

THE TRAIL MARKER

June-July Issue 2021

Published by the *New York Chapter, Inc. of the Adirondack Mountain Club, Inc.*
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135 www.adkny.org

Welcome to the 2021 Camp Season at Nawakwa!

- All overnight visitors **MUST** be pre-approved before coming to camp
- If you are visiting for the day, just complete the form and we'll see you at camp

Please see our website for the 2021 Camp Nawakwa Restricted Access Guidelines and the 2021 Camp Access Form (found under 'Nawakwa Keyholders')

In accessing camp, all restrictions due to COVID-19 will remain in place until further notice from the Park. The only change to our current procedures (which can be found under the Nawakwans' tab on adkny.org) is that, if you are accessing camp for the day only and not staying overnight, you simply fill out the Camp Access form (found on our website) attesting to your good health. You will not receive confirmation, just ENJOY!! If you are staying overnight, please fill out the Camp Access form, with required accommodations, and wait for a confirmation response before attending camp.

Thank you.

- New York Chapter Board of Directors

"Note: If you have any questions about accessing the forms, please email Marty McDonald at webmaster@adkny.org for assistance.

ADKNY Board of Directors and Committees

Chapter Chair: Vacant
Vice-Chair: Teri Gabel (Acting Chair)
blaugabels@msn.com
Secretary: Eve Mancuso
Evemancuso@gmail.com
Treasurer: Suzanne Rocheleau
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Director: Mark Fedow
fedowf@aol.com
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Director: Alex Wilkie
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Director: Susanne Flower
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Janet Sibarium janet.sibarium@icloud.com
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Host Committee: Teri Gabel and Tanya Gabel-Ether
hostingadkny@gmail.com
Commissary: Maryann Poris maporis@aol.com
Activities Committee:
Marty Kellerman mmkellerman@gmail.com
Camp Committee:
Chair: Don Gabel blaugabels@msn.com
Co-Chair: Bill Burns wmburnsjr@gmail.com
Members:
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Eve Mancuso Evemancuso@gmail.com
Teri Gabel blaugabels@msn.com
Hikes and Outings Committee:
Chair: Glen Nison gnisonbike@juno.com
Trails Committee:
Chair: William Burns wmburnsjr@gmail.com
Park Liaison:
Teri Gabel, Vice-Chair blaugabels@msn.com
Conservation/Education:
Chair: Ira Stahl irastahl@yahoo.com
Committee on the Environment
Marty Kellerman mmkellerman@gmail.com
Lisa North LisaNYChapterADK@gmail.com
Archives Committee:
Chair: Ellen King ellen_king13@msn.com
Webmaster:
Marty McDonald martymcd@me.com

Problems Receiving the Trail Marker?

Please let our Secretary, Eve Mancuso, know of any problems. Contact Eve at Evemancuso@gmail.com
Change of address: Moving? Please contact the Main Club AND the NY Chapter Membership Chair, Jerry@adkny.org, to notify us of your address change.

Notice: ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Secretary, by the Hosting Committee or by the Newsletter Editor. **Mass-emailing the membership for any other reason is bad etiquette and is prohibited.**

Like us on Facebook!

<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!

Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

Deadline for submissions to the next edition of the Trail Marker (August-September) is July 24, 2021. All submissions can be forwarded to Ray Kozma, at TrailMarker@adkny.org.

Announcement

At the May 12th Board of Directors meeting, Lisa North resigned her position as Chapter Chair, effective immediately. With sincere appreciation and thanks for her years of service, the Board accepted her resignation.

The Vice Chair, Teri Gabel, will assume the responsibilities for the remainder of 2021. The Chapter Chair position will be placed on the ballot in the October election to fill the unexpired term, January 1, 2022 through December 31, 2022.

- The Board of Directors

Activities Committee Happenings

Friday - June 25, 2021 @ 7:30PM

Talk on Bears

Presented by MaryLynne Malone of the
Palisades Interstate Park Commission Museums

Friday – July 23, 2021 @ 7:30 PM

Climate Change Effects on the Local Environment

Presented by MaryLynne Malone of the
Palisades Interstate Park Commission Museums

Sunday – August 15, 2021 @ 7:30 PM

On Porcupines and Possums

Presented by Malerie Muratori of the
Bear Mountain Zoo/Education Outreach Department

ZOOM links will be emailed to all a few days before each event.

- Marty Kellerman

Locker Rental Availability

Nawakwa has nearly 20 lockers available for annual rental this year.

The quantity of "stuff" we found piled up on the Pack Room shelves and walls suggests that many keyholders are using the Pack Room as free locker space during the year, not just for week-end storage. If this trend continues, we may need to move unclaimed belongings to unlocked day lockers in the rear locker room. In the meantime, we encourage those of you who use the Pack Room for long-term storage to remove your belongings before the end of June.

You can rent a locker by simply sending a check for \$35 payable to New York Chapter - ADK to Suzanne Rocheleau - Treasurer, 300 Albany Street #4J, New York, NY 10280. A locker will be assigned to you, and you will receive a locker key.

Thanks for your cooperation.



Congratulations to Noel Schultz

**New York Chapter Member and Nawakwan
Noel Schulz received The Paul Leiken Award
for Going the Extra Mile**

At their annual Volunteer Appreciation event on March 28, 2021, the New York-New Jersey Trail Conference celebrated those who have gone above and beyond.

“Without their incredible commitment to protecting trails and natural areas, issues such as blowdowns, untended erosion, and the encroachment of invasive species would cut off the public’s ability to safely and enjoyably experience all the outdoors has to offer. We can play outside because they work so hard to provide that access for everyone.”

The Paul Leiken award which Noel received honors the volunteers who have recently “gone the extra mile” and made a significant, noteworthy contribution in the last 12 to 18 months.

Noel has been a Swamper for the Harriman area chainsaw crew for years. He coordinates work trips for the crew, including scouting blowdowns prior to each work trip. Since Tropical Storm Isaias, Noel has been out twice a week for hours at a time removing downed trees. Noel is also a long-time Trail Maintainer of the Tuxedo-Mount Ivy Trail in Harriman State Park. Congratulations, Noel!

*Climb the mountains and get their good tidings.
Nature's peace will flow into you as sunshine flows into trees.
The winds will blow their own freshness into you,
and the storms their energy, while cares
will drop away from you like the leaves of Autumn.
John Muir*

Work Weekend at Camp Nawakwa May 1-2, 2021

On May 1 and 2, 18 keyholders and 5 applicants gathered for the Spring Workday. Lunch was provided by the camp and hosted by Janet Sibarium.

Many camp-opening chores and improvement projects were completed. The lodge is up and running with hot water. Camp facilities are open, but not all are cleaned. The swim area does need work. Cabins #4 -6 were cleaned, not cabins #1 – 3. Pathways were cleared of fallen trees, branches cut back, and leaves raked away. The boat area is open. Kayaks are in place. A new bench was installed to the swim dock. The weekend was Hosted by Teri and Don Gabel, including an early, celebratory dessert for dinner.



Thank you, everyone!

New York Chapter–ADK Calendar for 2021 Season at Camp Nawakwa

April 17 Official Opening of Camp and Orientation #1

May 1 & 2 Spring Work Weekend (See report above)

Special Work Day and Applicant Opportunity – held on May 29, 2021

It was a cold and rainy day, but Nawakwans are a hardy bunch. We were warmed by a beautiful fire by Abe, seeing old friends and meeting new ones. Quite a few chores were completed indoors and out. We have the new refrigerator downstairs, wiped down to sanitize and decrease the plastic smell, and the small freezer as well; all the tables wiped down, cobwebs swept away from corners, etc. Twenty keyholders and applicants did everything from windows to installing native plants to the interior of camp. A delicious lunch of sandwiches, granola bars, and apples was provided by Eve Mancuso. The soup-to-nuts Orientation attended by applicants after lunch describing the procedures of the physical camp, was conducted by Don Gabel, Suzanne Flower, Eve Mancuso, and Ray Kozma. As usual, it was a lively learning experience for all.

First Summer Work Day and Hosted Weekend – June 19, 2021(Saturday)

The workday will include continued clearing of all pathways and driveway, as well as continued renovation of the pathway to the swim area. Reclamation of a tent site. Lodge cleaning and repairs. Picnic table renovation. The weekend will be Hosted by Teri and Don Gabel. Please email blaugabels@msn.com to attend the workday and/or overnight. Saturday lunch will be provided by the camp and coordinated by Bill and Mintari Preston. Dinner and breakfast will be provided by Teri and Don. Please RSVP and specify herbivore or carnivore and your overnight accommodations. We will need to assure an adequate ratio of applicants to keyholders, so please register early.

June 26 – 27 – “Farm to Table”

Please join Hosts Jessica Scirbona and Eve Mancuso for a relaxing summer weekend featuring a “Farm to Table” menu of kebabs and delicious produce from the Hudson Valley Region. Saturday dinner and Sunday breakfast will be offered. Kindly respond to Jessica at jscirbona@gmail.com or evemancuso@gmail.com no later than Thursday June 24, at 9 pm; kindly note the meals in which you wish to partake and note your meal preference of herbivore or carnivore.

July 10 & 11 – Bastille Day Celebration

The Seventh Annual (ignoring the missed COVID Year) Bastille Day Celebration is being hosted by Lewis Ports and Susanne Flower on the weekend of July 10th and 11th. Saturday evening will be happy hour and dinner. There will be Sunday breakfast for overnights. Unfortunately, details of the weekend will not be available until NYS and the Park clarify the requirements for group camps this summer. Mark your calendar for this event and all the details will be emailed and posted on the website when available.

August 21 & 22 – Late Summer Work Weekend

**September 11 – Yearly Special Meeting of the Membership
(2nd Saturday) In person or Zoom TBD**

October 9 – Columbus Day Weekend – (2nd Saturday) TBD

October 16 & 17 – Fall Wood-day Work Weekend

October 16 – Chapter Elections (3rd Saturday) At Camp Nawakwa

**Between Trail Marker issues,
please be sure to check our website www.adkny.org
for all updates concerning weekends and events at Camp Nawakwa.**



Native American Site Steward Program (NASSP)

If you hike in Harriman/Bear Mountain Parks and might be interested in helping with probably the easiest volunteer job, read on.

Volunteer stewards are vital to the protection of Native American sites in the NYS Parks of the Palisades Region.

As a steward, you commit to visit your assigned site at least twice a year to monitor it for looting. Infrequently you also might clear away a fire ring or trash at some sites. This program has been ongoing since 1999.

For more information, contact the NASSP Volunteer Program Manager, Katya Hanson, at nassp@kgwh.com.

Or alternatively you can complete and submit the form at <https://www.trailsidemuseumsandzoo.org/wp-content/uploads/2021/04/Native-American-Site-Steward-Volunteer-Interest-Form-4-2021.pdf>.

2021 ANNUAL PASSPORT PROGRAM

As part of the discussion at their January 2021 meeting, the Board of Directors appraised the Annual Passport program that is available for Keyholder members. The Board decided that this year, due to the COVID-19 pandemic, the 2021 Annual Nawakwa Passport will be available to Keyholders at the reduced cost of \$100.

The Passport, which covers the Day Fees for all visits to camp per calendar year, is for an individual Keyholder and is non-transferable. All others who come to camp with a Passport-holding Keyholder must pay the appropriate Camp Fees as usual.

To obtain the Annual Nawakwa Passport, Keyholders should send their request with their name address, phone number and check payable to **New York Chapter - ADK** to:

**Raymond Kozma
585 North Railroad Ave-3D
Staten Island, NY 10304**

New York Chapter-ADK Policy for Becoming a Hike Leader

Hiking, whether by yourself or with a group of friends, is one of the core outdoor activities of the Club and one of the reasons why a person is attracted to the New York Chapter. Our *Hikes and Outings Committee* helps to organize and publish year-round hikes and other events for the members. Taking part in a published hike, or becoming a hike leader oneself, continues this vital tradition. The following outline describes the policy requirements to become an official New York Chapter Hike Leader.

1. All Hike Leaders and Leader-trainees for the New York Chapter-ADK must be members or affiliates of the New York Chapter- ADK in good standing, with dues paid up.
2. On the path to becoming a hike leader
 - a. Trainees must be given a copy (written or digital) of the ***New York Chapter-ADK Guidelines for Hike Leaders.***
 - b. Leader-trainees must additionally review the guidelines (in person, by phone, or by video conference) with an approved leader and be given the opportunity to ask questions. Multiple trainees may review the guidelines with a leader simultaneously, via a Zoom meeting, for example.
 - c. The potential Hike Leader must:
 - i. Submit a resume of past hiking and /or hiking leadership experience to the Training Leader.
 - ii. Take part (as an individual trainee co-leader) in one hike led by an experienced New York Chapter hike leader.
 - iii. Leader trainees must plan a local hike (in Harriman State Park, along the East Hudson, or in northern New Jersey, for example) and lead it, with an existing New York Chapter leader as co-leader assisting as necessary.
3. Before completed training, the Hike Leader is to have taken a basic First Aid Course, as per the Guidelines.
4. The Training Leader should take note of the trainee's ability to follow the chapter Hike Guidelines for leading a hike and will provide a written report to the Nawakwa Board, with a recommendation regarding the trainee's readiness to lead hikes independently.
5. The Board may approve a trainee to lead hikes independently following a single such hike or may request that the trainee lead additional hikes accompanied by an experienced leader before giving its approval.
6. The Board is under no obligation to approve a trainee as a hike leader after any number of accompanied hikes.
7. Once a trainee has been approved as a hike leader, he or she should lead at least three New York Chapter hikes before being eligible to act as a trainer to hike leader trainees.
8. Those experienced, long term hike leaders may be grandfathered by recommendation from the Hike Chair and *Hikes and Outings Committee* to be submitted to the BOD for approval.

New York Chapter – ADK

Guidelines for Hike Leaders

Note: All official New York Chapter hikes need to be led by an approved hike leader. Qualifying hikes, which need to be five or more miles in length, must be led by a keyholder member of Camp Nawakwa. All other requirements, as noted in the following, must also be followed.

Planning an Official Hike

In planning a hike outing, a leader must consider, among other things, (1) the location of the outing and any directions to the trailhead or meeting place, as needed, (2) the route, (3) the season of the year and the weather to be expected, (4) the maximum number of participants desired, (5) the physical abilities and outdoor skills that will be required of participants in order to complete the outing safely, (6) the trip length and terrain and approximate duration, and (7) any particular equipment that would be needed. A decision should be made as to each of these factors prior to writing up a description of the hike and sending it the *Hikes and Outing Committee* for approval and publication to the *Trail Marker* and Website.

The leader should always be familiar with the area and the trails being used, carry a map of the area, and carry basic first aid equipment as suitable to the trip.

Posting Hikes for the New York Chapter

1. After planning the hike, the write-up about it should first be submitted to Glen Nison, *Hikes and Outings Committee Chair*, (HikesAndOutingsCommittee@adkny.org) for his review and approval.
2. Once approved, the hike write-up would be submitted to the *Trail Marker* editor, Ray Kozma ((TrailMarker@adkny.org) for inclusion in the *Trail Marker* and to Marty McDonald, Webmaster, (martymcd@me.com) for posting on the website. Notices for publication in the *Trail Marker* are always due by a certain date, usually ten days before the month of publication. The *Trail Marker* is published bi-monthly from April through September, and every three-months from October through March.
3. Hike description should include approximate number of miles and a description of the terrain to be covered. All participants should be reminded of the need for proper foot-wear, bringing lunch, water, rain gear etc. Any necessary equipment, such as micro-spikes, in winter, should be noted. Hike leader may list the specific meeting time and place or may choose to give that information only to those who register for the hike.
4. Prior to the hike, and as participants are registering, the hike leader should be available to answer reasonable questions posed by email or phone.

Screening Participants

When a person registers, repeat the description of the hike. If you do not know the person and their abilities, ask them about their hiking experiences and ensure that they have the proper gear, food, water, clothing, etc. that are needed. The leader must tactfully refuse to register those persons who do not have or cannot acquire the physical ability, outdoor skills, or equipment necessary to complete the planned outing safely. While refusing to register an interested person is an unpleasant task, it is necessary to protect the unqualified from the consequences of their own over-enthusiasm and to ensure that the outing will be safe and enjoyable for those who are registered. The Hike Leader shall not register more than 6 applicants for any one hike. Members are encouraged to join.

Cancellation

Immediately prior to the outing, the leader must determine if the weather forecast is suitable and make the go/no go decision. If the leader decides to cancel the outing, he or she must contact the registered participants in advance to inform them of the decision or, if contact with all cannot be made, the leader must be at the meeting place at the appointed time to cancel.

Gathering for the Hike

1. Before the start of the hike, all participants must sign the [ADK Liability Waiver](#).
2. The trip leader should count the number of participants at the start of the trip, periodically throughout the trip, and again at the end of the trip to account for everyone.
3. As long as the COVID pandemic continues, remind participants of the need to maintain a physical distance from one another and to put on a mask if that distance cannot be maintained.
4. A trail "sweep" should be designated for the hike and the participants of the trip should be kept between the trip leader and the sweep who is always at the end of the group.
5. Although a difficult thing to do, if a participant comes ill prepared or does not have the required gear, it's a leader's right and responsibility to tell them that they will not be able to join the hike and to state the reason (e.g., your hike write-up said, "crampons required," and they showed up without any).

On the Hike

1. Once the hike starts, the route, the pace and the activities must be so arranged and conducted as to ensure the safety of the participant with the lowest level of physical ability and outdoor skills.
2. Throughout the hike, be aware of the group, the terrain, and the weather and modify your plans accordingly.
3. Don't go too fast. Stop after about 15-20 minutes for a water break and separation (explaining what that is, if necessary).
4. Keep the group together by stopping at junctions to wait for the sweep. At each stop, take a count and make sure that everyone is ok.
5. Each hiker should remain in sight of the person behind him or her. If you see the group splitting into a "fast" and "slow" group, consider your options for closing the gap, such as slowing the pace overall or making more frequent stops. The leader is responsible for keeping the group together.
6. Always keep safety in mind and remain flexible. Change plans or turn back if needed. If one of the participants becomes ill, end the hike and return to the starting point.

After the Hike

1. After the hike, please be sure to scan and email the Liability Waiver form to Glen (gnisonbike@juno.com).
2. If the hike was a Qualifying event, the leader should write a short description of how well the Applicant did and forward this information to the Board of Directors and Membership Chair.
3. If there was a serious accident or incident on the outing, be ready to fill out and send in the ADK Accident/Incident Report. **If there was a serious accident requiring emergency and/or medical help, please submit a signed Release of Liability – Group Form.** The forms get mailed to ADK, 814 Goggins Road, Lake George, NY 12845, ATTN Virginia Etu. The Accident/Incident form is found on the ADK.org website. A copy of the Accident/Incident form should also be sent to the *Hikes and Outings Committee* Chair who in turn will notify the Chapter Chair and the Board of Directors of the accident/incident.

First Aid Training

Potential Hike Leaders, before completing their training, should have taken a basic First Aid course. The following on-line course is recommended for a basic First Aid training:
eCPRcertification.com.

If you have another First Aid course you would like to take or are able to take an in-person training, please make this request known.

Please Note:

1. The Board has agreed to reimburse expenses for these courses. Hike Leader trainees must first get approval from the Hiking Committee for such courses and reimbursement before signing up.
2. Anyone with qualifications beyond a standard First Aid training (for example, from their work) would be exempt from having to take the First Aid course.
3. The New York Chapter will purchase for each Hike Leader a standard First Aid kit for use when leading Chapter hikes. These will be provided as each Hike Leader is close to finishing up their qualifications (so the kits would be current).

If you are interested in becoming a Hike Leader, please send an email to the Hikes and Outings Committee Chair, Glen Nison, at HikesAndOutingsCommittee@adkny.org. Please include a short description of yourself, your hiking experiences, and a brief statement of why you are interested in becoming a New York Chapter hike leader. Thank you!

Hikes and Outings Committee

Hikes and Outings

Hikes Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:
<http://www.nynjtc.org/content/scheduled-hikes> <http://www.hudsonhikers.org/schedules.htm>

Hiking Guidelines During the COVID-19 Pandemic

We continue to follow Harriman State Park and New York State guidelines regarding COVID-19 restrictions: Masks are mandatory; avoid large gatherings; limited group size. For purposes of the hikes listed, the group size is limited to six hikers (not counting the leader and possible co-leader). Sign-up will be on a first-come basis, with a waiting list kept allowing for last minute cancellations. Masks are mandatory.

Saturday, June 5, 2021 - Big Hill Shelter Circular

This will be a moderately paced, 8–10-mile hike, to Big Hill shelter, passing by Breakneck Pond. There are nice views from the shelter and the hike is long but not strenuous. It will probably be possible to arrange a ride from Sloatsburg for those without a car. Please call leader to check. Bring lunch, rain gear, water, extra layers, and appropriate hiking shoes.

Limited to six hikers plus the leader/co-leader. Masks required. Starting point: Main gate at 7 Lakes Drive (park at camp). Time 9:30AM. Qualifying. Please register with the leader by 9PM Thursday June 3rd. [Note: Trip is full. Waiting list only]

Leader: Ray Kozma. Contact at: raymondkozma@gmail.com or 917-406-3782.

Sunday, June 13, 2021 - Canada Hill (Difficult)

Total elevation 1,000 ft, 5.3 miles. Qualifying hike

This is a challenging hike in the Southern Highlands. Starting on the Appalachian Trail we climb a steep incline of approximately 400 ft elevation for around 3/4 mile. The incline continues from a short flat area up approximately 100 ft of rock scramble where there is a view of the Hudson River and Bear Mountain bridge. The trail then undulates through the woods along several stonewalls left from the mining days. The hike continues up a second hill from the fire road another 400 ft elevation to the top of Canada Hill. We will backtrack down the Appalachian Trail to the parking area.

Maximum 6 hikers plus leader/co-leader. Masks and hiking footwear required. Bring 16 -24 oz water, and snack. Rain Cancels. Co-leader welcome. Meet at parking area (roadside pull off) on Rt 9D north of Bear Mountain Bridge. 8:30 am arrival, 9 am start. Qualifying. Register by 9pm Friday 6/11

Contact Stephanie Lai at: sclai2007@yahoo.com

Saturday, June 19, 2021 – Mountain Laurel Hike

If the timing is right, this hike will take us thru tunnels of blooming Mountain Laurel. This is a moderately paced, 5-to-7-mile hike. Following a woods road (also used as a ski trail), we will turn off to follow a cairn-marked trail up the hill and then intersect with the Buck Trail. We will follow the Buck Trail until we come out at a fire road, then turn onto an unmarked

trail and finally approach Breakneck Pond where we will have lunch. We can take a look at the AMC Harriman Camp and return by a different trail or two. It will probably be possible to arrange a ride from Sloatsburg for those without a car. Please call leader to check. Bring lunch, rain gear, water, extra clothing, and appropriate hiking shoes.

Limited to six hikers plus the leader/co-leader. Masks required. Starting point: Main gate at 7 Lakes Drive. Time: 9:30AM. Qualifying. Please register with the leader by 9PM Thursday June 17th. [Note: Trip is full. Waiting list only]

Leader: Ray Kozma. Contact at: raymondkozma@gmail.com or 917-406-3782.

Saturday, July 10, 2021- Nurian Trail Circular – Moderately Strenuous due to climbs

This white-blazed trail is named after Kerson Nurian, New York Chapter member, who first blazed this trail in the 1920s (see the article on him found on page 19 of this issue of the Trail Marker and a fuller description of the history of the trail on page 18). The trail itself, since it is a connecting trail, is only 3.6 miles long. We will combine it with other trails to make a circular hike of about 7 miles. The starting point might be from the Elk Pen Parking area, but we might also try to start at the original beginning on Route 17 in Southfields (the site of the old Red Apple Rest (leader will let participants know before the hike). It might be possible to arrange a ride from Sloatsburg for those without a car. Please call leader to check. Bring lunch, rain gear, water, extra layers, and appropriate hiking shoes.

Limited to six hikers plus the leader/co-leader. Masks required. Starting point: Main gate at 7 Lakes Drive. Time: TBD depending on starting place. Qualifying. Please register with the leader by 9PM Thursday June 17th.

Leader: Ray Kozma. Contact at: raymondkozma@gmail.com or 917-406-3782.

Sunday, July 11, 2021 - Bull Hill (Mt. Taurus) - Difficult

Total elevation 1522 ft, 5.9 miles full loop. Qualifying Hike

This is a steep hike up the Washburn Trail in Cold Spring. The trail skirts an abandoned quarry, providing a widening view of the Hudson River, from the Beacon Mountain, before reaching the wooded Summit. On a clear day there are views of the NYC skyline, Shawangunks (north), and the Catskills (West). There are many ups & downs, stream crossing on an eroded woods road, passing remains of an abandoned estate. The hike ends by way of the Cornish Trail returning to Washburn Trail.

Maximum 6 hikers plus leader/co-leader. Masks and hiking footwear required. Bring 16-24 oz water and snack. Rain Cancels. Co-leader welcome. Meet at parking area on Rt 9D in Cold Spring near Little Stony Point. Qualifying. More details to registrants. 8:30am arrival, 9am start. Register by 9pm Friday 7/9

Contact Stephanie Lai at: sclai2007@yahoo.com

[Check our website for hike updates](#)

“In every walk with Nature one receives far more than he seeks.”

— John Muir

"Since the New York Chapter Bylaws give the care, responsibility, and privilege of running and maintaining Camp Nawakwa exclusively to the keyholders of the Chapter (who are also called Nawakwans), it is desirable and necessary that new keyholder members be recruited on a regular basis. We recruit potential Nawakwans by attracting and inviting like-minded, outdoor oriented, adult individuals (18 years and older) to become applicants for keyholder status. After completing the required qualifying activities, such new keyholders, will take their place in the long-line of custodians of Camp Nawakwa and its traditions." [Policy on Sponsor-Applicants]

Welcome New Keyholder

Jill Mendelson

Sponsors: Yajing Li and Gladys Sotomayor

"As per our long-standing practice, each applicant for Nawakwa membership has the help of two Sponsors during the Applicant's Qualifying period (a twelve-month period during which an Applicant must satisfactorily complete five Qualifying Events plus meet with their Sponsors). A Sponsor is a current, active Nawakwan who has been a keyholder for at least one year and who agrees to help the Applicant learn about camp and the responsibilities of membership so that the Applicant may successfully complete the process of qualifying" (Sponsor-Applicant Handbook). Accordingly, we welcome the following Applicants:

Welcome New Applicants

<i>Brian Blum</i>	<i>Edie Blum</i>
<i>Marsha Brady</i>	<i>Nancy Dargis</i>
<i>Jason Dryer</i>	<i>Roseann Mancuso</i>
<i>Robert Pounding</i>	<i>Kate Walker</i>
	<i>Tariq Zaid</i>

The Creed

*"I believe in the Out-of-Doors, the woods, streams and hills,
the wildlife that lives therein.*

*I believe that man's care for them
in a state of nature consistent with conservation
is his best investment for the future."*

- New York Chapter, 1923

The New York Chapter - ADK

Centennial Anniversary Events

(Keep watching this space!)

At the October 1922 meeting of the newly formed Adirondack Mountain Club, Raymond Torrey was asked to form a New York Chapter. By early 1923, formal approval was given by the Main Club for the establishment of the New York Chapter, with Raymond Torrey as our first Chapter Chair. So, in 2023, we will be celebrating our 100th Anniversary!

1. As we count down to the anniversary, the Trail Marker is carrying articles about the history, significant events, and people connected to the development of the Main Club and the New York Chapter. In this issue, **we highlight the figure of Kerson Nurian** (see page 18), a prolific trail creator whose enthusiasm created some noteworthy conflicts.
2. We will be conducting a series of 'historic hikes and outings' in which we try to recreate early hikes and visit places treasured by that first generation of chapter members. Please see description of another historic hike, the **Nurian Trail** on page 17 (see also the July 10th hike description on page 14).
3. A Committee has formed to plan a grand 100th Anniversary celebration in 2023. The date and venue are not set yet. If there are New York Chapter members who might be interested in working on the planning committee, please email your desire to be of help to Susanne Flower (susanneflower@gmail.com) or Ray Kozma (raymondkozma@gmail.com).



Historic Hikes

As part of our anticipating the New York Chapter's 100th Anniversary, we are outlining a series of 'historic hikes' in which we try to recreate early hikes and visit places treasured by that first generation of chapter members.

The Nurian Trail (Excerpts from *Harriman Trails: A Guide and History* by William J. Myles and Daniel Chazin, Third Edition, 2020, pages 68-71)

"The Nurian Trail is named for its builder, Kerson Nurian. He called it "the Short Trail" to the R-D, making possible a hike from Southfields to Tuxedo.

The trail starts in Southfields, just north of Railroad Avenue, at the site of the former station. The trail continues along the track for 0.1 mile. Then goes down right, along an old woods road, toward the river, which is crossed on a steel bridge.

"In 1824, the old woods road from the railroad track to the river was part of the "Monroe and Haverstraw Turnpike," which we now know as Route 106/Gate Hill Road (the railroad did not come through until 1938). The old toll road turned up through the hills past Car Pond (Lake Stabahe), Little Long Pond, and Beaver Pond (Lake Welch).

"In 1894, Edward Harriman built a road south from Arden which crossed the Ramapo River 0.25 mile north of the turnpike. About 1929, Nurian marked his trail to cross the river at a ford where Harriman's bridge had stood. Soon afterward, the Park built a wooden footbridge where the turnpike had crossed, and Nurian's trail was re-routed to cross that bridge. The bridge was washed away in April 1936 and rebuilt a month later. It was washed out again in December 1938 and replaced in January 1939. That bridge was washed out in 1946, and the present bridge of steel beams was built in 1950. From 1948 to 1950, hikers crossed the river on two steel cables.

During the construction of the Thruway in 1953, the western end of the Nurian Trail was closed [until the construction of a new] bridge, which was opened with a ceremony on July 15, 1956.

"For many years hikes were permitted to park at the Red Apple Rest...but...Beginning about 2004 the owner of the Red Apple Rest refused to allow hikers to park there... Since nowadays, most hikers arrive by car, it was determined that the Elk Pen parking area was the most convenient place from which to access the Nurian Trail., and the Stabahe Brook Trail was marked to link the Elk Pen with the Nurian Trail, near the northern end of Lake Stabahe. For the benefit of those hikers who arrive by bus, the western end of the Nurian Trail has been retained as an alternative route.

...the trail "ascends, steeply in places, following the south side of Island Pond brook...The ravine of the brook is known as the Valley of Boulders...Bending left, Nurian passes above Green Pond...Nurian soon turns right onto Island Pond Road...then goes left across a pretty region, with laurels and evergreens, to meet the White Bar Trail...then departs down to the left to cross a small stream. It turns right and briefly follows the brook, then turns left and begins the steep climb up Black Rock Mountain. Nurian ends at the Ramapo-Dunderberg Trail...3.6 miles from the start."

- Ray Kozma

Kerson Nurian

Kerson Nurian was born in Bulgaria about 1872. In 1940, he was about 68 years old and lived at 314 Park Place, in Kings, New York. The 1940 census lists him as one of several 'lodgers' in the home of Martin and Anna Dieter.

"He was a slender man, with gray hair and a gray goatee, and was a member of ADK, AMC, and the Green Mountain Club. During his trail-building years, he was an electrical engineer, working on submarines at the Brooklyn Navy Yard. He was an eager trail marker, but never asked permission of the Park, of the Trail Conference, or of the landowners. In addition to his "Short Trail" (1929), he made the HTS (1928), the Triangle Trail (1939), and the White Cross Trail [c. 1935]. Nurian's independence and insistence on having his own way led to several disputes with others over his trails." [page 71, *Harriman Trails: A Guide and History* by William J. Myles and Daniel Chazin]

One example of these "Trail Wars" involved the Triangle Trail. The following description is taken from *Harriman Trails: A guide and History* by William J. Myles, First Edition, 1992, (page163).

"The Triangle Trail was first marked in 1939 as the Yellow Bar Trail. It was blazed by Kerson Nurian, with yellow bands around the trees, starting from the woods road along Black Ash Brook, the former route of the R-D Trail. Nurian used already existing roads and trails, ending on Parker Cabin Mountain. In October 1939 he offered his trail to the Trail Conference. They accepted and assigned Harry Zilverman as its maintainer.

"Early in 1942, the Conference marked a Yellow Triangle Trail from Parker Cabin Mountain to the arm of Lake Sebago and continuing to ADK Camp Nawakwa. At the lake edge, it crossed an older trail that ran past the Old Dutch Doctor's place to Johnstontown at the northwest end of Lake Sebago (the Sloatsburg Trail).

"In 1943, Nurian returned to Bulgaria, and the Conference then decided to mark the whole trail, from Black Ash Brook to Lake Sebago, with yellow metal triangles (Trail Conference Minutes, 4/4/44). By 1946, it was marked to the Dutch Doctor Shelter.

Then, in 1947, Nurian returned! Joseph Barth's Trail Committee minutes for September 24, 1947, reported that all 80 metal markings had been removed from the Triangle Trail from Black Ash Brook to Parker Cabin Mountain (that had been the route of Nurian's Yellow Bar Trail). By the spring of 1948, it was clear who had done it, because the yellow bars had been repainted around the trees. After heated discussions with Bartha and the Conference, Nurian agreed to leave the trail alone, provided that painted triangles were used instead of metal ones. And so it was. Nurian died on November 19, 1948, at the age of 75."

(Thanks to Ellen King, our Archivists, for the following):

Kerson Nurian became a member of the Chapter in 1923. In 1924 he is listed in the handwritten book of members. In 1926 there were 4 'Chairmen' of the Social Committee listed, and Nurian was one of them. That year he was also on the Board as a Director of the Chapter. 1927 saw him listed as one of the five Councillors (*yes, this is the correct spelling. We think a Councillor and Director is the same position*) on the Board.

From Our Archives

From the February 1935 Trail Marker

February 10th – Hike to Parker Cabin Circular

When Kerson Nurian leads a walk, it's a walk. That means that a maximum of interesting and new trail will be covered with the minimum expenditure of energy. Go on this walk. 90% of it will be new to members. One patch of the trail that the Trails Committee heartily endorses is the new part blazed by the leader himself - The White Cross Trail from Parker Cabin to Claudius Smith's Cave. Train leaves Jersey City at 9:23 am. Leaves Tuxedo at 4:55 pm on return. Round Trip, \$1.25).

Note: If you can find a copy of the First Edition (1992) of the book *Harriman Trails: A Guide and History* by William J. Myles, on page 86 you will find a picture of Kerson Nurian sitting at the dock of Camp Nawakwa. He is engaged in animated conversation with two younger campers sitting on the bench beside him.

-Ray Kozma

