

The Trail Marker

August-September Issue 2023

Published by the *Nawakwa Outdoor Association of New York, Inc.*
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago (SB-3), 845-351-4135

www.noany.org

View From the Chair

Traveling the Open Road

"But I know that they go toward the best - toward something great."

-Walt Whitman

On our hikes and travels, we often stop to check on how everything is going. How we are doing with our intended goals and plans, how our fellow companions are doing on the journey with us, are always of concern to us.

We have noted before that we are in our first full year as the Nawakwa Outdoor Association of New York. How we are doing, where we are headed, and what's the best way to get there, are areas of interest for all of us. [Our first year is also our hundredth year. See the notice on page 8 about our planned anniversary celebration.]

Two special meetings of our members are coming up that will provide us with opportunity to review and discuss how things are going with our new club and to see what additional changes might be needed or desired. These are the *Open Board Meeting* set for August 16th and the *Annual Meeting and Elections* set for October 14th.

This issue of the Trail Marker has notices about both meetings [pages 3 and 4], including a nominations form [page 5] for five open board positions and notes [on page 4] about updated Bylaws and a change needed to our 1931 Certificate of Incorporation. Please read through all of these notices carefully. The full text of the updated Bylaws will be sent to all members before the Open Board meeting so that we may have as good and informed a discussion as possible.

We have started well as the Nawakwa Outdoor Association of New York. With Whitman, we know we want to "go toward the best - toward something great." We proceed on, uplifted by that 'splendid spirit' that has been the hallmark of our members for the past one hundred years!

- Ray Kozma, NOANY Chair

Nawakwa Outdoor Association

Board of Directors and Committees

Board Chair: Raymond Kozma

raymondkozma@gmail.com

Vice-Chair: Teri Gabel blaugabels@msn.com

Secretary: Eve Mancuso

evemancuso@gmail.com

Treasurer: Suzanne Rocheleau

rocheleau3@gmail.com

Director: Marty McDonald martymcd@me.com

Director: Ingrid Strauch

ingrid-hiking@noany.org

Director: Guy Lingley glingley@vermacorp.com

Director: Carol Burns carol_kb@yahoo.com

Director: Alex Wilkie afwilkie204@gmail.com

Director: Susanne Flower

susanneflower@gmail.com

Membership Committee:

Chair: Jerry Flower jerry.flower@verizon.net

Co-Chair:

Janet Sibarium janet.sibarium@icloud.com

Members:

David Miller snoop353@aol.com

Laura Zan zanicca@gmail.com

Host Committee:

Co-chair: Maryann Poris maporis@aol.com

Co-chair: Mary Hilley hilley66@gmail.com

Commissary: Maryann Poris maporis@aol.com

Newsletter Editor:

Raymond Kozma TrailMarker@noany.org

Activities Committee:

Chair: Edie Blum ediegreen17@gmail.com

Camp Committee:

Chair: Dave Hayes camp@noany.org

Hikes and Outings Committee:

Chair: Glen Nison gnisonbike@juno.com

Members:

Ingrid Strauch Ingrid-hiking@noany.org

Ray Kozma raymondkozma@gmail.com

Trails Committee:

Chair: Mary James maryelizjames@gmail.com

Park Liaison: Raymond Kozma

raymondkozma@gmail.com

Conservation Committee:

Chair: Kate Walker katecwalker@gmail.com

Environmental Education Committee

Chair: Marty Kellerman

mmkellerman@gmail.com

Archives Committee:

Chair: Ellen King ellen_king13@msn.com

Webmaster:

Marty McDonald martymcd@me.com

Problems Receiving the Trail Marker?

Please let our Secretary, Eve Mancuso, know of any problems.

Contact Eve at evemancuso@gmail.com

Change of address: Please contact Jerry Flower, our Membership

Chair, at jerry@noany.org, to notify us of any address changes.

Notice: Members occasionally receive email notifications about hosted weekends, hikes, and related Camp events. These notifications are only to be sent by the Secretary, by the Hosting Committee, or by the Website Editor.

Follow us on **Instagram!** [nawakwa_outdoor_association_ny](https://www.instagram.com/nawakwa_outdoor_association_ny)

Get updates on Nawakwa happenings on **Twitter!**

Go to <https://twitter.com/NawakwaOutdoor> click on follow, then receive news, reminders, and special notices effortlessly!
Account managed by Ingrid Strauch (Ingrid-hiking@noany.org)

Deadline for submissions to the next edition of the Trail Marker (October-November-December 2023) is September 21, 2023. Please send to Raymond Kozma TrailMarker@noany.org

SPECIAL MEETING NOTICE

Open Board Meeting

August 16, 2023

Our yearly Open Board Meeting for all NOANY members will be held on Wednesday August 16, 2023, at 7PM. As we have done in recent years, the Open Board Meeting will take place via Zoom. Susanne Flower, Board Director, will set the meeting up and Eve Mancuso, Board Secretary, will send out an e-mail to all members and applicants with the information needed to login.

Participants may ask questions/make comments in three ways:

1. Via the Zoom Chat function during the meeting
2. E-mail questions directly to Susanne Flower (susanneflower@gmail.com)
3. Send written questions via USPS mail to:

Nawakwa Outdoor Association of New York, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 327
New York, NY 10009-9998

Methods 2 and 3 should be completed should be completed by Tuesday, August 15th prior to the open meeting to give Susanne Flower the opportunity to gather all of the questions/comments. The questions will be read by the Zoom Host and answered by the appropriate Board member.

The yearly gathering of our members provides an opportunity for all to receive updates on the status of the club, the workings of the Board and all committees, and current projects in development. While there will be no voting at the meeting, important business matters will be addressed. The questions and answers, comments and suggestions, and the general discussion of topics among those participating in these yearly meetings have always been helpful in considering future plans and action.

- NOANY Board of Directors

Advanced Notice of Annual Meeting and Elections to be Held October 14, 2023

PLEASE TAKE NOTICE, by the call of the Chair of the Board of Directors, the Nawakwa Outdoor Association of New York, Inc. (NOANY) will hold an Annual Meeting of Members on October 14, 2023, at 10:00 a.m., which Annual Meeting will be held virtually.

The agenda for the meeting shall include:

- Election of officers and the board of directors of the Nawakwa Outdoor Association of New York, Inc. and
- such other and further business of NOANY.

This Notice will be distributed by email, posting to the website, posting in the Trail Marker, and USPS mailed to those members without email addresses.

All members of NOANY are invited to attend the virtual meeting. A link to the Zoom meeting will be sent to all members no later than Thursday evening, October 12, 2023. **Attendance is not required to vote;**

Voting will take place in person at Camp Nawakwa, between 11AM and 1PM or by proxy. Follow the instructions on the proxy form as to how to vote. By submitting a proxy, you are designating Eve Mancuso, the Secretary, as the one who will act as your proxy to cast your vote. All USPS mail-in proxies must be received no later than Friday October 13, 2023, so they can be picked up at the Post Office, delivered to Camp and available to be counted. Website and e-mail votes may be submitted until 12 noon on Saturday, October 14, 2022. Counting will commence by the Tally Committee on October 14, 2023, at 1 pm at Camp Nawakwa.

In addition to posting to our website and to the Trail Marker, notice of the Annual Meeting and Elections will also be sent to all members by USPS mail.

Please Note: Two resolutions will be presented at the Annual Meeting for a vote by all members :

1. Members will be asked to vote on new Bylaws. Keyholders will remember that, as part of our settlement with the Adirondack Mountain Club last year, we needed to remove all mention of ADK from our then-current bylaws. Since then, our Bylaws Committee has been working with the law firm of John Caffry to update our Bylaws so that they conform to the latest changes in New York State Not-for-Profit Corporation law and so that the Bylaws fit more accurately our new status as the Nawakwa Outdoor Association of New York (for example, where we now have only one category of membership).
2. Amending our Certificate of Incorporation to update the objectives/purposes of the club so that they are the same in both the Certificate and the Bylaws. Right now the objectives as stated in the Bylaws do not match the authorized purposes of the corporation, as set forth in the 1931 certificate of incorporation.

ALL MEMBERS WILL BE SENT THE FULL TEXT OF THE BYLAWS, WITH HIGHLIGHTED AREAS OF NOTE, PRIOR TO THE OPEN BOARD MEETING OF AUGUST 16TH SO THAT QUESTIONS AND COMMENTS CAN BE PART OF OUR DISCUSSION AT THE MEETING. THANK YOU. - NOANY BOARD OF DIRECTORS

NAWAKWA OUTDOOR ASSOCIATION OF NEW YORK

Elections – 2023

Nominating Committee Request for Nominations

Elections for five (5) positions on the Board of Directors of the Nawakwa Outdoor Association of New York (NOANY) are scheduled to be held in October at the Annual Meeting, set for October 14, 2023. The Nominating Committee takes this opportunity to reach out for any recommendations that you may have for someone to serve as a Board Director or Officer. Needed for these positions are keyholder members of NOANY with a love of Camp Nawakwa and a willingness to assist in navigating through, weighing in, and voting on the issues that will come up during his or her term on the Board.

Voting

1. Anyone who is a member of the Nawakwa Outdoor Association of New York may vote in elections.
2. All Directors and Officers must be good-standing, current keyholder members of NOANY.
3. All names must be received by September 1, 2023. The slate of candidates will be posted in the October 2023 Trail Marker.

Candidates for the Board:

Vice-Chair (Two-year term) _____
Secretary (Two-year term) _____
Director (Two- year term) _____
Director (Two - year term) _____
Director (Two-year term) _____

Please Note: The following officers whose terms are expiring have agreed to run for reelection. Teri Gabel, Vice-Chair; Eve Mancuso, Secretary; Marty McDonald, Director; Ingrid Strauch, Director

Please email to the Nominating Committee (whose members are listed below) the names and positions of any candidates you wish to nominate for the Board:

David Miller (snoop353@aol.com)
Jerry Flower jerry.flower@verizon.net
Daphne Prior (nazdrovi1@gmail.com)

Thank you.
The Nominating Committee

Coming Weekends at Camp Nawakwa

Notes on Hosting

Updates to this hosting schedule will be provided in the weekly hosting emails sent out by the Hosting Committee.

To host a weekend or midweek, contact Hosting Committee:

Co-chair: Maryann Poris maporis@aol.com.

Co-chair: Mary Hilley hilley66@gmail.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117 maporis@aol.com

There is a limit of one host plus one co-host per weekend or midweek

August 5-6: "Chill out Hosted Weekend"

Join us at camp for hiking, kayaking or just hammocking among the trees for a relaxed summer vegetarian hosted weekend. Serving Southern, Latin and Asian inspired vegetarian appetizers, dinner and hearty breakfast (eggs included!).

Please email Laura Zan at zanicca@gmail.com by Wednesday, August 2nd 5pm (or earlier!) with your full name, meal (dinner and / or breakfast) and whether you're a keyholder or applicant.

August 12 - 13: Late Summer BBQ

Enjoy BBQ chicken (or veggie burgers with black beans for vegetarians), and fresh seasonal produce (corn-on-the-cob, salad)...Healthy, tasty, easy to prepare meals to satisfy omnivores and vegetarians. It's back to basics of BBQing and good times. When registering, please specify which meals (Saturday dinner only or all meals, including Sunday breakfast and trail lunch) and if you want vegetarian meals.

Co-Hosts: Anita DieKroger and Janet Sibarium (Registrar)

Please register by Thursday, August 10th at 9:00 p.m.

To register, text/or voicemail Janet 917-318-3361 or email: janet.sibarium@icloud.com

[Note: An Orientation will take place at 12 noon to 3pm on Saturday August 12, 2023. To register for the Orientation, please contact Maryann Poris maporis@aol.com or 973-769-4246.]

August 19-20: (With Song-Fest Singalong after dinner)

Join Marilyn & Ari for their first hosted weekend of August fun—hiking, swimming, camaraderie, and tried and true family recipes. *Happy hour* will be cold antipasti, meats, cheeses, and salads with contributions from Emiliano's Italian market in Riverdale. *Saturday dinner* will be vegetarian sesame eggplant parmesan (original recipe from *Diet for a Small Planet*) and our special meat sauce a la Bolognese, both served over fresh pasta. *Dessert*: mini cannoli and cookies. *Sunday breakfast*: baked French toast with mixed berry compote and maple syrup. (Yogurt also available.) *Trail lunch*: meat and/or cheese sandwiches, fruit, and granola bars.

Register with Marilyn Wegh at 646-596-6448 by Thursday, August 17, 9 p.m. State if you're a vegetarian or carnivore.

[Property Maintenance Workday - Saturday*- 8/19 -see details under Camp Chair report on page 13 - *Qualifying]

August 26 - August 27 The Last Summer Weekend

An end of summer cookout. Menu to include hors d'oeuvres and refreshments, grilled steak and portobello mushrooms, tomato and onion salad, corn on the cob, and stone fruit tart. Breakfast and bag lunches will also be available.

Please email Peter (petercohn@gmail.com) or Ski (zhihong.shi@gmail.com) to sign up and make food requests by Wed Aug 24. Co-hosts: Zhihong Shi and Peter Cohn

September 2 - 3 Labor Day Weekend

Sunday at 1 p.m.: ***The Annual Nawakwa Labor Day Picnic Returns!*** The Labor Day Picnic at Nawakwa was always a time to relax, reunite at the end of Summer with fellow Nawakwans, and enjoy a picnic buffet outdoors (weather permitting!).

On the grilling menu; BBQ Ribs, Burgers (a Vegetarian option also), "Brooklyn Hot Dogs" (some of the best around) and Chimichurri Chicken. We'll also have Vegetarian Chili, Chips and Dips, Skillet Cornbread, a fixings and salad bar (with fresh watermelon salad and traditional macaroni and potato salads), loads of refreshments and traditional desserts. Bring a big appetite!

Please register for Sunday's Picnic by 8 pm on Monday August 28th. The picnic will be \$15 per person. Contact the Host, Lewis Ports at (646) 339-1316 or ports.lewis@gmail.com. Rosanna Romagnano will be co-host.

We will need some volunteers to help with prep and setup beforehand. Otherwise, this is a "no-assigned chore" event.

Other hosted meals during the Labor Day Weekend:

- Saturday night we'll have Happy Hour with appetizers and then a homemade TV Dinner (yes, it will have the baked-in brownie!)
- Sunday morning we'll have smoothies and a light Avocado Toast

The deadline for other meals is 8 pm on Wed. August 30th

September 9-10: Post Labor Day Weekend

Come and enjoy a Post-Labor Day weekend at camp. There is still plenty of summer left to enjoy, as Joseph Selch hosts his first weekend at Nawakwa. The menu will include a Roast Loin of Pork, Vegetarian Quiches, and Vegetables, along with one of Joseph's favorite desserts. There will be a camp breakfast for those staying overnight and a trail lunch.

Host: Joseph Selch - 917-478-0597. Please register by 9PM on Thursday, September 7th.

September 16-17 - **OPEN** (Host(s) Needed)

September 23 – 24: Oktoberfest and NOANY Anniversary Events

**“Save the Date”
for our Spectacular Oktoberfest and our
100th Year Anniversary Bash
coming up on Saturday September 23rd.**

This will be a dual celebration: of our organization’s 100th anniversary and of NOANY’s 1st anniversary. Hosted by David Hayes and Oliver Lunt - details coming soon

September 30 – October 1 – **OPEN** (Host(s) Needed)

Coming in October

Hosted Weekend: October 7 – 8: Hosted by Ingrid Strauch

Annual Meeting and Elections – October 14, 2023

October 21-22: Fall Work Weekend - **OPEN** (Host(s) Needed)

Hikes and Outings Committee

Hikes and Outings Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not led by members of NOANY, (and not necessarily qualifying) try the following link: <http://www.nynjtc.org/content/member-clubs>

Interested in becoming a hike leader? Please send your name, email, and phone number to Glen expressing your interest in becoming a hike leader for NOANY.

Saturday - August 5, 2023 - Re-schedule of Centennial Hike to Camp Blue Bird

5 - 6 miles, with a moderately strenuous, climb up and over Stockbridge Mountain.
Elevation gain about 500 feet

In the Fall of 1924, the Chapter subleased Camp Blue Bird (on the east side of Upper Twin Lake) from a group that used the property as a girl's camp in summer. In May, the Chapter vacated the camp, but was back in October and remained until April of 1925. It was at Camp Blue Bird that the members developed the model of the Saturday night communal meal. As stated by Ira Ayres in his write-up for the 50th anniversary of the Chapter: "Our very successful system of community meals began on our second weekend in October 1924." Hike will start at the Silvermine parking area (park in the area just past the toll booth). Meeting time is 9:30AM. Hike is qualifying. Participants should wear sturdy footwear and bring lunch, snacks, raingear, and water.

Leader: Ray Kozma. Co-Leader: Susan Shocket. Please register with leader by Thursday, August 3, 2023. raymondkozma@gmail.com or 917-406-3782.

Please check the website for updated listings of hikes: NOANY.org

Sad News from the NYNJ Trail Conference

We were notified recently that John Mack passed away Wednesday, July 19th, after a lengthy battle with multiple series of infections. John was, for many years, the West Hudson South Chair (currently Ed Spirko) and also a Trail Maintainer in both Sterling Forest and Harriman State Park. He devoted most of his post retirement hours to Trail Conference Volunteer work, including bridge installation, and research for the Trail Conference maps and TC publications. He gave generously of his time and was helpful to many a Trail Maintainer.

The funeral service, for his family only, was held July 21st, in Madison, NJ. If you remember John, and want some additional information or want to upload an anecdote, attached is a link to his obituary:

<https://madisonmemorialhome.com/tribute/details/1060/John-Mack/obituary.html#tribute-start>

Activities Committee Update

Edie Blum, Chair ediegreen17@gmail.com

Coming Events

August 12th - 100 Years Presentation (Ellen King and Ray Kozma)

August 19th - "Song Fest Sing-Along" (after Saturday dinner)

August 26th - Live Animal Presentation - Save The Date

A live animal presentation by the Recreation and Historic Preservation department of Bear Mountain State Park is scheduled for our camp on August 26th, 2023. The time is TBD but is likely after dinner. The animals will either be turtles or porcupines depending on their moods that day.

Environmental Education Committee

Martin Kellerman, Chair mmkellerman@gmail.com

Lake Sebago Hydrilla Control Project

Both a liquid formulation (Sonar Genesis) and pellet formulation (Sonar H4C) of the herbicide fluridone will be utilized in designated treatment areas within Lake Sebago. Up to 6 applications of the herbicides will occur between June and October 2023.

The FOURTH herbicide treatment in Lake Sebago is scheduled for Thursday July 27th to target hydrilla. This is the fourth of a maximum of 6 treatments for 2023.

- A 24-hour swimming restriction for the Northern Basin Only will be in place from the morning of Thursday July 27th to the morning of Friday July 28th, 2023. The swimming restriction will be lifted by 12:00pm on Friday July 28th, 2023.
- There is no swimming restriction in the southern basin.
- There are no swimming restrictions for the copper (Harpoon) treatment.

Several hydrilla plants are staked with green stakes throughout the lake, please avoid the stakes so that we can keep our sites clearly and accurately marked. Thank you!

Camp Nawakwa is not in the Northern Basin, so we are not directly affected by the swimming restrictions. You can find more information about the treatment at <https://littlebearensenvironmental.com/lake-sebago-hydrilla-control-project/>

Keyholder Guide for Implementing the Level IV Bathing Beach Safety Plan for Camp Nawakwa

One of the special pleasures of being at Camp Nawakwa is the opportunity to use our waterfront. Whether relaxing, reading, swimming, sunning, or socializing 'at the dock,' the waterfront is a source of delight and satisfaction for all members. In addition to our having a lease from the Palisades Interstate Park Commission, our use of camp is also regulated by New York State Department of Health. Part of the conditions for receiving a DOH Permit to operate camp is that we will follow the Level IV Bathing Beach Safety Plan (BBSP) mandated by New York State. Our website, NOANY.org, under "Keyholder Information, Swimming/Bathing Beach Safety Plan", has the detailed information regarding the entire BBSP rules and regulations which each keyholder needs to know and agree to follow.

Members should go to our website (NOANY.org) and do the following:

1. Read the Swimming Brochure (Use of Camp Nawakwa Swimming Facilities).
2. Read the Narrative for Operating and for Emergencies.
3. Sign the Acknowledgment form.
4. Familiarize yourself with the full Department of Health Bathing Beach Safety Plan Supervision Level IV document.

What follows is a keyholder guide for opening the waterfront for any swim period:

When signing in at the registration desk for yourself (and any guests you may bring to camp) and you have not already read the swimming brochure (Use of Camp Nawakwa Swimming Facilities), please read the brochure (copies are also at the Waterfront desk by the porch door) and give a copy to any guest you may have. If you haven't done so online, you and any guests you may have, then need to sign the Acknowledgment Form.



If you are the one opening the Waterfront, the following must be done:

- Sign out the swim area emergency cell phone (the Sign-out book is on the Waterfront desk) and take the cell phone down to the swim area, place it in the waterproof pack on the hook located in the safety equipment box. The person who signs out the swim area emergency cell phone and opens the swim dock is named the Level IV Waterfront Supervisor for that time period.*
- Open the swim area by checking for hazards and put the Waterfront safety equipment in the designated area on the swim dock. Check to see if the emergency row boat is ready to perform a rescue.*
- When swimmers are done swimming for the day or for that time period, and there will be no further swimming, return the safety equipment and close the gate to the swim dock by hooking the chain and sign across the entrance ramp. Return the phone to its charger in the lodge.*
- If the member who opened the swim area needs to leave before the swim period has finished, that member must pass on the responsibility of Waterfront Supervisor to another member, clearly and fully communicating the required responsibilities to the other member who must acknowledge and agree to assume the supervisor role. The name of the secondary Supervisor should also be entered in the cell phone sign-out book.*
- A second person (Observer) must be designated and must be on the swim dock or immediate swim area, watching the swimmer or swimmers at all times. The second person's role is to actively watch the swimmer or swimmers and would be responsible for initiating emergency procedures, if warranted.*

Waterfront Equipment

The following items must be in place and available at the waterfront whenever there is swimming:

- The lifeboat with oars and life vests.
- Two ring buoys, one with a 50-foot line attached.
- One long bamboo pole.
- One First Aid kit (with one pocket face mask to assist with CPR).
- One spine board
- A whistle.
- Emergency communications designated cell phone.

Remember:

NEVER SWIM ALONE. Two or more adults, at least 18 years of age, who cannot be swimming, committed to performing the required tasks for safe swimming, must be present whenever the swimming area is in use. These two are the Waterfront Supervisor who must be in the immediate camp area, and the Observer, who must always be on the swim dock/immediate swim area, watching the swimmers at all times.

Bathing is permitted from sunup to sundown (not permitted after sundown) as long as all rules regulating supervision and safety are followed.

Supervisor, Host, Designee, and all members are responsible for enforcing the rules of camp.

Camp Committee News

Dave Hayes, Camp Chair camp@noany.org

Summer is in full swing, I hope everyone is finding time to enjoy it along with the facilities at Nawakwa. I can't say enough how much I appreciate all the help with camp and feedback about how it's running and what we can do to make it better. A sincere thank you for your efforts!

Please feel free to reach out at Camp@noany.org with anything we should know about.

We have two scheduled work days left this year, August 19th 10-4 and October 21st, 10-4. Our workdays are only possible with the support of members and applicants. This is a great opportunity for applicants who need to fulfill that requirement in the application process. There is always lots to do at camp! Check the camp calendar for more details about each event.

A few quick facilities notes:

- Camping at the ground tenting site off the path to platforms 1 & 2 is still suspended until we have a dangerous tree removed.
- Cabins 1 and 6 have tarps on them while the park prepares to fix or replace the roofs. The tarps can be folded back and used by members until the major work begins sometime later this year.
- Please make sure to sign off on the Waterfront Safety Plan on Noany.org or in the physical book located in the main lodge. If you have any questions on what is needed to safely operate the swimming waterfront, please don't hesitate to ask! [See the *Keyholder's Guide* on pages 11 and 12 of this issue of the Trail Marker for an outline of the waterfront procedures.]
- Finally, don't forget to "Save the Date" for our Spectacular Oktoberfest and 100th Year Anniversary Bash coming up on Saturday September 23rd.

Hope to see you all at camp soon!

-Dave

David Hayes
Camp Chair, SB-3
Camp@noany.org

Of Bears, Ticks, and Snakes

BEARS

On July 8th, 2023, MaryLynne Malone, Coordinator - Regional Museums Harriman, provided an engaging post-dinner presentation entitled *Camping with Bears*. She explained that if you chance to meet a bear while out walking, what you want to do is to create a 'negative' experience for the bear (making noise, clapping, shouting) so that the bear learns to avoid humans. Marylynne explained that any problematic behavior with bears at camps in Harriman had to do with improper storage of food (food being brought into tents or stored on the ground near a camping area). Please note the following:

NEVER have food in your tent. Food items should be stored overnight in your car or, when at Nawakwa, stored in the Main Lodge (the downstairs refrigerator is for storing food items).

NEVER leave food, coolers, or backpacks unattended or accessible, especially while sleeping.

DO NOT sleep in the same area that you cook or eat.

NEVER give a bear food.

DO NOT store strong-scented items like toothpaste & deodorant in tents.

If you see a bear nearby or one is approaching, MAKE NOISE and BACK AWAY SLOWLY, DO NOT RUN.

REPORT problematic bear encounters (not just sightings) to the Park Police: (845) 786-2781.

TICKS

Of serious concern to all of us are ticks. An infected tick bite can cause a myriad of illnesses with some very serious symptoms. Ticks can transmit bacteria, viruses, and parasites. Ticks do not jump, don't fly and don't drop down from trees. They work from the ground up, gripping on to shoes, clothing, legs, and start climbing until they find a good place to bite. So a 'tick check' should start from your feet upwards. If you do not already do these things, it is recommended to:

1. Tuck your pants into your socks (and your shirt into your pants).
2. Consider permethrin infused clothing. Permethrin is not for use on your person/skin, just on clothing/equipment. You can purchase spray bottles to treat your own clothing and equipment, or you can purchase pre-treated clothes from several commercial companies. One company, *Insect Shield*, will professionally treat any clothing you send them. The treatment is advertised as lasting the life of the garment.

3. Consider tick repellants on exposed skin. The most common ones contain Deet, but there are repellants that use Picaridin (Deet has been known to damage nylon, but not so for Picaridin).
4. Check your clothes and your whole body for ticks when you get home.
5. Shower as soon as feasible upon returning home from the woods.

For more information about ticks, see the Centers for Disease Control and Prevention website ([CDC.gov](https://www.cdc.gov)). For information about treating clothing professionally, see the Insect Shield website ([insectshield.com](https://www.insectshield.com)).

SNAKES

There are rattlesnakes in the park, of course, and if you ever encounter one, they will usually make their presence known by the 'rattling' of their tail. **STEER CLEAR!!** If you hear this sound, the snake is letting you know that you are too close to them. **STOP, LOCATE THE SNAKE, AND SLOWLY BACK AWAY.** Find another way to go, but If you need to pass the snake, give them a very wide berth.

The most common snake for us to see by far is the black snake (pictured here recently going across our camp road). These snakes are non-venomous and generally not aggressive towards humans (unless provoked or cornered). Leave them alone and respect their space! They are very beneficial because they help keep the rodent (mice) population down (remember, mice are one of the main hosts of ticks). These snakes are variously referred to as the black snake, the black racer, or the eastern rat snake. Other than hawks, the greatest danger to the black snake is people. So be careful driving into camp lest you inadvertently run over one of these. The snake pictured has bent itself into acute angles because it felt threatened and uncomfortable. [Photo courtesy of Bill Hladky.]



Hike to Camp Quannacut

July 1, 2023

The New York Chapter's first camp in Harriman State Park was at Camp Quannacut (situated on Queensboro Lake) and used April and May of 1924). The camp is no longer there, but we explored the area and had lunch above the lake as we tried to imagine what that first generation of club members experienced at our 'first' camp in Harriman.



In Memoriam



Alberto Caballero

Alberto Caballero, 90, member since 1986 died on July 3rd from complications of Alzheimer's. He served as Treasurer of the New York Chapter in 1990, and again from 2001 to 2005. He was a Governor to the Main Club in 1994. He hosted Nawakwa weekends with his wife, Ellen King.

Alberto was born in San Juan, Puerto Rico. In 1956 he joined Ernst + Young (EY) as a Certified Public Accountant. He joined Laventhol and Horwath CPA's in 1959, before being transferred in 1978 to Los Angeles. In 1980 he joined Deloitte in New York City as a Partner. Later in life, he graduated from Fordham University Law School and passed the New Jersey Bar.

In the past he served as Director, New York State Society CPA's; Treasurer, Hispanic Bar Association; Treasurer, Arts+Business Council; Senior Warden, Trinity Episcopal Church, Cliffside Park, New Jersey.

Memories of Alberto

"It was a pleasure and learning experience serving on the Board of Directors with Alberto. There was some discussion about whether or not being incorporated was really needed for the Chapter, and I remember Alberto was insistent that it was important. It was Alberto's wise recommendation that the New York Chapter remain incorporated."

-Janet Sibarium

"...in the midst of some of the most contentious times, he was the consummate professional and gentleman."

-Ed O'Donnell

"I don't know what year it was, but certainly it had two zeros in it. And it was "Fall Wood Day" at the camp. Up the hill way in back of camp we had spent hours chopping up a fallen tree into a very impressive pile of firewood. Alberto had arrived with a brand new, shiny black, large SUV hatchback, and – bless him – he offered to bring that truck up the service road as close as he could get so that we could load the wood in and get it down quickly. I still vividly remember that new car bouncing and lurching up that steep rough road.

"He opened the hatch, revealing a plush, carpeted storage bay. It even smelled new. We had no blankets or anything to protect this new interior from the rough logs, but Alberto directed us to go right ahead and fill it up – which we certainly did, floor to roof. Back down the hill, after we triumphantly removed our huge stack of wood, I could see that the plush cargo area had suffered a few scratches, as well as plenty of loose bark, leaves, dirt, a few worms, etc. But Alberto was undaunted. He smiled and gave a "think nothing of it" wave of his hand. That evening we had a great meal and celebrated our accomplishments that day."

-Steve Barre

"In 1990, when Alberto was finishing his term as Treasurer on the Board of Directors, he convinced me to run for the position, saying that it would "easy" and that he would help me. These were the days before Quickbooks when giant ledgers were still used to record everything. It was a big undertaking, but true to his word, Alberto made it easy. I got to visit Alberto and Ellen at their home and Alberto spent many an hour helping me record everything properly and double-checking my work.

As evidenced in his picture above, Alberto had a friendly, outgoing personality, always with a smile and always happy to see you and talk with you. He made you feel welcomed and alive. It was pleasure to be in his company.

When we instituted our Awards Recognition program, we presented Alberto with the Trailblazer Award in recognition of his all-around efforts in helping the chapter thrive and for his service to the Main Club as a representative of the Chapter (Alberto was a Governor on the Main Club board and had also served as Main Club Treasurer).

-Ray Kozma

"I remember the evenings on the Nawakwa porch talking with Alberto about all sorts of topics. He was always smoking his cigars after dinner (always being considerate) and I was always happy when I smelled the smoke as I knew he was at camp. He was such an integral part of the club, whether it was his many years serving as treasurer or his many years of hosting the annual September BBQ with his wife, Ellen King. I remember he actually built a giant grill at home and transported it to camp in his car and we put it together like an erector set. And of course there were always "interesting" conversations between Alberto and George Garmus.

My deepest condolences to his wife Ellen. I will sure miss him.

-Glen Nison

Welcome to Our New Keyholders

New Keyholders

Marsha Brady

Joseph Selch

Sponsors

Eve Mancuso,

Janet Sibarium

Glen Nison, Eve Mancuso

Welcome to Our New Applicants

"Since the Bylaws give the care, responsibility, and privilege of running and maintaining Camp Nawakwa exclusively to the keyholder members (who are also called Nawakwans), it is desirable and necessary that new keyholder members be recruited on a regular basis. We recruit potential Nawakwans by attracting and inviting like-minded, outdoor-oriented, adults (18 years and older) to become applicants for keyholder status. After completing the required activities, such new keyholders, will take their place in the long line of custodians of Camp Nawakwa and its traditions." [from Policy on Sponsor-Applicants]

New Applicants

Jasmin Pena

Andrew Zhang

