

The Trail Marker

August-September Issue 2024

Published by the *Nawakwa Outdoor Association of New York, Inc.*
Peter Stuyvesant Post Office Station P.O. Box 327, New York, NY 10009-9998
Camp Nawakwa on Lake Sebago (SB-3), 845-351-4135
www.noany.org

View From the Chair

Traveling the Open Road

Crisis – an unstable or crucial time or state of affairs in which a decisive change is impending
– Merriam-Webster

We are heirs to some very auspicious outcomes resulting from several “crises” over the past 100-plus years.

“When the Palisade cliffs were being dynamited into oblivion for profit and paving stones in the 1890’s, the outraged New Jersey Federation of Women’s Clubs led the fight to save the spectacular cliffs. In 1900, they won the battle.

“Ten years later, when New York State began building a temporary stockade for Sing Sing prison at Bear Mountain, the public reacted with anger and Mary Harriman, widow of railroad magnate E.H. Harriman, offered to donate 10,000 acres of her private Hudson Highlands estate as a park, if New York State would move it’s prison elsewhere. In 1910, the town of Ossining got the prison and New Yorkers got Bear Mountain/Harriman State Parks.

“When Major Welch became general manager of the new parks, he found himself master of a forest fire-scarred landscape of second and third growth forest with almost no recreational amenities. To open up the lands to the public, he turned to the New York Walking clubs, the “trampers” who had discovered the joys of these mountains long before the region became a park.” [Note: Excerpts taken from the publication *Reflections: 100 years of the New York-New Jersey Trail Conference*]

The resolution of these ‘crises’ depended on the active involvement of many individuals and groups and resulted in the formal creation of organizations that would carry on the work: The Palisades Interstate Park Commission (PIPC), the New York-New Jersey Trail Conference (NYNJTC), the

establishment of hiking clubs like our own NOANY, and later the Appalachian Trail Conservancy (ATC).

All these thoughts crossed my mind because of our own recent ‘crisis’ when a tornado-like wind storm tore through our area of Harriman, forcing the closure of our camp road and causing serious damage to the ACA camp (fortunately Camp Nawakwa was spared any significant damage).

Once again, faced with a crisis, individuals and organizations responded with swiftness and expertise: our Harriman Park authorities who organized a prompt and efficient clean up and restoration of electrical services; the Trail Conference with their Sawyers (including our own Noel Shultz) who walked the trails and cleared the many blowdowns; our own Trail Maintainers who were out checking the conditions and safety of the trails we maintain; those members who promptly went to camp, as soon as it was safe, to assess damage and do any needed clean-up and maintenance; and the many members who quickly returned to hosting our weekends.

On August 14th we will hold our Open Board Meeting (see details on page 3) and on October 19th we will hold our Annual Meeting and Elections [see details beginning on page 16, including pictures and bios of the candidates]. Both events are reminders of how fortunate we are to be part of an active organization that has lasted over one-hundred years and to have members who carry on the tradition of active engagement in environmental concerns, who find enjoyment in the woods, and who manifest the mutual cooperation and respect that foster the teamwork and camaraderie we enjoy.

-Ray Kozma, NOANY Chair

Nawakwa Outdoor Association of New York, Inc.

Board of Directors and Committees

Board Chair: Raymond Kozma

raymondkozma@gmail.com

Vice-Chair: Teri Gabel blaugabels@msn.com

Secretary: Eve Mancuso

evemancuso@gmail.com

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Director: Carol Burns carol_kb@yahoo.com

Director: Alex Wilkie afwilkie204@gmail.com

Director: Susanne Flower

susanneflower@gmail.com

Director: Dave Hayes camp@noany.org

Membership Committee:

Co-Chair: Jerry Flower

jerry.flower@verizon.net

Co-Chair:

Janet Sibarium janet.sibarium@icloud.com

Host Committee:

Co-chair: Maryann Poris maporis@aol.com

Co-chair: Mary Hilley hilley66@gmail.com

Commissary: Maryann Poris maporis@aol.com

Newsletter Editor:

Raymond Kozma TrailMarker@noany.org

Activities Committee:

Chair: Edie Blum ediegreen17@gmail.com

Camp Committee:

Chair: Dave Hayes camp@noany.org

Hikes and Outings Committee:

Co-Chair: Lewis Ports ports.lewis@gmail.com

Co-Chair: Ingrid Strauch

ingrid-hiking@noany.org

Trails Committee:

Co-Chair: Mary James

maryelizjames@gmail.com

Co-Chair: Andy Frank agfrank1@aol.com

Park Liaison: Raymond Kozma

raymondkozma@gmail.com

Conservation Committee:

Chair: Kate Walker katecwalker@gmail.com

Environmental Education Committee

Chair: Marty Kellerman

mmkellerman@gmail.com

Archives Committee:

Chair: Ellen King ellen_king13@msn.com

Webmaster:

Marty McDonald martymcd@me.com

Problems Receiving the Trail Marker? Please let our Secretary, Eve Mancuso, know of any problems. Contact Eve at evemancuso@gmail.com **Change of address:** Please contact Jerry Flower, our Membership Chair, at jerry.flower@verizon.net to notify us of any address changes.

Notice: Members occasionally receive email notifications about hosted weekends, hikes, and related Camp events. These notifications are only to be sent by the Secretary, by the Hosting Committee, or by the Website Editor.

Follow us on **Instagram!** [nawakwa_outdoor_association_ny](https://www.instagram.com/nawakwa_outdoor_association_ny)
[Account managed by Jess Scirbona (jscirbona@gmail.com)]

Get updates on Nawakwa happenings on **Twitter!**
Go to <https://twitter.com/NawakwaOutdoor>

Deadline for submissions to the next edition of the Trail Marker (October-November-December 2024) is August 21, 2024. Please send to Raymond Kozma TrailMarker@noany.org

SPECIAL MEETING NOTICE

Open Board Meeting

August 14, 2024

Our yearly Open Board Meeting for all NOANY members will be held on Wednesday August 14, 2024, at 7PM. As we have done in recent years, the Open Board Meeting will take place via Zoom. Susanne Flower, Board Director, will set the meeting up and Eve Mancuso, Board Secretary, will send out an e-mail to all members and applicants with the information needed to login.

Participants may ask questions/make comments in three ways:

1. Via the Zoom Chat function during the meeting
2. E-mail questions directly to Susanne Flower (susanneflower@gmail.com)
3. Send written questions via USPS mail to:

Nawakwa Outdoor Association of New York, Inc.
Peter Stuyvesant Post Office Station
P. O. Box 327
New York, NY 10009-9998

Methods 2 and 3 should be completed should be completed by Tuesday, August 13th prior to the open meeting to give Susanne Flower the opportunity to gather all of the questions/comments. The questions will be read by the Zoom Host and answered by the appropriate Board member.

The yearly gathering of our members provides an opportunity for all to receive updates on the status of the club, the workings of the Board and all committees, and current projects in development. While there will be no voting at the meeting, important business matters will be addressed. The questions and answers, comments and suggestions, and the general discussion of topics among those participating in these yearly meetings have always been helpful in considering future plans and action.

- NOANY Board of Directors



Meeting Schedule of NOANY Board of Directors for the remainder of 2024:

All regular Board meetings are held by Zoom, usually on the second Wednesday of the month, starting at 7PM unless otherwise noted.

August 14, 2024 - Open Board Meeting (Members will be sent the Zoom link for this meeting)

September 11, 2024

October 19, 2024 - ANNUAL MEETING and ELECTIONS

November 13, 2024

December 11, 2024

Nawakwa Centennial Committee

The Board has established a temporary committee to research ideas for the 100th anniversary of Camp Nawakwa in 2026. If any member has suggestions or ideas for this centennial celebration, please forward them to our Secretary, Eve Mancuso, at evemancuso@gmail.com. Thank you!

Annual Nawakwa Passport

The Annual Passport available to Keyholders covers the Day and Overnight Fees for all visits to camp for the calendar year. [Reminder: If a Passport holder brings spouse, children, other family members or guests to camp, these others must pay the appropriate Camp Fees, as usual.] The cost for the 2024 individual Keyholder Passport, which is non-transferable, is \$150. The Annual Nawakwa Passport may be obtained two ways:

1. Payments can be sent electronically via Zelle® to rocheleau3@gmail.com noting "Passport 2024"
2. To pay by check, please make check payable to "NOANY" and add "Passport 2024" in the memo line. Please send your check to:

Treasurer, NOANY
Peter Stuyvesant Post Office
PO Box 327
New York, N.Y. 10009-9998

Camp Committee News

Dave Hayes, Chair

In August, the large masses of berries, which, when in flower, had attracted many wild bees, gradually assumed their bright velvety crimson hue, and by their weight again bent down and broke their tender limbs. - Henry David Thoreau

On my last visit to camp I was struck with the thought, as I often am while at camp, of how lucky we all are to share this space. Mowing the paths, surrounded by fresh blueberries to snack on when a short break is needed, makes even tougher tasks pleasurable.

Camp in its constant state of flux is always a work in progress. But we make progress, and this year, very much has been accomplished by our crew of volunteers. Everyone's time and contributions make camp the special place it is and that will hopefully continue for our next workday, Saturday, August 24th. We will be focusing on painting some of our outdoor structures, storage boxes, and picnic tables. There will also be some light "Yard Work" of mowing and trimming along with indoor dusting and sweeping in the lodge and cabins. We welcome everyone's help and with a good crew we may finish early and get to enjoy some swimming in the afternoon!

Please RSVP to cingularsales@gmail.com or camp@noany.org

A few other quick notes:

1. **Our closing work weekend will be Sat Oct 12th**, (we will have running water!)
2. **Our Wood Day will be October 26th** (we will not have running water!)
3. **The docks are being worked on!** Hopefully as this reaches you the work will have been completed with new boards in many places, new floats in others, and at least a few more years of life breathed into our old structures.

I look forward to seeing you all at camp and truly hope everyone is getting to enjoy their summer!

If you have interest in a more active role at camp, the camp committee is always looking for people to share the wealth of responsibilities that we have. Please contact camp@noany.org for more info or to join us for a meeting or a workday.

Dave Hayes,
Camp Chair

Coming Weekends at Camp Nawakwa

Notes on Hosting

Updates to this hosting schedule will be provided in the weekly hosting emails sent out by the Hosting Committee. To host a weekend or midweek, contact Hosting Committee:

Co-chair: Maryann Poris maporis@aol.com.

Co-chair: Mary Hilley hilley66@gmail.com

Commissary Concerns?

Call or email Maryann Poris (973) 731-7117 maporis@aol.com

There is a limit of one host plus one co-host per weekend or midweek

Hosted Weekend: Taco Saturday!

August 3 @ 2:00 pm - August 4 @ 2:00 pm 2024

Join us for a relaxing height of summer weekend with fusion vegetarian tacos and rice and beans with fresh fruit and dessert and a simple breakfast. Refreshments served but BYOB!

Please register by Thursday, August 1, 4pm. Indicate if you'd like dinner only or dinner and breakfast. Please also let me know if you're a keyholder or applicant and are bringing any guests. Pls email host Laura Zan at zanicca@gmail.com

Hosted Weekend: Midsummer Bounty

August 10 @ 12:00 pm - August 11 @ 1:00 pm 2024

Deirdre Tourin host & Ellen Sackstein, cohost will serve a refreshing three salad Saturday dinner, plus sides, desert fruit pie. Special treats during Happy Hour. Write your preferred protein dish when registering (salmon, chicken or tofu).

Hosts are shopping on Thurs/Friday, so please register by **WEDNESDAY, August 7th by 10:00 pm** to dtouring6@icloud.com AND Ellen.Sackstein@gmail.com

Directions: Write your phone #; protein choice & which of 3 meals you want; Member or applicant; Dietary issues? Travel issues? Members, applicants, member's guests & family welcome!

Hosted Weekend: Labor Day Weekend

August 31st @ 2:00 pm - September 1st @ 12:00 pm (Three days)

Note: There will be 6 meals offered this weekend, including the Fall BBQ on Sunday afternoon.

These two meals will be Italian themed.

1. **Saturday, August 31st Dinner**– Happy Hour and then seasonal Vegetable Pesto Cavatelli or Seafood Squid Ink Spaghetti for the main course. Homemade Tiramisu for dessert!
2. **Sunday September 1st Breakfast**-Vegetarian Tuscan Farmer's Breakfast (Cannelini, Poached Eggs and Gremolata), Toasted Brioche and Italian Breakfast Sausage.

Fall BBQ-Sunday September 1st at 1 p.m.

This was one of the largest gatherings last year, so come early to see familiar faces and meet newcomers.

On the Grill: Cedar-Plank Salmon with a Maple Sugar Rub, skewered Picanha Beef with Chimichurri, marinated Portobellos, Elote Corn on the Cob. Watermelon Crudo, Heirloom Tomato Salad, Red Sangria. Skillet Strawberry Shortcake and Chocolate Chip Cookies for dessert!

This event (BBQ-Sunday/9/1/24) will be \$25 per person.

These three meals will be Tex-Mex themed.

1. **Sunday, September 1st Dinner**—served all at one time; Chips and Dip, Jicama Slaw, Al Pastor Pork or Chickpea Tacos, Margaritas, Churros with Chocolate Dipping Sauce for dessert!
Note: If the ACA Camp opens this year and holds their Annual Square Dance on Sunday evening, an earlier light dinner is offered so Nawakwans can participate. It's a short walk down the road to the ACA Camp.
2. **Monday, September 2nd Breakfast**—Vegetarian Frittata, Root Vegetable Hash and Chorizo Sausage
3. **Trail Lunch** -Black Bean, Cheese and Chicken Wrap

Co-Hosted by Lewis Ports and Eve Mancuso

To register, please contact Eve at (914) 924-3832 or email; evemancuso@gmail.com

Please specify which meal/s you are registering for, any dietary restrictions and if you can offer a ride (and where from). Registration Deadline is Tuesday, August 27th.

Hosted Weekend: Oktoberfest!

September 14 @ 12:00 pm - September 15 @ 5:00 pm

The best party in Harriman State Park returns for the third year in a row!

Join hosts Oliver and Dave for an all-German themed weekend of festivities. Dirndl's and Lederhosen are not required but highly recommended! We will be featuring our famous soft pretzels with obatzda cheese dip and bratwurst / veggie brats along with fine German beverages and salads for an extended happy hour starting at approximately 2:00 p.m. on Saturday. There will be more snacks throughout the evening including rotisserie chicken and roasted vegetables along with red cabbage.

Breakfast will be an egg and vegetable hash with any extra brats and an array of sliced cold cuts. The remaining cold cuts will be available to make a trail lunch for anyone that may wish to.

More details will be posted to the website as the date approaches.

RSVP to cingularsales@gmail.com or oliverjlunt@gmail.com by 9/11/24. Please remember to indicate if you are a vegetarian or a meat eater and if you will be staying overnight when you RSVP.

Hosted Weekend: NOANY Fall Hiking Weekend

September 21 @ 8:00 am - September 22 @ 5:00 pm

Join us for a full weekend of hiking at Camp Nawakwa. Our Hike Leaders will be offering numerous hikes of various levels on both days. Details for these hikes begin on page 9.

The Hike Leaders assembled for the weekend will be cooking for everyone at Camp on Saturday night. It will be simple camping fare; grilled burgers and veggie burgers, roasted sweet potato wedges, a big vegan salad and fruit pies for dessert. Ray Kozma, Board Chair and member of the Hiking Committee will give a presentation on the history of Harriman trails after dinner Saturday night.

A hearty breakfast and trail lunch will be offered for the second day of hiking on Sunday.

Please register for meals with Host, Lewis Ports by Thursday September 19th. Cell: (646) 339-1316 Email: ports.lewis@gmail.com

Please specify which meals and any dietary restrictions, and if you can offer a ride to other participants from NYC.

Please see below in “[Hikes and Outings](#)” for a listing of all the hikes being offered on this weekend and for information on how to register for the hikes.

[Note: On September 28th there will be an Orientation Workshop held at 12 noon at Camp. If attending, please register with Ray Kozma at 917-406-3782 or raymondkozma@gmail.com]

Hikes and Outings Committee

Co-Chair: Lewis Ports ports.lewis@gmail.com

Co-Chair: Ingrid Strauch ingrid-hiking@noany.org

For listings of hikes not led by members of NOANY, (and not necessarily qualifying) try the following link:

<http://www.nynjtc.org/content/member-clubs>

Interested in becoming a hike leader? Please send your name, email, and phone number to Lewis or Ingrid expressing your interest in becoming a hike leader for NOANY.

Thank you, Glen!

Glen Nison, who became a Keyholder member in 1979, has retired from his position as Chair of the Hikes and Outings Committee, handing over his duties to Lewis Ports and Ingrid Strauch who now become co-chairs of the committee.

Glen has provided extraordinary service to our club over his forty-five years of membership. In addition to being Chair of the Hikes and Outings Committee for twenty-seven years, he has led many hikes himself, including for many years the annual Palm Sunday hike. Glen also led many winter outings to the Adirondack Loj.

Over his years as a Keyholder, Glen has hosted numerous weekends and shared with many his knowledge and hands-on skills about Camp Nawakwa. His hosting included many winter weekends, notably some cold weekends over the Martin Luther King, Jr. holiday in January. He has even helped run some gear sales to raise some funds for the club.

For many years Glen helped run the Fall barbecue. He generously shared with us his passion for photography. Most recently, Glen helped develop our policies and guidelines for being a Hike Leader and for leading outings. We are deeply appreciative and grateful to Glen for sharing his time, energy, and skills with us so generously. Thank you, Glen!

* * * * *

The Johnstown Trail Loop Hike - Saturday, 8/17/24

Distance: 6.4 miles (qualifying)

Elevation: About 600 feet

A sizzling hot hike for the dog days of August. For the first 3 miles, this is a relatively flat hike along woods roads, then it takes some rocky ups and downs. From the Johnstown Road parking circle, we take the White Bar to Dutch Doctor shelter. After exploring nearby campsites, we head to Claudius Smith's Den for a lunch break, then south on the Blue Disc, where we'll navigate a couple of fun rock passages at the Elbow Brush — hopefully no one gets stuck maneuvering through! At the high point of Dater Mountain, there is a breathtaking view of the Harriman State Park landscape, and then a steep descent down Almost Perpendicular. We'll exit to Johnstown Road via the Blue Disc.

Bring 2+ liters of water, lunch/snack. Sturdy footwear, hat, and sunscreen. Rain cancels. Trail map 118: Southern Harriman Bear Mountain Trails. Meet at the parking area at the end of Johnstown Road, in Sloatsburg, at 9 AM. Qualifying. Please register by Thursday, August 15. Co-lead welcome. Note: Please let the leader know if you can offer rides to hikers coming from New York City.

Leader: Stephanie Lai: sclai2007@yahoo.com.

Trail Marker August – September 2024

Nawakwa Outdoor Association of New York, Inc.

Fall Hikes Weekend at Camp Nawakwa September 21-22, 2024

Join us for a full weekend of hiking!

Our Hike Leaders will be offering numerous hikes of various levels on both days. This is the perfect opportunity to get one or two hikes in on the same weekend, qualifying hikes for Applicants included. If you like hiking and are up for the challenge, this is a weekend not to be missed!

The Hike Leaders assembled for the weekend will be cooking for everyone at Camp on [Saturday night](#). It will be simple camping fare; grilled burgers and veggie burgers, roasted sweet potato wedges, a big vegan salad and fruit pies for dessert. A hearty breakfast and trail lunch will be offered for the second day of hiking on Sunday. [See also the listing for this weekend under [Coming Weekends at Camp Nawakwa](#) on page 6.]

Ray Kozma, Camp Chair and member of the Hiking Committee will give a presentation on the history of Harriman trails after dinner Saturday night.

Please register for meals with Host, Lewis Ports by Thursday September 19th. Cell: [\(646\) 339-1316](tel:6463391316) Email: ports.lewis@gmail.com. Please specify which meals and any dietary restrictions, and if you can offer a ride to other participants from NYC.

To register for this weekend's hikes, please contact the individual Hike Leader/s as listed below.

1. Island Pond Circular

Saturday, September 21, 2024

Distance: 5-6 miles

Elevation gain: Approx. 300 feet

Pace: Moderate

Using a variety of trails and woods roads, we will do a circular hike around Island Pond, with a stop at the famous “Lemon Squeezer” on the Appalachian Trail. The hike will start from the small parking area on Kanawauke Road (formerly Route 106). Due to the small parking area at the trailhead, we will car pool from camp leaving at 9:30.

Qualifying. Bring lunch, water, snacks, rain gear, and wear sturdy hiking shoes. A ride from Sloatsburg or Tuxedo can be arranged for those coming up by way of public transportation.

Leader: Ray Kozma. Telephone: 917-406-3782. Please call to register by Thursday, September 19th.

2. Ramapo Thorne and Russian Bear Loop

Saturday, September 21, 2024

Qualifying: 5 Miles

Elevation gain 1100’

Pace: Slow

Expect all grades of unimproved, natural eroded trails, with two short scrambles up the Torne. Hike is a stretched out loop using several trails. Valley walking under tall tree, ridge walking with chestnut and bear oaks, two expansive views where the turkey vultures fly, lastly, the greatest free standing pillar of the park, the Russian bear.

Bring water, energy food, sunscreen, and bug repellent as you need. Check weather. If weather is iffy at 7am but is forecast to be ok by 9am, I will hike. If chance of showers, hike is on, but bring your rain gear. **Be ready to walk at 9:00 AM; meeting at Reeves Brook Visitor Center.** (You may or may not get a car parking space in the two lots there. Road parking is on the south side, up and down from the center.) Interested Members and their guests please register. NJT from Hoboken arrives Suffern 8:38. When register please advise if you will use NJT. I have room for 3 people.

Leader: Bill Hladky 914. 874. 4640. NCA 10. wehldky@yahoo.com. Please register before 10PM on Thursday, September 19th.

3. Tour of the Nawakwa Neighborhood

Saturday, September 21, 2024

Distance: About 5 miles

Pace: Moderate

Late September is the best time to enjoy the beautiful hills, valleys and lakes near Nawakwa. We will meet at camp at about 10:00 a.m., and visit Lake Skenonto, Black Ash Swamp and other sights along the Yellow Triangle, Victory and Tuxedo-Mount Ivy trails.

Qualifying. Bring a trail lunch, snacks, water, rain gear and wear sturdy footwear. Hiking poles are recommended. Leader: Alex Wilkie.

Please text or call Alex at 856-630-5607 to register by 10 p.m. on Friday, September 20.

4. Tom Jones Shelter – Old Hemlock Hill Road

Sunday, September 22, 2024

Distance: About 7 miles

Elevation gain: Approx. 500 feet

Pace: Moderate

This hike will start at Camp Nawakwa, leaving about 9:30 AM. Following the shore path around Lake Sebago, we will pick up the Triangle Trail and take it over to Lake Skenonto. Following the Victory Trail around Lake Skenonto, we will make our way over to the Tom Jones shelter for our lunch stop. On our return trip, we will use some of the old Hemlock Hill Road that was used by the American Continental troops to go from the Ramapo Valley to Johnstown and points east (it was replaced in 1824 by the Monroe-Haverstraw Turnpike, later renamed Route 106 [Harriman Trails, page 143]). We will follow a woods road back from Lake Skenonto, take a look at the Dutch Doctor Shelter [built in 1935], learn who the Dutch Doctor was, and return to camp.

Qualifying. Bring lunch, water, rain gear, and wear sturdy hiking shoes.

Leader: Ray Kozma. Contact at: raymondkozma@gmail.com or 917-406-3782. Please call to register by Thursday, September 19th.

5. Parker Cabin Mountain via Claudius Smith Den

Sunday, September 22, 2024

Distance: About 6 miles

Elevation gain: 1015 feet

Pace: Faster than usual

Starting at the main cabin at 9 a.m., we will take the unmarked trail at Nawakwa towards the triangle trail. At the intersection with the triangle trail we will make a left towards Dutch Doctor. At Dutch Doctor we'll make another right turn onto the Tuxedo Mount Ivy Trail. After 1.2 miles we'll reach Claudius Smith Den which offers great views and is a good stop to take a short break. From Claudius Smith Den we'll continue northbound on the White Cross Trail. After 2.15 miles we'll reach the junction with the Ramapo Dunderberg Trail. We will make a right turn and continue for 0.25 miles to reach the summit of Parker Cabin Mountain. This is a good spot to have lunch and enjoy views of Lake Sebago.

Following our lunch break we will descend Parker Cabin Mountain using the Triangle Trail, pass Lake Skenonto and after 1.95 miles make a left turn at the intersection with the unmarked trail that takes us back to camp. This hike features several ascents and descents; the pace will be a little faster than usual.

Qualifying. Participants should wear sturdy footwear and bring sunscreen, lunch, snacks, rain gear, and enough water [Hydration Basics: How to Stay Hydrated | REI Expert Advice](#). Hiking poles are recommended but not required.

Leader: Oliver Lunt. Register by EOD Friday, September 20th by emailing to oliverjlunt@gmail.com

Always check the website for updated listings of hikes: NOANY.org

Trails Committee News

Mary James, Co-Chair

Andy Frank, Co-Chair

Ever since there has been the New York-New Jersey Trail Conference (NYNJTC), our club has been involved with them in trail building and trail maintenance. As a matter of fact, our first Chair, Raymond Torrey, was co-founder of the Trail Conference in 1920 and helped build the very first trail in Harriman Park – the Ramapo-Dunderberg.

For more than a hundred years, Keyholder members of Camp Nawakwa have been actively involved in ongoing trail maintenance, ensuring that hikers, present and future, will be able to enjoy the wonderful system of Harriman trails which have been given to us as a gift. Trails we maintain include the RD, the Triangle trail, White Cross, White Bar, the Long Path, TMI, and even a section of the Appalachian National Scenic Trail.

There are opportunities available for NOANY Keyholders to become new trail maintainers and continue the on-going work needed to make sure we have accessible and safe trails. If you are interested in becoming a trail maintainer for this time-honored service, please contact either of our Co-Chairs at the addresses listed below.

Mary James maryelizjames@gmail.com

Andy Frank agfrank1@aol.com

Activities Committee News

Edie Green, Chair

[Photos from the First Nawakwa Crafternoon](#)

Our Crafternoon activity was a great success! Plan your next project because we will definitely be having more crafternoons in the future. You can see photos on our website for the event by clicking the link above.

Upcoming Events

August 17th – Animal Presentation by staff of Harriman Park

August 24 – Camp Maintenance work day

September 1 - Annual Fall BBQ with Lewis Ports and Eve Mancuso

September 14 - Oktoberfest with Dave Hayes and Oliver Lunt

September 21-22 – NOANY Fall Hikes Weekend

September 28th – Orientation (Noon to 3PM) Please contact Ray Kozma (raymondkozma@gmail.com) to register for the workshop.

October 12 – Fall Work Weekend- Closing of Camp Nawakwa

October 19th – Annual Meeting and Elections

October 26 - Wood Day

NOTICE

The Activities Committee announces the purchase of a digital projector for showing media directly from a phone, iPad, or computer onto a large screen. Any member may use it to organize a movie night or show a slideshow of photos from your latest hike or worldwide vacation. The possibilities are endless. Simply decide your activity, pick a date, and let the Activities Committee know via phone-call/text at (917-881-9931) or email: ediegreen17@gmail.com.

- Edie Green, Chair

Conservation Committee News

Kate Walker, Chair

The Conservation Committee makes Spotted Lanternfly traps!

Stalwart members of the Conservation Committee gathered on July 20th at camp to make spotted lanternfly traps.

The traps proved a little trickier to assemble than we expected. But you will now see four of our creations suspended from trees between the main cabin and the waterfront.

The instructions for making the traps are by the Conservation bulletin board, and more materials are available. We will continue to place traps around camp where they seem most needed. PLEASE LEAVE A NOTE ON THE CONSERVATION BOARD IF YOU FIND A TREE IN NEED! And please email Kate Walker if you'd like to be involved in future Conservation Committee activities.



If you'd like to read up on the traps we made, please check out this website:
<https://extension.psu.edu/how-to-build-a-spotted-lanternfly-circle-trap>.

For any questions, please contact Kate Walker at (katewalker@gmail.com)

Leave A Legacy

Nawakwa Outdoor Association of New York, Inc. is the correct designation for any special bequests anyone might wish to include in estate planning. Please note that our club is a 501(c)7 non-profit membership club. As such, we are not able to arrange for tax-deductible gifts.

For more information, please contact: Suzanne Rocheleau, Treasurer at rocheleau3@gmail.com

Environmental Education Committee

Marty Kellerman, Chair

The Environmental Education (EE) Committee takes stands on important environmental issues. We contact politicians, groups, agencies etc. We also try to provide information to our members on environmental topics.

Below are some to links to resources for learning more about various environment concerns.

If you might be interested in becoming a member our Environmental Education Committee, please contact Marty Kellerman at mmkellerman@gmail.com

U.S. Environmental Protection Agency

www.epa.gov

National Institute of Environmental Health Sciences

www.niehs.nih.gov

U.S. Food and Drug Administration

www.fda.gov

Annual Meeting and Elections October 19, 2024

MEMBER PROXY FORM

NAWAKWA OUTDOOR ASSOCIATION OF NEW YORK, INC.

There are four ways you can vote:

1. By printing, completing, and mailing this form to the Nawakwa Outdoor Association of New York, Inc. address noted below (to be received at the PO Box no later than 10/18/24).

Mailing Address:

Nawakwa Outdoor Association of New York, Inc.
Peter Stuyvesant Post Office Station
PO Box 327
New York, NY 10009-9998

2. By printing, completing, scanning, and e-mailing this form to: evemancuso@gmail.com (no later than 10/19/24 at Noon)
3. By filling out and submitting the Proxy form on our website
4. By voting in-person at Camp Nawakwa on October 19, 2024. Voting will take place from 12 noon to 1PM.

All USPS mail-in Proxy Forms must be received no later than Friday, October 18, 2024, so they can be picked up from the Post Office, delivered to Camp, and available to be counted.

Website and scan/email proxies may be submitted until 12 noon on Saturday, October 19, 2024. All proxies received by the deadline, whether sent by USPS, website or scan/e-mail, will be counted.

Tallying will take place at Camp Nawakwa and commence at 1 pm on Saturday, October 19, 2024. After the accuracy and validity of all in-person votes are certified by the Tallying Committee, the Secretary will vote the proxy votes, and the results of the election will be announced. As per our Bylaws, we will post the election results on our website. The results will also be published in the next Trail Marker.

By sending back this Proxy Form, the undersigned member of the Nawakwa Outdoor Association of New York, Inc. is hereby authorizing, Eve Mancuso, the Secretary of the Corporation, to act as his or her proxy to cast your vote for the following slate of officers and directors for 2025.

Signature: _____

Print Name: _____

Note: Per the Bylaws, a signature is required on this Proxy Form. To preserve voter anonymity, this page will be separated from the next page before the votes are counted.

Ballot

Please check or circle the name of the person for whom you wish to vote.

Chair - (Two-Year Term) (VOTE FOR ONE):

- 1. Eve Mancuso
- 2. (Write -in) _____

Treasurer (Two – Year Term) (VOTE FOR ONE):

- 1. SUZANNE ROCHELEAU
- 2. (Write – In) _____

Director (Two – Year Term) (VOTE FOR THREE):

- 1. CAROL BURNS
- 2. SUSANNE FLOWER
- 3. ALEX WILKIE
- 4. (Write – In) _____
- 5. (Write – In) _____
- 6. (Write – In) _____



Eve Mancuso, current Secretary

For Camp Chair - Eve Mancuso

Hello Nawakwans! After serving many years as your Secretary, I am honored to be nominated for the position of Chair. I will continue to represent the club to the best of my ability by addressing Board matters with sound thinking and an organized, reasonable and fair approach. As Chair, I will now have a broader role and will interact with PIPC. I hope to establish an open dialog with them to discuss the infrastructure needs of the camp.

This has been a wonderful year, with positive energy and forward momentum. Our membership list has been stable, and there is much interest in our club as evidenced by the large number of applicants. The long term viability and sustainability of NOANY relies upon growth of the membership. A goal will be to increase membership and focus upon active participation of each member with whatever skills they have to share. I believe the key to retaining applicants to become Nawakwans is to provide the support and opportunity for them to engage with both individual members and committees, and to foster an inclusionary and welcoming environment.

I truly enjoy all the camp has to offer: Hiking, kayaking, blueberry picking, bird watching and simply enjoying the peaceful serenity of Lake Sebago and Harriman State Park. What is especially important are the members that make up the Nawakwan “family” and the camaraderie shared. While engaging in activities or participating in the Saturday evening dinner festivities, one is sure to find friends - both long time and new, and interesting conversation to engage in.

The future looks bright, and I look forward to the next years in this new role. Thank you all for your continued support. – Eve Marie Mancuso

For Treasurer – Suzanne Rocheleau

Suzanne has been an active member of Nawakwa since 2011. She has served as Treasurer since January 2015. She is also a weekend host and has participated in the club’s work weekends held each year.

Suzanne has been employed in financial services for the duration of her professional career, working in mutual fund management, fixed income trading, and investment banking. Currently she is in wealth management services at UBS.

Suzanne is an active hiker, cyclist and tennis player. She is also a member of Toastmasters, Inc. and the Northeastern University and Pace University Alumni organizations. - Suzanne Rocheleau



Suzanne Rocheleau, current Treasurer



Carol Burns, current Director

For Director – Carol Burns

I have been a member of Camp Nawakwa for 24 years. I began serving on the Board of Directors in 2023.

I currently help to maintain the Appalachian Trail from Route 17 to Orange Turnpike, and I have also worked on the TMI Trail.

I am the Waterfront Director and a Water Safety Instructor at Pouch Scout Camp on Staten Island, and for 32 years I was an administrative assistant to the Medical Director of Sea View Hospital, Staten Island. – Carol Burns

For Director – Susanne Flower

I have been a Nawakwa keyholder since 2003, have hosted many weekends and holidays, edited the Trail Marker (2006-07), served on the nominating committee and assisted in revising the hosting guidelines and current bylaws.

I am running for my fourth term on the Board. My goals as a Board member are to maintain the club’s stated objectives while ensuring that we continue to grow and become an organization that is relevant to new generations of members. To achieve these goals, I will continue to focus on our financial health, the safety and integrity of our physical facilities, and policies and procedures that promote safety, inclusion and the protection of our environment.

I volunteered to run for a position on the Board in 2018 because I believe that I have a responsibility to participate in and support organizations in which I maintain membership. That continues to be my philosophy. – Susanne Flower



Susanne Flower, current Director



Alex Wilke, current Director

For Director – Alex Wilke

I am a retired college professor and I have been a member of Nawakwa since 1985. Before that, I came to Camp as a child with my parents, who were members.

I began serving on the Board of Directors in 2020. I enjoy hiking, snowshoeing and kayaking.

As an artist, I frequently come to Camp to paint, and I have also arranged for several popular painting weekends for members. - Alex Wilke

In Memoriam

*We received the following notice from Marilyn Varley
about her brother, Peter.*

“It is with great sadness that I report the passing of Peter Varley at the age of 85. Peter joined Nawakwa in the 1970's and became active in hosting weekends, midweeks, and assumed the role of Conservation Chair.

“Peter graduated from Seton Hall University and went on to join the U.S. Air Force achieving the rank of Captain. He earned a Masters Degree in Business Administration at the University of Puerto Rico and a Masters in Social Work at SUNY Albany. He retired from his position as a psychiatric social worker from Westchester Co. Dept of Mental Health.

“Peter was an avid reader with a wide range of interests which included, English Country Dance, gardening and landscaping, and being in the outdoors. He was truly a kind and gentle person.”

- Marilyn Varley

[Note: Peter was a fifty-year Keyholder member]



Welcome to Our New Keyholders

New Keyholders

Michelle Bonfils

Bon Chiu

Jiyun Lausen

Leonard Lausen

Jasmin Pena

Andrew Zhang

Tricia Jorgen

Sponsors

Janet Sibarium

Mary Ann Poris

Mary James

David Miller

Yajing Li

Jessica Scirbona

Yajing Li

Jessica Scirbona

Lilian Zwyns

Yajing Li

Mary Ann Poris

Yajing Li

Mary Ann Poris

Eve Mancuso

Yajing Li

Welcome to Our New Applicants

"Since the Bylaws give the care, responsibility, and privilege of running and maintaining Camp Nawakwa exclusively to the keyholder members (who are also called Nawakwans), it is desirable and necessary that new keyholder members be recruited on a regular basis. We recruit potential Nawakwans by attracting and inviting like-minded, outdoor-oriented, adults (18 years and older) to become applicants for keyholder status. After completing the required activities, such new keyholders, will take their place in the long line of custodians of Camp Nawakwa and its traditions." [from Policy on Sponsor-Applicants]

New Applicants

Dallas Abbott

Teresa Aningalan

Patrick Faris

Sandra Fonseca

Cathy Grady

Ana Han

Abigail Kramer

William Menke

Linda Mittel

Jeffrim Padua

Ann Rice