

THE TRAIL MARKER

August-September Issue 2021

Published by the *New York Chapter, Inc. of the Adirondack Mountain Club, Inc.*
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago, 845-351-4135 www.adkny.org

SPECIAL MEETING NOTICE

Invitation to Members for an Open Special Board Meeting
on Saturday August 28, 2021

All members of the New York Chapter are invited to attend a virtual Special Meeting of the Board of Directors on August 28, 2021, at 10:00 a.m.

During that meeting we will discuss the New York Chapter's relationship with the Adirondack Mountain Club, Inc. in anticipation of our next court conference on September 9, 2021.

To receive the link to attend the open Special Board Meeting on August 28, 2021, at 10 a.m., **members must RSVP no later than August 25, 2021** at <https://forms.gle/sfJujhecfQHoJBvB7>

Thank You.
The Board of Directors

ADKNY Board of Directors and Committees

Chapter Chair: Vacant

Vice-Chair: Teri Gabel (Acting Chair)

blaugabels@msn.com

Secretary: Eve Mancuso

Evemancuso@gmail.com

Treasurer: Suzanne Rocheleau

rocheleau3@gmail.com

Director: Marty McDonald

martymcd@me.com

Director: Mark Fedow

fedowf@aol.com

Director: Guy Lingley

glingley@vermacorp.com

Director: Marty Kellerman

mmkellerman@gmail.com

Director: Alex Wilkie

Afwilkie204@gmail.com

Director: Susanne Flower

susanneflower@gmail.com

Membership Committee:

Chair: Jerry Flower jerry.flower@verizon.net

Members:

David Miller snoop353@aol.com

Janet Sibarium janet.sibarium@icloud.com

Newsletter Editor:

Raymond Kozma TrailMarker@adkny.org

Host Committee: Teri Gabel and Tanya Gabel-Ether

hosting@adkny.org

Commissary: Maryann Poris maporis@aol.com

Activities Committee:

Marty Kellerman mmkellerman@gmail.com

Camp Committee:

Chair: Don Gabel blaugabels@msn.com

Co-Chair: Bill Burns wmburnsjr@gmail.com

Members: Steve Barre sbarre9723@yahoo.com

Eve Mancuso Evemancuso@gmail.com

Teri Gabel blaugabels@msn.com

Hikes and Outings Committee:

Chair: Glen Nison gnisonbike@juno.com

Members: Ingrid Strauch istrauch11@gmail.com

Ray Kozma raymondkozma@gmail.com

Trails Committee:

Chair: William Burns wmburnsjr@gmail.com

Park Liaison:

Teri Gabel, Vice-Chair blaugabels@msn.com

Conservation/Education:

Chair: Ira Stahl irastahl@yahoo.com

Committee on the Environment

Marty Kellerman mmkellerman@gmail.com

Lisa North Lrn1212@aol.com

Archives Committee:

Chair: Ellen King ellen_king13@msn.com

Webmaster:

Marty McDonald martymcd@me.com

Problems Receiving the Trail Marker?

Please let our Secretary, Eve Mancuso, know of any problems. Contact Eve at Evemancuso@gmail.com

Change of address: Moving? Please contact the Main Club AND the NY Chapter Membership Chair, Jerry@adkny.org, to notify us of your address change.

Notice: ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Secretary, by the Hosting Committee or by the Newsletter Editor. **Mass-emailing the membership for any other reason is bad etiquette and is prohibited.**

Like us on Facebook!

<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!

Get updates on Nawakwa happenings on Twitter! Go to https://twitter.com/ADK_NY, click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

Deadline for submissions to the next edition of the Trail Marker (October-November-December)) is September 23, 2021. All submissions can be forwarded to Ray Kozma, at TrailMarker@adkny

New York Chapter–ADK

Calendar for Second Half of the Season

From the Hosting Committee

Two new Hosted Weekends were added to the calendar for August, as well as a hosted mid-week. The calendar is open all weekends until 10/15. Please consider Hosting, and if you are interested in pairing and sharing a weekend, please contact the Hosting Committee at hosting@adkny.org. Hosted weekends are a wonderful opportunity for members to visit camp, for applicants to meet members and become familiar with Nawakwa, and everyone to re-connect!

August 7-8 - Hosted Weekend - Eve Mancuso and co-host Roseann Mancuso-Lazy days of summer. Please join new Nawakwan Roseann Mancuso and co-host Eve Mancuso for a relaxing weekend at Camp Nawakwa. Appetizers and dinner will be served on Saturday; breakfast will be served on Sunday. The menu will be sure to please both carnivores and herbivores alike with grilled chicken, side salads and a selection of local, seasonal veggies.

Please respond to Eve at Evemancuso@gmail.com no later than Thursday at 9 pm to reserve your place. Kindly note your meal choice, status (i. e. member, guest, or applicant) and if you intend on staying overnight. Hope to see you!!

August 9-13 - Mid-week Host - Carl Jackman

August 14-15/21 – Hosted Weekend – Hsin Wang and co-host Deidre Tourin

Pleasures of Summer produce with a Russian accent: August is the best part of summer! Join Hsin (host) & Deidre (cohost & registrar) for a Nawakwa weekend. Expect cooked dishes & four yummy vegetable salads to satisfy carnivores & vegetarians. Smoked salmon, cream cheese, ryebread & other goodies for breakfast, & a great bag lunch with treats. Folks fully VACCINATED by July 31 are welcome to come, including a possible family or two.

To register please email Deidre (dtouring3@yahoo.com) by 8 pm 8/12/21. Tell which meals you are registering for, carnivore or vegetarian, mention any food allergies, day only or overnight stay & do you expect to tent or stay in a cabin. Mention status as keyholder, applicant or guest & include phone # plus email.

August 21 & 22 - Late Summer Work Weekend

August 28th – 10:00 a.m. – Special Board Meeting, Virtual
Members must RSVP no later than August 25, 2021
at <https://forms.gle/sfJujhecfQHoJBvB7> (see notice on page 1)

August 28-29 - Lazy Late Summer Duck Weekend – Mintari Preston and Yajing Li

Lazy Late Summer Duck Weekend will be hosted by Mintari Preston and Yajing Li on the weekend of August 28-29. Carnivores and Herbivores are equally welcomed and entertained. Duck dinner for meat eaters and a Tofu mushroom delight for vegetarians. Please register with Mintari, mintaripreston@gmail.com. Co-Hosts: Mintari Preston and Yajing Li

- Indicate your preference for meat or vegetarian
- Saturday happy hour and dinner are limited to 30 people, so register early!
- Registration ends on Wednesday, August 25, at 10 pm.

September 11th - 10AM - **Yearly Open Board Meeting**, Virtual

October 16 & 17 – Fall Wood-day Work Weekend

October 16 – **Annual Membership Meeting & Chapter Elections**
(3rd Saturday) At Camp Nawakwa and Virtual - Time TBD
(See the Nominations Committee announcement on page 12)

Activities Committee Happenings

Sunday – August 15, 2021 @ 7:30 PM
On Porcupines and Possums

Presented by Malerie Muratori of the
Bear Mountain Zoo/Education Outreach Department

ZOOM links will be emailed to all a few days before each event.

- Marty Kellerman

Locker Rental Availability

Nawakwa has nearly 20 lockers available for annual rental this year.

The quantity of "stuff" we found piled up on the Pack Room shelves and walls suggests that many keyholders are using the Pack Room as free locker space during the year, not just for week-end storage. If this trend continues, we may need to move unclaimed belongings to unlocked day lockers in the rear locker room. In the meantime, we encourage those of you who use the Pack Room for long-term storage to remove your belongings before the end of June.

You can rent a locker by simply sending a check for \$35 payable to New York Chapter - ADK to Suzanne Rocheleau - Treasurer, 300 Albany Street #4J, New York, NY 10280. A locker will be assigned to you, and you will receive a locker key.

Thanks for your cooperation.

**Between Trail Marker issues,
please be sure to check our website www.adkny.org for all updates
concerning weekends and events at Camp Nawakwa.**

New Bathing Beach Safety Plan

Read the Brochure - View the Slides - Complete the Acknowledgement Form

The New York State Department of Health (DOH) has mandated changes to all group camp's Bathing Beach Safety Plan (BBSP). Camp Nawakwa's updated BBSP has been approved by the DOH.

In order to swim at Camp Nawakwa, there must be two keyholders not in the water at all times. No person can swim at Camp Nawakwa unless there is a Level IV Supervisor present and an Observer on the dock.

To become a Level IV Supervisor or Observer, keyholders need to read and sign off on both the BBSP (also a section of the Applicant/Sponsor Handbook) and the Slide Presentation Narrative located under Keyholders Info. on adkny.org. The BBSP and the Slide Presentation Narrative contain the updated waterfront safety rules and emergency rescue procedures.

All swimmers (keyholders, applicants, guests) must read and sign off on a mandated brochure "Use of Camp Nawakwa Swimming Facilities". The brochure is located under Keyholder Info. on adkny.org, as well as copies on the registration desk in the lodge, with an Acknowledgment Sign-Off sheet.

The updated BBSP, Slide Presentation Narrative, and Brochure will be available on adkny.org the first week of August along with a Confirmation Form to sign that keyholders have read them.

Injuries can be prevented, and safety is everyone's responsibility. Please read the safety rules posted at the entrance to the swim dock. If you have any questions, we will be happy to discuss them with you.

- Don Gabel, Camp Chair



From the Conservation Committee

Ira Stahl, Chairperson

Camp Nawakwa Contributes to the Fight Against Invasive Species in Harriman State Park

Camp Nawakwa is involved in two conservation projects involving invasive species.

We are participating in the ongoing Invasive Species Task Force led by the New York/New Jersey Trail Conference, against land based invasive species. As a continuation of the fall program, we contributed volunteers, as did the ACA camp on Sebago Lake, to the Task Force's June 12 workday to uproot and kill invasive species around Sebago Lake and along the road to Nawakwa. We destroyed hundreds of plants, focusing mainly on barberry bushes.

We are also involved in the AIS (aquatic invasive species) program being conducted by Teatown under the auspices of the NYS Dept of Environmental Conservation. On July 11 we and ACA volunteers were treated to a one-hour educational presentation on identifying and fighting aquatic invasive species. This was followed by 2 hours in canoes and kayaks surveying part of Lake Sebago to discover the extent of the invasion of non- native species (which have ruined many lakes in the area). We searched for invasive animal life such as clams and snails as well as invasive plants. Though invasive species are present, we discovered that, at this time, there is not a major problem in the lake. Harriman State Park employees are scheduled to do a full survey of the lake at the beginning of August. I have asked for the report from that work to be sent to the Nawakwa Board of Directors when it is completed.

- Ira Stahl Conservation Committee Chairperson

Hikes and Outings

Hikes Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:
<http://www.nynjtc.org/content/scheduled-hikes> <http://www.hudsonhikers.org/schedules.htm>

Saturday, August 7, 2021 – The Appalachian Trail (Elk Pen to Fingerboard Mountain)

Join in hiking the very first six-mile section of the Appalachian Trail (1923). The hike also commemorates the 100th anniversary of Benton MacKaye's publication of his 1921 article that proposed a 2000-mile walking path from Maine to Georgia. It all got started here in Harriman, through the efforts of Raymond Torrey (our first Chapter Chair) and members of the New York Chapter who cleared and blazed this portion of the AT [see related articles on pages 9 and 10].

Starting from Elk Pen parking area off Route 17, we will follow the AT over to the shelter on Fingerboard Mountain, overlooking Lake Tiorati. The return trip will use the AT, the Long Path, and the Arden-Surebridge trails to return to the cars at the Elk Pen parking area. Bring lunch, water, rain gear, and appropriate hiking shoes.

This is a moderately strenuous hike that starts with a good climb from the parking area up to Island Pond. Length: about 10+ miles and is Qualifying. Meet at the Elk Pen parking area at 9AM. Come earlier if possible as the parking area is on the small size.

Leader: Ray Kozma. Register by Thursday night, August 5th, at: raymondkozma@gmail.com or 917-406-3782.

Check our website for hike updates

“In every walk with Nature
one receives far more than he seeks.”
— John Muir

"Since the New York Chapter Bylaws give the care, responsibility, and privilege of running and maintaining Camp Nawakwa exclusively to the keyholders of the Chapter (who are also called Nawakwans), it is desirable and necessary that new keyholder members be recruited on a regular basis. We recruit potential Nawakwans by attracting and inviting like-minded, outdoor oriented, adult individuals (18 years and older) to become applicants for keyholder status. After completing the required qualifying activities, such new keyholders, will take their place in the long-line of custodians of Camp Nawakwa and its traditions." [Policy on Sponsor-Applicants]

Welcome New Keyholders

Keyholders

Michel Tambwe
Nancy Dargis
Robert Prier
Roseann Mancuso

Sponsors

Mary Hilley, Yajing Li
Maryann Poris, Eve Mancuso
Eve Mancuso, Jason McGinnis
Maryann Poris, Eve Mancuso

"As per our long-standing practice, each applicant for Nawakwa membership has the help of two Sponsors during the Applicant's Qualifying period (a twelve-month period during which an Applicant must satisfactorily complete five Qualifying Events, attend one orientation, plus meet with their Sponsors). A Sponsor is a current, active Nawakwan who has been a keyholder for at least one year and who agrees to help the Applicant learn about camp and the responsibilities of membership so that the Applicant may successfully complete the process of qualifying" (Sponsor-Applicant Handbook)

Welcome New Applicants

Aaron Romel
Marta Bautis
Zhihong Shi (Ski) Cohn

The Creed

*"I believe in the Out-of-Doors, the woods, streams and hills,
the wildlife that lives therein.*

*I believe that man's care for them
in a state of nature consistent with conservation
is his best investment for the future."*

- New York Chapter, 1923

The New York Chapter - ADK Centennial Anniversary Events

(Keep watching this space!)

At the October 1922 meeting of the newly formed Adirondack Mountain Club, Raymond Torrey was asked to form a New York Chapter. By early 1923, formal approval was given by the Main Club for the establishment of the New York Chapter, with Raymond Torrey as our first Chapter Chair. So, in 2023, we will be celebrating our 100th Anniversary!

1. As we count down to the anniversary, the Trail Marker is carrying articles about the history, significant events, and people connected to the development of the Main Club and the New York Chapter. In this issue, **we highlight the figure of Benton MacKaye** who is considered the “father of the Appalachian Trail” (see page 11).
2. We will be conducting a series of ‘historic hikes and outings’ in which we try to recreate early hikes and visit places treasured by that first generation of chapter members. Please see description of another historic hike, the first section of the Appalachian Trail, on page 9 (see also the August 7th hike description on page 6).
3. A Committee has formed to plan a grand 100th Anniversary celebration in 2023. The date and venue are not set yet. If there are New York Chapter members who might be interested in working on the planning committee, please email your desire to be of help to Susanne Flower (susanneflower@gmail.com) or Ray Kozma (raymondkozma@gmail.com).



Historic Hikes

As part of our anticipating the New York Chapter's 100th Anniversary, we are outlining a series of 'historic hikes' in which we try to recreate early hikes and visit places treasured by that first generation of chapter members.

The Appalachian Trail (Excerpts taken from *Vista & Vision – A History of the New York-New Jersey Trail Conference* by Glen D. Scherer, 1995)

“While the building of the R-D [the first trail in Harriman Park] had been daunting work for Torrey and company, the clubs faced a far greater challenge in 1922. This challenge was offered to them by regional planner Benton MacKaye. His 1921 article in the *Journal of the American Institute of Architects*, calling for a 2,000-mile walking path from Maine to Georgia, electrified Palisades Interstate Park Trail Conference members. Suddenly, the 24 finished miles of the R-D were no longer an end in themselves, but a dress rehearsal for big trails to come.

“MacKaye pictured “a series of recreational communities throughout the Appalachian chain of mountains from New England to Georgia, these to be connected by a walking trail. The building and protection of this Appalachian Trail, wrote MacKaye, would be a job for some 40,000 souls, a partnership between local groups of volunteers, private landowners, and state and federal park and forest officials. MacKaye’s 40,000-person volunteer army “would be a giant in itself. It could walk the skyline and develop its varied opportunities...for recreation, recuperation and employment in the region of the Appalachian skyline.” MacKaye saw his trail as a means of revitalizing the spirits of harried urban workers from the East’s industrial cities, and as an antidote to “the shackles of commercial civilization.” It would provide outdoor experience, perspective, and challenge to all who participated.

“On April 25, 1922, the clubs met again at the Log Cabin atop Abercrombie and Fitch, this time to talk with MacKay about his proposal. Representatives from more than twenty outdoor groups and agencies unanimously voted to dissolve their old organization and create a new one, dedicated to the bigger task of building the Appalachian Trail (A.T.). At that moment, the Palisades Interstate Park Trail Conference was reborn as the New York-New Jersey Trail Conference. Major Welch was selected as Chairman of the group (a post he would hold until 1931). Other officers selected were New York Vice-Chair, William Bell (AMC); New Jersey Vice-Chair, C.P. Wilbur (NJ State Fire Warden); Trails Chair, J. Ashton Allis (GMC); Publicity, Frank Place (Tramp and Trail Club); and Secretary, Raymond H. Torrey, outdoor writer for the *New York Evening Post*.

“That same night Allis called for volunteers to begin scouting the 160-mile A.T. route from Kent, Connecticut to the Delaware River. The clubs responded with tremendous enthusiasm.

By October 1923, Torrey and Allis had scouted the very first 6-mile section of the Appalachian Trail from the Ramapo River to Fingerboard Mountain in Harriman State Park, and volunteers from the Adirondack Mountain Club [*i.e., the New York Chapter -RMK*] had cleared and blazed the trail...By January 4, 1924, twenty continuous miles of Appalachian Trail crossed Bear Mountain/Harriman Parks. This section, the first portion to the 2,100-mile long-distance trail to open, ran from the Erie Railroad station at the Ramapo River, up Green Pond Mountain, and through the cleft of the Lemon Squeezer. It then used sections of the Trail Conference’s new R-D, Ardern-Surbridge, and Timp-Torn trails to reach the Hudson.”

- Ray Kozma

Benton MacKaye



Born March 6, 1879, Stamford, Connecticut
Died December 11, 1975 (aged 96), Shirley, Massachusetts

“Benton MacKaye was an American forester, planner, and conservationist. After studying forestry at Harvard University, Benton later taught there for several years. He joined a number of Federal bureaus and agencies, including the U.S. Forest Service, the Tennessee Valley Authority, and the U.S. Department of Labor; he was also a member of the Technical Alliance where he participated in the *Energy Survey of North America*.

“MacKaye helped pioneer the ideal of land preservation for recreation and conservation purposes, and was a strong advocate of balancing human needs and those of nature; he coined the term “Geotechnics” to describe his philosophy...A co-founder of the Wilderness Society, he is best known as the originator of the Appalachian Trail (AT), an idea he presented in his 1921 article titled *An Appalachian Trail: A Project in Regional Planning*, published in the October issue of *Journal of the American Institute of Architects*.

“...The article triggered sixteen years of effort, organized through hundreds of local trail associations and community groups, to blaze and build a 2,140-mile trail along the crests of the Appalachian Mountains.” (*Excerpts taken from the Wikipedia article on Benton MacKaye.*)

To see how our local groups welcomed Benton MacKaye and his ideas and vision, see the related article on the Appalachian Trail found on page 9 of this Trail Marker.

New York Chapter Elections – 2021
Nominating Committee: Request for Nominations

Elections for six (6) New York Chapter Board of Directors positions are scheduled to be held in October. The Nominating Committee takes this opportunity to reach out for any recommendations that you may have for someone to serve as a Board Director or Officer. Needed for these positions are Nawakwans with a love of the New York Chapter and Camp Nawakwa and with a willingness to assist in navigating through, weighing in and voting on, the issues that will come up during his or her term on the Board.

Note:

- 1. All Chapter members may vote in the elections.*
- 2. As per ARTICLE IV, Section 1 of the Bylaws: "All Directors and Officers must be Nawakwans."*
- 3. All names must be received by September 1, 2021. The slate of candidates will be posted in the October Trail Marker.*

The following Board positions are open:

Three Officer positions are open for election:

Chair (one-year unexpired term)

Vice Chair (two-year term)

Secretary (two-year term)

Three Director positions are open for election:

Director (two- year term)

Director (two - year term)

Director (two-year term)

These current Officers whose terms of office are expiring have agreed to run for re- election:

Teri Gabel (Vice Chair), Eve Mancuso (Secretary),

The following current Directors, whose terms of office are expiring, have agreed to run for re- election: Marty McDonald, Guy Lingley

Please email to the Nominating Committee (whose members are listed below) the names of any additional willing candidates for the above positions:

Raymond Kozma

Raymondkozma@gmail.com

Mary Hilley

Hilley66@gmail.com

Lewis Ports

Ports.lewis@gmail.com

