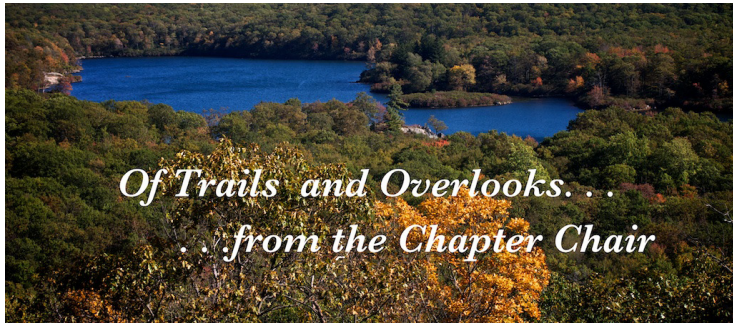




THE TRAIL MARKER

Published by the New York Chapter, Inc.
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In ancient Roman religion and myth, Janus (from whom our month of January gets its name) is depicted as having two faces, one gazing backward at the recent past and the other staring intently into the new future. "Change, movement, vision and growth are organized around a single principle that was captured in the image of Janus, the god of all beginnings and transitions. Gates, doors, passages, endings and time itself became associated with him." Implied in all this was that the new future would be improved, that we would have learned lessons from what has been, and have grown wiser from our experiences.

Part of our recent past as the New York Chapter has been the ongoing improvements of our Camp on Lake Sebago. We are in the process of securing Park permission to continue with further improvements. The two new tent platforms have been successful and popular, so we have submitted plans to the Park to construct a third tenting platform this year. We are also asking to be allowed to construct a shaded, lounging platform down by the dock and swim area. Last year, too, saw the introduction of the Annual Nawakwa Passport, a program that will be continued this year (see the separate announcement in this issue of the Trail Marker). The program, and the Camp improvements, are designed to make coming up to Nawakwa and participating in camp life as convenient and inviting as possible.

Groups and organizations, just as individuals and families, have a history of experiences and connections with the world and others. It is from this lived, past history that we learn to grow and develop in maturity and wisdom. This year will see us celebrating the 92nd anniversary of the New York Chapter. It safe to say that there is no one living today who was part of those original members who gathered in 1922 and started the Main Club and the New York Chapter. But this past continues to have present-day importance for us. The Board has recently established an Archive Committee (and long-time member, Ellen King, has agreed to chair the committee). It's work will be to gather and store material and memories from the long history of the Chapter. Knowing our history will enable us to celebrate what we are and help us to learn lessons that can help us continue to grow and flourish. Our next Trail Marker will have an announcement about what is planned for this new committee.

Moving into the future involves the next generation. How to attract new members to ensure the health, vitality, and long-term survival of ADK is an on-going concern of the Main Club and it's Chapters. Often the past is prelude to the future. This past summer I was contacted by a Kevin Elford, who remembered his grandmother's bringing him up to camp as a child. His grandmother, Anne Elford, was an active member of the Chapter from the 1940's into the early 1970's. I met Kevin one day and gave him a tour of the Camp. He was delighted to reconnect with his history with his grandmother and wants to pass on the heritage to his son, Christopher. They were both up for the Fall work-weekend and both are now applicants. There are a number of current NY Chapter members who are the adult children of members, brought to camp when they, too, were children. This past Columbus Day weekend, Derek Lomer (outgoing Board member and Camp Chair who will be ably replaced by newly elected Kim Waldhauer) hosted a very successful Family Weekend, with a good number of children getting to enjoy the camp. Well-run and creative ways for us to be attractive and welcoming to families can be a way to ensure the long-term growth and vitality of the New York Chapter.

Change, movement, vision and growth - all these contribute to a healthy and vibrant life, for an organization as well as for an individual. The link from past to future is the present. How we plan and the decisions we make now, informed by our history and on-going input and discussion, invites each of our Chapter members to become as engaged and as active as possible. As we move out of Winter and welcome Spring with its new and abundant life, may we welcome the transitions and opportunities that lie ahead.



Ray Kozma
Chapter Chair

Election Results: The following members were elected to the Board for a 2 year term, ending Dec. 31, 2015:

Janet Sibarium (Secretary)
Kim Waldhauer (Director)

Welcome New Applicants!

Kevin Elford
Christopher Elford
Roland Gerdes
Fulya Olgac
Jung Peng
Noreen Pye
Amy Scharfman

Welcome New Keyholders!

Lewis Ports
Milo Selin

Hosted Weekends: January–March 2014

(visit www.adkny.org for frequent updates)

To host a weekend or midweek, contact Host Chair:

Janet Sibarium (212) 254 0738

Email: jansib@mindspring.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117

maporis@aol.com

A note to hosts: There is a limit of one host plus one co-host per weekend or midweek, and both host and co-host must be either a keyholder or an applicant. This includes summers and holidays. This also includes families with adult and minor children.

January 4-5 • Venison Dinner @ Camp Nawakwa

Start the New Year with a new adventure in cuisine. Venison (bought from a butcher, not hunted by Nawakwans) will be the main course. Registration limited to 12. (Please note if Venison is unavailable, the host will substitute Sauerbraten with red cabbage and dumplings.) Hearty Nawakwans are invited to enjoy winter camp experience: hike, communal dinner prep, and huddle by fireplace with jovial company. Please contact host by January 2nd. Host: Ron Engasser. Host: Ron Engasser. Email: usron@juno.com tel 631-289-5375

January 18-20 • MLK Jr. Weekend

Come join us for an active and hearty MLK weekend. Hikes, great food and coziness by the fire. Hike in on Saturday morning at 10 AM from Tuxedo, full hike (Sunday route to be decided), with a hike out on Monday morning back to Tuxedo. Let's hope for some snow, so we can use our skis, spikes or snowshoes. Six (6) meals from dinner Saturday through trail lunch on Monday.

Hosts: Ed O'Donnell and Jerry and Susanne Flower

Register by 9 PM Wednesday, 1/16/14.

Specify meals 718-777-6338.

Presidents Birthday Weekend in the Adirondacks February 14-17

The New York Chapter will be at the Adirondack Loj for the Presidents Birthday weekend. There will be hikes (published in the Hikes schedule) both Saturday and Sunday. Join your fellow members and guests for a fun time snowshoeing, x-c skiing, and of course, eating! The cost for the weekend, which runs from Friday night through Monday breakfast, ranges from about \$250 – \$300 plus depending on the location in the Loj (this includes meals except for lunch which one can sign up for at breakfast). More detailed info will be sent a few weeks before the weekend.

Spaces may fill up fast but members are welcome to find lodging in nearby Lake Placid (You can search on various websites for lodging if no space is available at the Loj) and join in the hikes which usually leave from the Loj as well as for happy hours both Saturday and Sunday. If staying elsewhere there is the possibility that you can join group for dinner at the Loj if space allows.

Contact leader for space availability for the weekend: Glen Nison gnisonbike@juno.com

High Peaks Hijinks

Saturday, February 15 – Hijinks Part 1

Snowshoe to Avalanche Lake or to Alpine Summits

Depending on the weather and trail conditions there will be trips from meandering ups and downs to steep and icy summit peaks. Mileage may vary from 6 – 14 miles depending on the trip you are on. Snowshoes are mandatory for all trails and crampons and extreme weather gear may be necessary for above-tree line summits. Winter boots and wool or synthetic fabrics are recommended. Absolutely no cotton clothing should be worn! Conditions could be -20 degrees and deep snow to warm with no snow and everything in between. If you plan on joining us and are not staying at the Loj please contact the organizer/leader by Tuesday, Feb. 11. Qualifying.

Sunday, February 16 – Hijinks Part 2

Snowshoe to Avalanche Lake or to Alpine Summits

Same description as above but may be different leaders. Qualifying.

March 22-23 • First Weekend of Spring

It may not feel much like spring yet, but we'll embrace whatever the weather with hearty meals and warm camaraderie. Please bring a poem, song, or story to share. Also, please specify vegetarian or omnivore (and which meals) when registering.

Co-host with car needed to help transport food.

Host: Ingrid Strauch

istrauch11@yahoo.com



photos by Glen Nison

Hikes: January–March 2014

(visit www.adkny.org for frequent updates)

Hikes Chairperson: Glen Nison

718-625-2182

gnisonbike@juno.com

Please check schedules of various public transportation options as fares and schedules may have changed.

Saturday, January 4 • Highlights of Central Park

An approximately 2 to 3-mile leisurely walk through some relatively little-known areas of Central Park, including Harlem Meer, The North Woods, The Great Hill, The Ravine, Belvedere Castle, and The Ramble -- ending up around 1pm for lunch, either at the Boat Basin Cafe, or some other convenient restaurant, for a nice bowl of hot soup (or whatever). Take the No. 2 or 3 subway, or a northbound Madison Avenue 2, 3, or 4 bus, to 110th St. & Lenox Ave. Meet there at the entrance to the park at 10:30. Email me during the prior week or call me the evening before (anytime), to make sure that the walk is on, and if you have any questions. Bob Susser; rsusser@aol.com; 212 666-4371.

Saturday, January 18 • Rockwood Hall

A moderately-paced walk of around 2-3 miles mostly along the Old Croton Aqueduct from Scarborough over the former site of Rockwood Hall, one of the largest mansions ever built in the U.S.-- of which only the foundations remain. Large interesting trees and fine views over the Hudson. Lunch in the cafeteria of Phelps Hospital (very reasonable). Take the 9:20 MetroNorth Hudson Line train from GCT, arriving in Scarborough at 10:16. This train may also be boarded 9:40 at the Marble Hill station. Sorry, but no pets and no smoking. Email me during the prior week or call me the evening before (anytime) to make sure that the walk is on, and if you have any questions. Bob Susser, 212-666-4371; rsusser@aol.com

Saturday, February 1 • Cold Spring Harbor

Moderate 6-7 mile hike on the northern end of the Nassau-Suffolk Greenbelt Trail, a hilly and very likely most strenuous section of trail on Long Island, including part of the Nature Conservancy's Uplands Farm. Train riders take the LIRR Huntington train leaving Penn Station at 8:22 am. (Jamaica at 8:45am) to the Cold Spring Harbor station arriving at 9:22am. Leader will be on the train. Drivers take the Long Island Expressway to exit 45, follow Woodbury Road north and on reaching rt. 108 turn right into the large Cold Spring Harbor station parking lot. All hikers meet at the Cold Spring Harbor station waiting room at 9:30am. Potential visit to Cold Spring Harbor shops and Whaling Museum. Qualifying. Leader: John Lipsett (work) 212-867-8280 (home) 212-864-6109

Saturday, February 9 • Riverside Park

Riverside Park. A leisurely stroll of around 3 miles in Riverside Park from 116th St. to 66th St., followed at around 12:30 by some hot soup (or whatever) at the new Ollie's, 67th & Freedom Place. Meet 10:45 inside the Broadway & 116th St. subway station, but outside the turnstiles. Email me during the prior week or call me the evening before (anytime) to make sure that the walk is on, and if you have any questions. Bob Susser, 212-666-4371; rsusser@aol.com

Saturday, February 22 • Bronx Botanical Garden

No flowers, but plenty of snow-clad trees (maybe) in this winter wonderland. Around 2 miles at a very relaxed pace. Take the 9:23 Harlem Line train from Grand Central, arriving at the "Botanical Garden" Station at 9:42. Fare OW \$4 with "City Ticket." Alternatively, take the 4 or D subway to "Bedford Park Blvd." and then the #26 bus east to the Mosholu Gate entrance -- or, the 2 subway to "Allerton Ave." and then the #26 bus west to the entrance.

Meet just inside the Mosholu Gate at 9:45. Admission to the Garden is free on Saturdays until 10 (but visiting the conservatory -- optional -- will set you back \$20/\$18srs. -- unless you're a member). Lunch in the cafeteria. Sorry, but no pets and no smoking. Email me during the prior week or call me the evening before (anytime) to make sure that the walk is on, and if you have any questions. Bob Susser 212-666-4371; rsusser@aol.com

Sunday, March 16 • Camp Nawakwa to Parker Cabin Hollow

One way hike from Camp Nawakwa on various trails to the NW end of the Parker Cabin Hollow Trail. A shuttle will be set up. We need appropriate footwear for the weather. Qualifying. Leader: Steve Zubarik szubarik@optonline.net. 845-786-3247 Please register.

Saturday, March 29 • Yadnus Mlap

This is the classic Palm Sunday hike in the reverse direction. St John's in the Wilderness to Camp Nawakwa. Meet at Camp Nawakwa and shuttle to church. Qualifying. Leader: Giacomo Servetti. gservetti08@gmail.com 845-947-0054

Sunday, April 20 • Indian Hill Loop via Wildcat Trail

Meet at the Tuxedo Park & Ride (aka Rt. 17 & 17A Park & Ride) at 9:20 AM for a brisk, 11-mile hike that climbs to panoramic viewpoints, traverses second-growth forest, and passes by an extensive system of rock walls, both natural and manmade. Bus riders take 8:30 AM Shortline Bus from PABT; buy ticket to Tuxedo Park & Ride. Qualifying, and joint with AMC. Leader: Ingrid Strauch istrauch11@yahoo.com



photos by Glen Nison

In Memoriam: Fenna Koppleman

Key-holder's Special Option:

The Annual Nawakwa Passport for 2014

The *Annual Nawakwa Passport*, which was successfully introduced for the first time last year, is now available for the new year for all key-holders.

Key-holders may continue to pay the \$10 Day Fee for each day they decide to use camp, or for the annual, up-front fee, they may choose to participate in the *Annual Nawakwa Passport*, which will cover the Day Fee cost for an unlimited number of visits to camp per calendar year. Upon arrival at camp when you sign-in to register at the desk, in the column listed for Day Fee, Passport holders will sign NP and the five-digit number of their Passport.

The cost of the *Annual Nawakwa Passport* is \$125 per individual key-holder and is non-transferable. Please note that the Passport exempts only one individual adult key-holder from paying Day Fees. There is no family category for the passport. If a key-holder with the Passport brings spouse, children, other family members or guests to camp, these other must pay the Camp Fees as usual.

To obtain the *Annual Nawakwa Passport*, key-holders should send their request, with their name address, phone number and check (payable to the New York Chapter, Inc.), to the Chapter Chair, Ray Kozma, at:

Raymond Kozma, Chapter Chair
New York Chapter-ADK
585 North Railroad Ave-3D
Staten Island, NY 10304



It is with great sadness that I inform you that Fenna Koppleman, veteran Nawakwan since 1990, feisty independent Renaissance woman, a retired nurse and an accomplished cellist, passed away Monday night, Dec. 23rd. She was 87. As a "retiree" Fenna seemed to be busier than most working

people, mainly through her love of music. Through her participation in local orchestras and music camps, she made many younger friends (including Hsin Wang, who she sponsored for Nawakwa key-holder membership). My memories of Fenna at Camp Nawakwa include her warmth and hospitality while hosting (and baking bread) during Spring Clean-up weekend and Sinter Klaas weekend for many years. Until a few years ago, Fenna was still hiking into camp...Even after she accepted rides to camp, she always preferred pitching her tent by her favorite spot near the lake. I will always think of Fenna whenever I wear my wool knee sleeves in cold weather, a natural healthy tip for arthritis that Fenna shared. (Thank you Fenna!)

Fenna was a Holocaust survivor, who lived life to the fullest. During World War II, she was a hidden child (with her sister) in Amsterdam, NL. I learned about this part of her early life when she invited me to attend a documentary film premiere in NYC; the film was about Dutch Jewish Athletes who were resistors during World War II, and the filmmaker was a former classmate. When I asked if she knew Anne Frank, whose diary has been read worldwide, (and who I assumed was about her age), she replied, "Yes, she was a little older than me and she was in my sister's class." I remember feeling like Fenna was living history.

After learning of her passing, I "Googled" Fenna's name & learned more fascinating information. Although (to my knowledge) she never spoke of her personal losses with Nawakwans, she testified at the USC Shoah Foundation Institute of her experience as a Jewish Survivor, and gave testimony to honor and recognize the woman who hid Fenna and her sister. The rescuer's name was added to the Righteous Wall of Honor in The Hague, Netherlands at a ceremony organized by the Israeli diplomatic delegation. (The rescuer was a nurse, and I wonder if this inspired Fenna to later become a nurse?) In addition, shortly before her death, Fenna signed a posthumous Yad Vashem medal which was presented to descendants of two World War II Dutch resistors at a ceremony last month in the Netherlands. In the article, (a Dutch newspaper translated via Google), it states that Fenna signed the Yad Vashem medal, but she could not attend the ceremony due to illness. The Israeli ambassador to the Netherlands awarded the medals. Fenna worked to make sure recognition was awarded to non-Jews ("The Righteous") who risked and gave their lives to save Dutch Jews.

It was a pleasure knowing Fenna & she will be missed.

Her survivors include her son and grandchildren. The funeral will be (or was) private, but the Brooklyn Orchestra (in which she played cello) may schedule a memorial in the future. That would be a fitting tribute to such a talented musician and gentle soul.

I invite other members to share their memories of Fenna. If anyone has a photo of Fenna, please scan and e-mail it to Giaco or me...(I've searched my photos files and cannot find any!) We would like to include this in the next (Spring) Trail Marker.

-Janet Sibarium

photo by Fred Mazelis

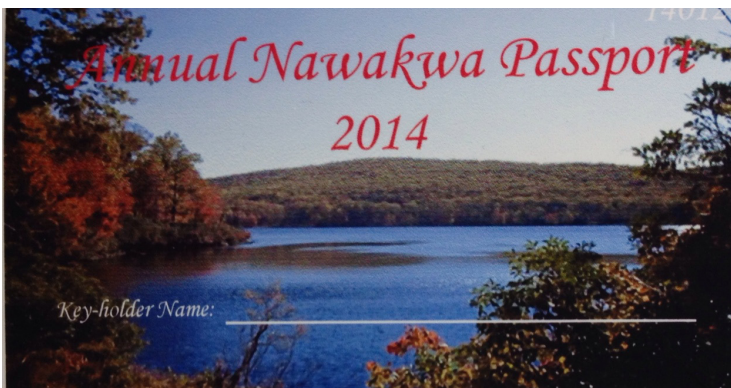
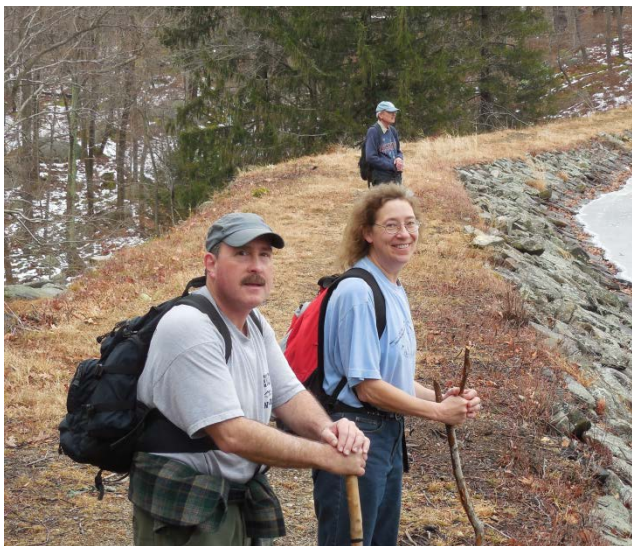
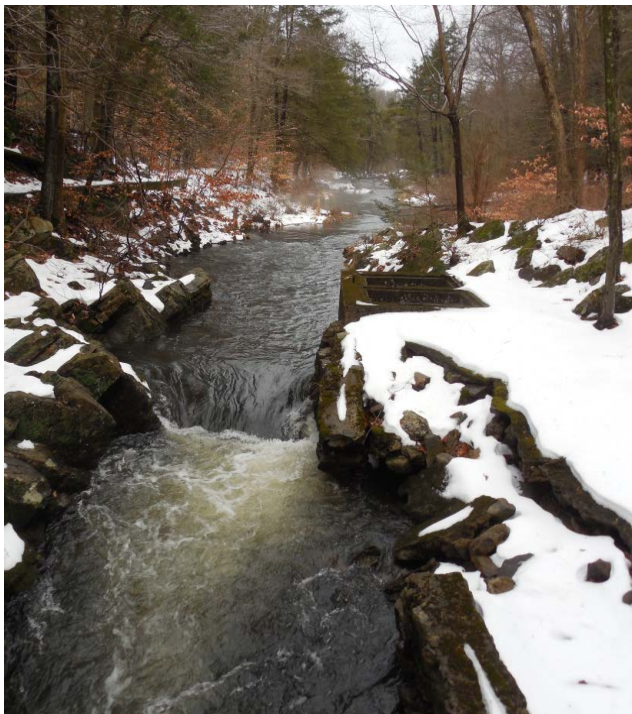


photo by Glen Nison

Off-Season Use of Camp Nawakwa

Reminder to all Chapter Members. If individual members desire to use Camp Nawakwa during the off-season, please note that the Park needs to be informed beforehand. They require this because: a) they want to know who might be using the facilities off-season (and b) for safety reasons (e.g. access can be denied due to snow and ice storms). Please let Chapter Chair, Ray Kozma, know if you intend to go to camp during the off-season. He will then alert Bill Ledwitz at the Park Office. Please note that Ray must be notified at least three days before the intended visit. For example, if the visit to Camp would be on Saturday, Ray must be notified by the Wednesday before.



Save the Date! New York Chapter-ADK Winter Social

Date: Saturday, January 11th, 2014
Place: Fraunces Tavern (Bissell Room)
54 Pearl Street, New York, New York 10004
Luncheon from 1 to 3 PM
Cost: \$30 per person

Fraunces Tavern first opened for business in 1767. On December 4, 1783, after the British had evacuated New York, the tavern hosted an elaborate dinner in the building's Long Room for Gen. George Washington where he bade farewell to his officers of the Continental Army. On Saturday, January 11th, come join with fellow New York Chapter members in this historic building for a warm Winter Social and Luncheon get-together.

For reservations, please send check, payable to:
"NY Chapter, Inc. - ADK"
to: Janet Sibarium
NY Chapter, Inc. - ADK

Peter Stuyvesant Post Office - P.O. Box 2276
New York, NY 10009-3937

Please write on check "vegetarian" or "chicken" meal.
Payment and registration deadline: Saturday, January 4, 2014
Questions?: email: janet@adkny.org



photos by Servetti

ADK-NY VOLUNTEER HOURS

Submitted by Trails Chair Bill Burns

DATE: FALL-2013

<u>MAINTAINER</u>	<u>TRAIL</u>	Work Hours	Travel Hours	Total Hours
#1-John Lipsett	<u>RD</u> Tuxedo to Rt.106 4.13 mi.	17	6	23
#2-Janice Dunham and Yajing Lee	<u>Triangle</u> Tuxedo to Parker Cabin at White Bar 3.3 mi.	-	-	-
#3-Ingrid Strauch	<u>Triangle</u> White Bar @ Dutch Doctor to WB @Parker Cabin 1.95 mi.	28	11.5	39.5
#4-Jack Papirio	<u>AT</u> Orange Tpk. to Mombasha Rd. 1.4 mi.	4	3	7
#5-Glen Nison	<u>White Cross</u> TMI to RD 2.15 mi.	12.5	4.5	17
#6-Debbie Melita	<u>AT</u> Rt. 17 to Orange Tpk. 1.8 mi.	6.5	2	8.5
#7-Dennis J Hickey	<u>Long Path</u> Greenbrook Sanctuary to GWB 5.1 mi.	36	14	50
#8-Richard DeCoursey	<u>White Bar</u> Rt. 106 to ASB 2.05 mi.	2	5	7
#9-Noel Schulz	<u>TMI</u> RD to Sebago Dam 2.4 mi.	5	2	7
#10-Elizabeth Ruiz-Gomez	<u>White Bar</u> Johnstontown Rd. to Triangle Trail 1.5 mi.	2.5	2.5	5
#11-Bill and Carol Burns	<u>TMI</u> Sebago Dam to Break- neck Ridge trail 2.75 mi.	32.5	16	48.5
#12-Giacomo Servetti and Kim Waldhauer	<u>White Bar</u> Triangle to Rt. 106 3.8 mi.	37	15.3	52.3
	TOTAL HOURS	183	81.8	264. 8



photos by Steve Zubarik



Many thanks to all who came up and helped to get the camp ready for Winter! You're the BEST!



photos by Ingrid Strauch

