

The Trail Marker

October-November-December Issue 2023

Published by the *Nawakwa Outdoor Association of New York, Inc.*
Peter Stuyvesant Post Office Station P. O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago (SB-3), 845-351-4135

www.noany.org

View From the Chair

Traveling the Open Road

Strong and content I travel the open road.
-Walt Whitman

!!! Celebration !!!

On Saturday, September 23, 2023, we celebrated our 100th anniversary. The party was held at Camp Nawakwa in conjunction with the second annual Oktoberfest celebration. Inside this issue of the Trail Marker, beginning on page 11, you will find pictures of the celebration. Many, many members volunteered to help Dave Hayes and Jess Scirbona, who were the hosts for the weekend (Oliver Lunt, who also helped plan the day, unfortunately had to miss the event). Everyone who was able to attend helped make the day a grand, festive, and enjoyable one. The “splendid spirit” of cooperation and teamwork was much in evidence. We can take comfort in knowing that we are “strong and content” as we “travel the open road” together.

Annual Meeting and Elections

Our annual meeting and elections to the Board of Directors takes place on Saturday, October 14th. This issue of the Trail Marker has the bios and photos of those running for office, as well as the ballot and proxy form. Information about this begins on page 3. The active involvement of all members ensures the vitality of the on-going life of the club. Be sure to check the website NOANY.org for complete information regarding the elections and the approving of the new Bylaws and the amendment to our Certificate of Incorporation.

Closing of the Camp Season

On Saturday, October 21st, we have our annual Fall Cleanup to ready Camp Nawakwa for the winter. Details of this work-event are found beginning on page 13. Our first full year as the Nawakwa Outdoor Association has gotten off to an awesome start. Thank you, everyone!

- Ray Kozma, NOANY Chair

Nawakwa Outdoor Association

Board of Directors and Committees

Board Chair: Raymond Kozma

raymondkozma@gmail.com

Vice-Chair: Teri Gabel blaugabels@msn.com

Secretary: Eve Mancuso

evemancuso@gmail.com

Treasurer: Suzanne Rocheleau

rocheleau3@gmail.com

Director: Marty McDonald martymcd@me.com

Director: Ingrid Strauch

ingrid-hiking@noany.org

Director: Guy Lingley glingley@vermacorp.com

Director: Carol Burns carol_kb@yahoo.com

Director: Alex Wilkie afwilkie204@gmail.com

Director: Susanne Flower

susanneflower@gmail.com

Membership Committee:

Chair: Jerry Flower jerry.flower@verizon.net

Co-Chair:

Janet Sibarium janet.sibarium@icloud.com

Members:

David Miller snoop353@aol.com

Laura Zan zanicca@gmail.com

Host Committee:

Co-chair: Maryann Poris maporis@aol.com

Co-chair: Mary Hilley hilley66@gmail.com

Commissary: Maryann Poris maporis@aol.com

Newsletter Editor:

Raymond Kozma TrailMarker@noany.org

Activities Committee:

Chair: Edie Blum ediegreen17@gmail.com

Camp Committee:

Chair: Dave Hayes camp@noany.org

Hikes and Outings Committee:

Chair: Glen Nison gnisonbike@juno.com

Members:

Ingrid Strauch Ingrid-hiking@noany.org

Ray Kozma raymondkozma@gmail.com

Trails Committee:

Co-Chair: Mary James

maryelizjames@gmail.com

Co-Chair: Andy Frank agfrank1@aol.com

Park Liaison: Raymond Kozma

raymondkozma@gmail.com

Conservation Committee:

Chair: Kate Walker katecwalker@gmail.com

Environmental Education Committee

Chair: Marty Kellerman

mmkellerman@gmail.com

Archives Committee:

Chair: Ellen King ellen_king13@msn.com

Webmaster:

Marty McDonald martymcd@me.com

Problems Receiving the Trail Marker?

Please let our Secretary, Eve Mancuso, know of any problems.

Contact Eve at evemancuso@gmail.com **Change of address:**

Please contact Jerry Flower, our Membership Chair, at jerry@noany.org, to notify us of any address changes.

Notice: Members occasionally receive email notifications about hosted weekends, hikes, and related Camp events. These notifications are only to be sent by the Secretary, by the Hosting Committee, or by the Website Editor.

Follow us on **Instagram!** [nawakwa_outdoor_association_ny](https://www.instagram.com/nawakwa_outdoor_association_ny)
[Account managed by Jess Scirbona (jscirbona@gmail.com)]

Get updates on Nawakwa happenings on **Twitter!**
Go to <https://twitter.com/NawakwaOutdoor> click on follow,
then receive news, reminders, and special notices effortlessly!
[Account managed by Ingrid Strauch (Ingrid-hiking@noany.org)]

Deadline for submissions to the next edition of the Trail Marker (January-February-March 2024) is December 21, 2023. Please send to Raymond Kozma TrailMarker@noany.org

Notice of Annual Meeting and Elections to be Held October 14, 2023

PLEASE TAKE NOTICE, by the call of the Chair of the Board of Directors, the Nawakwa Outdoor Association of New York, Inc. (NOANY) will hold an Annual Meeting of Members on October 14, 2023, at 10:00 a.m., which Annual Meeting will be held virtually.

The agenda for the meeting shall include:

- Election of officers and the board of directors of the Nawakwa Outdoor Association of New York, Inc. and
- such other and further business of NOANY.

This Notice will be distributed by email, posting to the website, posting in the Trail Marker, and USPS mailed to those members without email addresses.

All members of NOANY are invited to attend the virtual meeting. A link to the Zoom meeting will be sent to all members no later than Thursday evening, October 12, 2023. **Attendance is not required to vote.**

Voting will take place in person at Camp Nawakwa, between 12 noon and 1PM or by proxy. Follow the instructions on the proxy form as to how to vote. By submitting a proxy, you are designating Eve Mancuso, the Secretary, as the one who will act as your proxy to cast your vote. All USPS mail-in proxies must be received no later than Friday October 13, 2023, so they can be picked up at the Post Office, delivered to Camp and available to be counted. Website and e-mail votes may be submitted until 12 noon on Saturday, October 14, 2022. Counting will commence by the Tally Committee on October 14, 2023, at 1 pm at Camp Nawakwa.

Please Note: Two resolutions will be presented at the Annual Meeting for a vote by all members :

1. Members will be asked to vote on new Bylaws. Keyholders will remember that, as part of our settlement with the Adirondack Mountain Club last year, we needed to remove all mention of ADK from our then-current bylaws. Since then, our Bylaws Committee has been working with the law firm of John Caffry to update our Bylaws so that they conform to the latest changes in New York State Not-for-Profit Corporation law and so that the Bylaws fit more accurately our new status as the Nawakwa Outdoor Association of New York (for example, where we now have only one category of membership). The proposed Bylaws are found on our website NOANY.org.
2. Amending our Certificate of Incorporation to update the objectives/purposes of the club so that they are the same in both the Certificate and the Bylaws. Right now the objectives as stated in the Bylaws do not match the authorized purposes of the corporation, as set forth in the 1931 certificate of incorporation.

Official Notice of 2023 Elections

for the Board of Directors of the NAWAKWA OUTDOOR ASSOCIATION OF NEW YORK, INC.

To All Members:

This notice, by USPS or other means, and sent out on or about September 27, 2023, serves as the Official Notice of the 2023 Election for the Board of Directors of the Nawakwa Outdoor Association of New York, Inc. and is sent to all members.

Voting will take place in person at Camp Nawakwa between 12 noon and 1 pm or by proxy.

A Proxy Form is included in this notice. Pursuant to the Nawakwa Outdoor Association of New York, Inc. Bylaws, each Member will receive a Proxy Form. Additional information about how to vote via “proxy” is included on the Proxy Form.

Note: In sending back the Proxy Form, you are designating Eve Mancuso, Secretary of the Corporation, as the person who will act as your proxy to cast your vote. **Per the by-laws, a signature is required on the Proxy Form.**

All USPS mail in Proxy Forms must be received no later than Friday, October 13, 2023, so they can be picked up from the Post Office, delivered to Camp and available to be counted.

Website and e-mailed Proxy Forms may be submitted until 12 noon on Saturday, October 14, 2023. All proxies received by the deadline, whether sent by USPS, website, or email, will be counted.

Tallying will take place at Camp Nawakwa and commence at 1 pm on Saturday, October 14, 2023. After the accuracy and validity of all in-person votes are certified by the Tallying Committee, the Secretary will vote the proxy votes, and the results of the election will be announced. As per our Bylaws, we will post the election results on our website. The results will also be published in the next Trail Marker.

The Board of Directors
Nawakwa Outdoor Association of New York, Inc.

NAWAKWA OUTDOOR ASSOCIATION OF NEW YORK Elections – 2023

MEMBER PROXY FORM

NAWAKWA OUTDOOR ASSOCIATION OF NEW YORK, INC.

There are four ways you can vote:

1. By printing, completing, and mailing this form to the Nawakwa Outdoor Association of New York, Inc. address noted below (to be received at the PO Box no later than 10/13/23).

Mailing Address:

Nawakwa Outdoor Association of New York, Inc.
Peter Stuyvesant Post Office Station
PO Box 327
New York, NY 10009-9998

2. By printing, completing, scanning, and e-mailing this form to: evemancuso@gmail.com (no later than 10/14/23 at Noon)
3. By filling out and submitting the Proxy form on our website
4. By voting in-person at Camp Nawakwa on October 14, 2023. Voting will take place from 11AM to 1PM.

All USPS mail-in Proxy Forms must be received no later than Friday, October 13, 2023, so they can be picked up from the Post Office, delivered to Camp, and available to be counted.

Website and scan/email proxies may be submitted until 12 noon on Saturday, October 14, 2023. All proxies received by the deadline, whether sent by USPS, website or scan/e-mail, will be counted.

Tallying will take place at Camp Nawakwa and commence at 1 pm on Saturday, October 14, 2023. After the accuracy and validity of all in-person votes are certified by the Tallying Committee, the Secretary will vote the proxy votes, and the results of the election will be announced. As per our Bylaws, we will post the election results on our website. The results will also be published in the next Trail Marker.

By sending back this Proxy Form, the undersigned member of the Nawakwa Outdoor Association of New York, Inc. is hereby authorizing, Eve Mancuso, the Secretary of the Corporation, to act as his or her proxy to cast your vote for the following slate of officers and directors for 2023 and to cast your vote for the revised Bylaws and the updating of the Certificate of Incorporation.

Signature: _____

Print Name: _____

Note: Per the Bylaws, a signature is required on this Proxy Form. To preserve voter anonymity, this page will be separated from the next page before the votes are counted.

1. **Ballot** Please check or circle the name of the person for whom you wish to vote.

Vice-Chair - (Two-Year Term) (VOTE FOR ONE)

- 1. TERI GABEL
- 2. (Write -in) _____

Secretary (Two – Year Term) (VOTE FOR ONE):

- 1. EVE MANCUSO
- 2. (Write – In) _____

Director (Two – Year Term) (VOTE FOR THREE):

- 1. MARTY MCDONALD
- 2. INGRID STRAUCH
- 3. EDIE BLUM
- 4. (Write – In) _____
- 5. (Write – In) _____
- 6. (Write – In) _____

2. **Bylaws** -To vote for the Nawakwa Outdoor Association of New York, Inc. Bylaws, as revised in 2023, please check yes or no below.

- Yes – I approve of the changes to the Bylaws.
- No – I do not approve of the changes to the Bylaws.

3. **Certificate of Incorporation** -To approve updating the Certificate of Incorporation to be in conformance with the Objectives of NOANY, Inc. as described in the Bylaws, please check yes or no below.

- Yes – I approve of the changes to the Certificate of Incorporation.
- No – I do not approve of the changes to the Certificate of Incorporation.

Meet the Candidates

For Vice-Chair - Teri Gabel



“Greetings, Nawakwans! I'm excited to embark on my third term as a member of the Board of Directors. As we journey forward, my goal is to foster a strong, inclusive, and outdoor-centered community. The past four years on the Board, coupled with my extensive involvement in previous years, have garnered a wealth of experience to contribute to our upcoming adventures and endeavors.

From sharing stories around the campfire to tackling unforeseen challenges, I've seen firsthand the power of our collective efforts. We are a resilient club that thrives on the beauty of the outdoors and the bonds we forge. I'm committed to collaborating with members to ensure that NOANY and Camp Nawakwa remain experiences of camaraderie, growth, and lasting memories.

I'm excited for the journey ahead and grateful for the opportunity to serve our extraordinary community once again. Here's to the memories we've made and those yet to come! Yours in adventure, Teri Gabel.”

For Secretary – Eve Mancuso



“Hello Nawakwans! It never ceases to amaze me how time flies by so quickly, and another election is upon us. It has been 9 years since I first became a Member. The events of the last few years: first the separation from ADK, followed by our transitional year, and this year solidifying the “re-birth” of a strong and vibrant Nawakwa Outdoor Association of New York Inc. have all strengthened my appreciation and dedication to Camp Nawakwa. I truly enjoy all the camp has to offer: Hiking, kayaking and simply enjoying the peaceful serenity of Lake Sebago and Harriman State Park.

What is especially important are the members that make up the Nawakwan “family” and the camaraderie shared. While engaging in activities or participating in the Saturday evening dinner festivities, one is sure to find friends - both long time and new, and interesting conversation to engage in.

As your secretary, I strive to represent the club by addressing Board matters with sound thinking and an organized, reasonable, and fair approach. Open dialog and communication are of primary importance in maintaining and growing this wonderful club. Thank you all for your continued support.”

Eve Mancuso

For Director – Marty McDonald

"I'm pleased to run for re-election to the Board of Directors. I've been participating for four years as a Director and have served as the noany.org webmaster since 2020. I joined NOANY about 10 years ago, and my wife Karen became a member soon thereafter.

Sharing the outdoors and the company of like-minded people helps make Nawakwa the special place it is, and I will continue to advocate for what's best for our group. I offer my work experience as a project manager and my background in governance, teamwork, and general business management to you.

I look forward to continuing to work on and coordinate initiatives and look forward to investing my time to help the Board make important decisions for the future of Camp Nawakwa. I bring a passion for the community Nawakwa has established, and I want to do my part to help it thrive and grow while continuing to respect our common values."

- Marty McDonald



For Director – Ingrid Strauch



I have been a Nawakwa member for more than a dozen years now, and at the end of this year, I will have served three terms (not all consecutive) as a director of the board. I am also a member of the Hiking Committee.

As a director of the board, my main task is to look out for the interests of Nawakwa keyholders. This includes weighing in on how we spend our funds as well as voting on any other actions the board proposes that affect the running of camp or its facilities.

My priorities as a board member are to keep Camp Nawakwa safe, by investing in our infrastructure, for example, and to enact policies that encourage social connection and healthy, outdoor recreation for all who are members of or who visit our camp. I would also like to encourage volunteerism among our members, as well as eco-friendly practices such as composting.

-Ingrid Strauch

For Director – Edie Blum



“Greetings, Keyholders! I discovered Camp Nawakwa on one of my numerous hikes with my spouse through Harriman State Park. Being foodies as well, NOANY seemed like the perfect fit for us. I enjoy the camaraderie shared amongst NOANY friends, hosting and cooking, and helping on various committees.

I would like to see NOANY grow and thrive. I helped revise the Hosting guidelines and volunteered to serve as Activities Chair, incorporating new events in which Keyholders or Applicants can actively participate, like the recent painting class. Adding active, skill-based events might help our organization attract new members and engage longtime Keyholders.

The collective experience of all board members and chairs is one of our valuable assets, and if I have the opportunity to serve, I will take the time to listen, and learn from them. Thank you for your consideration.” - Edie Blum



Centennial Celebration

September 23, 2023

Remarks on the 100th Anniversary
of the founding of the New York Chapter, Inc.
(now the Nawakwa Outdoor Association of New York, Inc.)
Raymond Kozma, Board Chair
September 23, 2023

On July 4, 1826, the country was celebrating the Fiftieth Anniversary of the Declaration of Independence. That same day, July 4, 1826, both Thomas Jefferson, at the age of 83, and John Adams, at the age of 90, lay dying and would expire that day. Jefferson and Adams had been estranged from one another since 1801. But beginning in 1812, they reconciled and renewed their friendship and began a correspondence that lasted the rest of their lives. As they reflected together through their correspondences on the years of the revolution and of the establishment of a government, and as they heard the bells ringing out on that July 4th, they could celebrate, with some amazement and pride, that the union had not only survived but was solidly set to continue to grow.

We gathered here today to celebrate the one-hundredth anniversary of our founding back in 1923 as the New York Chapter of the Adirondack Mountain club. We too can look back, with amazement and admiration, that we have lasted so long, and we can appreciate the work of that first generation of members who laid the foundation that has enabled us to endure for one hundred years. For the on-going success of a country or an organization, two essential elements are needed: a well-developed organizational structure written into constitutions, bylaws, and policies, and a high caliber of men and women dedicated to upholding the goals and ideals written into the founding documents.

As it was true for the establishment and on-going success of the United States, so it true for us. And of the two elements, the more important one is the quality and enthusiasm of the individual men and women who make up the membership. Documents can be amended when needed, but it is the on-going energy and deeds of the members in their dedication to upholding the organizing ideals that is essential to long-term growth and vitality of the group. And this is something that we also celebrate today. George H. R. Meade, who took over the Chairmanship from Raymond Torrey in 1923, in a letter to the members after he made the first Chapter report to the Annual Meeting of ADK, stated:

"The Chapter has undoubtedly become a great success, and I gratefully repeat what I said in the report, now over two months ago, that it is because of the splendid spirit of each Chapter member that the Chapter stands in the forefront among its local contemporaries."

The hallmark for us as a club, now and as it has been for a hundred years, has been the cooperation and teamwork, the goodwill, respect, friendship, and camaraderie shared among all our members. We salute those of the past who have helped us become what we are today; and we re-dedicated ourselves to continuing that 'splendid spirit' of our members, all of us brought together by a love of nature and the outdoors and dedicated to their protection and enjoyment by everyone.

-Raymond M. Kozma, NOANY Board Chair
September 23, 2023

Some Pictures from our Centennial Celebration September 23, 2023

(Photos taken by Susanne Flower and Daphne Prior)



Our flags for the day (with Jerry Flower)



Dave and Jess, our hosts



Marilyn and Ari Wegh,
Eve Mancuso, June Fait



Ari Wegh, Mary Hilley, Rosanna Romagnano, Ed O'Donnell helping in the kitchen



Lewis Ports



Eve Mancuso



Bill and Carol Burns, Herb Cole



Ray Kozma with his brother, John

Coming Weekends at Camp Nawakwa

Notes on Hosting

Updates to this hosting schedule will be provided in the weekly hosting emails sent out by the Hosting Committee.

To host a weekend or midweek, contact Hosting Committee:

Co-chair: Maryann Poris maporis@aol.com.

Co-chair: Mary Hilley hilley66@gmail.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117 maporis@aol.com

There is a limit of one host plus one co-host per weekend or midweek

Hosted Weekend: October 7-8th: Hint of Fall Weekend - Hosted by Ingrid Strauch

Note: There will be an Orientation on Saturday, October 7, 2023, at 12 noon.

Enjoy vegetarian home cooking with a menu featuring spicy white bean stew, cornbread, assorted other sides, and dessert. BYOB. Breakfast and bag lunches will be available for those staying overnight.

To register, email host Ingrid Strauch at Ingrid-hiking@noany.org by Thursday, October 5, at 9 p.m., and please specify which meals you would like.

There will be a special Presentation after dinner on October 7th.

The movie "Te Ata" will be shown. This is the true story of Mary Thompson Fisher, a woman who traversed cultural barriers to become one of the greatest Native American performers of all time. Learn why and how one of the lakes in Harriman State Park got to be named after her.

Annual Meeting and Elections – October 14, 2023, with in-person voting at Camp Nawakwa

October 21-22 - Camp Closing & Wood Day

"All Hands On Deck" for our Annual Wood Day and camp closing weekend. We have a large tree to cut up and much wood to split along with the regular camp closing tasks.

A Nutritious, tasty complementary lunch for all volunteers.

Menu: Vegetable broth (No sodium) with veggies, or chicken broth (no sodium) with veggies, brown rice Sandwiches, organic turkey and Swiss cheese, (Vegetarians: extra cheese) with organic lettuce and tomatoes, fruit, granola bars, coffee, tea, water.

Please register by Thursday 10:00 a.m. Oct. 19th.

Lunch Host: Janet Sibarium

janet.sibarium@icloud.com

or text: 917-318-3361 or leave voicemail

Hikes and Outings Committee

Hikes and Outings Chairperson: Glen Nison 718-625-2182 gnisonbike@juno.com

For listings of hikes not led by members of NOANY, (and not necessarily qualifying) try the following link: <http://www.nynjtc.org/content/member-clubs>

Interested in becoming a hike leader? Please send your name, email, and phone number to Glen expressing your interest in becoming a hike leader for NOANY.

Saturday, November 18th, 10:00 a.m. to 3:00 p.m.

TRAIL MAINTENANCE WORKSHOP

Pick-up at the Ramapo RR Station possible. Cooler days are a fine time for trail work! Come and see if you might like this kind of outdoor work? First we'll look at some basic principles that guide trail maintainers' work. Then we will hike to a nearby trail that needs our attention to get some hands-on experience, we'll take a lunch break, then work a little more.

Required for the workday: real boots, long pants, long sleeved shirt, hat, jacket, layers for warmth/weather. A day pack, 2 quarts water, a packed lunch, glasses or work safety glasses, work gloves (camp can provide gloves, safety glasses and work tools).

RSVP by 11/14/23

Contacts: Andy Frank agfrank1@aol.com and Mary James maryelizjames@gmail.com.

For 100 years our members have cared for trails around Nawakwa! Trail work can be a nice way to "give back" in appreciation for our beautiful public parklands at Harriman and beyond.

November 25-26th, 2023 – Overnight Backpack to Big Hill Shelter

Approximately 9 – 10 miles (round-trip). Moderately paced; short, steep section over Conklin Mountain and ups and downs over Breakneck Mountain.

Elevation gain about 550 feet.

Post-Thanksgiving Day exercise after the feast! This backpack adventure starts from the Boat Launch area of Lake Sebago. We will take a variety of trails to hike over to the shelter area at Big Hill. Participants should be self-contained, with sturdy footwear, tent, sleeping bag and pad, food, stove, snacks, raingear, and water (Traction devices are recommended in the event of ice or snow). Please call leader if there are any questions about equipment, packing, etc.

Meet at the parking area at 9:30AM. Qualifying (about 9-10 miles).

Leader: Ray Kozma Please register with leader by Wednesday, November22, 2023.

Contact at: raymondkozma@gmail.com or 917-406-3782.

Please check the website for updated listings of hikes: NOANY.org

Activities Committee Updates

Edie Blum, Chair ediegreen17@gmail.com

Recap of the Year

As another summery high season transitions into cooler weather, we thank all the Keyholders who attended the various activities, as well as the providers and weekend hosts.

- On July 8th, 2023, MaryLynne Malone, Educator - Palisades Interstate Park Commission Regional Museums Division, provided a lecture entitled *Camping with Bears*. According to the host, Ingrid Strauch, those in attendance were engaged with the subject matter.
- On August 12th, following Janet Sibarium and Ray Kozma's dinner, and in honor of Camp Nawakwa's 100th Anniversary, Ellen King and Ray Kozma provided a historical presentation on everything *Nawakwa*.
- One activity that was brought back after a few years in hibernation was the Sing-Along. On August 19th, following the dinner by Marilyn and Ari Wegh, Ray Kozma guided Nawakwans in an old-fashioned sing along with his guitar. (Earlier that day, our Camp Chair Dave Hayes had organized a work day.)
- On August 26th, following the hosted dinner by Ski (also known as Zhihong) and Peter Cohn, the Recreation and Historic Preservation department of Bear Mountain State Park provided an illuminating live animal presentation with a collection of turtles (*see the photos below, taken by Lilly Negron*).
- On Sunday, September 3rd, Lewis Ports and Rosanna Romagnano organized the return of the Annual Nawakwa Labor Day Picnic, which was the perfect opportunity to relax and reunite at the end of summer with fellow Nawakwans and enjoy a delicious picnic buffet outdoors.

If you have a programming idea to suggest for next summer, please email it to ediegreen17@gmail.com. The committee is interested in hearing what our members would like. If you love Nawakwa and the outdoors, and would like to give back, please consider joining the Activities Committee. A co-chair is needed, the primary duties of whom will be taking photos for the website or Trail Marker during an activity (but only if you happen to be there), greeting the Presenter when they arrive, or if desired, planning a new event that you thought of.

October 7th - There will be an after-dinner film presentation on "Te Ata." Born in Indian Territory and raised on the songs of her Chickasaw tribe, Te Ata became a famed storyteller, performing even in the White House for President Franklin Roosevelt. Find out how a lake in Harriman State Park became named for her.



Camp Committee News

Dave Hayes, Camp Chair camp@noany.org

Note: Camping on the ground tenting site above platform 1 is suspended until the park takes down the damaged tree that is in danger of falling.

October 21st - Camp Closing & Wood Day

"All Hands On Deck" for our Annual Wood Day and camp closing weekend. We have a large tree to cut up and much wood to split along with the regular camp closing tasks. Complementary lunch for all volunteers. **See full description and registration information on page 13.**

Environmental Education Committee

Martin Kellerman, Chair mmkellerman@gmail.com

We just forwarded an email from Food & Water Watch to NYS Governor Hochul re: disposing of radioactive waste from the Indian Point Nuclear Power Plant. Holtec, the company hired to decommission the reactors and dispose of the waste, originally was going to dump it in the Hudson River. Our Committee, along with many others, rejected this idea and wrote to Gov Hochul so stating in April. In August, Gov Hochul agreed with us and put a halt to the dumping idea.

Now Holtec wants to either ship it somewhere else or vaporize it, making it airborne. Our email supports rejecting these options and instead urge that the waste stays on-site, terrible as that "solution" is, until a better option is available.

For information about Food and Water Watch, see their website: foodandwaterwatch.org

- Martin Kellerman, Chair

On Composting at Nawakwa

I invite all Nawakwans to take an active role in diverting more of our organic kitchen waste to compost, rather than throwing it in the regular trash.

As some of you may be aware, the anaerobic decomposition of organic materials in landfills produces methane, a greenhouse gas with global warming potential approximately 85 times higher than carbon dioxide over a 20-year time period. (<https://calrecycle.ca.gov/climate/organics/>) In other words, by throwing vegetable and fruit peels, cores, stems, seeds, etc., into the trash at Camp Nawakwa, rather than composting them, we're contributing to global warming.

What's Involved in Composting at Camp?

How difficult would it be for us to compost our organic waste? On a couple of camp weekends this past spring and summer, I took it upon myself to collect fruit and vegetable parts that would normally be thrown in the trash during meal preparations. I found it worked best to place a (used) plastic bag in a bowl on the food prep table and simply put all of the waste into the bag. I put the bag and bowl in the refrigerator overnight and pulled it out in time for breakfast prep Sunday morning. When I left camp on Sunday, I tied up the bag and carried it out in my backpack. It really wasn't that onerous. While I'm not about to carry out a pack load of corncobs and watermelon rinds, anyone who drives in could surely handle such heavier loads in their car.

Where Does the Compost Go From There?

Many New York City residents already have curbside composting available to them, so compost from camp can be put directly into the brown bins supplied by the city. If curbside composting isn't available, compost is still collected at many greenmarkets throughout the city. A little internet research shows that Rockland and Orange Counties will sell residents a home composting bin at cost, and Orange County additionally has some greenmarkets that accept compost. The state of Connecticut, similarly, encourages backyard composting but has a few drop-sites. New Jersey appears to have a mix of curbside composting and drop-off sites: <https://www.litterless.com/where-to-compost/new-jersey>

How Can You Get Involved?

If any other Nawakwans would like to join me in this effort, I suggest you do what I did: Set up a collection station in the kitchen and let the host and anyone doing food prep know that you would like to collect the compost for the weekend (or just for that meal). Then do it. (Just don't forget to remove it from camp as you leave!)

I'm not looking to make this another weekend host obligation. I also understand that not everyone has a place to easily take compost to. But if you would like to join me in diverting at least some of our organic waste from landfill, I encourage you to do so.

Sincerely,
Ingrid Strauch

Welcome to Our New Keyholders

New Keyholders

Marta Bautis
Evan Rothfarb
Devorah Kessler Rothfarb
Kathy McGuire
Amanda Panzer
Brian Panzer
Michael Panzer

Sponsors

Teri Gabel, Eve Mancuso
Maryann Poris, Mary Hilley
Maryann Poris, Mary Hilley
Maryann Poris, Mary Hilley
Angela Panzer, Bernard Panzer
Angela Panzer, Bernard Panzer
Angela Panzer, Bernard Panzer

Welcome to Our New Applicants

"Since the Bylaws give the care, responsibility, and privilege of running and maintaining Camp Nawakwa exclusively to the keyholder members (who are also called Nawakwans), it is desirable and necessary that new keyholder members be recruited on a regular basis. We recruit potential Nawakwans by attracting and inviting like-minded, outdoor-oriented, adults (18 years and older) to become applicants for keyholder status. After completing the required activities, such new keyholders, will take their place in the long line of custodians of Camp Nawakwa and its traditions." [from Policy on Sponsor-Applicants]

New Applicants

Denis Jordan
Jung Peng