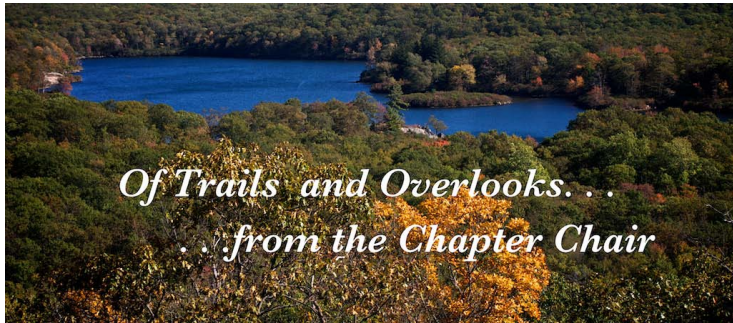


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Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



On Voluntarism and the ADK

The Adirondack Mountain Club describes itself as “a member-directed organization dedicated to the protection and responsible recreational use of the New York State Forest Preserve, and other parks, wild lands, and waters vital to our members and chapters.” The centrality of the volunteer in the workings of the Club is highlighted when we are reminded that: “As a member-directed organization, the ADK relies on the skills, hard work, and commitment of volunteers to accomplish its mission.” For the Main Club, and all the local Chapters, ‘voluntarism,’ defined as ‘the use of, or reliance on, voluntary action to maintain an institution, carry out a policy, or achieve an end,’ is a central key to our functioning. For us of the New York Chapter, the only Chapter that has a Camp as its home, headquarters and base of operation, the “skills, hard work, and commitment of volunteers” is on display every day of the year in the many skilled, talented, and generous individuals who enable the Chapter and Camp Nawakwa to function.

Cooperation and Teamwork

The Ken Burns Documentary on the Lewis and Clark expedition notes that, in the first several months of the journey (a journey that took over two years to complete), there were five different courts-martial held for serious breaches of rules of conduct. But as the narrator of the documentary notes, “By Fall there would be no more serious breaches of discipline.” In effect, this was no longer a group of about forty individuals struggling up river and across country, but had become a team of co-workers, loyal and supportive of one another. Cooperation and Teamwork became the strength of the expedition. As Herman J. Viola writes (in an Afterword in a book on The Journals of Lewis and Clark): “One reason for the expedition’s success was the harmony of its members. The Corps of Discovery demonstrated teamwork at its best - a handful of comrades from different educational and ethnic backgrounds working successfully for a common goal.” The New York Chapter, with its Board of Directors, Committees, and Camp on Lake Sebago, functions as a voluntary community. Nawakwa, with its weekend hosts and list of chores, is run on

a totally voluntary basis. We have our own ‘training ground’ with qualifying events before one can become a keyholder. Camp Nawakwa and the experiences of hosting and participating in the community and fellowship of Camp on the weekend, are considered essential and necessary experiences in order to become a Nawakwan. The one, cherished experience of which long-time members speak fondly are the Saturday Night dinners. The Chapter and the Camp work successfully because of “the harmony of its members.” We in our own way, as did the Corps of Discovery, demonstrate “teamwork at its best...comrades from different educational and ethnic backgrounds working successfully for a common goal.”

Recognition and Awards

In this edition of the Trail Marker, we are happy to announce a new [Volunteer Recognition Program for the New York Chapter](#). Since 1922, volunteers have provided invaluable work and support for the mission and goals of ADK. We of the New York Chapter are, and always have been, indebted to the enthusiastic and generous hard work and commitment of our volunteers. Recognizing the valued contributions and exemplary service of individual members lets them know that they are important to the club and are appreciated for the time, skills, and energy they have donated. A healthy and appropriate recognition of volunteers helps us all by building enthusiasm, renewing our common sense of purpose, and sustaining group loyalty and confidence in the future. Teamwork at its best.
- Ray Kozma

Welcome, New Applicants!

Abigail Kramer
Daniel Panzer
Ann Rice
Mary Weisenbacher

Welcome, New Keyholders!

Laurel Nadler
Mary Hilley

**Latest Donors to Camp Improvement Sustainability Fund
Thank you for your generosity!**

- Suse Wenzel
- the Estate of Ellen Libretto

Saturday, September 28 • Annual Fall BBQ & 87th Anniversary of Camp Nawakwa
Join the celebration with your encore hosts, Rob and Rosalie Goldberg. Don't miss it!!
see page 2

Hosted Weekends:

August–September 2013

(visit www.adkny.org for frequent updates)

To host a weekend or midweek, contact Host Chair:

Janet Sibarium (212) 254 0738

Email: jansib@mindspring.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117

maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

August 10 – 11 • Camp Friends Hosting Encore: Night of the Shooting Stars

Last year's co-hosting was so much fun, that Jill and Hsin decided to do an encore. Enjoy a delicious, healthy seasonal menu (with vegetarian options) and a comfortable, relaxed weekend. If the night is clear, we'll also catch the annual Pleiades Meteor Shower.

Co-Hosts: Jill Appel and Hsin Wang (registrar)

hzw31@verizon.net

Midweek: August 12 – 16: Need Midweek Host(s)

August 17 – 18 • Grilled Fish BBQ

Here is your opportunity to savor grilled fresh fish by Chef Everod at Camp Nawakwa. (To entice your palate, check out photo in last Fall's Trail Marker.) Seasonal vegetables and fruits will round out the menu. Healthy, light, tasty variety of foods will satisfy all. Bring your sense of humor and willingness to help produce a simple feast with easy preparation and clean-up!

Co-Hosts: Everod Carter 718-271-1219 &

Janet Sibarium jansib@mindspring.com 212-254-0738

August 19 – 23 • Midweek Host: Steve Barre

August 24 – 25 • Bring your Friends Weekend

Now is the time to invite the friends you have been telling about Nawakwa for a week-end designed to introduce them to what we offer in hiking, swimming, boating and socializing. Please register via e-mail.

Co-Hosts: Jerry and Susanne Flower

jerry.flower@verizon.net

August 26 – 30 • Midweek Host: Kim King

Labor Day Weekend • August 31– September 1

End the summer season with a traditional BBQ, plenty of seasonal vegetables and fruits and lots of fun!

Host will be midweek host at camp before the weekend, so no emails please.

Host: Kim King

Camp: 845-351-4135

Cell: 845-802-3518

September 3 – 6 • Midweek Host: Derek Lomer

September 7 – 8: Need Host(s)

September 14 – 15: Need Host(s)

September 21 – 22: Need Host(s)

Saturday, September 28 • Annual Fall BBQ & 87th Anniversary of Camp Nawakwa

Join the celebration with your encore hosts, Rob and Rosalie Goldberg, for this all day not-to-be-missed event!

Date: Saturday, Sept. 28th

Time: All Day: BBQ at 5:00 p.m.

Price: (Includes Day Fee and BBQ):

\$30 per adult

\$20 per child (4 – 13 years old)

Please indicate if you wish vegetarian or chicken or beef meal

Your reservation and check must be received by Thursday, Sept. 19th.

Please mail your check, payable to "Robert Goldberg":

Mr. Robert Goldberg

118 Lake Avenue

Ithaca, NY 14850

Questions???? E-mail Rob: robg741@gmail.com

Overnight and Sunday, September 29:

Staying Overnight after the BBQ? Join Teresa for breakfast and lunch and catch up with this veteran host. Please e-mail registration by Wednesday, September 25th.

Overnight and Sunday Host: Teresa Marrero
tmarrero60@gmail.com

A donation of \$10,000 in the memory of **Ellen Libretto** has been contributed to the ADKNY Chapter Nawakwa Camp. In addition, "**Ellen Libretto and Adam Conrad**" Endowment Fund will support various ADK projects with substantial donations.

The Board of Directors would like to thank the Estate of **Ellen Libretto** for this generous donation to the New York Chapter of ADK. She will be remembered and missed.



Glen Nison

Hikes: August–September 2013

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison
718-625-2182
gnisonbike@juno.com

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, August 24 • Trail clearing on a section of the TMI

Meet at Nawakwa at 10:00 AM sharp. Bring clippers & pruners or use those provided. Bring your lunch and plenty of water.

Qualifying. Register with leader by 8:00 PM on August 23 and let leader know if you are bringing trimming tools.

Leader: Noel Schulz tel 201-445-6445 or
noelschulz@verizon.net

Saturday, September 14th • Green Pond Island Pond Circuit

Starting from the Elk Pen parking area and using a variety of trails and woods roads (including a newly re-located section of the Stahahe Brook Trail), we will take in views of Green Pond and Island Pond, with lunch at either Green or Island Pond.

The Elk Pen is off Arden Valley Road close to the NYS Thruway, accessed from Route 17 just south of Arden. We will pass through the Valley of Boulders and see some nice views from the Green Pond area. There is a moderately strenuous uphill at the start of the hike and a downhill back to the parking area. The rest is easy walking. **Qualifying** about 6-7 miles. Bring lunch, water, snacks, rain gear, and wear sturdy hiking shoes. A ride from Sloatsburg or Tuxedo can be arranged for those coming up by way of public transportation. **Leader: Ray Kozma. Telephone: 917-406-3782.** Please call to register by Thursday, September 12th.

Saturday, September 21 • Fort Tryon & Inwood Hill Parks with a visit to the Cloisters

Around 3 miles at a very moderate pace. Meet 11am on benches at Fort Washington Ave. & 190th St. (Take "A" train to 190th St. and elevator up to Fort Washington Ave. -- or take #4 bus directly to 190th & Fort Washington.) After a stroll through the Heather Garden, we'll head on to Linden Terrace, the highest point in Fort Tryon Park and the second highest natural elevation in Manhattan, with great views of the Hudson and of the city. After lunch, we'll continue through the rest of the park, including a visit to the Cloisters (admission is "pay what you wish" -- \$1 is fine). Then we'll walk through Inwood Hill Park -- the largest forested area in Manhattan. The walk should end around 4pm with a pause for refreshment at the Indian Road Cafe on 218th St. (near the 215th Street stop on the #1 subway) No need to register, but you must call or preferably email me beforehand to make sure that the walk is on. No smoking. Not Qualifying (but come anyway!)

Bob Susser: rsusser@aol.com, 212 666-4371.

Saturday, September 21 • One way hike from Route 17 & 17A to Tuxedo

via Parker Cabin Hollow, White Bar, Triangle and Ramapo Dunderberg trails. Leaders will meet NYC bus arriving about 9:30 at the commuter parking lot at Rt 17 & 17A intersection.

Qualifying. Leaders: Steve Zubarik szubarik@optonline.net and David Miller snoop353@gmail.com

Saturday, September 28 • Manitou Point and Manitoga

A moderate scenic hike of 7 miles. Train riders take the 8:44 a.m. Hudson Line train, at Grand Central Station (8:55 at 125th Street), sitting in last car, to Manitou Station, where the group meets at 9:50 a.m. Leader will be on the train. Drivers take route 9D east of the Hudson about 1 mile north from the Bear Mountain Bridge and go left (west) 3/4 mile on Manitou Station Road to the small station to meet the train. The hike will go through the Manitou Point Nature Preserve next to the Hudson and then move on to Manitoga (listed on the National Register of Historic Places) for further hiking. All hikers please call leader regarding arrangements.

Qualifying. Leader: John Lipsett, work 212-867-8280, home 212-864-6109.

Saturday, October 12 • Garrison. Osborn Loop

Woods roads and trails, with a substantial uphill at the start (but no scrambling). Around 7 miles at a moderate pace. It's not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50 MetroNorth Hudson Line train from GCT, arriving in Garrison at 11. You can connect to this train by taking the 9:40 local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon. Please use the restrooms on the train and please sit in the first or second open car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Garrison station. Park in the large commuter parking lot on the east side of the station. Out in time for the 5 pm train back to NYC. Sorry, but no children; no pets; no smoking.

Qualifying. Bob Susser 212 666-4371; rsusser@aol.com. Members only



Glen Nison

NOMINATING COMMITTEE— REQUEST FOR NOMINEES

Dear fellow Nawakwans,

Because it is unlikely that the nominating committee will be able to meet personally with most of you over the next month or so, we wanted to take this opportunity to reach out to each of you for any recommendations you may have for someone to serve as a Board Director. We are seeking your recommendations to replace one director on the board, and while Janet Sibarium graciously has accepted to run for Secretary yet again (thank you, Janet!), you certainly are free to also recommend someone to run against her, if you wish). Keep in mind that whomever is elected may attend some board meetings by phone, so there is no necessity to come into the city for every single meeting. What we need is someone with a love of Nawakwa and a willingness to assist in navigating through, weighing in, and voting on the issues that will come up during his/her 2-year tenure on the Board. Any suggestions you may have would be greatly appreciated! Please send your recommendations to:

Ruby Kornfeld, rubyk@nyc.rr.com

Teresa Marrero, tmarrero60@gmail.com

Steve Zubarik, szubarik@optonline.net

Volunteer Recognition Program for the New York Chapter

Since 1992 the ADK has had a Volunteer Recognition Awards program. These are awards made to certain individuals because of outstanding contributions made by these individuals to the Club. The Board of Directors for the New York Chapter has decided that the Chapter should join in the Volunteer Recognition Program so as to honor some of the extraordinary volunteers we have among us.

Volunteers, who are the foundation of all we do as the New York Chapter, give of their time because they are helping accomplish the mission and goals of the ADK whose values they share. Recognition lets a volunteer know that they are important to the club and appreciated for the time and energy that they have donated. Building enthusiasm, having a common sense of purpose, and sustaining group loyalty and confidence in the future are all enhanced by having a healthy and appropriate recognition of volunteers.

As this Trail Marker goes to press, the details of such a Recognition and Awards Program are being worked out. Individual members who have given exemplary volunteer service will be recognized at the Fall Barbecue in September and at the Winter Social that is also being announced in this issue of the Trail Marker.

- Ray Kozma, Chapter Chair



Nawakwa box turtle

Kim Waldhauer

Key-holder's Special Option: *The Annual Nawakwa Passport*

For New York Chapter members who are key-holders, there is a new, optional way to cover the cost of Day Fees. Key-holders may continue to pay the \$10 Day Fee for each day they decide to use camp, or for an annual, up-front fee, they may choose to participate in the new *Annual Nawakwa Passport*, which will cover the Day Fee cost for an unlimited number of visits to camp per calendar year. The Board hopes that, by making the payment of the Camp Fee as convenient as possible, more key-holders will use Camp Nawakwa on a more regular basis. Upon arrival at camp when you sign-in to register at the desk, in the column listed for Day Fee, Passport holders will sign NP and the five-digit number of their Passport. The cost of this *Annual Nawakwa Passport* is \$125 per individual key-holder and is non-transferable. Please note that the Passport exempts only one individual adult key-holder from paying Day Fees. There is no family category for the passport. If a key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual.

To obtain an *Annual Nawakwa Passport*, key-holders should send their request, with their name address, phone number and check (payable to the New York Chapter, Inc.), to the Chapter Chair, Ray Kozma, at:

Raymond Kozma, Chapter Chair
New York Chapter-ADK
585 North Railroad Ave-3D
Staten Island, NY 10304

Archivist Needed

The Board is seeking someone to fill the role of Archivist for the New York Chapter. After 90 years, we have accumulated a lot of history, but have never collected and catalogued it in any organized fashion. If we could do so, such an archive would be a benefit for the Chapter now and for the future. Knowing our history (literally a 'radical' thing, since it will take us back to our roots) could be both inspiring and rejuvenating for the New York Chapter, as well as a resource for future research.

An archive, by definition, is "a place or collection containing records, documents, or other materials of historical interest," "a repository for stored memories or information." The Archivist is the one who would find/collect the material and store/organize it. Implicit (in these days of computers) is the possibility of having tapes or videos, perhaps recordings of the recollections and reminiscences of those long-time members or a visual tour of Camp Nawakwa. In addition to the physical storing of material, our web page could offer an electronic way to have the material available for easy access. The Archivist, of course, could be a committee and not just one person, the members of which could all share in working together for the common goal. If you have an interest in this new position, please speak to any of the Board members or contact Ray Kozma, the Chapter Chair, at rmk129koz@aol.com.

In Memoriam: William J. Hentschel



Of Bedford, formerly of Acton, died June 5, 2013 at the Carleton Willard Village in Bedford, MA. He was 95 years old. Mr. Hentschel was predeceased by his first wife, Virginia (Miller), in 1998, and by his second wife, Mary-Amy Cross (Orpen), in 2010. William was born in Brooklyn in

1917 and grew up in Forest Hills, NY. He attended the Brooklyn Technical High School for math and science, and the Polytechnic Institute of New York University. Employed as a Civil Engineer, he retired at age 70 as Director of Terminal Engineering for the United Brands Company. Professionally, he was noted for his skill in designing shipping terminals throughout the world. He held a United States Patent for Low Pressure Storage of Metabolically Active Material With Open Cycle Refrigeration. During World War II, he worked for military intelligence to identify strategic sites for demolition. Mozart, sailing vessels, geology, climbing mountains and hill walking were life-long passions. Up until his mid 80s he led canoe trips down the Allagash River. Mr. Hentschel is survived by his daughter, Janet Hentschel, her husband Gregory Schmidt of Carlisle, their three children, Emma, Hugh and Owen; and by his daughter Winifred Hentschel and her fiancé, Philip Trackman, of Cambridge. He is also survived by his stepson Kelvin Cross of Boston and NH with whom he shared a special relationship.

“I met Bill a few times during the late 1980s and early 1990s. I think I met him because his daughter, Janet, drove him from MA to the camp. He was a tall, impressive, vigorous man. He was a good friend of Sally Stallard. I’m not sure how he got involved with Nawakwa, but it must have been in the early days when he was studying at Polytechnic. I suppose I met him when he was in his late 70s and although a little careful on the trails, he certainly didn’t need anyone to slow down for him. He had the energy of a man 20 years his junior. He had entertaining stories of working with the Dole corporation in its various plants around the world. I wish I could remember those stories.”
—Alex Wilkie

“Bill Hentschel loved the Adirondacks ever since spending his boyhood summers at Star Lake. An ADK member since 1941, he was number 86 when he completed his 46 in 1950. He was also number 18 in finishing the 111. He often said that the trailless peaks back then were truly trailless. A former Chairman of the New York Chapter of the Adirondack Mountain Club, he lived for hiking and canoeing. His favorite Adirondack times were winter mountaineering on Haystack, Saddleback, and of course, his beloved Marcy. He considered himself fortunate to have spent many a winter night in the lean-tos above 3,500 feet – especially the old Plateau lean-to. He visited Noah John Rondeau at Cold River numerous times; when Rondeau later worked at Santa’s Workshop in Wilmington as Santa Claus, Bill’s daughter was happily surprised when “Santa”, upon seeing her Dad, hollered out “Bill! Over here!” The family keeps a framed photograph of the December/January 1968-69 edition of the New York State Conservationist magazine: on its cover is Bill Hentschel standing in the foreground, wearing his winter mountaineering gear – woolen knickers, wooden snowshoes, ice axe, crampons, and international orange backpack, against the backdrop of Algonquin. His friends called him “Cover boy”.”
—Janet Hentschel



Glen Nison



Giacomo Servetti

Advance Notice: The New York Chapter Winter Social

For many years the New York Chapter held a Winter Social for the general membership. The gathering was held in Manhattan, at a conveniently located restaurant, where all gathered for lunch and drinks. The Board has decided on re-introducing this tradition and announces the following :

New York Chapter Winter Social

Date: January 11th, 2014

Place: Rosie O'Grady's

800 7th Ave (cor. of 52nd St.)

New York, New York 10019

Tel: 212-582-2975

Cost: TBA

The Winter Social would provide us with another way to meet and relax with fellow New York Chapter members. It would give older members who are no longer able to get to Nawakwa a convenient and enjoyable way to join with old friends. And it would provide an official and public venue that would allow us a way to recognize and honor some extra-ordinary members of the club. Final details of the event will be announced in the next Trail Marker.

ADK-NY TRAIL VOLUNTEER HOURS—SPRING 2013

Compiled by Trails Chair and NY Chapter Director Bill Burns

Maintainer	Trail	Work Hours	Travel Hours	Total Hours
#1-John Lipsett	RD—Tuxedo to Rt.106—4.13 mi.	23	8	31
#2-Janice Dunham and Yajing Lee	Triangle—Tuxedo to Parker Cabin at White Bar — 3.3 mi.	5	1	6
#3-Ingrid Strauch	Triangle—White Bar@Dutch Doctor to WB@ Parker Cabin—1.95 mi.	9	9	18
#4-Jack Papirio	AT—Orange Tpk. to Mombasha Rd.—1.4 mi.	3.5	1.5	5
#5-Glen Nison	White Cross—TMI to RD—2.15 mi.	3	1.5	4.5
#6-Debbie Melita	AT—Rt. 17 to Orange Tpk.—1.8 mi.	4.5	1.5	6
#7-Steve Zubarik and Rick Andrias	Long Path—Greenbrook Sanctuary to GWB—5.1 mi.	39	13.5	52.5
#8-Richard DeCoursey	White Bar—Rt. 106 to ASB—2.05 mi.	5.5	7	12.5
#9-Noel Schulz	TMI—RD to Sebago Dam—2.4 mi.	12	2	14
#10-Elizabeth Ruiz-Gomez	White Bar—Johnsontown Rd. to Triangle Trail—1.5 mi.	6.5	6	12.5
#11-Bill and Carol Burns	TMI—Sebago Dam to Break-neck Ridge trail—2.75 mi.	25	18	43
#12-Giacomo Servetti and Kim Waldhauer	White Bar—Triangle to Route 106—3.8 mi.	26.5	4	30.5
	Total Hours	162.5	73	235.5

Gazebo Re-dedication, July 20 2013

Construction on our Gazebo at Camp was begun in 1996 and completed by the new camp season of 1997. The official dedication of the Gazebo, in memory of all deceased members of the New York Chapter, was held on July 19, 1997. On July 20th this year, a re-dedication of the Gazebo was held. The Gazebo is all spruced up, and the new and weather-proof memorial plaque has been installed. As we have lost more of our members over the years, this re-dedication provided all present an opportunity to remember gratefully all those deceased New York Chapter members who have helped make the Chapter and Camp Nawakwa so special. Thanks to all who attended the ceremony and especially those who shared their personal stories, it was a special event.



Photos by Glen Nison Composite by Giacomo Servetti

MARK YOUR CALENDARS

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Host: Kim King

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Overnight and Sunday, September 29:

Staying Overnight after the BBQ? Join Teresa for breakfast and lunch and catch up with this veteran host.

Overnight and Sunday Host: Teresa Marrero

See Page 2 for all details.