



THE TRAIL MARKER

October - December 2008

Published by the

New York Chapter, Inc. of the Adirondack Mountain Club, Inc. P.O. Box 1119, Grand Central Station, New York, NY 10163-1119 Camp Nawakwa on Lake Sebago, 845-351-4135 www.adkny.org



Chapter Chair's Message

By Barry Bunnell

It hasn't been that long since you have received the previous issue of the Trail Marker. The publishing schedule has been changed slightly to coincide with the distribution of the election ballot. Since this issue will cover the remaining months of the year, it will also be the last time I am writing my Chapter Chair report. When you read the next issue in January, you will be greeted by my successor.

It has been an eventful period as Nawakwa's chair and although it does take a sizeable amount of time, it has been a very fulfilling experience for me. Someone once said to me, and I will paraphrase because I don't remember exactly, "the more responsibilities you have, the more chances you have to realize yourself". That has certainly been the case with me. So thank you, New York Chapter, for allowing me to take the helm for the past two years. I am going to turn the ship over to the next crew and wish them the best.

One of the most fun ADK- related events lately was my involvement with the "ididaride", an Adirondack Bicycle Tour, which took place on August 17th in the Adirondack Park. The ride is in its third year, but this time the main club in Lake George has taken over its organization.

I had some free time before and after and used it to videotape the beginning and end of the longer ride, plus the after-party. The presentation that I put together is on the home page of www.ididaride.org. You will even see the president of the main club, Curt Miller, who was wearing a Nawakwa t-shirt. I hope the video will be used to inspire many more riders to participate in the event next year. I will go back and do the longer ride and I encourage every serious bicyclist in the chapter to do the same. For others, the 20-mile tour is very easy and anyone should be able to participate on any bike that has air in its tires.

That's all that's fit to print. I want to wish everyone a glorious Fall season, a nice Thanksgiving and joyful Holidays.

Barry



Hosted Weekends Oct.-Nov.

Registration for each weekend closes by 10 PM on the Thursday before. Please Email or call the number(s) listed if you wish to attend and mention it if you are a vegetarian.

Oct. 4-5 A Celebration of Poetry Weekend: Express yourself! Bring your favorite poem to share with fellow ADK'ers after dinner. Vegetarians welcome. Co-hosts: Suse Wenzel and Marilyn Varley (Registrar) Tel: 914-698-2339. No calls after 9 PM please.

Oct. 11-12,(13) Columbus/Caribbean Weekend: Please join Teresa for her annual autumn Caribbean fare and cool Latin music - vegetarians welcome as there will be sofrito-flavored beans aplenty. Host: Teresa Marrero. Email (preferable): tmarrero60@gmail.com; Tel: 212-945-0280

Oct. 18-19 Polish Cuisine: October is the month of Teresa hosts! Enjoy delicious Polish dinner with Teresa Licholai. Host: Teresa Licholai. Tel: 608-737-8411 or email: tblichol@verizon.net

Oct. 25-26 Asian Food Night: Please join new members, Mizanur and Sachika, for a delightful culinary experience. Co-Hosts: Sachika Wata and Mizanur Rahman (Registrar). Email: minzanur@gmail.com Tel: 917-860-6282

Nov. 27-28 Thanksgiving: Please join Kim Waldhauer, Giacomo Servetti and Ingrid Strauch for Thanksgiving dinner. We'll have turkey (we like ours brined and smoked) with all the trimmings and more. Vegetarians should come too, as there will also be delicious food prepared just for them. Spend the night; we'll have breakfast for you. Please call (845-947-0054) or email glasskey@optonline.net by Saturday, November 22. We need time to brine the birds.

Nov. 29 Early Sinter Klaas: (Saturday dinner only) Celebrate a tradition: Sinter Klaas, in Dutch style. Each participant is asked to bring a present (under \$5 value), accompanied by an original poem. Please register by Wed, November 26. Host: Fenna Koppelman Tel: 718-336-6521

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Want to be "Green"?

To change your Trail Marker delivery to the online version, simply send an email to membership@adkny.org requesting that you would like to switch. Be sure to include your name; some e-mail addresses don't reveal the sender's name. You will then be taken off the list for the printed version.

Help Wanted !

- Trail Marker Editor

Who wants to become the next Trail Marker editor? Graphic design experience and familiarity with MS Publisher a plus. Andreas Stresemann, our current editor, promises to share his tips and tricks to make it an easy start.

- Locker Administrator

Barry Bunnell will relinquish his duties as locker administrator beginning of 2009 and the Board is looking for a volunteer to step into his foot steps. No worries, Barry will show you the ropes.

- Webmaster for ADKNY. org

Who wants to become the next Nawakwa webmaster? Basic website experience required. Andreas Stresemann, our current webmaster, will introduce you to all details.

If you are interested in any of the above positions, email or call Ed O'Donnell. Email: ed@adkny.org Tel: 718-777-6338

ADK-NY Board of Directors

Barry Bunnell, Chairperson

917-796-2425

barry@adkny.org

Jerry Flower, Vice Chair

212-923-5473

jerry@adkny.org

Janet Sibarium, Secretary

212-254-0738

janet@adkny.org

Laura Campbell, Treasurer

212-663-6609

laura@adkny.org

Mark Fedow, Main Club Director

908-782-4064

mark@adkny.org

Kim Killion, Director

kim@adkny.org

Edmund O'Donnell, Director

212-777-5206

ed@adkny.org

Andreas Stresemann, Director

andreas@adkny.org

Marina Zoubtsova, Director

718-545-0274

marina@adkny.org

"Don't Walk On The Grass"

By Conservation Chair Peter Varley

Recent changes in the Catskill Park Master Plan balances the needs of users with protecting the environment.

Catskill Park has 700,000 acres and is located in Delaware, Greene, Sullivan, and Ulster Counties, NY. The land is owned by New York State, private parties, and New York City. Contrary to popular belief, the Park was not created to protect NYC's water supply. The Park existed 30 years before the City "moved into the neighborhood". The Park's management is governed by a master plan administered by the NYS Department of Environmental Conservation.

Within the Park is the 300,000 acre Preserve. Land in the Preserve is placed into one of four categories: Wilderness, Wild Forest, Intensive Use, and Administrative. No machines are allowed in Wilderness areas without the written consent of the DEC Commissioner. Bicycles were considered machines and therefore banned. They are permitted in Wild Forests and must use existing paths and woods roads. Intensive Use areas have fewer restrictions and are more heavily used. Administrative areas are used for purposes that support the other parts of the Preserve.

Since 2003, there have been ongoing discussions between interested parties and the State about how to best manage the Preserves in a way that keeps its "wildness" intact, yet allows greater public access.

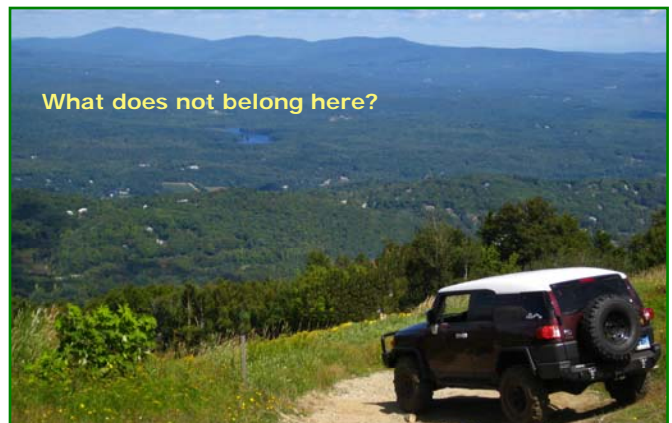
- One way is the creation of a Primitive Corridor in four Wilderness areas. Bicycles are authorized in these Corridors but ATVs are banned.

- Another Master Plan change is that camping permits will be needed for groups of 10 or more. In Wilderness areas, permits will be limited to groups of 12, and in Wild Forests to 20 people.

- The West Kill Wild Forest has been expanded to include part of Hunter Mountain. This will make commercial development of Hunter more difficult.

- Invasive species have been identified as a threat. The DEC, along with other groups, will identify, control and eradicate them.

So far, reactions to these changes have been favorable from all concerned. Stay tuned for updates.



Editor's Note

Dear readers: This edition will be my last as your editor. I want to thank you all for reading the TM in 2008. Please welcome a new "creative director" in the coming year. Andreas Stresemann

Nawakwa Board Election

The **Nominating** Committee (consisting of Laura Sunderlin, Ruby and Noam Kornfeld) has selected the candidates for each office to be filled. Ballots must be received by **November 1, 2008** to be valid. Please fold and seal it so it stays anonymous when the envelope is opened by the tellers. Make sure **your name and address is on the envelope** so it can be verified against the membership list and to prevent duplicates. Also, mark "NY-ADK Election" on the envelope. Results will be published on the website and in the January Trail Marker.

Mail your Ballot to:

Gary Brazel and Suzanne Gentner
140 Cadman Plaza West, Apt. 10-D
Brooklyn, NY 11201-1876

FYI: Our Secretary, Janet Sibarium, is serving the second year of her two-year term in 2009.

Notes from the Camp Chair

I **hope** you've noticed that we've been trying to spruce up the camp. New gravel in the turnaround, plugging a hole in Cabin 2, replacing a railing on Cabin 4, and so forth. We have also repositioned the concrete slab outside the kitchen door so that water drains away from the cabin. We still need to plug the gap between the slab and the cabin door's sill with cement; we'll try to get round to that ASAP.

A **big** effort has been spearheaded by Steve Zubarik and his crew who have started work on rebuilding the steps leading up the hill to the men's cabins. Steve has developed these skills when helping Eddie Walsh of the NYNJTC constructing stone steps at Bear Mountain. Anyone who is interested in helping us build steps should contact me. Steve has a mid-week crew, but I would like to supplement it with a weekend one as well.

Unfortunately, the Park has just given us notice that due to the State budget crisis, the sewer line had been put off until further notice. I guess there's no telling when the money will be available from the state, but I would suggest that we continue to evaluate things, such as looking where we could put toilet/shower buildings. To that end, I am trying to track down a long-time member whose name I don't recall. He told me that he was a civil engineer. That's just the kind of person who could help us pick the right location for facilities. If anyone knows who he is, please let me know.

By the way, thanks to Tom Schiels for his emergency faucet replacement in the kitchen. As always, if you have any repair or maintenance issues, drop me a line.

Ed O'Donnell



NEW YORK CHAPTER ADK BALLOT

Vote for one candidate for each position

Chair – 2 Year Term Ending December 31, 2010

Ed O'Donnell

Write-in candidate: _____

Vice Chair – 2 Year Term Ending December 31, 2010

Jerry Flower

Write-in candidate: _____

Treasurer – 2 Year Term Ending December 31, 2010

Laura Campbell

Write-in candidate: _____

Main Club Director – 2 Year Term Ending December 31, 2010

Mark Fedow

Write-in candidate: _____

Vote for 4 Directors:

Director – 2 Year Term Ending December 31, 2010

Noel Schulz

Write-in candidate: _____

Director – 2 Year Term Ending December 31, 2010

Tom Schiels

Write-in candidate: _____

Director – 2 Year Term Ending December 31, 2010


Ingrid Strauch

Write-in candidate: _____

Director – 2 Year Term Ending December 31, 2010

Steve Zubarik

Write-in candidate: _____

Cut at dotted line or mail printout/photocopy 

A Word of Thanks

We would like to thank all volunteers that that were involved in the election process for their tireless efforts: Hope Wright, Laura Sunderlin, Ruby & Noam Kornfeld, Deirdre Tourin, Gary Brazel and Suzanne Gentner.

Hikes - Oct. - Dec. '08

Hike Chair: Glen Nison Tel:718-625-2182, glen@adkny.org

General Note about Fall Hikes

Weather in October, November and December can be cold, wet and dangerous if you are not prepared. Hikers must have good hiking boots (no sneakers please) a daypack with rain and wind gear and enough food/snacks and water (2 qts. minimum). Synthetic clothing is better than cotton this time of year. The leader is responsible for the entire group and can turn away anyone not properly prepared for the hike! If you are not sure of your ability contact the leader.

Sun., Oct. 5 - Johnstown Circular. A scenic 7-mile moderately-paced ridge walk on the Blue Disc and other trails, passing by Lake Skenanto. It is not necessary to register, but you must call or preferably email leader beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:11AM Jersey Transit train from Penn Station, changing at Secaucus for the 9:31AM Port Jervis train to Sloatsburg, arriving 10:12AM (fare: RT\$14.75/Srs.\$9). Or, take the 9:10AM ShortLine bus from the Port Authority arr. Sloatsburg 10:07AM (fare: RT\$25.90/Srs.\$12.90). Out in time for the 4:28PM train back to Penn Sta. No children, no pets, no smoking. Qualifying. Bob Susser Tel: 212 666-4371; Email: rsusser@aol.com



Sat. & Sun., Oct. 11/12 – Suffern to Nawakwa overnight. This will be a 9- to 10-mile hike starting at Suffern, looping around Pine Meadow Lake, and ending at Nawakwa in time for happy hour. If you plan to stay overnight at Nawakwa and partake of hosted meals, you must contact the weekend host beforehand. (Leader plans to stay overnight.) Exit strategies: retracing to Suffern, hiking out, or getting a ride. On Saturday, take either the 9:14AM NJ Transit train from Penn Station to Suffern (you will need to transfer at Secaucus to the Port Jervis line) or the 9:10AM Shortline bus from Port Authority to Suffern. Train riders will pick up bus riders at the Suffern bus stop. Qualifying. Leader: Ingrid Strauch; ingrids@rapaportpublishing.com

Sun., Oct. 12 - Fahnestock. Various trails through woods and high-level meadows with alpine-like vistas. Around 8 miles at a moderate pace. It is not necessary to register, but you must call or preferably email leader beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50AM train from Grand Central arriving in Cold Spring at 11:00AM (fare: OW\$10.25/Srs.\$6.75). You can connect to this train by taking the 9:40AM local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon. Fare: OW\$7.50/Srs. \$3.75. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Route 9D North to Route 301 (which is Main St. in Cold Spring), left on Main St. to its end at the Depot Cafe. Park temporarily in their parking lot or on a nearby street. Out around 5PM. No children, no pets, no smoking. Qualifying. Bob Susser 212 666-4371; rsusser@aol.com

Sun., Oct. 19 - Lake Welch. A delightful getaway in an area not often explored. We'll be guests of the SBM, LP, and Beech trails. Around 8 miles at a moderate pace. It is not necessary to register, but you must call or preferably email leader beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:11AM Jersey Transit train from Penn Sta., changing at Secaucus for the 9:31AM Port Jervis train to Sloatsburg, arriving at 10:12AM. (Fare: RT \$14.75/Srs.\$9) Or, take the 9:10AM ShortLine bus from Port Authority arriving in Sloatsburg at 10:07. (Fare: RT \$25.90/Srs.\$12.90). Out in time for the 4:28PM train back to Penn Sta. No children, no pets, no smoking. Qualifying. Bob Susser 212-666-4371; rsusser@aol.com

Sat., Oct. 25 - Sterling Forest. Moderate seven-mile hike on the Sapphire, Appalachian, Blue Connector, Indian Hill, Furnace Loop and Wildcat trails. Bus riders take the 8:30AM Shortline Bus from Port Authority to the Harriman Metro North Station (next stop after Southfields). Leader will be on the bus. Drivers meet at 9:10AM at the Sterling Forest hikers' parking lot on Hall Drive, reached by taking route 17 north 1/3 mile past the Red Apple Restaurant to Orange Turnpike, then left on Orange Turnpike about 3/4 mi. to Hall Drive, then left on Hall Drive 1/4 mil to the hikers' parking lot on the left side of the road (at the point where the road bends right). Drivers park as many cars there as possible and drive back to route 17, then take route 17 north about 4 1/2 miles to the Harriman Metro North Station parking lot. The hike begins at the Station parking lot (bus stop) at 9:30AM and continues to the above hikers' parking lot. All hikers are requested to call leader. Qualifying. Leader: John Lipsett 212-867-8280 (work) 212-864-6109 (home)

Sat., Nov. 1 - Tuxedo to Nawakwa & Back. We may not be all saints, but we'll try the trails of the "back yard" of Nawakwa on All Saints Day. This is a good hike if you wish to qualify or are new to the area around camp. (Or if you want to share some Halloween candy.) We'll meet at Tuxedo at 10:30 a.m., and hike various trails to Lake Skenonto. Taking the Yellow Triangle trail, we'll stop by camp for a break and then circle back to Tuxedo on the Tuxedo-Mt. Ivy trail. We will go at a moderate pace, but there will be some steep ups and downs, though. Take the 9:10am Shortline Bus from Port Authority to Tuxedo arriving around 10:10AM or the 9:14AM NJ Transit Train from Penn Station (switch at Secaucus Junction for the Port Jervis train to Tuxedo) arriving 10:17AM - or from Hoboken take the Port Jervis train to Tuxedo leaving at 9:21am (no need to switch anywhere if you get on at Hoboken) Meet at the train station at Tuxedo. Leader - Alex Wilkie. Cell Phone: 856-630-5607 or Email: afwilkie@verizon.net



Hikes – continued

Sat., Nov. 1 - Bear/West Mountain Circular. Hike the Major Welch trail to the top of Bear Mtn., then continue on to West Mtn. and return via the challenging SBM trail. This will be a moderately fast paced 10-mile hike with some steep ups and downs. Great views all day. Leader sets the pace. No beginners or stragglers. Hiking boots and 2 qts water required. Steady rain cancels. Call if in doubt. Parking fee \$7. Joint with AMC and qualifying. Take 8:45AM International Bus Lines (purchase ticket at Shortline ticket window in the North Wing) arriving at Bear Mtn. Inn at 10:15AM. Leader: Bobb Parlan Tel. work: 212-675-0641 (M-F only) Email: bparlanhiker@aol.com

Sun., Nov. 2 Mt. Taurus. A long uphill, but rewarded with spectacular views of the Hudson Valley. Around 6 miles at a moderate pace. It is not necessary to register, but you must call or preferably email beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50AM MetroNorth Hudson Line train from Grand Central arriving in Cold Spring at 11AM (fare: OW\$10.25/Srs.\$6.75). You can connect to this train by taking the 9:40AM local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon. Fare: OW\$7.75/Srs.3.75. Please use the restrooms on the train and sit in the first or second open car. Drivers from NYC: Once in Cold Spring, go down Main St. to its end at the Depot Cafe. Park temporarily in their parking lot or on a nearby street. Out around 4PM, but plan to hang around in Cold Spring for a while afterwards for some refreshments. No children, no pets, no smoking. Qualifying. Leader: Bob Susser Tel: 212 666-4371 or Email: rsusser@aol.com

Sat., Nov. 8 - Sterling Forest Circular. Join us for a leisurely hike up to the fire tower and enjoy a grand view. We'll continue by going along the ridge and return to the Visitor Center via a lovely lakeside trail. Moderately paced 6-mile hike with some ups and downs. Take the 8:15AM Shortline Bus from the North Wing of the Port Authority arriving in Suffern at 9:06AM. Meet in parking lot opposite of bus ticket office near junction of routes 59 and 202 in business district. Joint with AMC and qualifying. Leader: Renate Jaerschky Tel: 845-368-1749

Sun., Nov. 16 Garrison. Osborn Loop. Woods roads and trails, with a substantial uphill at the start (but no scrambling). Around 7 miles at a moderate pace. It is not necessary to register, but you must call or preferably email me beforehand to make sure that the hike is on, and if you need or can offer a ride from NYC. Take the 9:50AM Metro-North Hudson Line train from Grand Central Station arriving in Garrison at 11AM (fare: OW\$10.25/Srs.\$6.75). You can connect to this train by taking the 9:40AM local at the Marble Hill station (one block from the 225th St. stop on the #1 subway) and changing at Croton-Harmon. Fare: OW\$7.75/Srs.\$3.75. Please use the restrooms on the train and please sit in the first or second open car. Drivers from NYC: Saw Mill River Pkwy. to exit 26, Route 9A North to Route 9 North to Route 403 West to Garrison station. Park in the large commuter parking lot on the east side of the station. Out in time for the 5:02PM train back to NYC. No children, no pets, no smoking. Qualifying. Leader: Bob Susser Tel: 212 666-4371; Email: rsusser@aol.com

Volunteers needed!

We are always looking for volunteers to lead hikes. Familiarity with trails and hiking experience required. If you are interested, please contact the Hike Chair.

Sat., Nov. 22- Seven Hills Circular. Leader's birthday hike! Join me as I celebrate my birthday on one of my favorite, the Seven Hills Trail. Nice views and a couple of fun scrambles. Leader determines pace. No beginners or stragglers. Hiking boots and 2 qts water required. If ice bring stabilizers or traction devices. Steady rain or dangerous road conditions may cancel. Call if in doubt. Joint with AMC and qualifying. Moderately fast paced 8 mile hike with some steep ups and downs. Take the 8:30AM Shortline Bus (bus run number 401 - make request for stop when boarding bus) from the Port Authority North Wing arriving in Sloatsburg at 9:12AM. For drivers - from Rt. 17N turn right at blinker. Go one block to RR station. Turn right before crossing the tracks. Then turn right into large parking lot. Leader: Bobb Parlan Tel. work:212-675-0641 (M-F only) Email: bparlanhiker@aol.com

Sat., November 29 - Trail Clearing on the RD Trail. Meet at the Tuxedo parking lot area (north of the train station) at 9:20AM. Bus riders take the 8:30AM Shortline Bus (bus run number 401 - make request for stop when boarding bus) from the Port Authority North Wing arriving in Sloatsburg at 9:12AM. Bring work gloves. Qualifying. Leader: John Lipsett Tel: 212-867-8280 (work), 212-864-6109 (home)



Sat., Dec. 6 - Tallman Mt. Circular. This is an easy hike along the cliffs and a walk on a mile long pier into the Hudson. Six miles at a very leisurely pace. Joint with AMC and qualifying. Transportation - take 9:15AM Rockland Coaches bus from Port Authority, south wing, gate 220 (tickets at windows 11-15) arriving in Piermont (450 Piermont Avenue) at 10:17AM. Leader: Renate Jaerschky Tel: 845-368-1749

Sat., Dec. 6 - Tuxedo Circular. The usual ups and downs on a variety of trails. Moderately fast paced 8-mile hike. No beginners or stragglers. Steady rain or dangerous driving conditions may cancel, call if in doubt. Take the 8:30AM Shortline Bus (bus run number 401- make request for stop when boarding bus) from the Port Authority North Wing arriving in Tuxedo at 9:17AM. From Rt. 17N turn right on East Village Rd. Meet in commuter lot just past the tracks. Leader: Bobb Parlan Tel. Work: 212-675-0641 (M-F only) Email: bparlanhiker@aol.com

Sun., Dec. 7 Riverside Park. A leisurely stroll in Riverside Park and along the river from 116th St. to 66th St. (around 2 miles) -- followed by lunch at Ollie's Noodle Shop. Meet 10:30 inside the Broadway & 116th St. subway station, but outside the turnstiles. Optional small contribution for Riverside Park Fund. Rain or shine. No need to register - just show up. Please note: this is not a "hike" and is not for those looking for aerobic exercise. No pets; no smoking. Not qualifying. Leader: Bob Susser Tel: 212 666-4371; Email: rsusser@aol.com

Vegan Chipotle Chili

By Ingrid Strauch

I found this recipe on the Web site suite101.com with the tag line "If this thick chili recipe doesn't get you hooked on TSP, nothing will." At the time, I had a bag of TSP (textured soy protein) in my freezer, and I was about ready to chuck it. Good thing I didn't! This chili is delicious. Serves 4-6.

Ingredients:

2-3 teaspoons olive oil, as needed
1 medium onion, chopped
2 cloves garlic, minced
2 canned chipotle chilies in adobo sauce, minced
1 can (28 ounces) diced tomatoes
1 tablespoon adobo sauce, reserved from chilies
1 1/2 tablespoons chili powder (or more, to taste)
1 cup dry (dehydrated) textured soy protein
1 cup water or tomato juice
1 green pepper, diced
1 stalk celery, diced
1 carrot, diced
3 cups cooked kidney beans (red or white or combination)
Salt and black pepper to taste
1/8 teaspoon red pepper flakes, optional

Directions:

Heat olive oil in large saucepan over medium-high heat.
Add chopped onion, and stir to keep from sticking.
Sauté onions several minutes; add garlic, chili powder, and chilies; sauté further 1 minute.
Add diced tomatoes, undrained, and adobo sauce.
Add TSP, water or tomato juice, green pepper, celery, carrot, and kidney beans.
Simmer at least 45 minutes.
Add salt, pepper, and spicy red pepper flakes to taste.

Enjoy!



Wood Day Sat. Oct. 11, 9AM

Please come to camp for the traditional fall work day. We will ready Nawakwa for the colder months. This will also be an excellent opportunity for applicants to fulfill one of their qualifications and get to know other Nawakwans. There will be a free lunch and no day fees. Register with Ed O'Donnell by Thu. Oct. 9. Email: ed@adkny.org Tel: 718-777-6338. If you are staying for the hosted weekend, please register and pay the camp fees for it separately.



Fall BBQ at Camp

New Members July-Sept. 08

Dylan Akinrele	John McCullough
Sari Barocas	David Miller
Sook Han	Mizanur Rahman
Ingrid Harewood	Christine Rico
Sachika Iwata	Hsin Wang
Derek Lomer	Jean Zambrano

New Applicants July-Sept. 08

Maya Bentz	Geoff Marx
Richard Bentz	Carol McHugh
Carol Boccone	Lisa North
Martin Davis	Andres North
Luiza Gabelica	Elizabeth Rucell
Lydia Gaston-Greenberg	Ellen Sackstein
Karl Greenberg	Roodolph Senecal
Kristina Grosikova	Jessica Senecal
Eugene Koret	Phyllis Tompkins
Yajing Li	Lyudmila Vishinsky

October 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	Poetry WE 4
Poetry WE 5	6	7	8	9	10	Wood Day/Columbus Caribbean WE 11
Columbus Caribbean WE 12	13	14	15	16	17	Polish Cuisine 18
Polish Cuisine 19	20	21	22	23	24	Asian Food Night 25
Asian Food Night 26	27	28	29	30	31	

November 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	Thanksgiving 27	Thanksgiving 28	Sinter Klaas 29
30						



Hosted Weekend/Event



= Hike offered

WE = Weekend

Committee Chairs & Other Positions

Jerry Flower, Membership
212-923-5473

jerry@adkny.org

Edmund O'Donnell, Camp Chair, Park Liaison
212-777-5209

ed@adkny.org

Glen Nison, Hiking
718-625-2182

glen@adkny.org

Barry Bunnell, Boating
917-796-2425

barry@adkny.org

Bill Burns, Trails
718-816-1933

bill@adkny.org

Janet Sibarium, Hosting
212-254-0738

janet@adkny.org

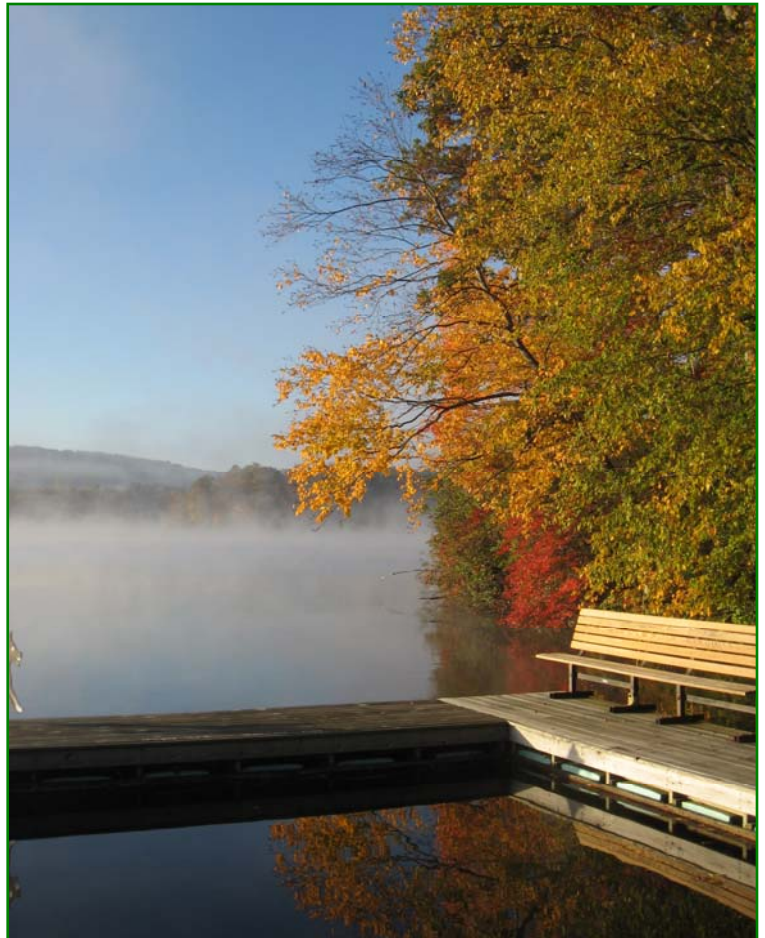
Peter Varley, Conservation
914-698-2339

peter@adkny.org

Helga Abel, Commissary
718-884-5072

helga@adkny.org

Andreas Stresemann, Webmaster & Trail Marker Editor
andreas@adkny.org



Mark your Calendar:

Columbus Day Weekend Oct. 11

Enjoy fall foliage, Caribbean fare and great company. Come on up!

Wood Day Sat. Oct 11

Help us winterize the camp. Free lunch and no day fees. Come volunteer!

Thanksgiving Nov. 27:

Come to camp and enjoy glorious dinner festivities with fellow Nawakawan's.