

April-May Issue 2023

Published by the Nawakwa Outdoor Association of New York, Inc. Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998 Camp Nawakwa on Lake Sebago (SB-3), 845-351-4135 www.noany.org

View From the Chair

Traveling the Open Road

"The long brown path before me leading wherever I choose... Strong and content I travel the open road." Walt Whitman – "Song of the Open Road"

Whitman's poem, Song of the Open Road, begins with the words "Afoot and light-hearted I take to the open road." The poem captures and expresses an optimistic celebration of the out-ofdoors, with the "road" being a space where all can come together and associate with one another in a meaningful way. For us, our hiking trails and Camp Nawakwa are places we have to come together, the 'road' on which we travel and celebrate with each other our common love of nature and the out-of-doors.

Robert Macfarlane, in his book, <u>The Old Ways: A</u> <u>Journey on Foot</u>, comments on "walking as enabling sight and thought rather than encouraging retreat and escape; paths as offering not only means of traversing space, but also ways of feeling, being, and knowing." In traveling such 'open roads', we can get to know ourselves and others more deeply, and we can deepen our appreciation of history because every path and trail has a story to tell. Throughout this year's camp season, as we celebrate our one-hundredth year as an organization, there will be special presentations about our own history, the history of the trails we hike, the development of Harriman State Park in the early twentieth century, and about the people to whom we are especially indebted for developing what we enjoy today.

Our new year begins officially with the traditional Spring Work weekend that readies Camp Nawakwa for this year's new camp season. [See inside this issue of the Trail Marker for the Hosted Weekends schedule and the Camp Chair notes for details on the Spring Work weekend and more.]

As we journey back to Camp Nawakwa this year, our first full year as the Nawakwa Outdoor Association of New York, may the enthusiasm and vitality of all members, old and new, bring a sense of joy and optimistic celebration to all of us as we travel the road together.

- Ray Kozma, NOANY Chair

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Nawakwa Outdoor Association

Board of Directors and Committees

Board Chair: Raymond Kozma raymondkozma@gmail.com Vice-Chair: Teri Gabel blaugabels@msn.com Secretary: Eve Mancuso evemancuso@gmail.com Treasurer: Suzanne Rocheleau rocheleau3@qmail.com Director: Marty McDonald martymcd@me.com Director: Ingrid Strauch ingrid-hiking@noany.org Director: Guy Lingley glingley@vermacorp.com Director: Carol Burns carol kb@yahoo.com Director: Alex Wilkie afwilkie204@gmail.com Director: Susanne Flower susanneflower@gmail.com Membership Committee: Chair: Jerry Flower jerry.flower@verizon.net Members: David Miller snoop353@aol.com Janet Sibarium janet.sibarium@icloud.com Host Committee: Co-chair: Maryann Poris maporis@aol.com Co-chair: Mary Hilley <u>hilley66@gmail.com</u>

Commissary: Maryann Poris maporis@aol.com Newsletter Editor: Raymond Kozma TrailMarker@noany.org Activities Committee: Chair: Edie Blum ediegreen17@gmail.com Camp Committee: Chair: Dave Hayes camp@noany.org Hikes and Outings Committee: Chair: Glen Nison gnisonbike@juno.com Members: Ingrid Strauch Ingrid-hiking@noany.org Ray Kozma raymondkozma@gmail.com Trails Committee: Chair: Mary James maryelizjames@gmail.com Park Liaison: Raymond Kozma raymondkozma@gmail.com Conservation Committee: Chair: Kate Walker katecwalker@gmail.com Environmental Education Committee Chair: Marty Kellerman mmkellerman@qmail.com Archives Committee: Chair: Ellen King ellen king13@msn.com Webmaster: Marty McDonald martymcd@me.com

Problems Receiving the Trail Marker? Please let our Secretary, Eve Mancuso, know of any problems. Contact Eve at <u>evemancuso@gmail.com</u> Change of address: Please contact Jerry Flower, our Membership Chair, at jerry@noany.org, to notify us of any address changes. **Notice:** Members occasionally receive email notifications about hosted weekends, hikes, and related Camp events. These notifications are only to be sent by the Secretary, by the Hosting Committee, or by the Website Editor.

Follow us on Instagram! nawakwa_outdoor_association_ny

Get updates on Nawakwa happenings on Twitter! Go to <u>https://twitter.com@NawakwaOutdoor</u> click on follow, then receive news, reminders, and special notices effortlessly! Account managed by Ingrid Strauch (<u>Ingrid-hiking@noany.org</u>)

Deadline for submissions to the next edition of the Trail Marker (June-July 2023) is May 21, 2023. All submissions can be forwarded to Ray Kozma at TrailMarker@noany.org

Trail Marker April-May 2023

Coming Weekends at Camp Nawakwa

Notes on Hosting

Updates to this hosting schedule will be provided in the weekly hosting emails sent out by the Hosting Committee.

To host a weekend or midweek, contact Hosting Committee: Co-chair: Maryann Poris <u>maporis@aol.com</u>. Co-chair: Mary Hilley hilley66@gmail.com

Commissary Concerns? Call or email Maryann Poris (973) 731-7117 <u>maporis@aol.com</u> There is a limit of one host plus one co-host per weekend or midweek

April 22-23, 2023 - Spring Work Weekend/Opening of Camp

Welcome back! This is our traditional Spring Work Weekend to get Camp Nawakwa ready for the new camp season. Please join hosts Nancy Dargis, Mary Hilley and Eve Mancuso for the work weekend to get our camp in good order for 2023. The first of the 100-year Anniversary Festivities will be incorporated into this weekend. A few dishes from "old time" popular recipes (which omnivores and vegetarians will be sure to enjoy) will be added to the menu to reflect our history.

Saturday's Work Day lunch will include soup, salad and sandwich; dinner will include a delicious chicken dish with a healthy grain and lots of seasonal vegetable side dishes; breakfast will include oatmeal, yogurt, fruits, eggs and toast, trail lunch "to go" will be provided for Sunday.

Kindly RSVP to Eve at EveMancuso@gmail.com no later than Thursday night, 4/20 at 9 PM to confirm your participation, cell 914-924-3832. Please note which days you will be joining us, which meals you will partake in, and your dietary preference. We look forward to seeing you. Please remember to confirm your work day participation with Dave Hayes (see the announcement and full description on page 9). This weekend is a qualifying work event for applicants.

April 29-30, 2023 - "Variety, Change, and Spices of Life"

Host Robert Matson, who is visiting us from his new home in Arkansas, will prepare a Saturday night dinner & Happy Hour to please one and all. Fresh, healthy, balanced foods for dinner, and for those staying overnight, a simple but nutritious breakfast will be served Sunday and a trail lunch afterwards. The Hosting Committee will assist Robert for this weekend.

As background music for Happy Hour, Robert will perform a set of traditional Celtic tunes on solo mandolin. This is material he has been collecting and rehearsing since the start of Covid. After dinner will be "story time" and all are invited to bring and share their own stories of adventure and change. Robert himself will briefly share the story of his move from Brooklyn to Conway, Arkansas in Oct. 2020, where he plays a lot of music, got married, bought a house, planted 29 trees in his yard, and started a contra dance at a local university. Please RSVP with preference for omnivore or vegetarian meals. **Registration deadline: Thursday, April 27, by 9 pm.**

To register, please email or text Maryann: <u>maporis@aol.com</u> or text (973) 769-4246.

May 6-7, 2023 – Open: Host(s) Needed

[Note: An Orientation will take place at 12 noon-3 pm on Saturday, May 6th. To register for the Orientation, please contact either Ray Kozma, <u>raymondkozma@gmail.com</u> or 917-406-3782 or Maryann Poris <u>maporis@aol.com</u> or 973-769-4246. This is a qualifying event for applicants.]

May 13-14, 2023 – Open: Host(s) Needed

May 20-21, 2023 – Hosted Weekend with Guided Paint Party on Saturday

Cicero said, "Art is born of the observation and investigation of nature" and we Nawakwans are lucky to be able to observe the lovely hills and woodlands on Lake Sebago. Have you ever wanted to capture some of that beauty on canvas? Join co-hosts Alex Wilkie and Edie Green for a Paint & Sip Weekend on May 20/21. The paint party will run Saturday afternoon and is limited to eight participants; the weekend is open to all. Dinner will consist of both vegetarian and meat options with an appetizer and dessert. For Sunday hikers, a bag lunch with a hearty sandwich and snacks will be provided.

For the Paint Party, Alex, a seasoned art instructor and artist, will plan for, shop and supply all painting materials and expertly guide the group in the creation of your masterpiece; you provide your *inspirational* beverage of choice to add to the party vibe. The weekend is open for all, but **Enrollment for the painting is capped at 8 people as this is a first-time event** and we would like to ensure an enjoyable experience for all. A <u>nominal</u> cash fee will need to be remitted to reserve your spot. If interested, email Edie or Alex and they will communicate the fee, and either Venmo info or the address for your physical check. So sign up now to be assured a spot.

Registration deadline: Wednesday, May 17, 2023. Email Alex at <u>afwilkie204@gmail.com</u> or text him at 856-630-5607. Edie's email is <u>ediegreen17@gmail.com</u>.

May 27 – 28 – 29, 2023 – Memorial Day Weekend – OPEN: Host(s) Needed

June 3 - 4, 2023 – Early Summer Weekend: In Celebration of the Life of Elizabeth Ruiz-Gomez

Come celebrate the life of our late Nawakwan, Elizabeth Ruiz-Gomez. Seasonal summer fare and good company. Share your memories of Elizabeth with her family, including members Bill and Carol Burns. Co-Hosts: Ed O'Donnell & Janet Sibarium

Registration deadline: Thursday, June 1st at 8 P.M. Please indicate if vegetarian when registering. To register please email or text Janet: <u>janet.sibarium@icloud.com</u> or text (917) 318-3361.

[Note: An Orientation will take place at 12 noon to 3pm on Saturday. To register for the Orientation, please contact Maryann Poris <u>maporis@aol.com</u> or 973-769-4246.]

June 10-11, 2023 - Hosted Weekend - OPEN: Host(s) Needed

[Note: A General Camp Maintenance work day, from 9am to 3pm, will also take place Saturday, June 10th. To register for the Work Day, please contact Dave Hayes, Camp Chair at <u>camp@noany.org.</u> This is a qualifying work event for applicants. See full description on page 9.]

Winter Social Report

The 2023 Winter Social event, an afternoon to remember, was held January 22nd at Characters Restaurant in Sloatsburg, fittingly only a stone's throw from Harriman State Park. Forty Nawakwans were in attendance, a diverse group of people from all walks of life. As this fairly new (2 years) member has found, we all share a few, distinct commonalities: a deep admiration of nature, a commitment to NOANY, and a feeling of genuine camaraderie when we get together.

Amid a warm and inviting atmosphere, we had a sit-down luncheon with delicious hot appetizers, multiple entrees with vegetarian choices, and an enormous carrot cake from a renowned NYC bakery to cap it off in style. Present were quite a few Nawakwans who had camped at Nawakwa the previous night, at a weekend hosted by Lewis Ports. Winter camping? Not for me, but I admired their true Nawakwan hiking/camping/just-get-out-there spirit.

Also in attendance were several longstanding members. It was wonderful to meet and get to know our oldest members. Truly an honor. As the luncheon progressed, NOANY Chair Ray Kozma addressed the room, acknowledging our hundredth year of existence as an organization and our first year as the Nawakwa Outdoor Association of New York. The social concluded with the presentation of awards to several members who have served our camp quite selflessly throughout the years, acknowledging the spirit of giving that comprises the strongest and most basic cornerstones of Nawakwa's very foundation.

Eventually, we were forced to return the room to the restaurant, so as club members started to pack up, we began our goodbyes and see-you-at-camps. This Winter Social was a huge success, and a great way for everyone to reconnect and catch up since the summer hikes and hosted weekends. The warmth of the January afternoon, the laughter, and the lively conversations made this event an unforgettable one that will linger in the memories of everyone who attended.

Edie Blum, Activities Chair

Annual Nawakwa Passport

The Annual Nawakwa Passport for 2023 is now available for all Keyholders. The Annual Passport, which covers the Day and Overnight Fees for all visits to camp for the calendar year, is \$125 per individual Keyholder and is non-transferable. Reminder: If a Passport holder brings spouse, children, other family members or guests to camp, these others must pay the appropriate Camp Fees, as usual.

The Annual Nawakwa Passport may be obtained two ways:

- Payments can be sent electronically via Zelle[®] to <u>rocheleau3@gmail.com</u> noting "Passport 2023"
- 2. To pay by check, please make check payable to "NOANY" and add "Passport 2023" in the memo line. Please send your check to:

Treasurer, NOANY Peter Stuyvesant Post Office PO Box 327 New York, N.Y. 10009-9998

Environmental Education Committee

Martin Kellerman, Chair

The Hudson River environmental group Riverkeeper is calling for volunteers to help in their annual sweep (clean up) of the Hudson River on Saturday, May 6, 2023.

If interested, and for more specific info, please go to <u>Riverkeeper.org</u> or call 914-478-4501.

Hikes and Outings Committee

Hikes and Outings Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com For listings of hikes not led by members of NOANY, (and not necessarily qualifying) try the following link: <u>http://www.nynjtc.org/content/member-clubs</u>

Interested in becoming a hike leader? Please send your name, email, and phone number to Glen expressing your interest in becoming a hike leader for NOANY.

Saturday, April 8, 2023 - Silvermine Lake and Black Mountain

Join us for a hike through the gorgeous scenery of Northern Harriman park. Starting at the Silvermine Parking Area, we will take the Menomine Trail around Silvermine Lake, stopping at the Brian Memorial Shelter, before climbing to the Appalachian Trail. There will be spectacular views of the Hudson River and surrounding mountains. Lunch at the top of Black Mountain (and a look for the fabled "Spanish Mine"). We will return to our cars via the Silvermine Road. The pace will be moderate, but the hike is strenuous at times and covers about 5 miles. Elevation gain is about 1,200 feet. Wear study hiking boots and carry lunch, snacks, raingear and water. Hike is qualifying. Please register with Alex Wilkie by Thursday, April 6th via email at afwilkie204@gmail.com or text via 856-630-5607.

Saturday, April 15, 2023 - Southern Harriman Viewpoints

Approximately 7.3 miles over rocky terrain, with some steep climbs, at a moderate pace.

Starting at Reeves Meadow Visitor Center, we'll ascend the 7 Hills Trail to the second intersection with the HTS and detour southwest to take in the view at Ramapo Torne. From there we'll backtrack to the same intersection but bear right on the HTS, which we'll follow to the Raccoon Brook Hills trail. We'll follow RBH to the Kakiat, bear left, and pick up the Pine Meadow trail for a flat walk back to Reeves Meadow. Participants should wear sturdy footwear (preferably hiking boots) and bring lunch, snacks, and two liters of water. **To be co-led by Ingrid Strauch and leader-in-training Andy Frank.**

Please register with Ingrid <u>Ingrid-hiking@noany.org</u> by Wednesday, April 12, and indicate whether you will be coming by car or by public transit. Hike is qualifying.

Saturday, April 29, 2023 - Centennial Hike: Camp Blue Bird

5 - 6 miles, with a steady, moderately strenuous, climb up and over Stockbridge Mountain. Elevation gain about 500 feet

In the Fall of 1924, the New York Chapter subleased Camp Blue Bird (on the east side of Upper Twin Lake) from a group that used the property as a girl's camp in Summer. In May, the Chapter vacated Camp Blue Bird, but was back in October and remained until April of 1925. It was at Camp Blue Bird that the members developed the model of the Saturday night communal meal. As stated by Ira Ayres in his write-up for the 50th anniversary of the Chapter: *"Our very successful system of community meals began on our second weekend in October 1924.* Hike will start at the Silvermine parking area. Meeting time is 9:30AM. Hike is qualifying (5-6 miles). Participants should wear sturdy footwear and bring lunch, snacks, raingear, and water. **Leader: Ray Kozma. Co-Leader: Stephanie Lai. Please register with leader by Thursday, April 27, 2023 -**

raymondkozma@gmail.com or 917-406-3782.

Saturday, May 20, 2023 - "Appalachian Trail Days"

5 – 6 miles, moderately paced, with fairly strenuous climbs from the Elk Pen up and over Green Pond Mountain, Surebridge Mountain, and Fingerboard Mountain down to Lake Tiorati. Elevation gain about 700 feet.

On this weekend, in the town of Damascus, Virginia, the Appalachian Trail Conservancy celebrates "Trail Days" – the largest A.T. specific celebration in the world. Join us as we hike part of the original and first section completed of the AT, scouted and blazed by Raymond Torrey and other members of the then New York Chapter. This is a one-way hike, starting from the Elk Pen (with cars being left at Lake Tiorati). This section of the AT goes through the Lemon Squeezer which is always a fun and challenging spot on the trail. Hike is qualifying (about 5-6 miles). Meet at the Lake Tiorati parking area at 9:30am for the shuttle to the Elk Pen and the start of the hike. Please call leader with any questions, transportation issues, etc. Participants should wear sturdy footwear and bring lunch, snacks, raingear, and two liters of water.

Leader: Ray Kozma. Please register with leader by Thursday evening, May 18, 2023 raymondkozma@gmail.com or 917-406-3782.

Coming in June:

June 24 - 25, 2023 - Overnight Backpack to Big Hill Shelter

Approximately 9 – 10 miles (round-trip), moderately paced; short, steep section over Conklin Mountain and ups and downs over Breakneck Mountain. Elevation gain about 550 feet.

Starting from the Boat Launch area of Lake Sebago, we will take a variety of trails to hike over to the shelter area at Big Hill. Participants should be self-contained, with sturdy footwear, tent, sleeping pad/bag, food, stove, snacks, raingear, and water. Please call leader if there are any questions about equipment, packing, etc. Meet at the parking area at 9:45AM. Qualifying (about 8-9 miles).

Leader: Ray Kozma Please register with leader by Thursday, June 22, 2023. Contact at: <u>raymondkozma@gmail.com</u> or 917-406-3782.

Coming in July:

Saturday, July 1, 2023 - Centennial Hike: Camp Quannacut - (5 miles, Qualifying)

The New York Chapter's first camp in Harriman State Park was at Camp Quannacut (situated on Queensboro Lake) and used April and May of 1924). This hike will visit and have lunch at Queensboro Lake. The camp is no longer there, but we will explore the area as we try to imagine what that first generation of members experienced having their first camp in the park. Details will be in the next Trail Marker and on our website. Leader will be Ray Kozma.

Sunday, July 29, 2023 - Raymond Torrey Memorial Hike (5-6 miles - Qualifying)

Raymond H. Torrey was the first Chair of the New York Chapter and a leading figure in setting up the trail system we enjoy in Harriman. He was a co-author of the <u>New York Walk Book</u>, first published in 1923. He was a newspaper journalist (the *New York Post*) and through his column, called *The Long Brown Path*, did much to promote and educate others about the wonders of the trails as they were being developed in Harriman State Park and beyond. This hike will visit and pay tribute to Raymond Torrey at the memorial placed on Long Mountain after his sudden death in 1938. This hike takes place on Sunday morning and details will be in the next Trail Marker and on our website. Leader will be Ray Kozma.

Camp Committee News

Dave Hayes, Camp Chair camp@noany.org

April 22-23, 2023 – Spring Work Weekend: All Hands On Deck!

Welcome back! This is our traditional Spring Work Weekend to get Camp Nawakwa ready for the new camp season. The opening of camp is always an exciting time for us. The Spring Work Weekend is the opportunity to make the campgrounds, the Waterfront, the Main Cabin, and all the sleeping cabins ready for enjoyable use by Keyholders and their guests. Camp Fees are waived for all who take part in the work-day on Saturday, plus there will be lunch for all workers that day. (Those who might be staying overnight still need to register with the overnight host and pay the day fee of Sunday, and whatever extra food costs there might be. See the Hosting Schedule on page 3 for information on registering for the overnight). Work weekend is a qualifying event for Applicants.

Please confirm your work day participation with Dave Hayes by sending your RSVP to Dave at camp@noany.org.

May 6, 2023 - Special Project: Installation of Boat Dock and New Kayak Launch Saturday

A special project, starting from 11 am to 2pm, to repair the boat dock's flotation and to install a new kayak launch will take place on Saturday, May 6th Volunteer for a few hours to help us reinstall our boat dock, fix the floats and install our new kayak launch attachment. The dock is heavy and will need 6-8 people to flip it so the floats can be installed and then moved into position in the water. This project should only take an hour or two. A demonstration of how to use the new kayak launch will be given. (Non-qualifying).

RSVP to Dave at <u>camp@noany.org</u> with questions or intent to join in the project.

June – 10, 2023 - Camp Maintenance Workday, 9am-3pm

Please join us this day to help keep camp well maintained! We are an all-volunteer organization, and the preservation and maintenance of Camp Nawakwa depends on all our members.

The outside part of this day will focus on camp paths and campsites with the intent to trim, mow, and rake as thoroughly as possible. This effort can help reduce tick transmission and makes camp a safer for everyone. Power tools and gas operated machinery will be in use!

The indoor side of this workday will focus on cleaning cabins and the main lodge as needed.

A camp lunch of sandwiches and fresh fruit will be provided for all workers. This is a qualifying event for applicants.

To register for this Camp Maintenance Work Day, RSVP to Dave at <u>camp@noany.org.</u> Please RSVP by Thursday, June 8th.

In Memoriam

Bess Abel

Just before our Winter Social, we received notice of the passing of one of our members: Bess Abel. Bess was listed as an Applicant in the July/August 1989 Trail Marker. Her Sponsors were Deirdre and Richard Tourin. Her Keyholder status was announced in the July/Aug 1990 Trail Marker. She resided in Teaneck, New Jersey and was an Art Teacher. Below is an excerpt from the memorial service held for her.

Memorial Tribute for Bess Abel

Bess Abel passed away December 4, 2020, 19 Kislev 5781. Bess loved to teach through any means that would touch the heart and mind of those she knew. She was an accomplished artist, poet, writer, and singer. Whether through music, art or poetry, her message to her students, to seniors, to families and to her friends focused on creative expression, empathy, and understanding.

She loved studying Torah and delving deeply to understand Hashem and Jewish life. She diligently attended shiurim and spent long hours at home studying difficult texts and enjoyed reading Rabbi Sak's weekly d'var Torah. She had a good sense of humor and enjoyed sharing word puns and stories.

Especially on Shabbat and Yom Tov, Bess would sit outside her porch to greet everyone passing by and offer them water to drink, exchange an encouraging word and ask to share a d'var torah. In addition, many who knew her when she worked at Essex Green ShopRite Kosher Food Section commented how she conscientiously supervised the food safety and kashrut of the products and served her customers with a personal touch.

Bess passed asway on the 19 Kislev close to her father and mother's yarzheits. Bess was devoted to her elderly parents' care, and through the experience became an advocate for eldercare rights. Bess loved Chanukah with all the songs she could share and the symbol of the shammash which emphasizes how a small light can create so much more light to dispel the darkness.

Her concern for all was deep and she tried hard to bring meaning to her life. Bess strived for simplicity, understanding and chesed throughout her life. May her memory be blessed.

Nawakwa Outdoor Association of New York Awards Program

We are, and for the past hundred years always have been, indebted to the enthusiastic and generous hard work and commitment of our volunteers. Recognizing the valued contributions and exemplary service of individual members lets them know that they are important to the club and are appreciated for the time, skills, and energy they have donated. A healthy and appropriate recognition of volunteers helps us all by building enthusiasm, renewing our common sense of purpose, and sustaining group loyalty and confidence in the future.

Our awards program was begun in 2013 and updated in 2022 to consider our new status as the Nawakwa Outdoor Association of New York. The following is a listing and explanation of two of the awards which were presented on the occasion of our Winter Social on January 22, 2023.

White Pine Award

The eastern white pine has played a very important role throughout the history of America. In colonial days, the best trees were set apart by the king for masts on British ships. As the nation grew, the lumber of white pines built our homes and businesses. This award is presented to Board members upon their leaving office. Through the symbolism of the white pine, we acknowledge the retiring board member's dedication to steering the club on a true course and working to build up the club for present and future members. This award was presented to the following:

Lisa North - Director (2013-2017) and Chair (2018-2021) Mark Fedow - Director (2014-2021) and Liaison to the ADK Board of Directors Bill Burns - Director (2016-2021) Diane Booth - Director (2018-2020) Marty Kellerman - (2018-2020)

White Oak Award

The white oak tree represents strength, resilience, longevity, permanence, and stability. This award recognizes volunteers who have contributed a significant amount of time and effort in a specific area, keeping the club strong and vibrant so we can continue to thrive and welcome new generations of members. This award was presented to the following:

Don Gabel - Camp Chair (2018-2022) Conservation Committee Chair (2013-2019) Maryann Poris - Hosting Committee Co-Chair (2018-2020) Mary Hilley - Hosting Committee Co-Chair (2018-2020) Teri Gabel - Hosting Committee Co-Chair (2021) Tanya Gabel-Ether - Hosting Committee Co-Chair (2021) Mintari Preston - Hosting Committee Chair (2022) Marty Kellerman - Activities Committee Chair (2018-2021) Ira Stahl - Conservation Committee Chair (2019-2022)

Celebration Time !

This year we are celebrating our one-hundredth year as an organization and our first year as the Nawakwa Outdoor Association of New York, Inc. To mark these special occasions, the following are being planned for this year:

- 1. A special celebration will be held at Camp Nawakwa in September. Details of this event will be posted online and in the Trail Marker once all has been finalized.
- 2. Two publications are in the works:
 - a. *Favorite Recipes of Camp Nawakwa*. We invite all members to share the recipes they have used either when hosting or think they would like to use in the future. Everything from how to use store bought dishes (and how to serve them) to favorite classics and even some special occasion favorites will be gladly accepted. Recipes can be sent to Susanne Flower at <u>susanneflower@gmail.com</u>.
 - b. *Favorite Hikes Around Nawakwa*. These are envisioned chiefly as local hikes that can be done to/from, at, and around Camp Nawakwa (with room left for some hikes in other areas and locales that might be of interest to members).
- 3. Special after-dinner lectures will be presented at Nawakwa on designated Saturday evenings. These presentations will highlight significant people and events of the past hundred years that helped in the formation and development of the club and Camp Nawakwa.
- 4. A series of Centennial Hikes are being planned. These hikes, which we hope will include at one overnight backpack, will highlight both significant places in the history of the club as well as significant trails in Harriman Park blazed by our early members who, working in collaboration with other hiking groups at that time, spearheaded the development of the trails we continue to enjoy today. See the Centennial Hike (page 7) planned for April 29th to Camp Bluebird.



Trail Marker April-May 2023

Welcome New Keyholders

New Keyholders Matthew Gorring Lillian Negron Marilyn Wegh Ari Wegh Laura Zan

Sponsors

Maryann Poris, Yajing Li Tatiana Helms, Jessica Scirbona Edie Green, Jerry Flower Edie Green, Jerry Flower Mary Hilley, Tatiana Helms

Welcome New Applicants

"Since the Bylaws give the care, responsibility, and privilege of running and maintaining Camp Nawakwa exclusively to the keyholder members (who are also called Nawakwans), it is desirable and necessary that new keyholder members be recruited on a regular basis. We recruit potential Nawakwans by attracting and inviting like-minded, outdoor-oriented, adults (18 years and older) to become applicants for keyholder status. After completing the required activities, such new keyholders, will take their place in the long line of custodians of Camp Nawakwa and its traditions." [from Policy on Sponsor-Applicants]

New Applicants Michelle Bonfils Gaelle Breton Mark Swirbul Shannon White

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