



THE TRAIL MARKER

Published by the New York Chapter, Inc.
of the Adirondack Mountain Club, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 2276, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135
www.adkny.org



Chapter Chair's Message

by Ed O'Donnell

Dear Nawakwans:

Looks like we've got a busy fall schedule ahead of us. We've locked in all the weekends in October and hope you can join us for some great happenings. Columbus Day weekend will be our first AMC August Camp Invitational. Jerry & Susanne Flower and I went to the Canadian Rockies AMC August Camp and had a great time hiking. I even had a close encounter with grizzly! So please join us October 9 and 10 when we will host AMC members who were at August Camp with us. We'll organize some hikes and show those AMC'ers that we can hold our own.

The Fall Work Weekend has been scheduled for October 23/24, and we have a lot to do. The camp needs a thorough cleaning, wood to be chopped, the swim area to be taken down, boats stored...I think we all know the drill. Don't be shy if we haven't seen you in a while. Tom Schiels and Kim Killion will host workday lunch as well as weekend meals to replenish all you hard working men and women.

Ingrid Strauch and I will reprise our successful Thanksgiving with the Flowers. Any and all, including guests, are welcome. We have a bit of an early deadline, as I must order a turkey a week ahead, so don't hesitate to call and register. In addition, Larry and Deanna Scoones have generously agreed to host MLK weekend. As you can see, lots of great members have stepped up to make things happen.

Lastly, we've got a couple of important issues addressed in this issue: the possible sale of the Old Town canoe and a MAJOR PUSH to move the Trail Marker to an all electronic distribution. In order for the club to remain fiscally sound, we need to act responsibly by trimming costs and generating revenue. As always, the Board will not make any precipitous decisions and seeks member input.

Ed O'Donnell, Chair

NY CHAPTER ASKED TO SAVE ENTIRE U.S. FORESTS!

MASSIVE EXPENSES ON PAPER COULD SINK ECONOMY!

NEED TO GO GREEN!

Things aren't quite that bad, but did you know that 64% of our Chapter's expenses are spent on the TM? Last year our revenue was about \$10K, and we spent a whopping \$6400 on printing and postage for the TM. That's 64% of our income! The Board sees this as vastly out of proportion to the other needs we have as a Chapter. We are proposing that we move every user of e-mail to a PDF/electronic copy of the TM. The electronic copy on the website has full color photos, and the website is continually updated. The TM is not. The only members who would continue to receive the TM by snail mail (US Mail) would be those without e-mail. Anyone who has e-mail but chooses to receive a hard copy would be asked to make a donation to cover the full cost of printing and postage, estimated at about \$12/year. This approach favoring electronic copies is becoming widespread among other clubs, e.g., AMC. Not only will it save money, it will save trees. Simply saying that one prefers to receive a hard copy is just not fiscally viable any more. The Board is sensitive to the fact that there may be many long time members without e-mail, and those persons would continue to get a hard copy mailed to them. The Board seeks feedback on this issue, and would like to implement this new policy starting January 2011, pending feedback from the members. Please contact your Board members ASAP.

Ed O'Donnell, Chair

VOTE!

The ballot for the NY Chapter ADK elections can be found on page 6.

Please mail in your vote by November 1st to:

Election Committee Chairs
Gary Brazel and Suzanne Gentner
140 Cadman Plaza West
Apt. 10D
Brooklyn, NY 11201-1876

Hikes: October–December 2010

(visit www.adkny.org for updates)

Volunteers Wanted!
We are always seeking volunteers to lead hikes. Familiarity with trails and hiking experience is all that is required. If you are interested, please contact the Hikes Chairperson.

Sunday, October 3 • Garrison. Osborn Loop.

Woods roads and trails, with a substantial uphill at the start (but no scrambling). Around 7 miles at a moderate pace. No need to register, but you must email or call to confirm that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50 train from GCT arriving in Garrison at 11 (OW\$11.25/Srs.\$7.50). You can also connect to this train by taking the 9:40 at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon (OW\$8.50/Srs.\$4.25). Please use the restrooms on the train and please sit in the first or second open car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Garrison station. Park in the large commuter parking lot on the east side of the station. Out in time for the 5 pm train back to NYC. Sorry, but no children, no pets, no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Saturday, October 9 • Bear Mountain Circular

Moderate 7- mile hike along the Popolopen Gorge, historic Revolutionary War and other trails. Bus riders take the 8:45am Shortline Coach bus at the Port Authority to Bear Mtn. arriving at 10:15am when the hike begins (leader will be on the bus). Drivers park at the Bear Mtn. Inn parking lot (fee) and meet the bus where it stops on the access road to the Inn approx. 50 yards or so directly below the main entrance to the Inn. Qualifying
Leader: John Lipsett 212-867-8280 (work)
212-864-6109 (home)

Tuesday October 12 • White Bar Maintenance Hike

We'll meet at Camp Nawakwa at 9:30 and walk 3.6 miles on the White Bar to route 106. The pace will be slowed by trail work along the way. We'll be clipping, painting blazes and clearing branches as required. There will be a shuttle back to camp. Qualifying. Please register with leaders.
Kim Waldhauer kwaldhauer@gmail.com
or Steve Zubarik szubarik@optonline.net

Saturday, October • 16 Bronx Botanical Garden

Chrysanthemum show in conservatory (optional), plus conifers & primeval forest walk. Slow pace -- not really a "hike." Take the 10:23 Harlem Line train from Grand Central, arriving at the "Botanical Garden" Station at 10:42 (OW \$3.25 with "City Ticket"). Alternatively, take the 4 or D subway to Bedford Park Blvd., and then the #26 bus east to the Mosholu Gate entrance -- or the 2 subway to Allerton Ave., and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 10:45. Admission to the Gardens is free on Saturdays until noon, but there is a fee for admission to the conservatory. If driving, park in the lot by the station (\$10) or on a nearby street. No coordination of rides. Visit will end by 3 but, of course, you're free to leave

earlier or stay later. Not need to register, but you must email or call to confirm that the visit is on. Bring lunch and beverage, or buy it in the cafeteria. Sorry, but no children, no pets, no smoking. Not Qualifying. Bob Susser 212-666-4371; rsusser@aol.com.

Sunday, October 24 • Rockefeller Preserve

A leisurely stroll of around 6 miles along some of the pleasant carriage paths and intimate wooded lanes with panoramic vistas which characterize this beautiful State park preserve. Lunch at Stone Barns Center -- buy it there or bring your own. Take the 9:20 MetroNorth Hudson Line train from Grand Central, arriving in Philipse Manor at 10:12. (RT fare: \$15/Srs.\$10) This train may also be boarded 9:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway RT fare: \$7.50/Srs.\$3.50. Please sit in the first or second car of the train. Back in time for 4:10 train to NYC. No need to register, but you must email or call to confirm that the walk is on, and if you need or can offer a ride from NYC. Sorry, but no children, no pets, no smoking. Qualifying.
Bob Susser 212-666-4371; rsusser@aol.com.

Sunday, October 31 • Trick or Treat on Parker Cabin Mountain

Moderate loop hike from Camp Nawakwa to Parker Cabin Mtn. We'll hike along the White Bar and Triangle trails. Leaders will hand out treats on the mountain. Qualifying. Please register with leaders:
Giacomo Servetti gservetti08@gmail.com
or Kim Waldhauer kwaldhauer@gmail.com

Saturday, November 6 • Taurus Sunset Hike

Bring flashlight. Hike. Eat dinner while watching sunset. Hike some more. Moderate to fast paced 7-mile hike with some steep climbs. Qualifying and joint with AMC. Take 12:45pm MetroNorth Hudson Line (Poughkeepsie Train) from Grand Central arriving in Cold Spring at 2:02pm. Meet at foot of train station (near Station Café).
Leader: Richard Weinberg 914-523-6223
richard_m_weinberg@yahoo.com

Sunday, November 7 • Bear Mountain. Over Timp and Bald.

Two nice uphills and a moderately steep descent from Bald, but some fairly easy walking on woods roads as well. Around 8 miles altogether at a moderate pace. Out around 4. Parking fee \$6 per car. No need to register, but you must email or call to confirm that the hike is on, and if you need or can offer a ride from NYC. Take the 8:45 ShortLine bus from the PABT to "Bear Mountain" (RT\$26.70/Srs.\$13.30 with Jersey Transit half-fare coupon). Sorry, but no children, no pets, no smoking. Qualifying.
Bob Susser 212 666-4371; rsusser@aol.com.

Saturday, November 13 • Arden Circular

Challenging/difficult hike at a slow pace. NOT for beginners! Approximately 5-mile hike employing alternative routes to visit familiar places with terrain and ecological challenges along the way. Maybe there will be some residual color on the trees? Qualifying and joint with AMC. Take 8:30am Shortline Bus run #401 from Port Authority north wing to

(Hikes, continued)

Arden, arriving at 9:25am. Note: run #401 discharges passengers upon request along the rt. 17 corridor. Request bus driver to stop at "Welcome to Harriman State Park" sign on Rt. 17 at Arden Valley Rd. (2 miles north of Southfields). At that sign, go E 4/10 mile. Meet at parking lot which is the first right turn after crossing the Thruway bridge.

Leader: Bill Hladky 914-965-2901 wehldaky@yahoo.com

Sunday, November 14 • Popolopen Gorge

Starting from the Fort Montgomery Visitors Center we'll take the Popolopen Gorge Trail -- mostly pretty flat, but with a few short steep uphill (but no scrambling). Then over the new bridge to the 1779 Trail, and back to the Visitors Center, with an optional visit afterwards to the Bear Mountain Zoo. Around 5 miles at a moderate pace. No need to register, but email or call to confirm that the hike will take place, and if you need or can offer a ride from NYC. Take the 9:50 train from GCT arriving in Garrison at 11 (OW\$11.25/Srs.\$7.50). You can also connect to this train by taking the 9:40 local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon (OW\$8.50/Srs.4.25). Use the restrooms on the train, and sit in the first or second car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Garrison station. Park temporarily in the large commuter parking lot on the east side of the station. There will be an approximately 6-mile shuttle to Fort Montgomery. Sorry, but no children, no pets, no smoking. Out in time for the 5 pm train back to NYC from Garrison. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Sunday, November 21 • Johnstown Circular

A scenic ridge walk on the Blue Disc and other trails, passing by Lake Skenanto. Around 7 miles at a moderate pace. No need to register, but you must email or call to confirm that the hike is on, and if you need or can offer a ride from NYC. Take the 9:14 Jersey Transit train from Penn Sta., changing at Secaucus for the 9:31 Port Jervis train to Sloatsburg, arriving 10:12 (RT\$23/Srs.\$11). Or take the 9:10 ShortLine bus from the PABT arriving in Sloatsburg at 10:07 (RT\$25.90/Srs.\$12.90). Out in time for the 4:28 train back to Penn Sta. Sorry, but no children, no pets, no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Saturday, November 27 • Trail Clearing on the RD Trail

Meet at Tuxedo at 9:20am. Bus riders take the 8:30am Shortline Coach bus at the Port Authority to the Tuxedo train station. Bring work gloves. Leader will be on the bus. Qualifying. Leader: John Lipsett 212-867-8280 (work) 212-864-6109 (home)

Sunday, November 28 • Fahnestock

Various trails through woods and high-level meadows with alpine-like vistas. Around 8 miles at a moderate

pace. No need to register, but you must email or call to confirm that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50 train from GCT arriving in Cold Spring at 11:00 (OW\$11.25/Srs.\$7.50). You can also connect to this train by taking the 9:40 local from the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon (OW\$8.50/Srs.4.25). Please use the restrooms on the train and please sit in the first or second open car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Route 9D North to Route 301 (which is Main St. in Cold Spring), left on Main St. to its end at the Depot Cafe. Park temporarily in their parking lot or on a nearby street. Out around 5. Sorry, but no children, no pets, no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

Sunday, December 5 • Riverside Park

A leisurely stroll of around 3 miles in Riverside Park from 116th St. to 66th St. -- followed by hot soup or whatever at Ollie's Noodle Shop on 67th St. Meet 10:30 inside the Broadway & 116th St. subway station, but outside the turnstiles. Optional small contribution for Riverside Park Fund. Rain or shine. No need to register -- just show up. Sorry, but no children, no pets, no smoking. Not Qualifying. Bob Susser 212 666-4371; rsusser@aol.com.

**Hosted Weekends:
October–November 2010**

*To volunteer to host/co-host a weekend,
please contact Janet Sibarium
jansib@mindspring.com or call 212 – 254-0738*

October 9 – 10 August Camp/AMC Invitational

Hosts: Ed O'Donnell and Susanne Flower
All alumni (and non-alumni) of the 2010 AMC August Camp in the Canadian Rockies are invited for Columbus Day weekend. Jerry & Susanne Flower and I had a wonderful hiking vacation this past August Camp. Now we'd like to have a reunion of anyone who attended (or not ;-), so they can see what the Nawakwa experience is like! Hikes will be scheduled and great food and fun will be had by all. Canoe, kayak, row, hike... Reserve by 9 PM on Thursday 10/7 by calling 718-777-6338. Ed O'Donnell

October 16 – 17 Autumn Splendor

Come enjoy camp in its autumn splendor; colorful foliage, good company and hearty food. Vegetarians welcome.
Host: Marilyn Varley, 1-914-698-2339.
Register by 9 P.M. Thursday.

October 23 – 24 Fall Work Weekend

Tom Schiels and Kim Killion will host workday lunch as well as weekend meals. The menu will include hearty food and drink for hard working men and women. RSVP to 917-301-7286 or treasurer@adkny.org by Thursday at 9PM specifying meals you will have including workday

(Weekends, continued)

lunch. NOTE: RSVP FOR WORKDAY EVEN IF YOU ARE NOT STAYING OVERNIGHT SO THAT WE CAN PLAN LUNCH. Also please indicate whether you are vegetarian.

October 30 – 31 Halloween Weekend

No, it's not a trick.

Please register by 9:00 P.M. Wednesday, October 27
Co-Hosts: Giacomo Servetti and Kim Waldhauer
845-947-0054 or gservetti08@gmail.com

November 6 – 7 Novice & Veteran Hosting Duo

Join novice and veteran hosts, Alex and Despina, for a comfortable weekend. Enjoy crisp cool hiking weather and a simple but hearty home-cooked dinner to satisfy vegetarians and omnivores. Please indicate if you are vegetarian.

Registration deadline:

Thursday, Nov. 4th at 9:00 p.m.

Co-Hosts: Despina Metaxatos & Alex Wilkie (registrar)
856-727-0267 or e-mail afwilkie@verizon.net

November 25 – 26 Thanksgiving

Join co-hosts Ingrid Strauch and Ed O'Donnell for a traditional holiday feast. Seasonal fare will be our specialty, with vegetarian options for those who don't eat turkey.

Relax by the fireplace, soak in the rustic Adirondack ambiance, and enjoy the company of fellow Nawakwans, new and old. Thanksgiving overnights welcome.

Please register for Friday breakfast.

RSVP to Ed O'Donnell 718-777-6338 by Thursday, November 18th. (We need the lead time to order enough fresh turkey to feed everyone!)

Future Event: MLK, Jr. Weekend: January 15 – 17:

Encore Co-Hosts: Larry and Deanna Scoones

Murky Waters

by Conservation Chair Peter Varley

Questions are being raised about exploring for gas in Marcellus Shale (see TM May, 2010, "Gas Pains"). First a brief summary: Millions of New Yorkers drink water that comes from the Catskill region. Under much of that area, hundreds of feet below, gas is trapped in Marcellus Shale. Releasing it involves drilling wells into the shale and injecting a water, sand and chemical slurry under high pressure, which fractures the rock and releases the gas. The process is called fracking. Much of the injected slurry is left in the ground.

Some claim fracking is a safe, proven technique, while others say it leads to groundwater contamination. The question is, what chemicals are going into the ground?

The Safe Drinking Water Act (SDWA) requires that potential threats to water safety be evaluated, and if proven, removed. In 2005, the Energy Policy Act exempted the oil and gas industry from complying with the SWDA.

If water becomes contaminated in an area where fracking

has been done it is not clear if fracking was the cause or if there was another pollution source.

The Fracking Responsibility and Awareness Act (FRAC) has been introduced in the US House of Representatives, HR 2766, and in the Senate, S 1215, and would require oil and gas industry compliance with the SWDA.

Cries of cheap, domestic, clean gas, reducing dependence on foreign energy, jobs for areas with high unemployment, and windfall tax revenues for the state make compelling arguments for immediate drilling.

But protecting our outstanding drinking water is even more important. Passage of the FRAC Act would enable monitoring agencies to know what is being put into the ground and to evaluate what effects, if any, their presence is having on our water.

The FRAC Act needs your input. Contact Rep. Maurice Hinchey, and Sen. Chuck Schumer. Let them know what you want.

Maurice Hinchey

www.house.gov/hinchey

Chuck Schumer

www.schumer.senate.gov/new_website

Welcome New Applicants!

| | | |
|-------------------|--------|------|
| Andrew Jacobs | March | 2010 |
| Eugene McKenna | May | 2010 |
| Suzanne Rocheleau | May | 2010 |
| Gladys Sotomayor | June | 2010 |
| GaryNickerson | June | 2010 |
| Carol Hillson | June | 2010 |
| Janet Azar | July | 2010 |
| Bob Gerdwagen | July | 2010 |
| Jane Barrett | August | 2010 |
| Ronald Engasser | August | 2010 |
| Jan Goodwin | August | 2010 |
| Paul Rondinone | August | 2010 |



Photo by Giacomo Servetti

ADK-NY VOLUNTEER HOURS – SPRING 2010

by Trails Chair William Burns

| MAINTAINER | TRAIL | Work Hours | Travel Hours | Total Hours |
|------------------------------------|--|------------|--------------|-------------|
| Elizabeth Ruiz-Gomez | White Bar Johnsonstown Rd. to Triangle Trail 1.5 mi. | 5.5 | 4 | 9.5 |
| Bill and Carol Burns | TMI Sebago Dam to Break-neck Ridge trail 2.75 mi. | 12 | 8 | 20 |
| Richard DeCoursey | White Bar Rt. 106 to ASB 2.05 mi. | 5 | 13 | 18 |
| Kim Waldhauer and Giacomo Servetti | White Bar Dutch Doctor Shelter to Rt. 106 3.8 mi. | 23.5 | 5 | 28.5 |
| John Lipsett | RD Tuxedo to Rt.106 4.13 mi. | 12 | 7 | 19 |
| Glen Nison | White Cross TMI to RD 2.15 mi. | 12.5 | 6 | 18.5 |
| Jack Papirio | AT Orange Tpk. to Mombasha Rd. 1.4 mi. | 13 | 6 | 19 |
| Larry Peternith and Wally Appelson | Triangle Tuxedo to Parker Cabin at White Bar 3.3 mi. | 3.5 | 1.5 | 5 |
| Noel Schulz | TMI RD to Sebago Dam 2.4 mi. | 5.5 | 2 | 7.5 |
| Debbie Melita | AT Rt. 17 to Orange Tpk. 1.8 mi. | 14 | 6 | 20 |
| Ingrid Strauch | Triangle White Bar @ Dutch Doctor to WB @Parker Cabin 1.95 mi. | 12.5 | 12 | 24.5 |
| Steve Zubarik | Long Path Greenbrook Sanctuary to GWB 5.1 mi. | 12 | 6 | 18 |
| | | | | |
| | TOTAL HOURS | 131 | 76.5 | 207 |



Maintenance on the Long Path

Photo by Steve Zubarik



Maintenance on the White Bar

Photo by Giacomo Servetti

NEW YORK CHAPTER ADK BALLOT

Vote for one candidate for each position.

Chair – 2 Year Term Ending December 31, 2012

Ed O'Donnell

Write-in candidate: _____

Vice Chair – 2 Year Term Ending December 31, 2012

Jerry Flower

Write-in candidate: _____

Treasurer – 2 Year Term Ending December 31, 2012

Bruce Rosenbloom

Write-in candidate: _____

Main Club Director – 2 Year Term Ending December 31, 2012

Mark Fedow

Write-in candidate: _____

VOTE FOR FOUR DIRECTORS:

Director – 2 Year Term Ending December 31, 2012

Ingrid Strauch

Write-in candidate: _____

Director – 2 Year Term Ending December 31, 2012

Derek Lomer

Write-in candidate: _____

Director – 2 Year Term Ending December 31, 2012

Steven Barre

Write-in candidate: _____

Director – 2 Year Term Ending December 31, 2012

Maryann Poris

Write-in candidate: _____

Mail to:

Election Committee Chairs

Gary Brazel and Suzanne Gentner

140 Cadman Plaza West

Apt. 10D

Brooklyn, NY 11201-1876

Ballots must be received by November 1, 2010 to be valid.



Photo by Steve Zubarik

On his 82nd birthday Ike Siskind led 11 hikers up Pyngyp Mountain where everyone was rewarded with spectacular views in every direction. Afterwards Steve Zubarik presented Ike with a card signed by the group. It was a beautiful day.



Photos by Giacomo Servetti

MARK YOUR CALENDARS

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Canoe, kayak, row, hike...

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Thanksgiving overnights welcome.

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See Pages 3 and 4 for all details.