

# THE TRAIL MARKER

October-November-December Issue 2021

Published by the *New York Chapter, Inc. of the Adirondack Mountain Club, Inc.*  
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998  
Camp Nawakwa on Lake Sebago, 845-351-4135 [www.adkny.org](http://www.adkny.org)

## **NOTICE OF SPECIAL MEETING OF NAWAKWANS** **to be held October 5, 2021**

**PLEASE TAKE NOTICE**, by the call of the acting Chair of the Board of Directors, the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. (the "NY Chapter") will hold a Special Meeting of Nawakwans on October 5, 2021, at 7:00 p.m., which Special Meeting will be held virtually.

The agenda for the meeting shall include:

- Amendment of the by-laws (Article VIII Sections 3 and 6) to change the counting of a quorum for membership meetings to be in compliance with the New York Not for Profit Law (as explained in the attachment); and
- such other and further business of the NY Chapter.

**See pages 3, 4, and 5 for full details regarding this special meeting of Nawakwans**

## **NOTICE OF ANNUAL MEETING OF MEMBERS** **to be held on October 16, 2021**

**PLEASE TAKE NOTICE**, by the call of the acting Chair of the Board of Directors, the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. (the "NY Chapter") will hold an Annual Meeting of Members on October 16, 2021, at 10:00 a.m., which Annual Meeting will be held virtually.

The agenda for the meeting shall include:

- Election of officers and the board of directors of the NY Chapter; and
- such other and further business of the NY Chapter.

**See page 6, 7, and 8 for full details regarding this Annual Meeting of Members**

# ADKNY Board of Directors and Committees

Chapter Chair: Vacant  
Vice-Chair: Teri Gabel (Acting Chair)  
[blaugabels@msn.com](mailto:blaugabels@msn.com)  
Secretary: Eve Mancuso  
[Evemancuso@gmail.com](mailto:Evemancuso@gmail.com)  
Treasurer: Suzanne Rocheleau  
[rocheleau3@gmail.com](mailto:rocheleau3@gmail.com)  
Director: Marty McDonald  
[martymcd@me.com](mailto:martymcd@me.com)  
Director: Mark Fedow  
[fedowf@aol.com](mailto:fedowf@aol.com)  
Director: Guy Lingley  
[glingley@vermacorp.com](mailto:glingley@vermacorp.com)  
Director: Marty Kellerman  
[mmkellerman@gmail.com](mailto:mmkellerman@gmail.com)  
Director: Alex Wilkie  
[Afwilkie204@gmail.com](mailto:Afwilkie204@gmail.com)  
Director: Susanne Flower  
[susanneflower@gmail.com](mailto:susanneflower@gmail.com)  
Membership Committee:  
Chair: Jerry Flower [jerry.flower@verizon.net](mailto:jerry.flower@verizon.net)  
Members:  
David Miller [snoop353@aol.com](mailto:snoop353@aol.com)  
Janet Sibarium [janet.sibarium@icloud.com](mailto:janet.sibarium@icloud.com)  
Newsletter Editor:  
Raymond Kozma [TrailMarker@adkny.org](mailto:TrailMarker@adkny.org)

Host Committee: Teri Gabel and Tanya Gabel-Ether  
[hosting@adkny.org](mailto:hosting@adkny.org)  
Commissary: Maryann Poris [maporis@aol.com](mailto:maporis@aol.com)  
Activities Committee:  
Marty Kellerman [mmkellerman@gmail.com](mailto:mmkellerman@gmail.com)  
Camp Committee:  
Chair: Don Gabel [blaugabels@msn.com](mailto:blaugabels@msn.com)  
Co-Chair: Bill Burns [wmjburnsjr@gmail.com](mailto:wmjburnsjr@gmail.com)  
Members: Steve Barre [sbarre9723@yahoo.com](mailto:sbarre9723@yahoo.com)  
Eve Mancuso [Evemancuso@gmail.com](mailto:Evemancuso@gmail.com)  
Teri Gabel [blaugabels@msn.com](mailto:blaugabels@msn.com)  
Hikes and Outings Committee:  
Chair: Glen Nison [gnisonbike@juno.com](mailto:gnisonbike@juno.com)  
Members: Ingrid Strauch [istrauch11@gmail.com](mailto:istrauch11@gmail.com)  
Ray Kozma [raymondkozma@gmail.com](mailto:raymondkozma@gmail.com)  
Trails Committee:  
Chair: William Burns [wmjburnsjr@gmail.com](mailto:wmjburnsjr@gmail.com)  
Park Liaison:  
Teri Gabel, Vice-Chair [blaugabels@msn.com](mailto:blaugabels@msn.com)  
Conservation/Education:  
Chair: Ira Stahl [irastahl@yahoo.com](mailto:irastahl@yahoo.com)  
Committee on the Environment  
Marty Kellerman [mmkellerman@gmail.com](mailto:mmkellerman@gmail.com)  
Lisa North [Lrn1212@aol.com](mailto:Lrn1212@aol.com)  
Archives Committee:  
Chair: Ellen King [ellen\\_king13@msn.com](mailto:ellen_king13@msn.com)  
Webmaster:  
Marty McDonald [martymcd@me.com](mailto:martymcd@me.com)

## **Problems Receiving the Trail Marker?**

Please let our Secretary, Eve Mancuso, know of any problems. Contact Eve at [Evemancuso@gmail.com](mailto:Evemancuso@gmail.com)  
**Change of address:** Moving? Please contact the Main Club AND the NY Chapter Membership Chair, [Jerry@adkny.org](mailto:Jerry@adkny.org), to notify us of your address change.

**Notice:** ADKNY Members occasionally receive email notifications about hosted weekends, hikes and related Camp events. These notifications are only to be sent by the Secretary, by the Hosting Committee or by the Newsletter Editor. **Mass-emailing the membership for any other reason is bad etiquette and is prohibited.**

Like us on Facebook!

<https://www.facebook.com/pages/New-York-Chapter-of-the-Adirondack-Mountain-Club/167423969980047>

Follow ADK-NY on Twitter!

Get updates on Nawakwa happenings on Twitter! Go to [https://twitter.com/ADK\\_NY](https://twitter.com/ADK_NY), click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch.

**Deadline for submissions to the next edition of the Trail Marker (January-February-March) is January 23, 2022. All submissions can be forwarded to Ray Kozma, at [TrailMarker@adkny.org](mailto:TrailMarker@adkny.org)**

**NEW YORK CHAPTER, INC.  
OF THE ADIRONDACK MOUNTAIN CLUB, INC.**

**NOTICE OF SPECIAL MEETING OF NAWAKWANS**

PLEASE TAKE NOTICE, by the call of the acting Chair of the Board of Directors, the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. (the “NY Chapter”) will hold a Special Meeting of Nawakwans on **October 5, 2021, at 7:00 p.m.**, which Special Meeting will be held virtually.

The agenda for the meeting shall include:

- Amendment of the by-laws (Article VIII Sections 3 and 6) to change the counting of a quorum for membership meetings in order to be in compliance with the New York Not for Profit Law (as explained in the attachment); and
- such other and further business of the NY Chapter.

Note: A copy of the section of the by-laws to be voted on, with the changes **highlighted**, is attached to this Notice. The Board has approved the proposed amendment. This Notice will be distributed by email, posting to the website, posting in the Trail Marker, and USPS mailed to those Nawakwans without email addresses.

All Nawakwans are invited to attend the virtual meeting but **attendance is not required to vote**; Zoom instructions will be sent out closer to the meeting date. **To receive the link, you must RSVP at <https://forms.gle/5TzTP6CUNHiMsgtK8> no later than October 4, 2021 at 10:00 a.m.**

Because of COVID limitations, **to vote you must do so by proxy** by using the enclosed form. Voting **will not take place in the Special Meeting**. Follow the instructions on the proxy form as to how to vote. By submitting a proxy, you are designating Eve Mancuso, the Secretary, as the one who will act as your proxy to cast your vote. **All votes must be received prior to October 6, 2021 by 12 noon to be counted**. Tallying of the proxies received will take place on October 6, 2021, at Camp Nawakwa, 5 pm, and the results announced soon thereafter. **Please vote as this is an important legal matter.**

Sincerely,



Secretary

## Why Do We Need This Amendment?

We have been advised that this change is necessary to be in compliance with Not-for-Profit Law §608. That law provides that by-laws can establish a minimum quorum of no less than 10% (or 100, whichever is less) of all members. The current by-laws provide for a minimum quorum of no less than 10% (or 100, whichever is less) of Nawakwans, only. The current by-laws are, therefore, not in compliance with the law and **must be changed so that we can hold the annual membership meeting with all members (as we always have) and election scheduled for October 16, 2021.** The existing provision was an oversight by prior counsel and was not properly addressed in the recent by-law change.

## Proposed By-Law Amendment (as shown in highlighting):

### ARTICLE VIII: MEETINGS

Section 1. There shall be an Annual Meeting of the membership each and every year in accordance with Chapter 35 of the Consolidated Laws of New York “Not- for-Profit Corporation Law.”

Section 2.

The BOD shall set the date, time and place of such a meeting.

Section 3.

The Annual Meeting and Special Meetings of the membership may be called by the Chair upon no less than 10, and no more the 50, days’ notice by mail or other method authorized under the law to all members. Special membership meetings may be called by a majority of the voting members of the Board upon no less than 10, and no more the 50, days’ notice by mail or other method authorized under the law to all members. Special membership meetings may be called by a petition containing signatures of at least 10% of the Nawakwans-members of the Corporation in good standing; such meeting to take place within three weeks from the date of the petition. A quorum, as defined below, must be present in both annual and special membership meetings, except that an annual or special meeting called ~~and may be~~ adjourned because of lack of quorum, ~~shall take place within the next two weeks with at least ten Nawakwans in good standing present.~~

Section 4.

The order and conduct of the BOD and committee meetings shall be governed by Robert's Rules of Order.

Section 5.

All actions at any membership or BOD meetings shall be by motion or resolution, reduced to writing and duly moved and seconded. The disposition of such motions or resolutions shall be in accordance with Robert's Rules of Order.

Section 6.

A quorum for the transaction of business at any annual or special meeting of the membership shall consist of ten percent of the total Nawakwans-members of the Corporation, except as provided Section 3.

## KEYHOLDER (NAWAKWAN) MEMBER PROXY FORM

New York Chapter, Inc. of the Adirondack Mountain Club, Inc

**PLEASE VOTE ON THE AMENDMENTS TO THE BYLAWS!!! IN ACCORDANCE WITH THE BYLAWS, 10% OF THE KEYHOLDERS ARE REQUIRED TO PARTICIPATE IF THE VOTE IS TO BE VALID.**

There are three ways you can vote:

1. By printing, completing, and mailing this form to the NY Chapter address noted below.
2. By printing, completing, scanning and emailing this form to: [evemancuso@gmail.com](mailto:evemancuso@gmail.com).
3. By voting on the website link at <https://ADKNY.org/Bylaws-amendment/>  
Fill out the ballot and click on submit.

NY Chapter Mailing Address:

New Chapter ADK, Inc. of the Adirondack Mountain Club, Inc.  
Peter Stuyvesant Post Office Station  
PO Box 327  
New York, NY 10009-9998

By submitting the Proxy form the undersigned member of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. hereby authorizes, Eve Mancuso, the Secretary of the Corporation, to act as his or her proxy to vote for the amendments to the Bylaws. The proposed amendments are attached to the Notice, posted on the website, posted in the Trail Marker, USPS mailed and as presented in Special Meeting of All Nawakwans on October 5, 2021 at 7 pm.

**To vote for the New York Chapter, Inc. of the Adirondack Mountain Club Bylaws, as revised 2021, please check yes or no below.**

- Yes – I approve of the changes to the Bylaws.**
- No – I do not approve of the changes to the Bylaws.**

\_\_\_\_\_

Date

\_\_\_\_\_

Signature

\_\_\_\_\_

Print name

**Proxies must be received, by mail or other means, by no later than October 6, 2021 at 12 noon so they may be retrieved from the PO Box and be counted. Counting will take place on October 6, 2021 at 5:00 pm at Camp Nawakwa.**

**NEW YORK CHAPTER, INC.  
OF THE ADIRONDACK MOUNTAIN CLUB, INC.**

**NOTICE OF ANNUAL MEETING OF MEMBERS**

**To be Held on October 16, 2021**

PLEASE TAKE NOTICE, by the call of the acting Chair of the Board of Directors, the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. (the “NY Chapter”) will hold an Annual Meeting of Members on October 16, 2021, at 10:00 a.m., which Annual Meeting will be held virtually.

The agenda for the meeting shall include:

- Election of officers and the board of directors of the NY Chapter; and
- such other and further business of the NY Chapter.

This Notice will be distributed by email, posting to the website, posting in the Trail Marker, and USPS mailed to those members without email addresses.

All members of the NY Chapter are invited to attend the virtual meeting but **attendance is not required to vote**; Zoom instructions will be sent out closer to the meeting date. **To receive the link, you must RSVP no later than October 14, 2021 at 10:00 a.m. at <https://forms.gle/4oSvLa3akHg82Thu6>.**

Because of COVID limitations, **to vote you must do so by proxy** by using the enclosed form. Voting **will not take place in the Annual Meeting**. Follow the instructions on the proxy form as to how to vote. By submitting a proxy, you are designating Eve Mancuso, the Secretary, as the one who will act as your proxy to cast your vote. All USPS mail in proxies must be received no later than Friday October 15, 2021 to ensure they can be picked up at the Post Office, delivered to Camp and available to be counted. Website and email votes may be submitted until 12 noon on Saturday, October 16, 2021. Counting will commence by the Tally Committee on October 16, 2021 at 1 pm at Camp Nawakwa. **Please vote.**

Sincerely,



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Secretary

## MEMBER PROXY FORM

### New York Chapter, Inc. of the Adirondack Mountain Club, Inc

Similar to last year, this year due to the continuing COVID-19 Pandemic and variants, there will be no In Person voting.

There are three ways you can vote:

1. By printing, completing and mailing this form to the NY Chapter address noted below (to be delivered by 10/15/21).  
NY Chapter Mailing Address:  
New Chapter ADK, Inc. of the Adirondack Mountain Club, Inc.  
Peter Stuyvesant Post Office Station  
PO Box 327  
New York, NY 10009-9998
2. By printing, completing, scanning and e mailing this form to: [evemancuso@gmail.com](mailto:evemancuso@gmail.com) (by 10/16/21 at Noon)
3. By voting on the website link at <https://adkny.org/2021-election-voting/> (by 10/16/21 at Noon)

**All USPS mail in Proxy Forms must be received no later than Friday October 15, 2021 to ensure they can be picked up at the Post Office, delivered to Camp and available to be counted. Website and e mail votes may be submitted until 12 noon on Saturday, October 16, 2021.** All proxies received by the deadline, whether sent by USPS, website or email, will be counted.

Tallying will take place at Camp Nawakwa and commence at 1 pm on Saturday, October 16, 2021. After the accuracy and validity of all proxies are certified by the Tallying Committee, the Secretary will vote the proxy votes, and the results will be announced. As per our Bylaws, we will post the election results on our website. The results will also be published in the next Trail Marker

By sending back this Proxy Form, the undersigned member of the New York Chapter, Inc. of the Adirondack Mountain Club, Inc. is hereby authorizing, Eve Mancuso, the Secretary of the Corporation, to act as his or her proxy to cast your vote for the following slate of officers and directors for 2022.

Signature: \_\_\_\_\_  
Print Name: \_\_\_\_\_

**Note: Per the by-laws, a signature is required on this Proxy Form. To preserve voter anonymity, this page will be separated from the next, before the votes are counted.**

# Ballot

Please circle the name of the person you wish to vote for.

## **Chapter Chair (One - Year Unexpired Term) (VOTE FOR ONE)**

1. RAY KOZMA

2. (Write – In) \_\_\_\_\_

## **Vice Chair (Two – Year Term) (VOTE FOR ONE):**

1. TERI GABEL

2. (Write – In) \_\_\_\_\_

## **Secretary (Two – Year Term) (VOTE FOR ONE):**

1. EVE MANCUSO

2. (Write – In) \_\_\_\_\_

## **Director (Two – Year Term) (VOTE FOR THREE):**

1. GUY LINGLEY

2. MARTY MC DONALD

3. INGRID STRAUCH

4. (Write – In)

\_\_\_\_\_

5. (Write-In)

\_\_\_\_\_

6. (Write-In)

\_\_\_\_\_

## **Director (One – Year Unexpired Term) (VOTE FOR ONE):**

1. CAROL BURNS

2. JOE RINALDI

3. DEIRDRE TOURIN

4. (Write -In) \_\_\_\_\_



# Meet the Candidates



For Chapter Chair (one year) – Ray Kozma

“I have been a Chapter member and keyholder for many years. I previously served on the Board of Directors as Chapter Chair and am the current Trail Marker editor. I have hosted weekends, led many hikes, helped in developing the new guidelines for hike leaders, and am part of the Archives committee. Throughout all my years as a member, I have seen how teamwork – where all work together with respect and cooperation in pursuit of a common goal – helps create the environment where all share in the enjoyment and fellowship of being a New York Chapter member. I believe that our chapter’s history and traditions, coupled with the spirit of volunteerism and camaraderie that have been a hallmark of our membership for almost one hundred years, can guide us in the current crises and provide us with ways to revitalize the chapter and the membership.” – Ray Kozma



For Vice-Chair (2-year term): Teri Gabel

“The past two years have presented incredible challenges no one could have predicted for the BOD and Nawakwans. We met those challenges, pulled together, and continue to do so. We managed the Pandemic, enjoying Camp Nawakwa with safety guidelines. We managed administrative issues, fairly and with humanity. We will persevere and prove baseless the wrongs brought against us. Camp Nawakwa has a long, strong history, and we will be around for another 100 or more years of misty mornings, gorgeous sunsets, and camaraderie. I look forward to working with all Nawakwans in a spirit of goodwill and cooperation, keeping Nawakwa a safe and enjoyable space in the woods.”- Teri Gabel



For Secretary (2-year term) Eve Mancuso

“Hello New York Chapter Members, I am guessing most of you recognize my name as I am the person who distributes the Chapter correspondence on behalf on the Board. I have now been Chapter Secretary since 2018 and have agreed to fulfill this position for the next two-year term.

As an ADK member for approximately seven years, my appreciation of and dedication to the Chapter has continued to grow. I truly enjoy all the camp has to offer: Hiking, the camaraderie shared amongst the members, kayaking and the peaceful serenity of Lake Sebago.

As a civil engineer by profession, I strive to utilize those skills as a member of the Board by addressing Board matters with sound thinking and an organized, reasonable, and fair approach. Open dialog and communication are of primary importance in maintaining and growing this wonderful organization. This year more than ever we need to join forces and focus our energy on supporting our Chapter.” – Eve Mancuso



For Director (2-year term) Guy Lingley.

Greetings. Guy has been a member of Nawakwa since 2003 and has worked on many maintenance and improvement projects still in use at camp.

He was a high school Industrial arts teacher, the owner of a custom cabinet company, in addition held project manager positions at both commercial woodworking and architectural metal fabrication companies. He is currently employed as project manager for a general construction contractor in New York City.

There remains select safety repair projects at camp waiting my attention and help with others.

- Guy Lingley



For Director (2-year term) Marty McDonald

Ingrid Strauch is an enthusiastic hiker and backpacker. She has been a Camp Nawakwa keyholder for about a dozen years now. She has co-hosted weekends at camp, led qualifying hikes, and participated in numerous work days during that time, in addition to simply enjoying time at camp. She previously served as a Director on the Board during the four years Ed O'Donnell was chairperson. Most recently, in 2021, she served on an ad hoc committee to establish criteria for hike leaders for our ADK chapter. If elected to the board again in October 2021, Ingrid pledges to do her best to carry out the mission and purpose of Camp Nawakwa, establish and execute any policies necessary for the smooth running of the camp, and ensure that any decisions made by the board reflect the needs of all stakeholders.

(: Ingrid Strauch

"I'm pleased to run for re-election to the Board of Directors. My first two years as a Director were filled with education and action as we had a great start in 2020 and immediately had to respond to the Covid crisis. I trust that the updated website, where I'm the webmaster, helped many of us stay in contact with Camp even though we couldn't visit in person. I'll be more involved this fall and into next year as we once again get back to regular Camp attendance. As I've mentioned before, sharing the outdoors and the company of like-minded people helps make Nawakwa the special place it is, and I will continue to advocate for what's best for all. I offer my work experience as a project manager and my background in governance, teamwork, and general business management to you. I look forward to continuing to work on and coordinate initiatives at camp. I bring a passion for the community Nawakwa has established, and I want to do my part to help it thrive and grow while continuing to respect our common values. I look forward to investing my time to help the Board make important decisions for the future of the Chapter and Camp Nawakwa." – Marty McDonald



For Director (2-year term) Ingrid Strauch



For Director (one-year unexpired term) Carol Burns

“My name is Carol Burns. I have been a member of Nawakwa for over 20 years. Spending time at Nawakwa during the summer months is a unique experience.

I have worked at Morgan Guaranty Trust Company on the corner of Wall Street and Broad Street. I have been the Waterfront Director with Water Safety Instructor Certification at the Boy Scout Camp on Staten Island. I have worked with Boy Scouts to obtain their Swimming, Lifesaving, Canoeing, and Row Boating Merit badges. Later in my career I worked for the New York City Health and Hospitals Corporation as the Administrative Assistant to the Medical Director of one of their hospitals.

I have hosted many weekends with my daughter, Elizabeth, at Nawakwa. Those summer Saturday evening are very enjoyable. Please consider voting for me as one of the Nawakwa Directors. ”

- Carol Burns



For Director (one-year unexpired term) Joe Rinaldi

I've been a clinical RN for 23 years. I've worked in nearly all NYC hospitals at one time or another. Prior to that, I worked in publishing for roughly 12 years. The change in industries was a midlife career change: I went back to college (Hunter) got a Bachelor of Science in Nursing and started working as a RN at the age of 50.

I've been a keyholder for about four years and love Nawakawa. My wife, Ruby Kornfeld, has been a keyholder since 1990.

As for "board member experience", I have to confess I have none. But I'm game.

With Kind Regards,

- Joe Rinaldi

"I'm running to serve as a general member of the Nawakwa board of directors. I've been a member since 1982 and want the club to survive & prosper for the next generation, as the last generation, children of the Great Depression, turned it over to us. To do so I feel strongly we need to modernize our communication systems to include the two-way online group conversations the younger generation expects for organizations they care to be a part of. Whether an App like WHATSAPP or Meetup or a chat group on our own website, I'd like to solicit the membership & work with our webmaster for a group of ideas. We need to figure out a digital strategy to encourage more active participation by all of our members, especially those who have joined in the last decade, and new applicants, & do it with coaxing, warmth & friendship. I love the Trail Marker & read the notices of our hardworking secretary, but those types of one-way conversation are not sufficient for digital natives. The pandemic we are living through has revealed how profoundly critical multi-way online conversation & informal group chats have become for successful nonprofit volunteer organizations, going forward."

- Deirdre Tourin



For Director (one-year unexpired term) Deirdre Tourin

# Camp Committee Update

During Camp Nawakwa's High Season, two workdays were conducted, one the end of June and one late August. Both workdays were well attended. Members dug 2-foot-deep holes in rocky, steep terrain leading to the swim dock, also cementing upright posts. One more post needs to be dug and cemented. A handrail is installed. The rail needs to be sanded and sealed. Some cabin repairs were completed, including screen patching, and securing loose boards. More repairs are needed.

At the request of the Department of Health, a significant amount of effort was spent updating our Beach Front Safety Plan this year. Along with the document update, additional safety measures which the DOH requested were an emergency cell phone, an alert whistle, moving the emergency sign to the new gate, and an equipment rack on the dock, which has yet to be built.

After many, many phone calls to the Park, the lodge roof finally had asbestos abatement completed, clearing the way for a new roof. We are contracting to replace the roof this Fall. Limitations to use of the lodge are being clarified and will be disseminated to keyholders.

Five trees looming over our cabins and lodge were removed for the safety of keyholders. To preserve a beautiful, twin-leader, White Oak tree, the tree company repositioned a cable rather than cutting it down. A Wood work day is scheduled for October 16. Many chores need to be done to ready camp for Winter. Please consider participating. Camp fees are waived for the day and lunch is provided.

- Camp Committee

# Report from the Committee on the Environment

The Committee on the Environment in its first year of existence did some limited lobbying (emailing) on the NYS Green Amendment. We have informed Members about some on-going environmental issues in the Greater NY area (invasive species in Lake Sebago, Hudson River clean-ups and more).

- Marty Kellerman & Lisa North, Co-Chairs

## Report from the Activities Committee

The Activities Committee's schedule was again restricted by COVID-19 concerns. We had 3 Zoom presentations (a 4th is being set up for Sept/Oct, too late for inclusion in this report). They were:

- 6/25/21-A Talk on Bears...Presented by MaryLynne Malone, PIPC Museums
- 7/23/21-Effects of Climate Change on Harriman State Park Environment...  
Presented by MaryLynne Malone, PIPC Museums
- 8/15/21-Porcupines, Possums, Bullfrogs, Snapping Turtles  
and Black Snakes - All Live!

Presented by Malerie Muratori, Bear Mountain Museum

Several ideas for 2022 (in-person) if they can be scheduled safely: Games Night, Sing-along/Musicale, Interpretive Nature Walk....

### **Ideas for activities?**

Please email them to: [nmkellerman@gmail.com](mailto:nmkellerman@gmail.com) (Put 'Nawakwa' in the Subject line)

Respectfully submitted,  
Marty Kellerman

## August 28-29 - Lazy Late Summer Duck Weekend

Twenty Chapter members, both Keyholders and Applicants, gathered to enjoy a relaxing weekend at camp and to feast on the fine culinary delights provided by hosts Yajing Li and Mintari Preston. Here are some pictures of the event.



The Dinner Crew



Prep Crew



Patiently Waiting





Digging In



Our Hosts

# Hikes and Outings

Hikes Chairperson: Glen Nison 718-625-2182 [gnisonbike@juno.com](mailto:gnisonbike@juno.com)

For listings of hikes not led by members of ADKNY, (and not necessarily qualifying) try these links:  
<http://www.nynjtc.org/content/scheduled-hikes> <http://www.hudsonhikers.org/schedules.htm>

## Hikes for October and November

### October 9, 2021 - Mountain Lakes Park

During the COVID-19 shutdown my wife and I had a chance to explore alternatives to hiking in Harriman. I'd like to share some of these hikes/locations with fellow hikers. Mountain Lakes Park is located in North Salem, NY and has 4 lakes (2 of which we'll visit). We'll also visit Bailey Mtn which has the highest elevation in Westchester County. The hike is moderate at 6.3 miles with 860 feet of ascent. **Qualifying.** Please contact the **Hike Leader, Lewis Ports** at 646 339-1316 or [ports.lewis@gmail.com](mailto:ports.lewis@gmail.com) by October 7th for further info. including recommended gear and exact meeting location/time.

### October 23, 2021 - Wonder Lake Trails

Half of this hike is on a NY section of the Highlands Trail which is currently traversing NY and NJ but will also include Pennsylvania and Connecticut in the near future for a total of 200 miles. Located near the Town of Patterson, NY. Wonder Lake itself is 30-acres which we will encircle (hopefully with views across the lake of Fall foliage) -the hike also passes picturesque Laurel Pond. The hike is a moderate 6 miles with 1099 feet of ascent. **Qualifying.** Please contact the **Hike Leader, Lewis Ports** at 646 339-1316 or [ports.lewis@gmail.com](mailto:ports.lewis@gmail.com) by October 21st for further info. including recommended gear and exact meeting location/time.

### October 30, 2021 – The Triangle Trail (See page 21 for some history of this trail).

This hike will start at Camp Nawakwa (leader will obtain a Permit for us to access camp where we can leave our cars.) We will leave camp by the "Back Door" and pick up the Triangle Trail, following it over to Lake Skenonto. The trail veers off the south end of the lake and takes us to the climb up Parker Cabin Mountain (moderately strenuous). Depending on the day, we might go to the Tom Jones shelter for our lunch stop. Our return trip will use the Victory Trail (and we will try to use some of the old Hemlock Hill Road that was used by the American Continental troops to go from the Ramapo Valley to Johnstown and point east.) We will follow a woods road back from Lake Skenonto, take a look at the Dutch Doctor Shelter, and return to camp. Qualifying (about 7 miles). Please call leader to check for last minute details. Bring lunch, rain gear, and appropriate hiking shoes. **Leader: Ray Kozma.** Contact at: [raymondkozma@gmail.com](mailto:raymondkozma@gmail.com) or 917-406-3782.

### **November 13, 2021 - Long Path Along the Palisades**

2/3 of this hike will be on the Long Path (a 358-mile trail starting in NYC and ending near Albany) with spectacular views from the Palisades looking east. The hike passes through Blauvelt State Park with a history as a firing range in 1910 and training center for soldiers during WWI and WWII. Some of the abandoned structures we'll see are tunnels, target support walls and a couple buildings. The hike is moderate at 7 miles and 1276 feet of ascent. **Qualifying.** Please contact the **Hike Leader, Lewis Ports** at 646 339-1316 or [ports.lewis@gmail.com](mailto:ports.lewis@gmail.com) by November 11th for further info. including recommended gear and exact meeting location/time.

### **November 27, 2021 - Little Tor Mountain**

This hike starts and ends in South Mountain County Park in Mt. Ivy, NY, and heads into High Tor State Park. We'll climb to the exposed summit of Little Tor Mountain with a great view of Haverstraw, NY below and the Hudson River. This hike is completely on the Long Path and is in and out and mostly on a ridgeline. A moderate hike at 7 miles and 1253 feet of ascent. **Qualifying** Please contact the Hike Leader, Lewis Ports at 646 339-1316 or [ports.lewis@gmail.com](mailto:ports.lewis@gmail.com) by November 25th for further info. including recommended gear and exact meeting location/time.

“In every walk with Nature  
one receives far more than he seeks.”  
— John Muir

# The New York Chapter - ADK

## Centennial Anniversary Events

*(Keep watching this space!)*

At the October 1922 meeting of the newly formed Adirondack Mountain Club, Raymond Torrey was asked to form a New York Chapter. By early 1923, formal approval was given by the Main Club for the establishment of the New York Chapter, with Raymond Torrey as our first Chapter Chair. So, in 2023, we will be celebrating our 100<sup>th</sup> Anniversary!

1. As we count down to the anniversary, the Trail Marker is carrying articles about the history, significant events, and people connected to the development of the Main Club and the New York Chapter. In this issue, **we highlight the figure of Frank Place, Jr.** Among the many things he did for the trail system in Harriman Park, working together with Raymond Torrey and Robert L. Dickerson, he helped produce the first New York Walk Book. (See page 21).
2. We will be conducting a series of 'historic hikes and outings' in which we try to recreate early hikes and visit places treasured by that first generation of chapter members. Please see description of another historic hike, the Triangle Trail, another trail blazed by Chapter member Kerson Nurian, on page 9 (See also the description of the October 30<sup>th</sup> hike planned for this trail on page 18).
3. A Committee has formed to plan a grand 100<sup>th</sup> Anniversary celebration in 2023. The date and venue are not set yet. If there are New York Chapter members who might be interested in working on the planning committee, please email your desire to be of help to Susanne Flower ([susanneflower@gmail.com](mailto:susanneflower@gmail.com)) or Ray Kozma ([raymondkozma@gmail.com](mailto:raymondkozma@gmail.com)).



# Historic Hikes

*As part of our anticipating the New York Chapter's 100th Anniversary, we are outlining a series of 'historic hikes' in which we try to recreate early hikes and visit places treasured by that first generation of chapter members.*

## **The Triangle Trail (1939)**

The Triangle Trail was first marked in 1939 as the Yellow Bar Trail. It was blazed by Kerson Nurian, with yellow bands around the trees, starting from the woods road along Black Ash Brook, the former route of the R-D Trail. Nurian used already existing roads and trails, ending on Parker Cabin Mountain. In October 1939 he offered his trail to the Trail Conference. They accepted and assigned Harry Zilverman as its maintainer.

Early in 1942, the Conference marked a Yellow Triangle Trail from Parker Cabin Mountain to the arm of Lake Sebago and continuing to ADK Camp Nawakwa. At the lake edge, it crossed an older trail that ran past the Old Dutch Doctor's place to Johnstontown at the northwest end of Lake Sebago (the Sloatsburg Trail).

Nurian was a Bulgarian electrical engineer who worked on submarines at the Brooklyn Navy Yard. In 1943, he returned to Bulgaria, and the Conference decided to mark the whole trail, from Black Ash Brook to Lake Sebago, with yellow metal triangles. By 1946 it was marked to the Dutch Doctor Shelter. The Conference (notably Joe Bartha) also eliminated an 0.75-mile loop which followed the old Park boundary on Fox Mountain.

Then, in 1947, Nurian returned! Joseph Barta's Trail Committee minutes of September 24, 1947 reported that all 80 metal markers had been removed from the triangle Trail from Black Ash Brook to Parker Cabin Mountain (that had been the route of Nurian's Yellow Bar Trail. By the spring of 1948, it was clear who had done it, because the yellow bars had been repainted around the trees. After heated discussions with Bartha and the Conference, Nurian agreed to leave the trail alone, provided that painted triangles were used instead of metal one. And so it was. Nurian died on November 19, 1948, at the age of 75.

In 1951, 1,200 acres of land were sold by the Tuxedo Park Association to the Palisades Interstate Park. Half of the required funds were supplied by New York State, and half by Commissioners W. Averell Harriman and George W. Perkins. Now the R-D, Kakiat, Blue Disc, and Triangle Trails were no longer on private property. In 1954, the new Thruway cut off the original R-S route from Tuxedo up Black Ash Brook. Although R-D had not used that route since 1930, the Triangle Trail did start there until 1955. In the spring of 1955, Triangle was relocated onto its present route.

- Excerpt from *Harriman Trails: A Guide and History* (Third Edition) by William J. Myles and Daniel Chazin (20210 – New York-New Jersey Trail Conference), pages 133-134.

- Ray Kozma

# Frank Place, Jr.

The name Frank Place doesn't leap to mind when we think about the trails of Harriman State Park, but Frank Place was an important figure who contributed significantly to the early development of the park trails as we now know them.

Frank Place, who was a member of the Tramp and Trail club, was present at the October 5, 1920, meeting that saw the formation of the Palisades Interstate Park Trails Commission. On April 25, 1922, the conference members reorganized to become the New York-New Jersey Trail Conference. Among the first elected officers of the new organization were... Raymond Torrey, Secretary and Frank Place, Publicity. *"In little more than a year, Torrey and Place, joined by pen-sketch artist Robert L. Dickinson, produced the first New York Walk Book. [Palisades: 100,000 Acres in 100 Years by Robert O. Binnewies, page 142.]*

Raymond Torrey was Secretary of the Trail Conference for its first eleven years, and Chairman for the next seven. Upon his sudden death, Frank Place became Chairman. The year after Torrey's death, Place introduced the annual Trail Conference tradition of a hike in October to the Torrey Memorial on Long Mountain.

"Raymond Torrey, Will Monroe, Meade Dobson, Frank Place, J. Ashton Allis and their friends planned, cut, and marked what are now the major park trails. The first one to be completed was the 20-mile Ramapo-Dunderberg Trail..." [New York Walk Book, sixth edition]

Frank Place also worked to develop the Kakiat Trail and the Suffern-Bear Mountain Trail. He gave us a list of colorful names for special landmarks found along the trails: The Kitchen Stairs, Grandma and Grandpa Rocks, Valley of the Dry Bones, and the Cascade of Slid (This name was taken from a book called *"The Gods of Pegana,"* a tale about a mysterious kingdom where geography ends, and fairyland begins. One of those gods was Slid "the Lord of gliding waters and of still..." ) [Harriman Trails: A Guide and History, page 48]

Frank Place died in 1959. "In April 1962, his Tramp and Trail Club placed a tablet in Frank Place's memory on a tree near the Cascade. The tablet disappeared about 1970." [Harriman Trails: A Guide and History by William J. Myles and Daniel Chazin, Third Edition, pages 114ff]

- Ray Kozma

