport was also given.

Bea Wood, who joined ADK and the New York Chapter in 1973, served on the NY Chapter Board of Directors as Treasurer, twice as Chapter Chair, and then as New York Chapter Director. She was a Director of the Main Club’s Executive Committee, then second and first Vice-President, and then in 1996 was elected the fortieth president of the ADK Main Club. In between, she served on numerous ADK Committees (Publications, Development, By-laws, Archives, just to name a few). She has received the ADK Distinguished Volunteer Award and now we are pleased to honor her with the New York Chapter Trailblazer Award. Bea has shared her time and talents generously with the Chapter and the Main Club. The award reads, in part, “In your tireless efforts and exceptional dedication to the New York Chapter and the Adirondack Mountain Club, you have been a good friend, and a trusted mentor, to many and have truly blazed a trail for others to follow.” Because of distance (Bea now lives in Philadelphia), Bea was not able to join us at the Winter Social. She will be presented with her award in the Spring.

Helga Abel also joined ADK and the New York Chapter in 1973. For many years she was the Chairperson of the Commissary Committee who, behind the scenes, helped facilitate the good running of weekends at Camp. She herself hosted many weekends and, most notably, co-ordinated and hosted many AMC Invitational weekends at Camp. These Invitational Weekends became the source of many new members for the Chapter. [Note: We hope to re-establish this tradition and plan to host an AMC Invitational this summer.] Those who know Helga know her warmth and graciousness, her friendliness, thoughtfulness and generosity . The Award reads, in part, “Through your enthusiasm and dedication to the New York Chapter and Camp Nawakwa, through your concerns and interests thoughtfully considered and expressed, through all your efforts and good works, your wisdom and counsel generously and gently shared with others over all these years, you have been a teacher and friend to many, and have truly blazed a trail for others to follow.”

Glen Nison has been an ADK and New York Chapter member since 1979. He is, and has been for years, the Chair of our Hikes Committee. For many years he has been leading the Chapter’s Palm Sunday hike to St. John’s in the Wilderness, and for many more years he has co-ordinated and led the annual Presidents Weekend to the ADK Loj. He is one of the Chapter’s Trail Maintainers for the Trail Conference. He is especially noted for his knowledgeable, generous, and friendly participation on numerous weekends. (Is there anyone who has not heard his famous ‘wake-up call’ for breakfast?) He has hosted weekends and special events at Camp, and last but not least, he has generously shared his passion for photography with us. The award reads, in part, “Your friendly manner and generosity of spirit, shown in your willingness to share with others your knowledge and hands-on skills about Camp Nawakwa, have made you well-respected and a friend to many. You have shown dedication and commitment to the New York Chapter and have truly blazed a trail for others to follow.

– Ray Kozma

### Winter Social

On January 11, 2014, the New York Chapter -- ADK convened at Fraunce’s Tavern on Pearl Street in lower Manhattan to celebrate and to revive the club’s traditional annual winter social gathering in New York City. This camaraderie gave members, who may have missed other seasonal opportunities throughout the other seasons to rub elbows at the Nawakwa Camp setting, a winter venue to reminisce and renew friendships. This occasion was well attended by the membership who traveled from far and near to grace this occasion with their presence. On parting it was a common wish by everyone to “Let’s do it again” in the years ahead.

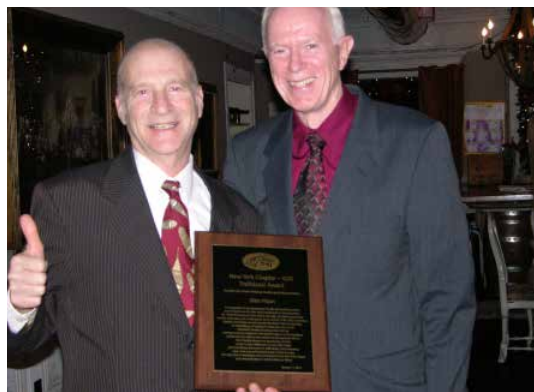
– Everod Carter



Helga with her Trail Blazer Mug



Glen likes his mug, too!

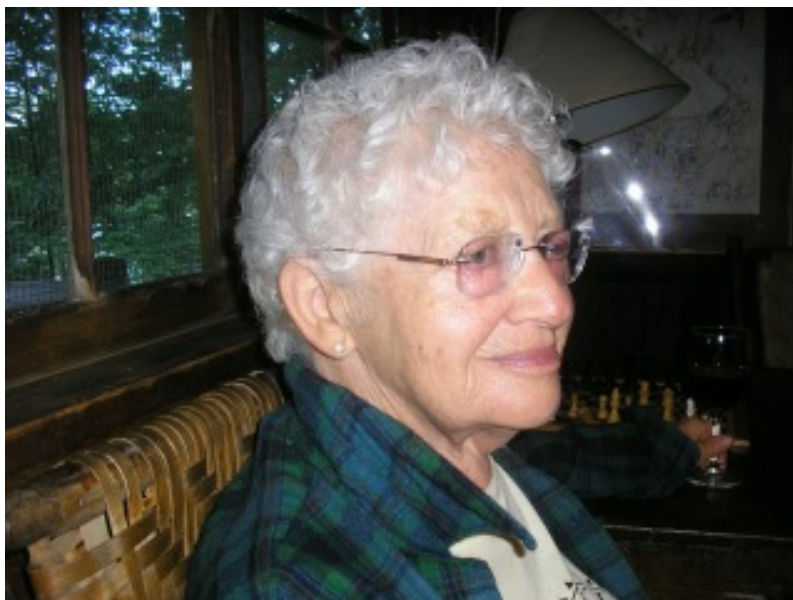


Glen and with Ray making Plaque Presentation



Helga was also honored with a similar plaque





**(Photo by Fred Mazelis)**

### **NY Chapter – ADK Members’ Memories of Fenna Koppleman**

I first met Fenna when I was a teenager in the 1960s. She was friends with my parents through the College Alumni Hiking Club. We were on many hiking expeditions over the years, including in the Adirondacks. Fenna was always cheerful and full of stories about her imaginative activities & stories about her travels to Europe & musical workshops all over. She was an extraordinary inspiration.

Probably my father, Richard Tourin, brought Fenna into ADK. There was a time period when he was active in both the Knickerbocker Chapter ADK, for hiking and jointly with ADK NY Chapter for the Nawakwa camp, where he was active on the board of governors. He possibly brought Fenna into both ADK chapters.

#### **Deirdre Tourin**

So much I didn't know about her, but she never looked backward. My fondest memories are of playing string quartets at her apartment on Sunday mornings, which we did many, many times. And those times we played quartets at Nawakwa.

#### **Bruce Ludwig**

Fenna was such a wonderful member of Nawakwa. It is people like her, over all these years, who contribute to making our Camp such a very special place.

#### **Ellen King**

Fenna was a wise and practical woman. I have never heard her raise her voice, but she can be quite persistent in the causes she believed in.

#### **Hsin Wang**

She was one of my favorite Nawakwans. I fondly remember her Sinterklaas weekends, especially in the late 1980s. She was a warm spirit in the midst of cold winters. I think what we all loved about Fenna was her youthful energy. She has some infirmities, but she was never old in her mind. She was always interested in new ideas, new trends and what we young people (young in those days) people were up to.

My wife has always been grateful for one little thing Fenna taught her. One hot summer day at Nawakwa, Janet was stung by a bee. Fenna was nearby and said, "Follow me." To Janet's astonishment, Fenna went to the cupboard, found some ammonia and put it on the wound. Instantly, the pain went away. Ever since that day, when we are stung, we say "use Fenna's remedy." We tell our friends too. It was typical of Fenna that she would find something inexpensive and completely effective. She will be missed.

**Alex Wilkie**

My memories of Fenna at Camp Nawakwa include her warmth and hospitality while hosting (and baking bread) during Spring Clean-up weekend and Sinterklaas weekend for many years. Until a few years ago, Fenna was still hiking into camp...Even after she accepted rides to camp, she always preferred pitching her tent by her favorite spot near the lake.

I will always think of Fenna whenever I wear my wool knee sleeves in cold weather, a natural healthy tip for arthritis that Fenna shared. (Thank you Fenna!)

**Janet Sibarium**

As one of her "rides" in later years, I so enjoyed her company and wonderful conversations.

**Diane Booth**

She didn't speak at any length about her personal losses. At the same time, she was also intent on enjoying life today and getting as much as she could out of it. She was an accomplished musician and a lover of chamber music in addition to her work with the Brooklyn Orchestra.

Yes, she was a gentle soul, but she had a sort of toughness as well. I cannot claim to have known her as well as some of her other friends, but the word "humane" I think sums up Fenna's outlook and approach to others. She will be greatly missed.

**Fred Mazelis**



I was speaking to her this summer on the porch & she was telling us about her travels in the city on her Vespa. An amazing woman!

**Maryann Poris**

She was such a lovely person, one of the first I met when I joined Nawakwa. I will always remember her Sinta Klaas celebrations and her lovely music. They just don't make them like that anymore.

**Phyllis Stewart**



**Fenna baking bread. (Photo by Glen Nison)**

**March 1-2 Venison Feast.....**Ron Engasser (H) & Lewis Ports (CH) fed Ernie Kriese, Guy Lingley, Glen Nison, Bob Matson, David Miller, Noel Schulz.& Stan. This intrepid group of hungry hikers was not let down. Firing up 3 stoves and getting the Lodge warm was first. It took 4 hours to get the place warm. Guests went hiking, Ice skating and walking across the lake. Ice fisherman were drilling holes in the 16 inch thick ice. I was recovering from Bronchitis and not feeling too well. Guy stepped up and cooked the whole meal. Lewis made Potato Pancakes to go with my Venison Ragout and Red Cabbage. This meal was food to die for, as it was great. Lewis also made an Apple Pie from scratch and Noel peeled all the apples. Three of us tried to fire up the Army stove with little success. You couldn't cook a pot of beans on this magnificent Relic. Interesting conversations centered on the appetizers of Wild Boar Pepperoni, Duck Prosciutto & Drunken Goat Cheese. Noel talked about wild animals in his living room. Outside temps were +9 degrees and we must have burned up half the forest on this night. An interesting night was had by all. - Ron Engasser

