



THE TRAIL MARKER

March-April 2008

Published bi-monthly by the

New York Chapter, Inc. of the Adirondack Mountain Club, Inc. P.O. Box 1119, Grand Central Station, New York, NY 10163-1119 Camp Nawakwa on Lake Sebago, 845-351-4135 www.adkny.org



Chapter Chair's Message

By Barry Bunnell



First, we finished the year and the report looks good. We accomplished a lot and managed to stay in the black on the financial side. At the chapter meeting in July members mentioned that they hadn't seen a set of financial statements in quite some time. We heard you. As soon as we get our financials reviewed by internal audit, we will make them available to anyone who wants them. Looking back at some of the things we accomplished the things that stand out in my mind are the two lake clean-up days in Lake Sebago, the Raquette River clean up on National Trails Day, a huge reduction in the amount of trash at Camp Nawakwa due to the implementation of a new

recycling program, the successful completion of a major repair at camp and, finally, the signing of the 10 year lease.

Looking ahead to 2008, I am going to be focusing on content. There will be more things to do at the chapter level. Ed O'Donnell has assumed the responsibilities of running the camp as the Camp Chair. That is going to free me up to concentrate on chapter activities. We have a few things on the books already. The National Trails Day was great fun last year. This year I want to get a lot more people signed up to participate. The weekend features free camping at the ADK Loj at Heart Lake plus a party at the end of the work day. Last year we cleaned up the Raquette River near Tupper Lake. That will be offered again this year. There are lots of things you can do. Save the weekend of June 6, 7 and 8 for a trip to the Adirondacks. We will return to the Adirondacks in July for a wilderness canoe trip. There will be more on that in the next issue. Also, we will be hosting the ADK Fall outing in 2009. We are going have a dress rehearsal in 2008 to prepare. Plans for both outings are getting underway now. The 2008 outing will be just for New York Chapter members and their guests.

On a different note, I am sorry you missed an issue of the Trail Marker. There was a slight problem which has been corrected. We are making it up with this edition. Thank you also Andreas for taking over as Trail Marker editor and good luck. See you all soon.

Barry

TM's New Look

By Andreas Stresemann

Welcome to the new look of the Trail Marker! This is your new editor, Andreas Stresemann and this is my first day on the job I hope you enjoy the fresh look of this edition. My gratitude goes to everyone that helped make this Trail Marker edition so great: Barry, Ed, Janet, Glen and Jerry for their articles and help editing; to Anja for being the ever so patient one and when I was up to the wee hours getting the edition out on time.

My vision is to make this the voice of the ADK New York chapter and I encourage everyone to contribute articles. Submissions for each issue are due the 15th of the month preceding the publishing date. Please email them to:

andreas@adkny.org

Winter Permit Required

Use of the camp between now and April 1 requires a written WINTER permit for the day(s) you want to visit. All permit requests go through the Camp Chair, Ed O'Donnell. Call or e-mail him several days before you intend to use the camp, giving him a fax or e-mail address to which he can forward the permit.

The permit is issued for specific day(s) and is only valid during that period. Each visit requires a new permit. It is against park regulations to use the camp off-season without a special permit. Please do not endanger our lease. Ed can be reached at work at 718-777-6338, or ed@adkny.org

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Locker rent due

Locker rent at Camp Nawakwa is now due for 2008. Locker rents cover the calendar year. The yearly locker fee for 2008 has been increased to \$35.00 and is now due. If you did not pay for your locker last year and would like to keep it, you will need to pay an additional \$25.00 for the locker rent in arrears. Any lockers rented during the middle of the year pay an apportioned amount in the first year and are billed again in January. Please note that only 39 people paid for their lockers in 2007. If you did not pay for last year, please include the rent in arrears to bring your account up to date. The monies generated by the locker rental are used for the maintenance of the camp and are an important source of revenue. Thank you for your attention and understanding.

Please remit the amount due for each locker referred to above to the following address:

New York Chapter ADK
P.O. Box 1119
Grand Central Station
New York, NY 10163-1119

Please make the check payable to "New York Chapter ADK" and note your locker number(s) on the check. Please also indicate whether you are paying for locker rent due from 2007. Your prompt remittance is appreciated. Lockers that are not paid by the official opening of the camp on May 15th will be offered for rent to other members. Please notify Barry Bunnell 917-267-7645 (voicemail only) of any change in address. Please include a phone number and/or email address with your payment.

ADK-NY Board of Directors

Barry Bunnell, Chairperson
917-796-2425

barry@adkny.org

Jerry Flower, Vice Chair
212-923-4573

jerry@adkny.org

Janet Sibarium, Secretary
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marina@adkny.org

Recycling-let's do it!

By Andreas Stresemann

We have made great progress at Nawakwa with our recycling initiative. The blue bins in the kitchen regularly fill up with bottles and cans and there is always a volunteer that offers to bring them to a recycling location. One of our members has also approached the Park to initiate a Park-wide recycling program. I found these interesting facts about recycling and the environment:

- Over half of all waste can be recycled.
- Every ton of paper recycled saves 17 trees.
- The energy saved from recycling one glass bottle is enough to power a light bulb for four hours.
- Recycling one plastic bottle can save the same amount of energy needed to power a 60-watt light bulb for six hours.
- You can make 20 cans out of recycled material with the same amount of energy it takes to make one new one.

I am excited about the impact that recycling makes and made these resolutions for my "greener" living:

- Recycle cans, plastic, bottles, paper
- Read newspapers on the internet
- Bring my own reusable shopping bag when grocery shopping
- Ask not to bag my lunch but carry it
- Ask for only one napkin at the deli, return the stack
- Request to be removed from catalog mailings
- Share magazine subscriptions
- Use recycled-content paper for copying and printing
- Printing two-sided copies on printers
- Shop at "green" companies
- Filter tap water; don't buy bottled water

Want to join me in "saving the planet"? As you can see, even little steps can make a difference and it is as easy as making the right choices in everyday life.



"Greening in Action" during Lake Clean-Up

Hosted Weekends

March 15 - 16 Palm Sunday Weekend: Food to nourish the body and soul. Hike planned on Sunday. Please call by Thursday, March 13th Host: Ed O'Donnell 718-777-6338 ed@adkny.org

April 5 - 6 Flyer weekend: Join Jerry and Andreas for an activity-filled spring weekend. They will invite a few of their runner friends to camp and offer hiking, great food and camaraderie. Co-Hosts: Jerry Flower and Andreas Stresemann. Email before Thursday 10PM: jerry@adkny.org or call 212-923-5473

April 26 - 27 Spring Boating/Traditional Lake Sebago Clean-Up Weekend: Come enjoy a boater's annual chore in getting the craft ready for the season. This course will teach you how to return your vessel to looking its best. It's totally hands on training. Join Camp Nawakwa in traditional Lake Sebago Clean-Up. Host: Barry Bunnell 917-796-2425 email: barry@adkny.org

May 3 - 4 Annual Spring Clean Up Weekend: Healthy hearty chow (baked ziti and salad for carnivores and vegetarians) with easy clean-up promised for all volunteers. Please call or e-mail by Thursday, May 1st. Please indicate if you are a vegetarian or carnivore. Host: Janet Sibarium 212-254-0738 or e-mail: janet@adkny.org

Nawakwa Weekends:

To host a weekend or midweek, contact Host Chair: Janet Sibarium 212-254-0738 email: janet@adkny.org Registration for each weekend closes by 10 PM on the Thursday before. Please call the number(s) listed if you wish to attend and mention it if you are a vegetarian. Once you call, you are on the guest list; the host will only contact you in case the weekend gets cancelled.

Skating Party!

Skating Party Wednesday, March 19: Celebrate the last day of Winter 2008 by joining fellow NY Chapter members in a skating party at the Wollman Rink in Central Park. This is an evening you will remember for a long time. Mark the date on your calendar. Cost to skate is \$9.50 (\$4.75 Seniors). Contact Barry for more information. Organizer - Barry Bunnell 201-307-7769 work 917-796-2425 home or barry@adkny.org



Hikes

Sun., Mar. 16 Rockwood Hall

A leisurely stroll of about 4 miles through this rolling section of the Rockefeller State Park Preserve with its sweeping views of the Hudson and old stately trees -- then continuing on the Old Croton Aqueduct to Scarborough, where we will end up in time for the 3:06 train back to the city. Lunch in Phelps cafeteria -- bring your own or buy it there. Call or, preferably, email me beforehand to make sure that the walk is on. Take the 10:20 Hudson Line MetroNorth train from Grand Central, arriving in Philipse Manor at 11:12 (RT fare: \$14.50/\$9.50Srs.) This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway line (RT fare: \$7/\$3.50Srs.) Please sit in the first or second open car of the train. Buy round-trip ticket to Scarborough (same fare as to Philipse Manor). Joint with other clubs. Qualifying. Bob Susser, 212-666-4371; rsusser@aol.com.

Sun., Mar. 16 Traditional Palm Sunday Hike

Join Rich DeCoursey on this traditional hike from the Nawakwa road to the beautiful St. Johns Church in the Wilderness. This hike requires a major car shuttling operation. Call Glen Nison the Thursday night before to register and for detailed shuttling instructions. We basically need to get as many cars as possible to meet at the church (on St. John's Road just off of Lake Welch drive) and have drivers fit into one or two cars and drive back to the camp road where the hike will start. At the end of the hike, after the service and refreshments the one or two drivers who left their cars at the camp road will need to be driven back by someone. This hike may involve some climbing on trails and woods roads - it is not a stroll! There may be snow or rain. Time to be determined but the hike will start around 10am. Hike Leader: Rich Decoursey 718-768-6019 Shuttle organizer Glen Nison 718-625-2182

Sat., Mar. 22 Lower Manhattan/Brooklyn

Easy six mile hike in historic Lower Manhattan and Brooklyn. The hike will start at the Staten Island Ferry and will visit monuments, statues and historic sites. The route will include The Battery, Wall Street, Exchange Place, World Trade Center, Fulton Street, Pier 17. We will cross into Brooklyn via the Brooklyn Bridge and will continue along the waterfront and revitalized sections of Brooklyn. The hike will end with a tour of the Brooklyn Brewery. Bring a bag lunch and subway fare to return to Manhattan. Meet at 10:00 AM at the corner of Water Street/State Street and Whitehall Street. Leader: Barry Bunnell 201-307-7769 work 917-796-2425 home or barry@adkny.org

Hikes – continued

Sat., Mar. 29 Sterling Forest

Moderate seven mile hike on the Wildcat Mountain and either the Townsend or Furnace Loop trail. Bus riders take the 8:30am Shortline Bus from the Port Authority to the Sterling Forest stop (get ticket for Tuxedo, stop is next after Tuxedo town center), at the junction of routes 17 and 17A. Leader will be on the bus. Drivers meet at 9AM at the hikers parking lot on Hall Drive, reached by taking route 17 north 1/3 mile past the Red Apple to Orange Turnpike, then left on Orange Turnpike about 3/4 mile to Hall Drive, then left on Hall Drive 1/2 mile to the hikers parking lot on the left side of the road at the point where the road bends right. Drivers park as many cars there as possible and drive back to Rt. 17, then take 17 south 1 1/2 miles to the exit ramp for route 17A and park at the large lot at the top of the ramp which has a bus stop shelter. If you are the only car at the hikers parking lot on Hall Drive, drive to the Rt. 17A parking lot. The hike begins at the Route 17A parking lot (bus stop) at 9:20AM. Qualifying. Leader: John Lipsett 212-867-8280 work 212-864-6109 home.

Sat., Apr. 5 Garrison

A moderately-paced hike of around 7 miles along woods roads and trails. A long fairly gradual uphill at the beginning, downhill at the end, but otherwise mostly gently rolling hills with no scrambling. Call or, preferably, email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:51 train from GCT arriving in Garrison at 11:05. Fare: OW\$10/Srs.\$6.50. This train may also be boarded 10:10 at the Marble Hill station (one block from the 225th St. stop of the #1 subway). Fare: OW\$7.50/Srs.\$3.75. Please sit in the 1st or 2nd open car of the train and please use the restrooms on the train. Out around 4. Joint with other clubs. Qualifying. Bob Susser 212-666-4371; rsusser@aol.com.

Sat., Apr. 12 Mt. Taurus.

A moderately-paced hike of around 6 miles, starting with a long uphill, but rewarded with spectacular views of the Hudson Valley from the top. Call or, preferably, email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC.



Take the 9:51 train from GCT arriving in Cold Spring at 11:09. (Fare: OW\$10/Srs.\$6.50.) This train may also be boarded 10:10 at the Marble Hill station (a block from the 225th St. subway stop on the #1 train). (Fare: OW\$7.50/Srs.\$3.75.) Please sit in the 1st or 2nd open car of the train. Out around 4, but plan to hang around for a while afterwards for some refreshment at the Depot Cafe. Joint with other clubs. Qualifying. Bob Susser 212-666-4371; rsusser@aol.com

Sat., Apr. 12 Breakneck Ridge

One of the most popular and challenging hikes around. We will scramble up the face of Breakneck. Not for the faint of heart, rock scrambles and great views. Brief stops at viewpoints. Leader will determine pace. No beginners or stragglers. Hiking boots and 2 qts water required. Steady rain may cancel, call if in doubt. Joint with AMC, qualifying. About 8 miles with steep ups and downs at a moderately- fast pace. Call or email leader for info on where and when to meet. Leader: Bobb Parlan 212-675-0641 M-F 1-6pm only bparlanhiker@aol.com

Sat., Apr. 19 Fahnestock

A moderately-paced hike of around 8 miles along various trails through woods and high-level meadows with alpine-like vistas. Out around 5. Call or, preferably, email me beforehand to make sure that the hike is on and if you need or can offer a ride from NYC. Take the 9:51 train from GCT arriving in Cold Spring at 11:09. Fare: OW\$10/Srs.\$6.50. This train may also be boarded 10:10 at the Marble Hill station (a block from the 225th St. subway stop on the #1 train). Fare: OW\$7.50/Srs.\$3.75. Please sit in the 1st or 2nd open car of the train. Out around 5, but plan to hang around for a while afterwards for some refreshment at the Depot Cafe. Joint with other clubs. Qualifying. Bob Susser 212-666-4371; rsusser@aol.com.

Sat., Apr. 26 - Agony Grind/Indian Hill

A steep climb uphill, then on to the AT and Indian Hill! We pass great stone walls and ancient trees, up and down all day. Fast pace with lots of ups and downs - 8-miles. Leader sets the pace, no beginners or stragglers. Hiking boots and 2 qts of water required. Joint with AMC take the 8:30am Shortline Bus to Arden arriving at 9:25, but drivers park at Elk Pen and walk to Rte. 17 to meet bus at 9:25. Leader: Bobb Parlan w 212-675-0641 M-F 1-6PM only. bparlanhiker@aol.com

Notes from the Camp Chair

By Ed O'Donnell



As you may have noticed from our Annual Appeal letter our Chapter has signed its first ever 10-year lease for Nawakwa. Historically, the camp has had three-year leases. What does this mean? Well, for one thing, we have resolved the uncertainties raised by the Park's recent use of one year leases, so the offer of new leases of varying length (1, 5 or 10 years) allows for us to develop more secure plans for assuring the future. We chose the ten year lease that allows for a credit of up to twenty-five percent (25%) of the annual fee to be used for renovation and preservation of the camp. As most of you are

aware, we have spent much of the last year or two discussing structural concerns about the Loj, including rebuilding of the porch, shoring up the foundation and working on the wood skirting around the base of the building. The Park is requiring us to submit proposals and bids, and get approvals. The Board has been actively discussing how we can best make use of the lease credit to assure the long term viability of the Loj and facilities.

In our recent meeting with Norma Daniels, Harriman Group Camp Director, we were informed that the Park intends to lay a sewer line across Lake Sebago to our camp. This improvement will allow us to have more safely dispose of waste water from the kitchen, and allow us to have showers and flush toilets. Realizing these improvements will take planning, focus and funds. The Board has been analyzing the Chapter's finances. Our goal is to have the Camp economically self-sustaining, apart from any general Chapter expenses.

To this end, the Board recently voted to increase camp use fees. We are aware that some members, particularly those in the Senior category may experience this as a hardship, so fees for those ADK members that are currently in the official, ADK Senior category, have the option of continuing to pay the current fees. The new camp fees are outlined below:

New Camp Fee Structure

- Day Only	
Key holder	\$6 (no change)
Applicant	\$7 (no change)
Guest	\$8 (no change)
- Day & Overnight (Sun.-Fri.)	
Key holder	\$10 (from \$8)
Applicant	\$12 (from \$10)
Guest	\$15 (from \$10)
- Day & Overnight (Sat.)	
Key holder	\$15 (from \$10)
Applicant	\$17 (from \$12)
Guest	\$20 (from \$15)

Camp fees have not been raised in 10 years or more and these fees are a modest increase meant to help us meet current expenses, secure a reserve fund and contribute to camp improvements (showers, toilets, etc.).

In addition, we have developed a new Seasonal Fee covering from April to October. By paying a single amount of \$250, members will not have to pay Friday and Saturday use fees, only the costs of food. Weekday fees are not covered in this arrangement. Another seasonal fee that simply covers from Memorial Day to Labor Day for \$200 covers the same Friday and Saturday arrangements. Those who take advantage of the flat fees will free themselves from paying use fees when they come to camp. At the same time, these flat fees have the capacity to generate more revenue for the camp, if the users do not maximize their benefits by coming enough times. We see this arrangement as a win-win for the camp and the users of this flat fee.



Help us keep the fire burning at the Loj!

Last year only a small number of members paid their locker fees. We have about 170 lockers. The fee for 2007 was \$25. Our goal is recoup those unpaid fees for 2007 plus those for 2008. The new fee for 2008 is \$35. There are many lockers that have not been used in years, and it is unclear from current records who the key holders are. Barry will be clarifying who is the user of any locker and billing them for 2007 and 2008 usage.



Snow Shoeing in the High Peaks

By Glen Nison

Thirty one people, including a large number of New York Chapter members of ADK visited the ADK Loj on the Presidents' Birthday Weekend. Board members Ed O'Donnell and Jerry Flower, staying in Lake Placid, stopped by to visit. The snow was perfect for snowshoeing, cross-country skiing, tobogganing in Lake Placid and general winter tomfoolery. The temperatures were pretty mild by Adirondacks standards; heavy rain fell on Sunday night which was good timing as everyone was leaving on Monday. The food was great, the staff was wonderful and the conversation about the day's adventures flowed around happy hour (arranged by Maureen McCahery-thank you). Several of the High Peaks were reached, Avalanche Lake - always a favorite- was visited, Mt. Jo was also successfully climbed (small mountain but not easy to summit). Glen Nison volunteered to take over this weekend from 50+ year member Harry Bott "for one year" almost twenty years ago!! We look forward to coming back next year.



Photos by Glen Nison and Jerry Flower

New Camp Lease Signed

The New York Chapter has signed a 10 year lease with the Palisades Interstate Park Commission for Camp Nawakwa. For a long time the camps have been telling the Park that they could not justify making improvements to their cabins and property if they could not get longer permits to guarantee that they would be able to get the benefits of the capital improvements. The Park listened and has offered variable term leases. Leases can now run 1, 5 or 10 years.

The chapter's Board of Directors voted to apply for a 10 year lease which locks in our rental amount. In addition we can get a credit of up to 25% of the rent if we make capital improvements to the property. That means for every dollar we spend on the camp, we can take a dollar off the rent up to 25%. That's wonderful news since we have plenty of improvements to make. We have submitted the signed lease to the Park along with a list of repairs that we will be prepared to make in 2008. The Park will review our plan and return the signed lease if it is approved. [The lease was approved end of February.]

The Director of Group Camps for Harriman, Norma Daniels attended a meeting at camp with members of the board. It was her first visit to Nawakwa. She said that we were taking very good care of the camp. She was amazed that the original details of the building has been preserved over the years. We hope to nurture our good relations with the Park throughout the years to come.

Wilderness Canoe Trip in July

Plans are progressing for a chapter wilderness canoe outing in July 2008. The trip will take place in one of the more remote sections of lakes in the Adirondacks. The trip will go for four days, with three overnights of camping. There will not be any white-water or difficult canoeing skills required, however, there will be some short carries.

Put July 7-11 on your calendar if you are interested and watch future issues of the Trail Marker and the website for more information.

Last year's trip participants



New York Chapter to host 2009 ADK Fall Outing

The ADK Fall Outing is an annual event that brings together members from all clubs to share a weekend of hiking and camaraderie. On average 100 ADK members attend the meeting and it is hosted by a different chapter each year. Participants are usually staying at a local hotel; meals and activity are communal. It is a great way to get to know ADK members from the rest of the state.

Noel Schultz attended the outing last year and reported that we were going to be asked to host a future outing. Noel helped assemble a lot of valuable information which the Board evaluated. When the main club approached us about hosting an outing we accepted the invitation to host the ADK Fall Outing in 2009. The main club is thrilled that we have accepted. The main club is broadening their mission to not only serve the Adirondacks, but also every other recreational area in New York State. They have had recent interest in the Catskills. With our acceptance of the 2009 Fall Outing they will be able to get members better acquainted with the Palisades and Harriman State Park, which they consider a gem.

Planning will be starting soon. If you have any suggestions or have been to any previous Main Club outings we would like your input. We will be looking at venues, places for people to stay and activities. We will also try to get a large group from the New York Chapter to attend the 2008 Fall Outing, so keep that in mind for next fall. It's going to be very exciting seeing this start to develop.

Committee Chairs & Other Positions

Jerry Flower, Membership
212-923-5473

jerry@adkny.org

Edmund O'Donnell, Camp Chair, Park Liaison
212-777-5209

ed@adkny.org

Glen Nison, Hiking
718-625-2182

gnisonbike@juno.com

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Helga Abel, Commissary
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helgabe@att.net

Ed Brophy, Art and Library
914-268-7486

Andreas Stresemann, Webmaster & Trail Marker Editor
203-625-5320 x11

andreas@adkny.org

News from the Main Club

By Barry Bunnell

"Chapter Basket a big hit at ADK's "A Wilderness Affair"

The New York Chapter donated a basket to the main club's annual fund raiser and gala event which was named "A Wilderness Affair". The event was held in Saratoga Springs in early November. Chapter Chair, Barry Bunnell attended the event and delivered the chapter basket, which was titled "A Party in a Basket". The basket featured wines, beers and cheeses from New York State. A hearty selection of Brooklyn Brewery beers showcased the basket. There were also pint glasses, wine glasses, serving trays and even a small pumpkin to complete the seasonal theme.



The basket was a huge success. It was one of the few baskets to be auctioned off for more than the cost of the individual items. Divya went to the event with Barry and all the way up in the car was saying, "Now, you aren't going to bid on the basket, ARE YOU?" Barry assured her that he wouldn't. However, when she saw all the baskets selling for under their stated value, she turned to him when the New York basket came up for bids and said, "OK, I'll split it with you." But that wasn't necessary. When the auctioneer asked for a starting bid nearly everyone raised their bid cards. The basket eventually sold for almost double what it cost to assemble it. It was a great night for the New York Chapter. Barry came home as the winning bidder of a beer making kit and has found a new hobby.

HAPPY 80th BIRTHDAY, MARGOT!

Margot Heuman turned 80 on February 17th. Margot is a long time chapter member and has volunteered on countless occasions over the years. In honor of Margot's 80th, Doris Repke has made a generous donation to the chapter. Thank you Doris and Happy Birthday, Margot.

Mud Season Hiking

By Barry Bunnell

The ADK main club passed a resolution at the Board of Directors Meeting in December to encourage its members and chapters to consider outings in less sensitive areas during DEC designated "mud season". The resolution was originally drafted to be applicable in the Adirondack High Peaks, however, the Conservation Committee voted to include all sensitive areas. All hike leaders should be aware of the resolution and consider the impact to a trail when running a hike during the "mud season".

I attended the Conservation Meeting that drafted the resolution. I indicated that the New York Chapter would support the resolution by offering hikes on the paved streets of New York City. Consequently, this month's hike schedule includes a hike in the historic areas of downtown Manhattan and Brooklyn. The hike will occur on Saturday, March 22. Check the hike schedule for details.

History of the Adirondack Chair

by Barry Bunnell

My father recently told me that I am related to Harry C. Bunnell, who holds patent 794,777 for the "Westport Chair", otherwise known as the "Adirondack Chair". I will be further researching the lineage, but so far he appears to be an uncle. Apparently there is some controversy over the patent.

Harry is the patent holder, however, it appears that he did not invent the chair. Records show that Thomas Lee designed it for his Adirondack home in 1903. He asked my uncle to build it. Not only did Harry build the chair, but he built many more of them over the next 20 years. The chair was made from 11 pieces of wood cut from a single board. Although the chair features a straight back and seat, the slant design makes it extremely comfortable. The level, wide armrests are the hallmark of the chair and make it perfect for outdoor dining since the arms can double as a table.



If Thomas Lee invented the chair in 1903, how did Uncle Harry get the patent in 1905? There will be updates in future Trail Markers as I attempt to uncover all the details. Also watch for news for famous relatives on my mother's side - Nathan Hale. That's an interesting story too.

Camp Rules Reminder

We would like to remind everyone of some important rules that are in effect. In the past these rules have always been in effect but were not enforced so they were largely ignored.

One of the things the Board addressed this year is the bad habit of people sleeping in the main cabin. Many people feel entitled to sleep anywhere they want and that is not the case. The infirmary can be used with the permission of the host. The current Board agreed to keep that rule in place but it let the hosts know that sleeping in the main cabin should be discouraged during the warmer months (May through October) since it disrupts normal use of the cabin by people who want to stay up late or get up early. During the colder months it would be appropriate to stay in the cabin since the sleeping cabins are not conducive to a good nights sleep.

Second rule is that anyone using the premises must sign the guest register AND the insurance waiver. People don't ignore the rule but they sometimes do forget to sign the waiver. It sits right next to the register so please don't forget to sign it.

Finally, if you are the last person to leave you are responsible for making sure that the place is left in the proper manner. There are specific things that must be done to insure that the camp is protected. If you are not sure how the camp is to be closed you should go through a new key holder orientation or review the procedures with a Board member. The last person there has to check everything and is responsible if something is left in the wrong manner. Even if you didn't use the stove you need to check it, for example. And don't assume that the way you found something when you arrived is the correct way to leave it. Many members leave the wrong light on when locking up, for instance. Let's all pitch in to make everyone's stay at the camp as enjoyable as possible this year! Thanks.



New Members June-December, 2007

Frank Bamberger	Sharon Lopaty
Ed Breuel	Despina Metaxatos
Laura DuBois	Giacomo Servetti
Andrew Dunlop	Ingrid Strauch
Elizabeth Griggs	Kim Waldhaur
Anja Luesink	

Chapter Communication Update

By Barry Bunnell

The Trail Marker will be returning to a bi-monthly publishing schedule. Andreas Stresemann has taken over as Editor from Susanne Flower. During Susanne's period as Editor the publication enjoyed a period of revival as the amount of content in the newsletter increased dramatically. A quarterly publication schedule was set up as an experiment. The amount of time that Susanne was required to spend putting together the enhanced Trail Markers proved to be too much of a burden to her already full schedule. By returning to bi-monthly schedule the number of printed pages might decrease, however the amount of time required to put out each issue should also decrease. Also, hike leaders and camp weekend hosts will not have to commit so far in advance. Thank you, Susanne for your hard work last year. Your effort was duly noticed and appreciated by all.

Even though the Trail Marker will be returning to a bi-monthly publication schedule, the most up-to-date information can still be found on the chapter website <http://www.adkny.org>. Take a tour the next time you log on to the internet. The photo galleries are very popular and get lots of traffic. The schedule of hikes and activities are listed in another section of the site. The "Member's Only" section is password protected to prevent unauthorized access. The password to access can be obtained by emailing our Membership Chair Jerry Flower membership@adkny.org. The member's only section contains announcements, past issues of the Trail Marker, information on hosted weekends at the camp and other important information. Bookmark the site and check it often. The content is constantly being updated.

Additionally, the chapter has added a phone number with a recorded message about the events for the following week; it is: 917-267-7645. The information will be updated every Sunday evening. The number connects you with a computer voice mail box. You can leave a message after the recording but you will not be able to talk to a "real person". Check it out.

New Applicants June-December, 2007

Robert Bowles	Nancy Miller
Frank Cruz	Keiko Mori
Skip Doyle	Maxine Radovich
Thomas Ervolina	Mizanur Rahman
Eve Faber	Christine Rico
Olivia Fox	Helena Rodriguez
Maureen Gallagher	Linda Rousseau
Julie Gartenberg	Janet Sabatino
Ulana Holubec	Krystyna Tarlowska
Jackie Hyun	Eric Vermilya
Haidee Isip	Hsin Wang
Sachika Iwata	Larry Warshaw
Tammy Levitt	Hope Wright
John McCullough	Jean Zambrano
Irene Metaxatos	



TRAIL MARKER ELECTRONIC DISTRIBUTION OPTIONS – 2008

By Jerry Flower

The Trail Marker has been sent to members via the US Postal Service since its inception. Until access to email and the internet became widespread, it was the only option.

Today, however, nearly two-thirds of the ADK NY Chapter members have a computer, an e-mail address, and internet access. The printing/ postage cost of mailing the Trail Marker is approximately \$1,500 per issue, or \$9,000 on an annual basis for 6 issues.

If members with internet access choose to switch from mail delivery to internet delivery of the Trail Marker, thousands of dollars will be freed up annually for use in chapter operations and activities.

The benefits to members include a) receiving the Trail Marker up to 2 weeks earlier than a mail-delivered copy, b) being able to view the Trail Marker in color with high-resolution photographs, c) being able to print the entire issue or selected pages, and d) contributing to the Chapter's "green" footprint (by saving paper and trees).

How It Will Work

Each edition of the Trail Marker will be available around the first of each other month. Email notifications will be sent to all chapter members that have email. The message will contain a link to download the newsletter. Right-click on the link and "save as" to start downloading the edition to your computer in PDF format.

How to Change Your Trail Marker Delivery to the online version

Simply send an email to membership@adkny.org requesting that you would like to switch to electronic delivery. Be sure to include your name; some e-mail addresses don't reveal the sender's name. You will then be taken off the list for the printed version

ELECTION NOTICE

The ballot included in this issue of the Trail Marker contains the two candidates nominated for office in response to our solicitation in the last issue of the Trail Marker:

Secretary 2-year term ending 12/31/2009

Director 2-year term ending 12/31/2009

The ballot also includes Treasurer (the current Treasurer was appointed in 2007--the position appears on the ballot for the remaining portion of the term).

Treasurer 1-year remaining term ending 12/31/2008

The ballot should be returned to the Election Committee Chair, Marilyn Varley at 737 River Street, Mamaroneck, NY 10543 by March 15.

Cut here

NEW YORK CHAPTER ADK BALLOT

Vote for one candidate for each position.

Secretary – 2 Year Term Ending December 31, 2009

Janet Sibarium

Write-in candidate: _____

Director – 2 Year Term Ending December 31, 2009

Ed O'Donnell

Write-in candidate: _____

Treasurer – Remaining term Ending December 31, 2008

Laura Campbell

Write-in candidate: _____

Mail to:

Election Committee Chair

Marilyn Varley

737 River Street

Mamaroneck, NY 10543

March 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	Palm Sunday Weekend 15
Palm Sunday Weekend 16	St. Patrick's Day 17	18	Skating Party 19	20	21	NYC Hike 22
Easter 23	24	25	26	27	28	Hike 29
30	31					

April 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		April Fools 1	2	3	4	Flyer Weekend 5
Flyer Weekend 16	7	8	9	10	11	Hike 12
13	14	Tax Day 15	16	17	18	Hike 19
Passover 20	21	Earth Day 22	23	24	25	Spring Boating 26
Spring Boating 27	28	29	30			Spring Clean-Up May 3-4

= Hosted Weekend

= Hike

= Other Chapter Event

New York Chapter, Inc. of the
Adirondack Mountain Club, Inc
C/O Jerry Flower
802 West 190th Street #1F
New York, NY 10040



March-April 2008



THE TRAIL MARKER

FIRST CLASS MAIL
U.S. POSTAGE
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Permit #307

Mark your Calendar:

March 15-16 Palm Sunday Weekend: Food to nourish the body and soul. Hike planned on Sunday.

May 3-4 Annual Spring Clean Up Weekend: Healthy hearty chow with easy clean-up promised for all volunteers.

Skating Party Wednesday, March 19: Join fellow NY Chapter members in a skating party at the Wollman Rink in Central Park.