

THE TRAIL MARKER

Published by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 2276, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



Dear Fellow Members:

Here is our belated 2009 appeal. The Board pledged to delay an appeal until we were able to present completed financial statements for both 2008 and 2009 and post them on the web site.* Thanks go to Gary Carmosin, CPA, who compiled the numbers in accordance with our bylaws, as well as to Bruce Rosenbloom, our Bookkeeper, Treasurer Tom Schiels, and Noel Schulz, who helped with the numbers.

This year the camp has been battered by a significant snow storm, dumping almost 24 inches of snow on our roof, as well as two very strong wind and rain storms that brought down many trees. One hit the roof of the women's privy, collapsing one side. Our main challenge will be to assure that any trees that have been damaged do not fall on a building. We are sure that many branches will need to be trimmed. To this end, our Camp Chair will engage a professional arborist to evaluate trees surrounding our buildings, and determine those which need to be serviced or felled by a professional cutting service. Not an inexpensive proposition, but clearly necessary.

As our camp ages into its **84th** year, we have a host of projects to contend with to maintain the safety and viability of the facility:

- Securing an arborist and tree surgeon services.
- Start addressing the rotting Lodge foundation issues noted by the preservationist/architect:
- Engage a structural engineer to spec-out the foundation work
- Engage an architect to complete the designs
- Engage a contractor to excavate behind the Lodge to replace three footings and build a drainage system that funnels water away from the Lodge
- Replace up to three sleeping cabin roofs that have reached the end of their useful lives. We have already had them tested for asbestos as required by the park.

- Replace the handrails leading up the hill, especially on the women's side.
- Replace our hot water tank with an on-demand hot water heater, which would cost \$1,000 but would save us on propane gas.
- Install a hot water shower in the current shower stall, using the above on-demand heater. Repeatedly, potential new members have cited the lack of a hot shower and flush toilets as reasons for not joining.
- Replace the countertop next to the kitchen sink (damaged by water), kitchen table top and long counter surface by the cabinets with Corian.
- Replace Exit signs and Emergency Lighting that were shorted out by the last storm.
- Replace wood siding/skirting around the cabins, especially by the back of the Lodge where moisture has rotted it.

I could go on, but I think you get the message. As always we are open to any suggestions or ideas you might have to improve things; just talk with a Board member or send me an e-mail. Keeping up the camp takes time, skill and \$\$\$\$. I did not make a pledge in 2008 or 2009, and thus plan to make a significant one now. Our goal is \$10,000. I hope that you also will make a generous donation**.

Send checks payable to:

NY Chapter ADK, c/o Tom Schiels, Treasurer,
5 West 86 Street, #9D, NY, NY, 10024

Best regards,

Ed O'Donnell, Chapter Chair

* The financials are posted on our web site www.adkny.org using the same membership password as for the Trail Marker: Nawakwa.

** We are a 501c7 not-for-profit social/recreational club, and thus not a 501c3 tax-exempt charitable organization.

Your contributions are not tax deductible.

Lights Out

by Conservation Chair Peter Varley

The NYS Department of Environmental Conservation has denied a Water Quality Certificate to Entergy's Plant #2 and Plant #3 at Indian Point in Buchanan, New York. Without this certificate, the Nuclear Regulatory Commission cannot renew the company's license to operate. Will Indian Point shut down? Possibly, but unlikely.

There are two primary cooling systems in use in nuclear power plants. One is the closed loop system, similar to the one used to cool a car's engine. Heat is generated as the engine runs. Water is pumped near the hotspots, it is heated, and moves on to the radiator, where it is cooled. The system is "closed." The same water is heated and cooled indefinitely.

Power plants with a closed loop system use cooling towers to do what the car's radiator does. The system is not truly "closed" as some water is discharged and some new added.

In an "open loop" or "once through" system, like the one used at Indian Point, up to 2.5 billion gallons of cool Hudson River water is drawn in each day. Large aquatic life forms including fish are crushed or "impinged" against the screens protecting the intake tubes. Smaller life forms like larvae, plankton, and eggs, are "entrained" or drawn into the cooling system where they may be killed or injured. The water, now warmer than when it entered the system, is discharged back into the Hudson River.

In its denial of the water quality certificate, the DEC noted that the "once through" system had "serious adverse effects on aquatic organisms, that radioactive material had leaked into the river, and that thermal discharges were detrimental to aquatic life."

Entergy has several options. The DEC's decision can be appealed. The company could build cooling towers if local zoning boards agreed. This is unlikely. Or, they could lobby Congress to change the NRC's requirement that licensees hold a state water quality certificate.

Many issues are in play. President Obama now favors nuclear energy. Entergy is in the nuclear energy business. Environmental policy affects our quality of life, whether we live in New York or New Jersey. What do you think? Let me and the policymakers hear from you.

Hosted Weekends: June–September 2010

(visit www.adkny.org for updates)

June 5-6 Late Spring Weekend

Menu undecided at press-time, but healthy, nutritious and easy to prepare is guaranteed! Omnivores and vegetarians will have plenty to savor. E-mail registration preferred: jansib@mindspring.com or leave message on tel. 212-254-0738. Please indicate which meals and if you are a vegetarian or omnivore! (Please register by Thursday June 3rd @ 9:00 p.m.)

Co-Hosts: Janet Sibarium (Registrar) & Lisa North

June 12-13 AMC Invitational Weekend

Join Bill Hladky welcoming AMCers to our lodge and activities of hiking, canoeing, kayaking, AND cooking our delicious hut like meals. This is mountain laurel blooming time at camp and along the hiking paths. There will be a hike (4-5 miles on our local trails) for those arriving by bus in Tuxedo. Help with cars is needed to store the bus people's non hiking gear and shuttle it to camp. Cooking will be simple, plentiful, and cost conscious: with help, it will meet or exceed our gourmet standards. Please RSVP by Thursday before 9:00 P.M. .

Host/Registrar Bill Hladky: e-mail: wehladky@yahoo.com
Tel: home: 914- 410- 4385 or cell: 914- 874-4640

June 19 – 20

Although the menu is not yet determined, host Noel Schulz promises healthy and delicious food. With strawberries in season, Noel will include fresh picked strawberries from a local farm for each meal.

Host: Noel Schulz. Please register no later than Thursday, June 17 9:00 PM. Tel 201-445-6445 or noelschulz@verizon.net. Please indicate the meals you are signing up for, and if you are a vegetarian or omnivore.

June 26 – 27

Join long time member, and first time host...
Mystery co-host needed.

Host: John Uckely mybiketours@yahoo.com

June 28 – July 2:

Midweek Hosts: Steve & Terri Zubarik

Fourth of July Weekend: JULY 3–5:

Let's hope for lots of sunshine in the hazy, lazy days of summer. Fresh, seasonal food, BBQ, etc. Maybe I will get some volunteer co-hosts? Meals will cover Saturday, July 3 Dinner through trail lunches for Monday, July 5.

Host: Ed O'Donnell. Register by July 1
718-777-6338. No late calls.

July 5 – July 9: Midweek Hosts: Angela & Butch Panzer

(weekends, continued)

July 10 – 11:

Summer fare, including garden produce.

Hosts: Steve & Terri Zubarik.

Call or email by Thursday, July 8

845-786-3247 szubarik@optonline.net

July 12 – 16: Midweek Host: Peter Varley

July 17 – 18: Need Host

July 19 – 23: Midweek Hosts: Adam & Ellen Conrad

July 24 – 25: Healthy Tasty Meals & Botany Hike

A weekend of healthy, flavorful meals made with local, seasonal ingredients. On Sunday, join our host and her friend Jon, a biology professor, for a botany hike and discover the wide variety of plants in our park, including the “muscle tree”.

Host: Teresa Marrero email by 9:00 p.m. on Thursday tmarrer60@gmail.com (preferable); or call at 212-945-0280.

July 26 – 30: Need Midweek Host

July 31- August 1: Need Host

Aug. 2 – August 6: Need Midweek Host

Aug. 7 – 8: Need Host

Aug. 9 – 13: Midweek Host: Lisa North

Aug. 14 – 15: Need Host

Aug. 15 – 20: Midweek Host: Steve Barre

August 21 – 22: Simple Pleasures Weekend

Simple food, simple pleasures of late summer at Camp and the best corn in town. Host will be at Camp Friday night if you want to come up early.

Host: Kim King

kimking@artpost.com 845-679-3880.

August 23 – 27: Midweek Host: Kim King

August 28 – 29: Need Host

Labor Day Weekend: September 4 – 5

(Saturday afternoon – Sunday lunch)

Host: Janet Sibarium 212-254-0738

or e-mail jansib@mindspring.com

Volunteers Wanted!

We are always seeking volunteers to lead hikes.

Familiarity with trails and hiking experience is all that is required.

If you are interested, please contact the Hikes Chairperson.

Hikes: June–August 2010

(visit www.adkny.org for updates)

Sunday, June 13 • Johnstown Circular. A ridge walk on the Blue Disc and other trails, passing by Lake Skenanto with its oceans of mountain laurel (now at their peak). Around 7 miles at a moderate pace. Out around 4. Email or call to confirm that hike will take place, and if you need or can offer a ride from NYC. Take the 9:14 Jersey Transit train from Penn Sta., changing at Secaucus for the 9:31 Port Jervis train to Sloatsburg, arriving at 10:12 (Fare: RT \$15.50/Srs.\$10). Or, take the 9:10 Short-Line bus from PABT arriving in Sloatsburg at 10:07 (Fare: RT \$25.90/Srs.\$12.90). Out in time for the 4:28 train back to Penn Sta. Sorry, but no children, no pets, no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Saturday, June 19 • Fahnestock. Various trails through woods and high-level meadows with a profusion of wildflowers and alpine-like vistas. Around 8 miles at a moderate pace. Out around 5. Email or call to confirm that hike will take place, and if you need or can offer a ride from NYC. Take the 9:50 train from GCT arriving in Cold Spring at 11:00 (fare: OW\$10/Srs.\$6.50). This train may also be boarded 9:40 at the Marble Hill station (one block from the 225th St. stop on the #1 subway), with a change at Croton-Harmon for the express. Fare: OW\$7.50/Srs.3.75. Sit in first or second car, and use restroom on train. Sorry, but no children, no pets, no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Sunday, June 27 • Popolopen Gorge. Starting from the Fort Montgomery Visitors Center we'll take the Popolopen Gorge Trail -- mostly pretty flat, but with a few short steep uphill (but no scrambling). Then over the new bridge to the 1779 Trail, and back to the Visitors Center, with an optional visit afterwards to the Bear Mountain Zoo. Around 5 miles at a moderate pace. Email or call to confirm that hike will take place, and if you need or can offer a ride from NYC. Take the 9:50 train from GCT arriving in Garrison at 11 (fare: OW\$10.25/Srs.\$6.75). You can also connect to this train by taking the 9:40 local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon. Fare: OW\$7.75/Srs.3.75. Use restrooms on train, and sit in first or second car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Garrison station. Park temporarily in the large commuter parking lot on the east side of the station. There will be an approximately 6-mile shuttle to Fort Montgomery. Sorry, but no children; no pets; no smoking. Out in time for the 5 pm train back to NYC from Garrison. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Saturday, July 3 • Sterling Forest Circular

Join us for an easy hike around lovely Sterling Lake. We will also explore the new “Iron Mining History Trail” and the former town of Lakeville. Qualifying and joint with AMC. Easy pace about 5 miles with some ups and downs.

(hikes, continued)

Purchase ticket at Short Line Ticket Windows (North Wing). Take bus to Suffern, Rockland CO., NY. Arr. 9:38. Meet in parking lot opposite bus ticket office near junction Routes 59 & 202 in business district.
Leader: Renate Jaerschky 845-368-1749

Sunday, July 25 • Mt. Taurus. A long uphill, but spectacular views of the Hudson Valley from the top. Around 6 miles at a moderate pace. Take the 9:50 Hudson Line train from GCT arriving in Cold Spring at 11 (OW\$10/Srs.\$6.50). You may also take the 9:40 train at the Marble Hill station (one block from the 225th St. stop on the #1 subway), changing at Croton-Harmon for the express (OW\$7.50/Srs.3.75). Sit in first or second car and use restrooms on train. Out around 4, but plan to hang around afterwards in Cold Spring for some refreshment. Email or call to confirm that hike will take place, and if you need or can offer a ride from NYC. Sorry, but no children, no pets, no smoking. Qualifying. Bob Susser 212-666-4371; rsusser@aol.com

Saturday, August 21 • Sterling Forest Fire Tower Circular

Join us for a leisurely hike up to the ridge and the Fire Tower where we can enjoy a grand view. On the return we will explore the former town of “Lakeville” and the new “Mining History Trail”. Qualifying and joint with AMC. Approx. 5 miles at a moderate pace with some ups and downs. Transportation: take 8:45 a.m. COACHUSA/Short Line (212-736-4700 <http://www.coachusa.com/shortline/>). Purchase ticket at Short Line Ticket Windows (North Wing). Take bus to Suffern, Rockland CO., NY. Arr. 9:38. Meet in parking lot opposite bus ticket office near junction Routes 59 & 202 in business district.

Leader: Renate Jaerschky 845-368-1749

Saturday, August 21 • Garrison. Mostly woods roads and trails, but a substantial uphill at the start (no scrambling). Around 7 miles at a moderate pace. Email or call to confirm that hike will take place, and if you need or can offer a ride from NYC. Take the 9:50 Hudson Line train from GCT arriving in Garrison at 10:56 (OW\$10/Srs.\$6.50). You may also take the 9:40 train at the Marble Hill station (one block from the 225th St. stop on the #1 subway), changing at Croton-Harmon for the express (OW\$7.50/Srs.3.75). Sit in first or second car of train, and use restrooms on train. Out in time for the 5 pm train back to NYC. Sorry, but no children, no pets, no smoking. Qualifying. Bob Susser 212-666-4371; rsusser@aol.com

2010 Spring Clean-Up Weekend

Many thanks to all who came to help out and get the camp ready for the busy season ahead. See pages 5 and 6 for more photos from the weekend. A tremendous amount of work was done so that all members can enjoy the many pleasures of Camp Nawakwa. ***Come on up!***



Ed and Katya



Noel



Rich and David

2010 Spring Clean-Up Photos by Steve Zubarik



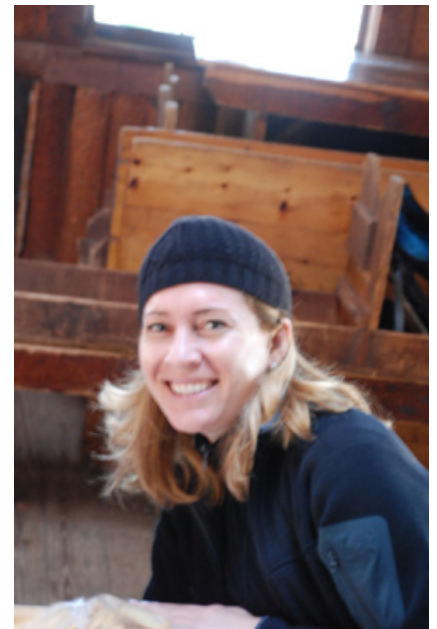
Guy, Ernie and Paul at work on the swim dock



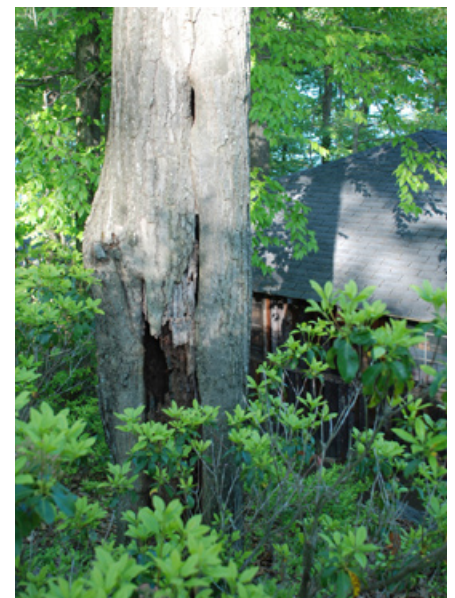
Paul the carpenter



Ernie



Kathleen



This tree near cabin #1 has seen better days. It threatens to fall on cabin #1. So, until it can be safely removed...



...cabin #1 is CLOSED!



Derek making repairs in the women's room



Bruce "helping" Ingrid in the infirmary



2010 Spring Clean-Up Photos by Ed O'Donnell

Chapter Chair's Message

by Ed O'Donnell



Summer is finally here, and it looks as though Memorial Day at the camp will be a fine affair with Board Member Ingrid Strauch and North Jersey Affiliate Member Despina Metaxatos co-hosting. Our recent Spring Cleaning Day was also a big event with lots of work getting done.

Twenty-five plus members gathered to scrub, scour and polish the camp. Camp Chair, Derek Lomer, directed members as they put us back in shape for the new season. Most importantly, we had an arborist come and assess the damage to all trees surrounding our buildings. Critical is a large tree next to women's Cabin 1, which is completely rotted through on the uphill side. You would need to take a few steps up the hill to see the back side of the tree and notice this, but the damage is striking and unsettling. As a safety precaution we have closed Cabin 1 until we have the tree taken down.

Not only did we look at the dead, though still standing trees, the arborist evaluated many precarious situations where living trees had large dead branches, particularly one that overhangs the Lodge by the infirmary. We've asked the arborist to give us a quote for all the items he pointed out. In addition, we are getting two other quotes. Whether or not the Park would count the work as an MCI/Major Capital Improvement is up in the air, but either way, the work will need to be done. We are considering a two stage approach, an immediate cutting of the more dangerous items (now marked with a red "X"), and a second cutting in the fall for long term health and stability of a number of trees.

Other activity included removing all the logs from one side under the porch and spraying boric acid (a non-toxic substance) to inhibit termites (none were found). The logs were replaced and the likelihood of any termite activity was greatly diminished. In checking the traps around all the buildings, it was noticed that a Cabin 5 trap had termite activity. An extermination pellet was dropped into the container, so we should see an elimination of that situation.

Two guests who are contractors rebuilt the roof of the women's outhouse that had been damaged by a fallen tree (that's why addressing our damaged tree situation is so important!). The tree that hit the outhouse was

chain sawed and partially chopped up for firewood (more work is left for ambitious axmen.) Another guest who is a carpenter worked with members to extend the swim dock ramp. The swim area was set up, and it appears that the Park has added some additional flotation to our raft, pending the delivery of a new one. The lodge was thoroughly cleaned. All cabin roofs were swept of debris and cleared of moss and lichen.

A great lunch was served and everyone was justly proud of all the hard work done. Lastly, let's not forget our annual appeal with a goal of \$10,000. I've sent my check. Have you sent yours? Checks can be sent to Tom Schiels, Treasurer, 5 West 86 Street, #9D, NY, NY, 10024.

Happy hiking!

Ed O'Donnell

Chapter Chair



MARK YOUR CALENDARS

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(Saturday afternoon – Sunday lunch)
Host: Janet Sibarium

See Pages 2 and 3 for all details.