

# **THE TRAIL MARKER**

Published bi-monthly by the New York Chapter, Inc.  
of the Adirondack Mountain Club, Inc. P.O. Box 1119,  
Grand Central Station, New York, NY, 10163-1119  
Camp Nawakwa on Lake Sebago, 845-351-4135  
www.adkny.org

## **Chapter Chair's Message**

by Ed O'Donnell



**D**ear Fellow Nawakwans,  
Another great President's Day weekend at Lake Placid has come and gone. Yours truly went up Thursday evening and had a great Friday hike led by Glen and Rich up Giant Mountain. Setting big goals can be intimidating, but this one's also fun. I've decided to make an attempt at a winter 46! Thanks to you, fellow Chapter members, I was able to also do Algonquin on Sunday, making it from the Loj to the summit in 3 hours. The views were clouded over, but the thrill of 'gearing up' just below the tree line, and making the last push through the wind and over the rock and ice made it all worth the sweat.

Big goals are great for personal growth, but are also important for the club. The Board will be working on a strategic plan and budget for 2009 and needs your input. We will be repairing the footings under the Loj (the 2008 project), and need at least one more project in exchange for a 25% rebate of the annual camp fee for 2009. Also, we have about a \$10,000 surplus in revenue and in discussions with our treasurer, we have been encouraged to develop a responsible plan for spending it on improvements. Some ideas have included making the needed rebuild of the porch, building a set of 'showcase' stone steps from the dock to the lodge, and maybe a start on the possible showers. We are still waiting to see what happens with the sewer line. And with the government looking for 'shovel-ready' projects, let's hope that they choose the sewer line as one of them. With that line, we would be able to initiate a shower/flush toilet project. These are all ideas, nothing has been set, and we need your input. So send us your ideas by e-mail, collar Board members at the camp, and share your thoughts. Nothing will be done without a healthy amount of discussion and compliance with the By-laws. Those rules dictate that any expenditure over \$5K requires approval of the members.

Lastly, Derek Lomer has accepted the position as Camp Chair. He has his own stage building business, so his carpentry skills are substantial. Not only that, he is an excellent plumber. Remember that all camp improvements need Board approval, not only for expenses, but consistency with the rustic ambiance of the camp.

As always, I am available to talk with any member about any issue. You've got my e-mail!

Ed

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## Who's Protecting the Protector?

by Conservation Chair Peter Varley

There will be no "sweet sixteen" party this year for New York States Environmental Protection Fund (EPF). This fund was created in 1993 to enable the state to buy and protect wild areas, forests, and historic sites. Money to do this comes from several sources including the Real Estate Transfer Tax (RETT) and "bluebird" license plate fees.

The austerity budget proposed by Governor Paterson would reduce the EPF's budget by 30% compared to 2007. Without adequate funding the EPF will be hindered in fulfilling its mission.

A major feature of the governor's plan is the expansion of the carbonated beverage container law. Under the bigger, better, bottle bill (BBBB) water, tea, and sports drink containers would carry a 5 cent deposit. Unredeemed deposits on these and the carbonated beverage containers would become state property, and would be the primary funding source for the EPF. This is estimated to be \$120 million annually. The real estate transfer tax contribution would be reduced.

An objection to the governor's funding proposal is that the BBBB is not yet law and it may not pass the legislature. It has failed to win approval in each of the last three years. Also, under current law, unredeemed deposits are kept by the bottlers and distributors. In 2007 this was at least \$100 million. There is opposition to turning this money over to the state. Failure to have funding in place jeopardizes the EPF's ability to operate. Another problem for the EPF is that it has been used as a fund. So far, \$447 million has been "borrowed" from it over the past three years, with no provision for repayment.

Changes are needed. Adequate funding sources must be maintained until alternatives are found. Money intended for environmental protection must be used only for that purpose. Legislators in both houses need to be contacted and held responsible for protecting our wild areas, forests, and historic sites.

## Spring Hosted Weekends: March–April 2009

### April 4–5

#### Palm Sunday Weekend

Continue this Nawakwa tradition...Nourish the body and spirit with healthy delicious meals (vegetarian and omnivore). Guest chef Giacomo. On Palm Sunday join Glen for the hike to the church in the wilderness.

Co-Hosts: Steve & Terri Zubarik  
845-786-3247  
e-mail: szubarik@optonline.net

### April 18–19

#### Pre-Earth Day Weekend

Join our Chapter Chair for Pre-Earth Day celebration weekend. A qualifying clean-up activity (lake or campgrounds?) will be planned. Specifics will be announced later. **Please check the Nawakwa Web site.** Ed's culinary talents and organizational skills for recruiting enthusiastic members and applicants in the kitchen are sure to satisfy vegetarians and carnivores.

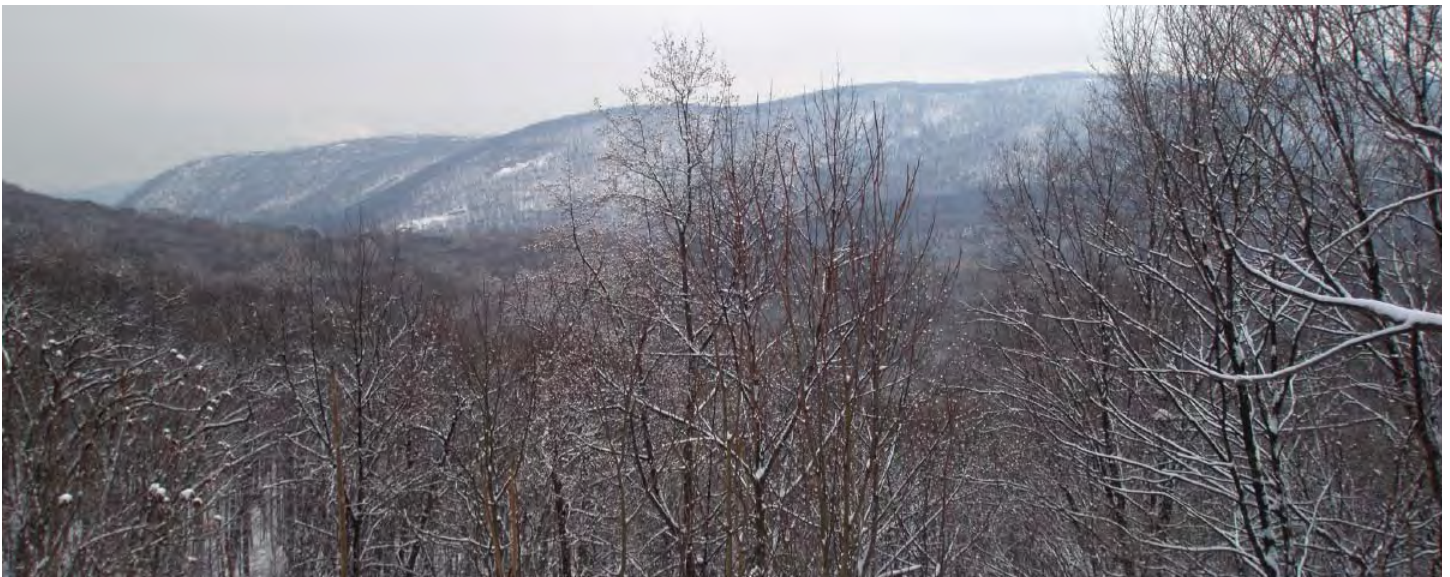
Host: Ed O'Donnell  
212-777-5206  
e-mail: Eodonn2236@aol.com

### April 25–26

#### Post-Earth Day Weekend at Nawakwa

Come celebrate Mother Earth with Janet Sibarium and Ingrid Strauch. Bring your most confounding hosting questions for Host Chair Janet. Join Ingrid for a 6(ish)-mile circular hike from the cabin on Sunday after breakfast cleanup. (You must have appropriate hiking gear, including a water bottle.) Please call or e-mail Janet to register, and specify whether you are vegetarian or omnivore.

212-254-0738  
e-mail: jansib@mindspring.com.



*President's Day Weekend in the Adironacks*  
*Photos by Glen Nison*



## ADK-NY Board of Directors

Edmund O'Donnell • Chairperson 212-777-5206	ed@adkny.org
Jerry Flower • Vice Chair 212-923-5473	jerry@adkny.org
Janet Sibarium • Secretary 212-254-0738	janet@adkny.org
Laura Campbell • Treasurer 212-663-6609	laura@adkny.org
Main Club Director • Mark Fedow 908-782-4064	mark@adkny.org
Tom Schiels • Director	tom@adkny.org
Noel Schulz • Director	noel@adkny.org
Janet Sibarium • Director	janet@adkny.org
Ingrid Strauch • Director	ingrid@adkny.org
Steve Zubarik • Director	steve@adkny.org

## Committee Chairs & Other Positions

Jerry Flower • Membership 212-923-5473	jerry@adkny.org
Derek Lomer • Camp Chair 917-494-8474	dbl62@earthlink.net
Glen Nison • Hiking 718-625-2182	glen@adkny.org
Bill Burns • Trails 718-816-1933	bill@adkny.org
Janet Sibarium • Hosting 212-254-0738	janet@adkny.org
Peter Varley • Conservation 914-698-2339	peter@adkny.org
Helga Abel • Commissary 718-884-5072	helga@adkny.org
Ed Brophy • Art and Library 914-268-7486	
Giacomo Servetti • Trail Marker Editor, Webmaster	editor@adkny.org

## Nawakwa Guest Policy

As you all know, Nawakwa enjoys the company of guests who want to explore our camp. This is how we can spread the word and attract new members!

Here is a quick summary of our Guest Policy:

Guests must be accompanied by a Nawakwa key holder and can only visit on hosted weekends. After their first time, they must join the ADK-NY prior to their next visit. ADK membership allows them to participate in hosted weekends any time of the year. Guests, same as applicants, are not permitted to come to camp outside hosted weekends. New Nawakwa key holders are allowed to bring guests to camp after a period of one year.

## May 2 Annual Spring Clean-Up!

Day: Arrival at 9:00 a.m. Saturday is appreciated. Saturday lunch served to all volunteers. Please e-mail or call registrar (Janet) whether you are coming to work just for the day or staying for dinner or overnight. It is essential that we have a headcount so enough lunch will be provided for hungry volunteers!

### Weekend: May 2-3

For volunteers who are staying for dinner, healthy chow (baked ziti and salad for carnivores and vegetarians) with easy clean-up guaranteed. Please call or e-mail by **Wednesday, April 29th**. Please indicate if you are a vegetarian or carnivore and if you're staying overnight for Sunday's breakfast and lunch.

Host: Janet Sibarium (Registrar)  
212 - 254-0738  
e-mail: jansib@mindspring.com

If members/applicants are coming up to volunteer but not staying for dinner, they should also call/e-mail Janet, so we'll have a head-count for lunch which will be served to all volunteers.

## Trail Maintenance Update

by Trails Chair Bill Burns

Soon warmer weather will be here and it will again be time to survey our trails and do our own Spring cleaning and yes, that means your first trail report for the year will be due on June 30, 2009.

One of the most prestigious trails in the area is in need of a maintainer and that trail would be the Long Path section. If a maintainer is not found by April 1, 2009 the Long Path section will revert to the New York/New Jersey Trail Conference and they have a maintainer waiting. Please consider volunteering your time for this trail.

Be creative. You can lead hikes on your trail or get a group of friends to help. If you know your trail you can determine how many times a year you need to hike and maintain the trail.

Bill Burns



Trail maintenance on the White Bar at Tom Dunn's Bridge

# Hikes: March–April 2009

**Hikes Chairperson: Glen Nison**  
718-625-2182  
gnisonbike@juno.com

## Sunday, March 15 • Rockwood Hall

A leisurely stroll of about 4 miles through this rolling section of the Rockefeller State Park Preserve with its sweeping views of the Hudson and old stately trees – then continuing on the Old Croton Aqueduct to Scarborough, where we will end up in time for the 3:06 train back to the city. Lunch in Phelps cafeteria – bring your own or buy it there. Call or email me (preferably) beforehand to make sure that the walk is on. Take the 10:20 Hudson Line MetroNorth train from Grand Central, arriving in Philipse Manor at 11:12 (RT fare: \$15/\$10Srs.) This train may also be boarded 10:40 at the Marble Hill station, one block from the 225th St. stop on the #1 subway line (RT fare: \$7.50/\$3.50Srs.) Please sit in the first or second open car of the train. Buy round-trip ticket to Scarborough (same fare as to Philipse Manor). No pets; no children; no smoking. Joint with AMC. Not qualifying.

Leader: Bob Susser  
212-666-4371  
rsusser@aol.com

## Saturday, March 21 • Kakiat and SBM to Suffern

Moderate seven-mile hike from Kakiat County Park to Suffern over the Kakiat and SBM trails. Bus riders take the 8:45am Short Line bus from Port Authority and get off at the Viola School sign four miles past (northeast of) Suffern on route 202 (leader will be on the bus). Drivers meet at Suffern park and ride at 9:25am and either park there and take the same bus (be ready to board across the street at 9:35am) or, if there are sufficient cars, leave one or more cars there and shuttle to Kakiat County Park (the entrance road is on the other side of route 202 from the Viola School sign) where the hike begins at the first parking lot about .2 miles from route 202 at 9:45am.

Leader: John Lipsett  
212-867-8280 (work) 212 864-6109 (home)

## Volunteers Wanted!

We are always seeking volunteers to lead hikes. Familiarity with trails and hiking experience is all that is required.

If you are interested, please contact the Hikes Chairperson.

# Boardwalks



**Join Board President Ed O'Donnell (and others we hope) for a series of regular hikes/activities with Nawakwa Board members. All hikes will be Qualifying (6+ miles). These adventures will give you and the new Board opportunities to become acquainted, share ideas and enjoy nature.**

## Saturday, March 28

**Seven Hills - Hillburn-Torne-Sebago (HTS) - Pine Meadow Trails**

**Where: Harriman State Park**

Meet: Reeves Meadow Visitor Center, Seven Lakes Drive, 9 AM.

Features: This loop hike at the southern end of Harriman State Park climbs to two panoramic viewpoints and follows the cascading Stony Brook.

Length: 6.5 miles.

Difficulty: Moderate.

Qualifier:

Leader: Ed O'Donnell 212-777-5206

## Saturday, April 4 • Breakneck Ridge

One of the most popular and challenging trails around. Steep initial climb up the face of Breakneck Ridge. Great views, terrific rock scrambles. Brief stops at viewpoints. Not for the faint of heart or those concerned about heights. Leader determines pace. Hiking boots and 2 quarts water required. Steady rain may cancel, call if in doubt. Joint with AMC. Eight miles at a moderately fast pace with steep climbs. Qualifying. Take 8:51am Metro North Hudson River Line from Grand Central Station to Breakneck Ridge (take Poughkeepsie bound train) arriving at 10:14am, look for parking lot nearby.

Leader: Bobb Parlan  
W:212-675-0641 M-F 1-6PM only  
bparlanhiker@aol.com

## Saturday, April 4 • Garrison

Woods roads and trails. A long fairly gradual uphill at the beginning, downhill at the end, but otherwise mostly gently rolling hills with no scrambling. Around 7 miles at a moderate pace. Call or email me beforehand (preferably) to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:51 train from GCT arriving in Garrison at 10:56. Fare: RT\$20.50/Srs.\$13.50. Or, take the 9:40 local at

the Marble Hill station (a short distance from the 225th St. stop of the #1 subway) changing at Croton-Harmon for the express. Fare: RT\$15.50/Srs.\$7.50. Please sit in the 1st or 2nd open car of the train, and please use the restrooms on the train. Out around 4. No children; no pets; no smoking. Joint with AMC. Qualifying.

Leader:Bob Susser  
212-666-4371  
rsusser@aol.com

#### **April 5 • Traditional Palm Sunday Hike**

The New York Chapter's annual Palm Sunday hike to St. John's Church has been a tradition since the 1930's. The 6-7 mile hike will be mostly on trails, so good hiking boots should be worn. Bring lunch (hopefully a nice warm lunch break near Breakneck Pond), water, snacks, extra clothing (the weather in early April can be cold and wet) and a sense of adventure. This is not a stroll, it is a hike and will be qualifying. The actual hike will start at the camp road near Seven Lakes Drive at about 10am, but the cars (except for one or two) will be left at the Church earlier.

ALL PARTICIPANTS MUST REGISTER WITH GLEN NISON (718-625-2182 or gnisonbike@juno.com) by Thursday night, April 2.

Please leave your name, number of people in your car and your phone number and whether you need directions to the church (it's off of Lake Welch Drive). Unless Glen gets back to you plan on getting to the church by 9:30am on Sunday morning. All the drivers will meet at the church and only one or two cars will return (with the drivers of all the other cars) to the camp road where those one or two cars will be left.

The hike ends at the church and the drivers of the cars left at the ADK camp road will get a ride back to get their car. The service starts at 3PM and is followed by a nice buffet at the barn across the road from the Church. Many different hiking clubs meet for this event. Glen will probably be at camp on Saturday night. Heavy rain may cancel or shorten the hike -we go in snow! Glen will try to arrange a pick up at the Sloatsburg Bus stop (8:30am Shortline Bus from Port Authority arriving in Sloatsburg near HSBC bank at 9:12am) but can't guarantee that it will work out since it depends on other drivers. Why not spend the weekend at Nawakwa (see page 2) Check out the church's website at [www.stjohnsinthewilderness.org](http://www.stjohnsinthewilderness.org)

#### **Saturday, April 11 • Mt. Taurus**

A long uphill, but rewarded with spectacular views of the Hudson Valley. Around 6 miles at a moderate pace. Call or email me beforehand (preferably) to make sure hike is on, and if you need or can offer a ride from NYC. Take the 9:51 train from GCT arriving in Cold Spring at 11. (Fare: RT\$20.50/Srs.\$13.50.) Or, take the 9:40 local at the Marble Hill station (a short distance from the 225th St. stop of the #1 subway) changing at Croton-Harmon for the express. (Fare: RT\$15.50/Srs.\$7.50.) Please sit in the 1st or 2nd open car of the train, and please use the restrooms on the train. Out around 4, but plan to hang around for a while afterwards for some refreshment at the Depot Cafe. No children; no pets; no smoking. Joint with AMC. Qualifying.

Leader:Bob Susser  
212-666-4371  
rsusser@aol.com

#### **Saturday, April 18 • Fahnestock**

Various trails through woods and high-level meadows with alpine-like vistas. Around 8 miles at a moderate pace. Out around 5. Call or, preferably, email me beforehand to make sure that the hike is on and if you need or can offer a ride from NYC. Take the 9:51 train from GCT arriving in Cold Spring at 11. Fare: RT\$20.50/Srs.\$13.50. Or, take the 9:40 local at the Marble Hill station (a short distance from the 225th St. stop of the #1 subway) changing at Croton-Harmon for the express. Fare: RT\$15.50/Srs.\$7.50. Please sit in the 1st or 2nd open car of the train, and please use the restrooms on the train. Out around 5, but plan to hang around for a while afterwards for some refreshment at the Depot Cafe. No children; no pets; no smoking. Joint with AMC. Qualifying.

Leader:Bob Susser  
212-666-4371  
rsusser@aol.com

#### **Saturday, April 18 • Schunemunk Mountain**

Leader plans to hike both ridges. Hike either the Trestle trail or the Jessup with a steep initial climb. Challenging hike with spectacular views from the eastern and western ridges. Leader sets the pace. No beginners or stragglers. Hiking boots and 2 qts.required. Steady rain may cancel, call if in doubt. Joint with AMC and qualifying. Eight miles at a moderate-fast pace with plenty of ups and downs. Take 8:30am Shortline Bus from Port Authority arriving in Mountainville, Orange County at 9:52am. Bus stops at Rt. 32 and Angola/Pleasant Hill Road at Black Rock and Game Club sign.

Leader: Bobb Parlan  
Work 212-675-0641 M-F 1-6PM only  
bparlanhiker@aol.com

#### **Sunday, April 19 • Half Day Hike: Palisades**

Take the Shore Path from Closter Dock Rd., north to the state line. Mostly flat, but we will cross the Giant Stairs, which are not at all flat. Bring water and lunch/snacks. Take 9:15am Rockland Coaches bus from Port Authority, south wing gate 220, tickets at windows 11-15. Bus arrives at Closter Dock Rd./rt. 9W Arriving at 10am. Tunnel to Long Path. Buy one way ticket to Alpine and return ticket from upper Alpine. Joint with AMC and qualifying. Six miles at a moderate pace with ups and downs.

Leader: Ingrid Strauch  
ingrids@rapaportpublishing.com



## In Memoriam

Harry Bott, a Nawakwa member since 1954, and former officer of the Adirondack Mountain Club, passed away October 16, 2008. He loved the outdoors and was active in canoeing, hiking and trail maintenance. He was a World War II Army Air Corp Veteran and ex-POW, and he was awarded the Purple Heart for his service. He will be missed by his friends and family.

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Harry Bott was one of the people instrumental in my joining Nawakwa, the Adirondack Mountain Club's New York Chapter. Though I became a member in 1974, I visited and worked at Nawakwa several years before, variously as a guest of Harry or George Bott, Katherine Lamb Tait and Walter Shannon. It was virtually impossible to turn down a request from these members.

STOP procrastinating and become a member! Which I did.

Harry, soft-spoken, analytical, was a man of many interests; he was a decorated Air Force Veteran of World War II, a POW, a skilled canoeist, trailworker/maintainer, horologist, noted authority on Krober Clocks, authority on antique furniture, and a long-time member of Nawakwa and the Adirondack Mountain Club. He was a good-will ambassador throughout the organization.

Until his untimely passing, Harry was active in many pursuits, most notably volunteering to assist Disabled Veterans at a near-by Veterans facility.

As a member of Nawakwa, just knowing someone like Harry Bott is worth more than the price of membership.

--Marvin Kirkland

Richard Tourin

Our chapter and the entire ADK lost a luminary last spring when Richard Tourin succumbed to heart disease. He had an extraordinary intellect, was well-read, interested in many things and possessed of a wonderful ironic humor. Having a conversation with Dick Tourin was pure pleasure.

He was deeply committed to the ADK and the Knickerbocker and New York Chapters and was a long-term member of both. Committed to the combining of the New York and Knickerbocker chapters, Dick unfailingly advocated for this with cogent arguments and the patient whittling away of bureaucratic resistance. He was the first person I called when the two chapters combined—he could not have been more pleased.

He survived at Nawakwa by his two daughters Dierdre and Emily who were “raised” at Nawakwa and who became active and valued members in their own right as adults.

--Laura Sunderlin

## New York Chapter to Host Fall Outing

by Laura Sunderlin

**F**or the first time ever—or at least the first time that anyone can remember—the New York Chapter will be host to the entire club for the club-wide Fall Outing. This is a much-loved event that brings together members of every chapter in the club for three days of outdoor events and ADK gatherings. It also offers a chance to for everyone to meet and talk with ADK officials, like Neil Woodworth, informally.

This is also the time for the sponsoring chapter to showcase the local wilderness, activities and people that give the chapter life. In our case, of course, one of the main benefits of the fall outing is having ADK'rs from all over New York getting to know Camp Nawakwa.

Our chapter hike leaders will be very busy: there are hikes in every part of Harriman and some in the neighboring Ramapos—even one in New York City. Hikes will range from easy to strenuous, truly something for everyone!! In addition, our own chapter chair, Ed O'Donnell will be leading three hike excursions; popular orienteering leader Butch Panzer will be running an all-day orienteering event; Teresa Marrero will lead a birding expedition; and a former Harriman Park employee will host an informative paddle on Lake Sebago.

Camp Nawakwa will be open to ADK visitors on for the whole weekend and we will offer hospitality, tours, and a chance to enjoy our wonderful facility. As well, we anticipate that many of our upstate guests will want to overnight at camp.

The Fall Outing will take place on Friday, September 25th through Sunday, September, 27th and will be centered at the Holiday Inn in Suffern, NY. All hikes and outings will meet there first and the evening events will take place there as well. Friday night will feature a talk and Saturday will feature a dinner and music

The Holiday Inn is located at Exit 14B on the NY Thruway and can also be reached from Rt 59 (Airmont Rd exit). Those taking the bus or train will find that it is an easy taxi ride to the hotel; there may also be shuttles available. The Suffern Holiday Inn is a modern facility, with comfortable, updated, rooms and an indoor swimming pool right in the courtyard lobby. They are offering ADK members for that weekend a rate of \$99 + tax per night (Friday and Saturday nights). Make sure to mention the ADK when you reserve: 1 877 863 4780.

Make sure to watch both the New York and Main Club's websites for an updates on the fall outing, including registration information. Or if you prefer, you can contact Noel Schulz for outing information or Janet Sibarium for the registration packet (please make sure you provide contact info). noelschulz@verizon.net; jansib@mindspring.com .

The cost to attend the outing will be \$25. The Saturday night banquet cost an additional \$35. Box lunches are available on Saturday and Sunday (if paid with the registration form) for \$12.

WE LOOK FORWARD TO SEEING YOU THERE!!

# **MARK YOUR CALENDARS**

**April 4–5 Traditional  
Palm Sunday Weekend**

**April 18–19  
Pre–Earth Day Weekend**

**April 25–26  
Post–Earth Day Weekend**

**May 2 Annual Spring Clean–Up!**

**See Pages 2, 4 and 6**

