

THE TRAIL MARKER

Published bimonthly by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 2276, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



Chapter Chair's Message

by Ed O'Donnell



Seasons Greetings! Never to be kept idle and unproductive by the cold weather, the Board has been pushing forward to address many issues. But first, we had a wonderful Thanksgiving. Hosted by Chapter Director Ingrid Strauch and yours truly, we brined two fifteen pound turkeys and fed twenty for dinner with fifteen staying over for breakfast. Jerry and Susanne Flower contributed their traditional oysters parmesan with sherry, while Ingrid made a super carrot soup (see recipe in this issue) to keep us warm through the afternoon.

Down to business. We've struggled to find a Treasurer, and thankfully, Tom Schiels has been elected to that office. It's amazing how much work goes into the position, so one can understand that it was difficult to find someone to accept the responsibility. Our by-laws call for an annual financial accounting. This is not necessarily an audit, and we have gotten a volunteer from the Chapter (though not a key holder) who is also a CPA to perform the task. In addition, the by-laws allow us to appoint a bookkeeper. Bruce Rosenbloom, a long time key holder, has agreed to take on the bookkeeper duties and in a very short time has churned out an amazing amount of work. First, we have purchased an online edition of QuickBooks, a software package that will allow us to more closely track transactions, create reports, and fulfill our obligations for financial reporting. We hope to have a 2008 and 2009 report available shortly. We will probably post it to the Members-Only section of the web site, and make available hard copies to those not online. Second, Bruce has created a chart of accounts that is very detailed, and divides chapter versus camp expenses, as required by the by-laws. Many thanks to Bruce for all the hours of hard work.

Derek Lomer, our Camp Chair, has also been elected to the Board, and he has been working diligently to improve our facilities. The list of maintenance, repairs and MCI's (Major Capital Improvements), reviewed at the Annual Meeting is being tackled. Most importantly, we have completed the work needed to get the 25% lease credit from the park. This consists of asbestos testing of several cabin roofs. Derek has

determined that one of the cabin's roofs needs replacement next year, and the Park (not us) **REQUIRES** that ALL roofs be tested for asbestos before any attempted repairs. The testing is in progress, and we await the report. Our plan would be to replace one roof next year to fulfill the 2010 lease credit. In addition, a number of other maintenance tasks have been completed, while others, such as fencing around the outhouse leaching pits are yet to be completed.

In addition, David Miller has been elected as a Director. He already has done 'yeoman's work' by reviewing and renewing both our liability and Directors and Officers insurance policies. It's reassuring that we have such competent and skilled persons on the Board.

At the December Board meeting we entertained a presentation from Herb Coles of the ADK Trails Committee. He has asked that we allocate a percentage of a possible Main Club donation to maintenance of the Klondike Notch trail between Johns Brook Lodge and the ADK Loj at Heart Lake. The trail has severe water damage and DEC/Dept. of Environmental Conservation just does not have the resources to make the repairs. Our Chapter at times in the past has made an annual donation of about \$1000 to the Main Club, and if we continue to do so, we may consider Herb's suggestion. We can ask that this amount or any part of it be allocated to this project, or we could donate more money for this specific endeavor. Please feel free to communicate with any Board member your feelings about this issue. We value your feedback.

Lastly, finances. Expenses are rising: insurance rates, printing, postage, etc, while camp revenue has fallen. The Chapter spends about \$5000 per year on printing and postage costs for hard copies of the Trail Marker. While most newer members are viewing the TM electronically on the web, many other members are not. This issue of the TM will be a three month edition (January – March 2010) as a cost saving measure, especially as there is only one hosted weekend. We will listen to your feedback to see if a January – March consolidation should be continued in 2011. Further 2010 editions will be bimonthly (April – May, etc.). But we are requesting, in the name of both fiscal prudence and environmental consciousness (save the trees), that you seriously consider moving to the electronic edition of the TM, and stopping your paper subscriptions. If you are ready to move to the online edition (with COLOR photos, updated information between paper editions, and hyperlinks to web sites and e-mail addresses), please contact me at eodonn2236@aol.com or 212-777-5206.

Well that's certainly enough for now. See you on the trails.
Ed O'Donnell
Chapter Chair



Photo by Lisa Bedford

Tidbits

by Conservation Chair Peter Varley

This month we begin a new feature, "Tidbits". Tidbits are excerpts from an article about an environmental issue, reported by a likely or unlikely source. Tidbits' purpose is to convey information and to provoke further thought. A source list will be maintained so follow-up will be possible.

- Texas is the largest emitter of greenhouse gases in the US. The EPA is aggressively reviewing lax permitting processes there.
- Weak demand for electricity in the third quarter, 2009, is likely to continue. Southern power generating companies plan to shut 29 coal-fired plants in next 10 years. Nuclear power seen as coal replacement.
- The New York State bottle deposit law is 26 years old and has recycled 6 million tons of materials at no cost to local governments, saved 52 million barrels of oil and eliminated an estimated 200,000 metric tons of greenhouse gases each year.
- Efforts to increase percent of ethanol in E85 and other ethanol/gasoline mixtures is an attempt to revive an ailing ethanol industry. Ethanol is harmful to engines, causing erosion of plastic parts.
- Cars and light trucks bought by Americans in 2009 averaged 21.1 mpg. This compares with average mpg of 21.0 in 2008.
- Retailers have trade-in programs. Best Buy, Sears, Walmart, and Costco accept out-dated electronic gadgets and give gift cards in return.

If you have any "Tidbits" you would like to share, contact peter@adkny.org. Please include the source of your "tidbit".

Hosted Weekends: January 2010

(visit www.adkny.org for updates)

Martin Luther King 3 - Day Weekend, January 16, 17 and 18th

Join us as we start off 2010 with food, fun and frolic!
Call 212.928.1337 to register for the weekend by Wednesday, Jan. 13, 10:00 PM and let us know what meals you are registering for and whether you are a vegetarian. Be prepared to hike/snowshoe/crampon in with all your gear as the road may not be plowed (hint - bring a kiddy sled to hold your gear). We have plenty of wood to keep the home fires warm and welcoming. Monday's lunch will probably be leftovers and we usually leave in the early afternoon. (Don't forget if you register and don't show up you get charged for the food costs incurred).
Co-Hosts: Rich Decoursey, Larry and Deanna Scoones.
212.928.1337

Volunteers Wanted!

We are always seeking volunteers to lead hikes. Familiarity with trails and hiking experience is all that is required. If you are interested, please contact the Hikes Chairperson.

Hikes: January-April 2010

(visit www.adkny.org for updates)

Hikes Chairperson: Glen Nison
718-625-2182
gnisonbike@juno.com

Sunday, January 17 • Croton Point Dog Friendly

Walk on Hudson River shoreline on slippery rocks and on, under, and around fallen trees and look for Bald Eagles. Expect to get muddy. Dogs welcome but at all times must be under control of their owner. Approx. 7 miles at a moderate pace with ups and downs. Qualifying and joint with AMC. Meet at Croton Harmon train station at 9:50am (train leaves Grand Central Terminal at 8:50am).
Leader: Richard Weinberg 914-271-0059
richard_m_weinberg@yahoo.com

Sunday, January 17 • Riverside Park

A moderate, level walk from 116th St. to 66th St. followed by a nice bowl of hot soup (or whatever) at Ollie's. Meet 10:30 inside the Broadway & 116th St. subway station, but outside of the turnstiles. Optional small contribution for Riverside Park Fund. Will take place no matter what the weather, but call or preferably email me beforehand to make sure that the walk is on. No smoking. Not Qualifying.
Bob Susser, 212-666-4371; rsusser@aol.com

Saturday, January 23 • Nyack Circular

Moderate 7-mile circular hike from Towt Road, Nyack, including Buttermilk County Park trails, Buttermilk Falls and the Long Path with views including the Hudson. Bus riders take the Coach Red and Tan 9 bus to Main St. and Broadway, Nyack boarding at Port Authority at 8:15am and arriving at Nyack at 9:26am. Leader will board the bus either at the

(hikes, continued)

Port Authority or George Washington Bus Term. Drivers wait for the bus riders at the parking lot next to and south of the standing clock located on Main St., Nyack a short distance west of Broadway (drivers arriving via 9W look for the rt. 59 exit sign and exit east (onto Main St.) and not west onto rt. 59, and follow Main St. ½ mile to the clock). There will be a one mile shuttle to Towt Road. All hikers please call leader. Qualifying.

Leader: John Lipsett 212-867-8280 work
212-864-6109 home

Saturday, February 6

Take a one way hike on Long Path along the top of the Palisades from the George Washington Bridge to The Greenbrook Nature Sanctuary. 5.4 miles. Stabilicers may be required. Qualifying. Please contact leader: Steve Zubarik by Friday, Feb 4th for details szubarik@optonline.net or 845-786-3247.

Saturday, February 6 • Bronx Botanical Gardens

No flowers but plenty of stately, snow-clad trees in this winter wonderland. Then warm up in the tropical atmosphere of the conservatory. Take the 10:23 Harlem Line train from Grand Central, arriving at the Botanical Garden Station at 10:42. Fare OW \$3.50 with "City Ticket." Or, take the No.2 subway to Allerton Ave., then the No.26 bus to the Mosholu Gate. Meet just outside the Mosholu Gate at 10:45. Admission to the Gardens is free on Saturdays until noon. Conservatory admission: \$8/Srs.\$7. If driving, park in the lot by the station (\$10) or on a nearby street. No coordination of rides. Visit will end around 3 but, of course, you are free to leave at any time. Call or preferably email me beforehand to make sure that the visit is on. Bring lunch and beverage, or buy it in the cafeteria. Sorry, but no pets; no smoking. Not Qualifying. Bob Susser 212-666-4371; rsusser@aol.com

Sunday, February 21 • Johnstown Circular

A winter wonderland walk on the White Bar, Triangle, and other trails, passing by Lakes Skenanto and Sebago. Around 7 miles at a moderate pace. Lunch indoors at ADK lodge on Lake Sebago (\$2 use of facility fee). Gaiters and/or creepers may be necessary (ask me about this). Out around 4, in time for the 4.28 train back to Penn Sta. Call or preferably email me beforehand to make sure that the hike is on and if you need or can offer a ride from NYC. Take the 9:11 Jersey Transit train from Penn Station, changing at Secaucus for the 9:31 train to Sloatsburg arriving at 10:12. (Fare: RT\$16.75/Srs.OW\$5.25) Please sit in the 1st or 2nd car of the train. Or take the 9:10 ShortLine bus from PABT arriving in Sloatsburg at 10:07. (Fare: RT \$25.90/Srs.\$12.90.) Leader waits for both bus and train. Sorry, but no children; no pets; no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Sunday, March 14 • Tallman Mountain Circular

Join us for an easy hike along the cliffs of Tallman Mountain State Park and enjoy great views of the Hudson River. We'll finish with a walk on the one-mile long pier. Joint with AMC and qualifying. Take Rockland Coaches (Coach USA) bus from Port Authority, South Wing gate 220. Tickets at windows 11-15. Bus also departs from George Washington Bus Terminal at 9:40am arriving in Piermont, Rockland County 450 Piermont Avenue at 10:17am. Approx. 6 miles at a moderate pace. Leader: Renate Jaerschky 845-368-1749

Sunday, March 14 • Southern Harriman

A moderately paced, 8-mile hike to see what winter has wrought in southern Harriman State Park. (Note that daylight savings time begins March 14.) Rain cancels. Bus riders take 8:30 AM Shortline bus to Sloatsburg. Drivers meet bus riders at 9:15 AM in the Sloatsburg Municipal Building parking lot off Rt. 17, just north of the train station and firehouse. Joint with AMC; qualifying.
L Ingrid Strauch
ingrids@rapaportpublishing.com.

Sunday, March 14 • A walk through Inwood & Fort Tryon Parks, with a visit to the Cloisters

Around 4 miles at a moderate pace. After a stroll through Inwood Park, we cross over into Fort Tryon Park -- with its majestic outlook over the Hudson -- for lunch (bring lunch and beverage). After lunch, a visit to the Cloisters (admission is "pay what you wish" -- \$1 is fine), then through the rest of the park, including the Heather Garden. Take A train to 207th St. -- meet 10:30 on the corner of 207th & Broadway. The walk should end around 3. Give me a call Saturday evening if the forecast calls for rain or thundershowers. No smoking. Not Qualifying. Bob Susser: rsusser@aol.com, 212 666-4371. station. Moderately – paced, 7-mile hike with ups and downs. Qualifying and joint with AMC.
Leader: Richard Weinberg 914-271-0059
richard_m_weinberg@yahoo.com

Sunday, March 28 • Traditional Palm Sunday Hike

The New York Chapter's annual Palm Sunday hike to St. John's Church has been a tradition since the 1930's. The 6-7 mile hike will be mostly on trails, so good hiking boots should be worn. Bring lunch (hopefully a nice warm lunch break near Breakneck Pond), water, snacks, extra clothing (the weather in late March can be cold and wet) and a sense of adventure. This is not a stroll, it is a hike and will be qualifying. The actual hike will start at the camp road near Seven Lakes Drive at about 10am, but the cars (except for one or two) will be left at the Church earlier.
ALL PARTICIPANTS MUST REGISTER WITH GLEN NISON (718-625-2182 or gnisonbike@juno.com) by Thursday night, March 25. Please leave your name, number of people in your car and your phone number and whether you need directions to the church (it's off of Lake Welch Drive). Unless Glen gets back to you plan on getting to the church by 9:30am on Sunday morning. All the drivers will meet at the church and only one or two cars will return (with the drivers of all the other cars) to the camp road where those one or two cars will be left. The hike ends at the church and the drivers of the cars left at the ADK camp road will get a ride back to get their car. The service starts at 3PM and is followed by a nice buffet at the barn across the road from the Church. Many different hiking clubs meet for this event. Glen will probably be at camp on Saturday night. Heavy rain may cancel or shorten the hike -we go in snow! Glen will try to arrange a pick up at the Sloatsburg Bus stop (8:30am Shortline Bus from Port Authority arriving in Sloatsburg across from mini-mall at 9:12am) but can't guarantee that it will work out since it depends on other drivers. Why not spend the weekend at Nawakwa (it may be a hosted event, check www.adkny.org for updates). Check out the church's website at www.stjohnsinthewilderness.org

(hikes, continued)

Saturday, April 3 • Ringwood Circular

Join us for an easy hike at a slow pace up to the ridge of Mt. Defiance. Enjoy some nice views, pass three lovely ponds and walk through the beautiful formal gardens of Skylands Manor House. Joint with AMC and qualifying. Five miles at an easy pace with a few ups and downs. Take 8:45 am Coach USA / Short Line bus. Purchase ticket at Short Line Ticket Windows (north wing). Train arrives in Suffern, Rockland County at 9:38am. Meet in parking lot opposite bus ticket office near jct. Rtes 59 and 202 in business district.
Leader: Renate Jaerschky 845-368-1749

Saturday, April 3 • Garrison

Osborn Loop. Woods roads and trails, with a substantial uphill at the start (but no scrambling). Around 7 miles at a moderate pace. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50 train from GCT arriving in Garrison at 11 (fare: OW\$10.25/Srs.\$6.75). You can also connect to this train by taking the 9:40 local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon. Fare: OW\$7.75/Srs.3.75. Please use the restrooms on the train and please sit in the first or second open car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Garrison station. Park in the large commuter parking lot on the east side of the station. Sorry, but no children; no pets; no smoking. Qualifying. Out in time for the 5 pm train back to NYC. Bob Susser 212 666-4371; rsusser@aol.com

Saturday, April 10 • Mt. Taurus

A long uphill, but at a moderate pace, and rewarded with spectacular views of the Hudson Valley. Around 6 miles. It isn't necessary to register, but you must call or preferably email me beforehand to make sure the hike is on, and if you need or can offer a ride from NYC. Take the 9:50 train from GCT arriving in Cold Spring at 11 (fare: OW\$10.25/Srs.\$6.75). You can also connect to this train by taking the 9:40 local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon (fare: OW\$7.75/Srs.3.75). Please use the restrooms on the train and please sit in the first or second open car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Route 9D North to Route 301 (which is Main St. in Cold Spring), left on Main St. to its end at the Depot Cafe. Park temporarily in their parking lot or on a nearby street. Out around 4, but you might want to hang around in Cold Spring for a while afterwards for some refreshment. No children, no pets, no smoking. Bob Susser 212 666-4371; rsusser@aol.com

Saturday, April 17 • Fahnestock

Various trails through woods and high-level meadows with alpine-like vistas. Around 8 miles at a moderate pace. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50 Hudson Line train from GCT, arriving in Cold Spring at 11. Fare: OW\$11.25/Srs.\$7.50. Connection to this train may also be made by taking the 9:40 from the Marble Hill station (a block west from the 225th St. subway stop on the #1 train) and changing at Croton-Harmon. Fare: OW\$8.50/Srs.\$4.25. Please sit in the 1st or 2nd open car of the train, and please use the

restrooms on the train. Drivers from NYC: Saw Mill River to 9A, to 9, to 403, to 9D; make a left on 301, which is Main St. in Cold Spring. Go to the end of Main St. and park temporarily in the parking lot of the Depot Cafe or on a nearby street. There will be a short shuttle and we will be taking all of the cars. Out around 5, but plan to hang around for a while afterwards for some refreshment at the Depot Cafe. Sorry, but no children; no pets; no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com

Electronic Trail Marker

Many members have opted to receive this newsletter electronically over the internet, rather than have a printed version mailed to them. It's nice to get things in the mail, and the Trail Marker is printed on paper that has been at least partially recycled. But it still has to be printed, which costs money, and it has to have postage on it to be mailed.

If you would like to change the way you receive the Trail Marker to the electronic method, simply send an email to membership@adkny.org requesting that you would like to switch to electronic delivery. Be sure to include your name; some e-mail addresses don't reveal the sender's name. You will then be taken off the list for the printed version.

Each edition of the Trail Marker will be available around the first of each other month. Email notifications will be sent to all chapter members that have email. The message will contain a link to download the newsletter. Right-click on the link and "save as" to start downloading the edition to your computer in PDF format.

If you still want a "hard copy" of the Trail Marker you can then print one from your desktop printer.

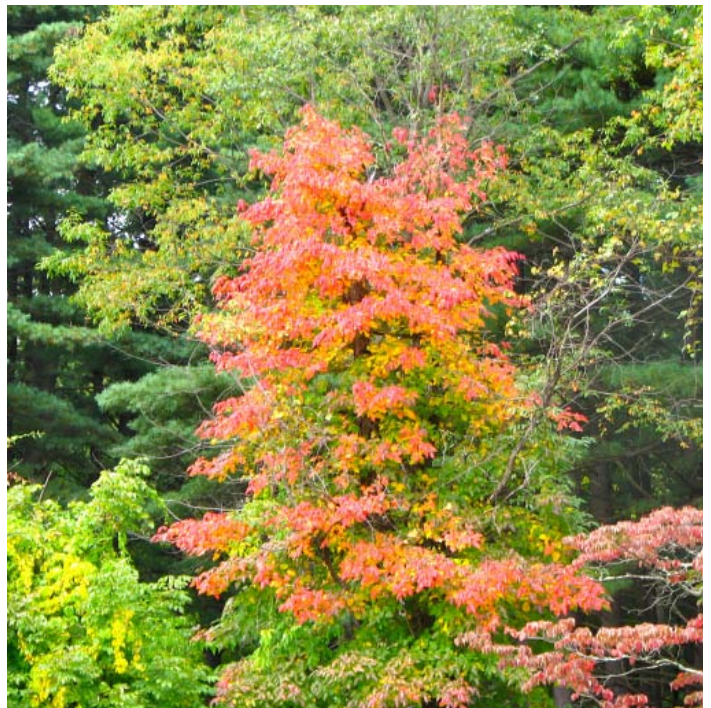


Photo by Lisa Bedford

The ADK Trail Committee and the Klondike Trail

by TC Member Herbert Coles

The Trail Committee (TC) is one of several that are part of the operation of our ADK club. TC is assigned the developing, maintaining, and advocating for trails and back country facilities. There are about 15 members who meet three times a year to review what has been done by the paid staff and to discuss what the members have done. We have a direct input and operate the Adopt-a-Lean-to and Trail Steward programs, with about 200 club volunteers and chapters. Each Spring the TC maintains trails in the Johns Brook area, Wolf Jaws, Big Slide, Yard and Short Job. In the Fall there is the Fall Trails day, a sweep of trails in the Loj area and beyond, as a last minute clearing before snow falls.

During our annual Spring trips the deterioration of the Klondike trail has been noticed and it has progressed to where portions are rapidly becoming worse than should be allowed. The Klondike can be combined with part of the Mr. Van trail as a connector between the ADK Heart Lake and JBL complex. This is part of a future plan for promoting use of our two facilities. We feel that it is our position to rehabilitate the Klondike trail as it is not part of the current NYSDEC priority list.

This is a remote section of trail, requiring replacement of two sections of timber bog bridges and a re-route of another section, all of which are 4 miles or more from the nearest road. We are fortunate that the TC has members who are willing, knowledgeable and interested in doing this work. Getting materials to the location will require a helicopter operation at \$1600 per hour and purchase of the materials. The TC has asked Chapters to support the plan by donations. Several Chapters have answered with funds, and enough has been collected to purchase an initial lot of material. We expect other Chapters to follow and to have collected enough for all the materials purchase and the helicopter flights by Spring 2010. Actual work at the site is scheduled to start on June 10th.

Editor's Note:

Members of ADK Chapters can make individual contributions to the Main Club and specify that their dollars be earmarked for the **Klondike Project**.

A Snowy New Year 2010 to you...

Wishing you a festive celebration and all the best in the New Year!

Despina Metaxatos



Despina leads a group of hikers through Sterling Forest in New York State on Christmas eve...

Photo by Despina Metaxatos



Photo by Giacomo Servetti



Photo by Giacomo Servetti
January-March 2010

Recipes

Carrot Soup

submitted by Ingrid Strauch

This soup was a hit at the 2009 Nawakwa Thanksgiving dinner. The recipe is taken from *A Taste of Heaven and Earth: A Zen Approach to Cooking and Eating with 150 Satisfying Vegetarian Recipes* by Bettina Vitell.

Ingredients:

3 tablespoons olive (or canola) oil
1 1/2 cups chopped yellow onion
3 large garlic cloves, minced
1 tablespoon dried basil or 1/4 cup chopped fresh basil
1 pound carrots, sliced thinly (about 8 cups)
3 cups water
Juice of 1/2 lemon
1 tablespoon tamari sauce (or soy sauce)
Freshly ground black pepper
2 tablespoons chopped fresh cilantro
1 Anaheim (or jalapeño) chili pepper, minced
Finely chopped parsley or cilantro to garnish

Directions:

Heat the oil in a large pot. Add the onion and garlic and cook over high heat for 3-4 minutes, stirring frequently. Add the basil and carrots and continue to cook for 5 minutes. Add 3 cups water, cover the pot with a lid, reduce the heat, and simmer until the carrots are soft, 30-40 minutes. (Check liquid level occasionally and add more water if necessary.)

In a food processor or blender, blend the carrots and cooking liquid until smooth. Return the soup to the stove. Add the lemon juice, tamari, and black pepper to taste. Stir in the cilantro and the chili pepper. Simmer on low heat for 10 minutes. Garnish with chopped parsley or cilantro and serve immediately.

Serves 4-6

Bok Choy, Carrot and Apple Slaw

Adapted from *Everyday Food Magazine*
submitted by Giacomo Servetti

SERVES 3-4

Ingredients:

3 heads baby bok choy
1 apple, peeled and cut into matchstick pieces
1 carrot, peeled and cut into matchstick pieces
1/2 tablespoons fresh lemon juice
1 1/2 teaspoons canola oil
1/2 teaspoon grated fresh ginger
freshly ground pepper

Directions:

1. Cut bok choy in half lengthwise.
2. Rinse each half thoroughly to remove any grit.
3. Slice each half crosswise into thin strips.
4. Place all in a colander.
5. Rinse and drain.
6. Place apple and carrot matchstick pieces in a bowl.
7. Add lemon juice, canola oil, and ginger.
8. Add bok choy to the bowl with the apple and carrot.
9. Add 1/2 tsp coarse salt and some freshly grated pepper to taste.
10. Stir and refrigerate for at least 15 minutes before serving.

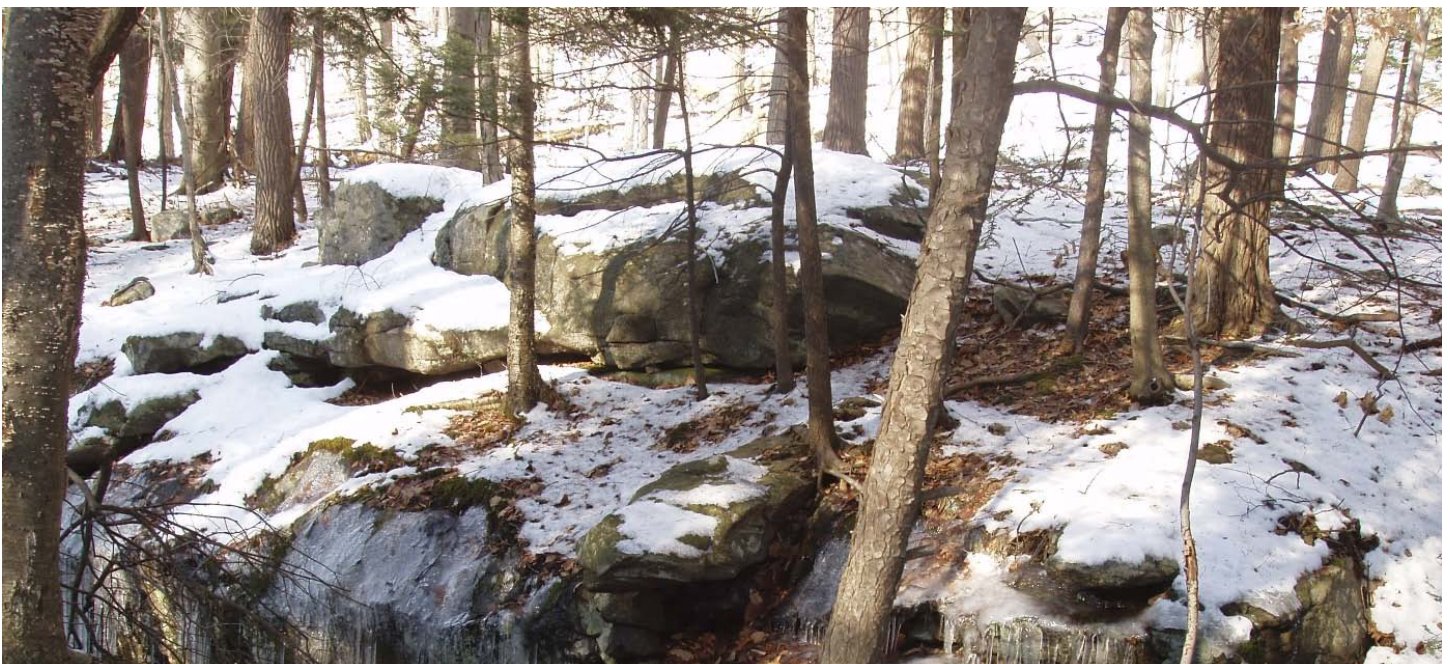


Photo by Giacomo Servetti

Meet the Board (and Bookkeeper)

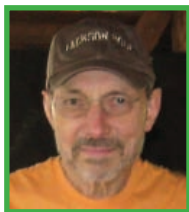
Submitted by Ingrid Strauch

The Nawakwa Board meets once a month with the sole purpose of keeping our camp up and running smoothly. Most of the current members began their terms in January 2009, but some new members are joining as of January 2010, following elections in November 2009.

To bring everyone up to date on who's who, the following introduction to all of the board members has been prepared.



Ed O'Donnell, Chapter Chair. At a youthful 55, Ed is already a Nawakwa old-timer, having come to camp as a child. He has been serving as board chair since January 2009 (and has served in the past as camp chair). When he's not corralling the other Nawakwa board members into constructive action, working for Goodwill Industries, or whipping up his signature Italian frittata, Ed competes in triathlons and enjoys long-distance bicycling.



Jerry Flower, Vice Chair and Membership Committee. A Nawakwa member since 2004, Jerry has served as Membership Chair for almost as long and has served as a director on previous boards. He maintains his youthful outlook by staying engaged in the work world, the New York Flyers running club, and Nawakwa (of course), and by frequently traveling and entertaining with his lovely wife, Susanne.



Janet Sibarium, Secretary and Hosting Committee Chair. A Nawakwa member since 1995, Janet is a special education teacher in a New York City public middle school. She has served on previous Nawakwa boards and enjoys escaping to camp for rest and relaxation at regular intervals. She is the proud grandmother of two, who have also camped at Nawakwa the past few summers and say they love it!



Tom Schiels, Treasurer. Elected as a director in January 2009, Tom added Treasurer to his Nawakwa resume in October 2009. He is known for making a fantastic pot of chili and no less so for his strong opinions and sense of humor.



Mark Fedow, Director and Main ADK Club liaison. Mark not only attends monthly Nawakwa board meetings but also attends quarterly meetings at the ADK headquarters in Lake George as the New York Chapter representative. He is an enthusiastic hiker and outdoorsman.

Derek Lomer, Camp Chair and Director. Derek has been serving as camp chair since January 2009 and started a one-year term as a director on January 2010. While much of his work at camp happens "behind the scenes," it is largely due to his efforts over the past year that the lodge and sleeping cabins are still standing and the roofs don't leak (much). Derek is also a stage set builder, a wood worker, and the father of three young children.



David Miller, Director. A brand-new board member, David hails from Long Island, where he is the owner of David Miller Insurance Agency as well as a Fire Commissioner for the hamlet of Woodmere. David enjoys being a part of the Nawakwa community, hiking, canoeing, and many other outdoor activities.



Noel Schulz, Director. An accountant by trade, Noel is also an avid hiker, trail maintainer, gardener, food preservationist, history buff, and able cook. He has been a Nawakwa member since 1997 and has served on previous boards. This past year, Noel was the lead organizer of the ADK annual fall outing, based in Suffern, NY, and hosted by the New York Chapter.



Ingrid Strauch, Director. A Nawakwa member since 2007, Ingrid was quickly drafted to the board, where she helps Janet maintain a female presence. In her working life she is the editor of Diabetes Self-Management magazine, and she enjoys hiking and vegetarian cooking.



Steve Zubarik, Director. He may look quiet and unassuming, but don't let appearances fool you. Steve is a master trail builder (you can thank him and his crew for the improved rock staircases at camp) and a sly wit. He is enjoying his retirement.



Bruce Rosenbloom, Bookkeeper. While not a voting member of the board, Bruce is providing much-appreciated support by acting as bookkeeper. A Nawakwa member since 1988, Bruce is a college administrator by day and a zydeco dancer by night.

MARK YOUR CALENDARS

Martin Luther King 3 Day Weekend, January 16, 17 and 18th

Join us as we start off 2010 with food, fun and frolic! Call 212.928.1337 to register for the weekend by Wednesday, Jan. 13, 10:00 PM and let us know what meals you are registering for and whether you are a vegetarian.
Co-Hosts: Rich Decoursey, Larry and Deanna Scoones.

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